

Silvia Savastano

List of Publications by Citations

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The third column is the impact factor (IF) of the journal, and the fourth column is the number of citations of the article.

226
papers

6,410
citations

45
h-index

67
g-index

243
ext. papers

8,209
ext. citations

5.7
avg, IF

6.16
L-index

#	Paper	IF	Citations
226	Nutritional recommendations for CoVID-19 quarantine. <i>European Journal of Clinical Nutrition</i> , 2020 , 74, 850-851	5.2	212
225	The increase of leukocytes as a new putative marker of low-grade chronic inflammation and early cardiovascular risk in polycystic ovary syndrome. <i>Journal of Clinical Endocrinology and Metabolism</i> , 2005 , 90, 2-5	5.6	169
224	Medical therapy for clinically non-functioning pituitary adenomas. <i>Endocrine-Related Cancer</i> , 2008 , 15, 905-15	5.7	131
223	Hepatic steatosis, low-grade chronic inflammation and hormone/growth factor/adipokine imbalance. <i>World Journal of Gastroenterology</i> , 2010 , 16, 4773-83	5.6	130
222	Vitamin D and Neurological Diseases: An Endocrine View. <i>International Journal of Molecular Sciences</i> , 2017 , 18,	6.3	123
221	Commentary: Obesity: The "Achilles heel" for COVID-19?. <i>Metabolism: Clinical and Experimental</i> , 2020 , 108, 154251	12.7	120
220	Improvement in endothelial structure and function after metformin treatment in young normal-weight women with polycystic ovary syndrome: results of a 6-month study. <i>Journal of Clinical Endocrinology and Metabolism</i> , 2005 , 90, 6072-6	5.6	116
219	Gut microbiota: a new path to treat obesity. <i>International Journal of Obesity Supplements</i> , 2019 , 9, 10-19	13.3	114
218	Medical treatment of prolactinomas. <i>Nature Reviews Endocrinology</i> , 2011 , 7, 267-78	15.2	112
217	Vitamin D and its role in psoriasis: An overview of the dermatologist and nutritionist. <i>Reviews in Endocrine and Metabolic Disorders</i> , 2017 , 18, 195-205	10.5	105
216	Trimethylamine-N-oxide (TMAO) as Novel Potential Biomarker of Early Predictors of Metabolic Syndrome. <i>Nutrients</i> , 2018 , 10,	6.7	98
215	Does vitamin D play a role in autoimmune endocrine disorders? A proof of concept. <i>Reviews in Endocrine and Metabolic Disorders</i> , 2017 , 18, 335-346	10.5	91
214	The severity of growth hormone deficiency correlates with the severity of cardiac impairment in 100 adult patients with hypopituitarism: an observational, case-control study. <i>Journal of Clinical Endocrinology and Metabolism</i> , 2004 , 89, 5998-6004	5.6	91
213	Exon 6 and 2 peroxisome proliferator-activated receptor-gamma polymorphisms in polycystic ovary syndrome. <i>Journal of Clinical Endocrinology and Metabolism</i> , 2003 , 88, 5887-92	5.6	88
212	Hypertension in acromegaly and in the normal population: prevalence and determinants. <i>Clinical Endocrinology</i> , 2005 , 63, 470-6	3.4	87
211	Spleen: A new role for an old player?. <i>World Journal of Gastroenterology</i> , 2011 , 17, 3776-84	5.6	85
210	Nutrition and psoriasis: is there any association between the severity of the disease and adherence to the Mediterranean diet?. <i>Journal of Translational Medicine</i> , 2015 , 13, 18	8.5	83

209	Relationships between serum IGF1 levels, blood pressure, and glucose tolerance: an observational, exploratory study in 404 subjects. <i>European Journal of Endocrinology</i> , 2008 , 159, 389-97	6.5	80
208	Low vitamin D status and obesity: Role of nutritionist. <i>Reviews in Endocrine and Metabolic Disorders</i> , 2017 , 18, 215-225	10.5	79
207	Adherence to the Mediterranean Diet, Dietary Patterns and Body Composition in Women with Polycystic Ovary Syndrome (PCOS). <i>Nutrients</i> , 2019 , 11,	6.7	77
206	Bisphenol-A plasma levels are related to inflammatory markers, visceral obesity and insulin-resistance: a cross-sectional study on adult male population. <i>Journal of Translational Medicine</i> , 2015 , 13, 169	8.5	72
205	Homocysteine levels and C677T polymorphism of methylenetetrahydrofolate reductase in women with polycystic ovary syndrome. <i>Journal of Clinical Endocrinology and Metabolism</i> , 2003 , 88, 673-9	5.6	72
204	Trimethylamine N-oxide, Mediterranean diet, and nutrition in healthy, normal-weight adults: also a matter of sex?. <i>Nutrition</i> , 2019 , 62, 7-17	4.8	70
203	Obesity, type 2 diabetes mellitus and cardiovascular disease risk: an uptodate in the management of polycystic ovary syndrome. <i>European Journal of Obstetrics, Gynecology and Reproductive Biology</i> , 2016 , 207, 214-219	2.4	69
202	Bisphenol A in polycystic ovary syndrome and its association with liver-spleen axis. <i>Clinical Endocrinology</i> , 2013 , 78, 447-53	3.4	65
201	Beneficial effect of dose escalation of octreotide-LAR as first-line therapy in patients with acromegaly. <i>European Journal of Endocrinology</i> , 2007 , 157, 579-87	6.5	65
200	Validity of bioelectrical impedance analysis to estimate body composition changes after bariatric surgery in premenopausal morbidly women. <i>Obesity Surgery</i> , 2010 , 20, 332-9	3.7	62
199	Bariatric surgery and diabetes remission: sleeve gastrectomy or mini-gastric bypass?. <i>World Journal of Gastroenterology</i> , 2013 , 19, 6590-7	5.6	58
198	Determinants of cardiac disease in newly diagnosed patients with acromegaly: results of a 10 year survey study. <i>European Journal of Endocrinology</i> , 2011 , 165, 713-21	6.5	57
197	Environmental Risk Factors in Psoriasis: The Point of View of the Nutritionist. <i>International Journal of Environmental Research and Public Health</i> , 2016 , 13,	4.6	57
196	Obesity and hypovitaminosis D: causality or casualty?. <i>International Journal of Obesity Supplements</i> , 2019 , 9, 20-31	13.3	56
195	Does Sars-Cov-2 threaten our dreams? Effect of quarantine on sleep quality and body mass index. <i>Journal of Translational Medicine</i> , 2020 , 18, 318	8.5	56
194	A reappraisal of diagnosing GH deficiency in adults: role of gender, age, waist circumference, and body mass index. <i>Journal of Clinical Endocrinology and Metabolism</i> , 2009 , 94, 4414-22	5.6	55
193	Is plasminogen activator inhibitor-1 a cardiovascular risk factor in young women with polycystic ovary syndrome?. <i>Reproductive BioMedicine Online</i> , 2004 , 9, 505-10	4	55
192	The complex relationship between obesity and the somatotropic axis: the long and winding road. <i>Growth Hormone and IGF Research</i> , 2014 , 24, 221-6	2	54

191	Obesity and sleep disturbance: the chicken or the egg?. <i>Critical Reviews in Food Science and Nutrition</i> , 2019 , 59, 2158-2165	11.5	53
190	Serum Bcl-2 concentrations in overweight-obese subjects with nonalcoholic fatty liver disease. <i>World Journal of Gastroenterology</i> , 2011 , 17, 5280-8	5.6	52
189	Association between Mediterranean diet and hand grip strength in older adult women. <i>Clinical Nutrition</i> , 2019 , 38, 721-729	5.9	52
188	Source and amount of carbohydrate in the diet and inflammation in women with polycystic ovary syndrome. <i>Nutrition Research Reviews</i> , 2018 , 31, 291-301	7	50
187	Growth hormone treatment on atherosclerosis: results of a 5-year open, prospective, controlled study in male patients with severe growth hormone deficiency. <i>Journal of Clinical Endocrinology and Metabolism</i> , 2008 , 93, 3416-24	5.6	50
186	Lack of an association between peroxisome proliferator-activated receptor-gamma gene Pro12Ala polymorphism and adiponectin levels in the polycystic ovary syndrome. <i>Journal of Clinical Endocrinology and Metabolism</i> , 2004 , 89, 5110-5	5.6	49
185	Cinacalcet hydrochloride in combination with alendronate normalizes hypercalcemia and improves bone mineral density in patients with primary hyperparathyroidism. <i>Endocrine</i> , 2011 , 39, 283-7	4	47
184	Prevalence of coeliac disease in patients with thyroid autoimmunity. <i>Hormone Research in Paediatrics</i> , 1999 , 51, 124-7	3.3	47
183	The lullaby of the sun: the role of vitamin D in sleep disturbance. <i>Sleep Medicine</i> , 2019 , 54, 262-265	4.6	47
182	Nutrition: a key environmental dietary factor in clinical severity and cardio-metabolic risk in psoriatic male patients evaluated by 7-day food-frequency questionnaire. <i>Journal of Translational Medicine</i> , 2015 , 13, 303	8.5	46
181	Sex Differences of Vitamin D Status across BMI Classes: An Observational Prospective Cohort Study. <i>Nutrients</i> , 2019 , 11,	6.7	45
180	Circulating levels of sirtuin 4, a potential marker of oxidative metabolism, related to coronary artery disease in obese patients suffering from NAFLD, with normal or slightly increased liver enzymes. <i>Oxidative Medicine and Cellular Longevity</i> , 2014 , 2014, 920676	6.7	44
179	The roles of parathyroid hormone in bone remodeling: prospects for novel therapeutics. <i>Journal of Endocrinological Investigation</i> , 2011 , 34, 18-22	5.2	44
178	Low serum vitamin D-status, air pollution and obesity: A dangerous liaison. <i>Reviews in Endocrine and Metabolic Disorders</i> , 2017 , 18, 207-214	10.5	43
177	Are hepatic steatosis and carotid intima media thickness associated in obese patients with normal or slightly elevated gamma-glutamyl-transferase?. <i>Journal of Translational Medicine</i> , 2012 , 10, 50	8.5	43
176	Medical therapy of pituitary adenomas: effects on tumor shrinkage. <i>Reviews in Endocrine and Metabolic Disorders</i> , 2009 , 10, 111-23	10.5	43
175	Endocrine Aspects of Environmental "Obesogen" Pollutants. <i>International Journal of Environmental Research and Public Health</i> , 2016 , 13,	4.6	43
174	Role of Nutrition and Adherence to the Mediterranean Diet in the Multidisciplinary Approach of Hidradenitis Suppurativa: Evaluation of Nutritional Status and Its Association with Severity of Disease. <i>Nutrients</i> , 2018 , 11,	6.7	43

173	Impact of Nutritional Status on Gastroenteropancreatic Neuroendocrine Tumors (GEP-NET) Aggressiveness. <i>Nutrients</i> , 2018 , 10,	6.7	43
172	Mediterranean Diet and Phase Angle in a Sample of Adult Population: Results of a Pilot Study. <i>Nutrients</i> , 2017 , 9,	6.7	42
171	Preliminary results demonstrating the impact of Mediterranean diet on bone health. <i>Journal of Translational Medicine</i> , 2017 , 15, 81	8.5	41
170	Laparoscopic reinforced sleeve gastrectomy: early results and complications. <i>Obesity Surgery</i> , 2011 , 21, 783-93	3.7	41
169	Liver-spleen axis, insulin-like growth factor-(IGF)-I axis and fat mass in overweight/obese females. <i>Journal of Translational Medicine</i> , 2011 , 9, 136	8.5	41
168	Glucose tolerance and somatostatin analog treatment in acromegaly: a 12-month study. <i>Journal of Clinical Endocrinology and Metabolism</i> , 2009 , 94, 2907-14	5.6	41
167	The management of very low-calorie ketogenic diet in obesity outpatient clinic: a practical guide. <i>Journal of Translational Medicine</i> , 2019 , 17, 356	8.5	40
166	Obesogenic endocrine disruptors and obesity: myths and truths. <i>Archives of Toxicology</i> , 2017 , 91, 3469-3475	3.5	39
165	A New Light on Vitamin D in Obesity: A Novel Association with Trimethylamine-N-Oxide (TMAO). <i>Nutrients</i> , 2019 , 11,	6.7	39
164	Oral contraceptives versus physical exercise on cardiovascular and metabolic risk factors in women with polycystic ovary syndrome: a randomized controlled trial. <i>Clinical Endocrinology</i> , 2016 , 85, 764-771	3.4	39
163	Cardiovascular risk in adult hypopituitary patients with growth hormone deficiency: is there a role for vitamin D?. <i>Endocrine</i> , 2016 , 52, 111-9	4	39
162	Prospective randomized study on perioperative enteral immunonutrition in laparoscopic colorectal surgery. <i>Surgical Endoscopy and Other Interventional Techniques</i> , 2007 , 21, 1175-9	5.2	39
161	Bioelectrical phase angle and psoriasis: a novel association with psoriasis severity, quality of life and metabolic syndrome. <i>Journal of Translational Medicine</i> , 2016 , 14, 130	8.5	39
160	Inflammation may modulate IL-6 and C-reactive protein gene expression in the adipose tissue: the role of IL-6 cell membrane receptor. <i>American Journal of Physiology - Endocrinology and Metabolism</i> , 2007 , 293, E1030-5	6	38
159	The influence of intense ballet training on trabecular bone mass, hormone status, and gonadotropin structure in young women. <i>Journal of Clinical Endocrinology and Metabolism</i> , 2001 , 86, 4674-8	5.6	38
158	Nutrition, inflammation and liver-spleen axis. <i>Critical Reviews in Food Science and Nutrition</i> , 2018 , 58, 3141-3158	11.5	38
157	Sleep Apnea, Obesity, and Disturbed Glucose Homeostasis: Epidemiologic Evidence, Biologic Insights, and Therapeutic Strategies. <i>Current Obesity Reports</i> , 2020 , 9, 30-38	8.4	37
156	Female infertility: which role for obesity?. <i>International Journal of Obesity Supplements</i> , 2019 , 9, 65-72	13.3	35

155	Obesity and breast cancer in premenopausal women: Current evidence and future perspectives. <i>European Journal of Obstetrics, Gynecology and Reproductive Biology</i> , 2018 , 230, 217-221	2.4	35
154	The natural history of partial growth hormone deficiency in adults: a prospective study on the cardiovascular risk and atherosclerosis. <i>Journal of Clinical Endocrinology and Metabolism</i> , 2006 , 91, 2191-200	5.6	34
153	Stapled haemorrhoidopexy in fourth degree haemorrhoidal prolapse: is it worthwhile?. <i>Colorectal Disease</i> , 2006 , 8, 130-4	2.1	34
152	Interleukin-1 beta and beta-endorphin circadian rhythms are inversely related in normal and stress-altered sleep. <i>International Journal of Neuroscience</i> , 1992 , 63, 299-305	2	34
151	Coffee consumption, metabolic syndrome and clinical severity of psoriasis: good or bad stuff?. <i>Archives of Toxicology</i> , 2018 , 92, 1831-1845	5.8	32
150	Influence of nutrition on somatotrophic axis: Milk consumption in adult individuals with moderate-severe obesity. <i>Clinical Nutrition</i> , 2017 , 36, 293-301	5.9	31
149	Adherence to the Mediterranean Diet and Circulating Levels of Sirtuin 4 in Obese Patients: A Novel Association. <i>Oxidative Medicine and Cellular Longevity</i> , 2017 , 2017, 6101254	6.7	31
148	Growth hormone status in morbidly obese subjects and correlation with body composition. <i>Journal of Endocrinological Investigation</i> , 2006 , 29, 536-43	5.2	31
147	Nutrition and immune system: from the Mediterranean diet to dietary supplementary through the microbiota. <i>Critical Reviews in Food Science and Nutrition</i> , 2021 , 61, 3066-3090	11.5	30
146	From gut microbiota dysfunction to obesity: could short-chain fatty acids stop this dangerous course?. <i>Hormones</i> , 2019 , 18, 245-250	3.1	29
145	Sleep Quality in Obesity: Does Adherence to the Mediterranean Diet Matter?. <i>Nutrients</i> , 2020 , 12,	6.7	29
144	Percutaneous computed tomography-guided ethanol injection in aldosterone-producing adrenocortical adenoma. <i>European Journal of Endocrinology</i> , 1995 , 132, 302-5	6.5	29
143	Circulating levels of cytochrome C, gamma-glutamyl transferase, triglycerides and unconjugated bilirubin in overweight/obese patients with non-alcoholic fatty liver disease. <i>Journal of Biological Regulators and Homeostatic Agents</i> , 2011 , 25, 47-56	0.7	28
142	Chronotype and Adherence to the Mediterranean Diet in Obesity: Results from the Opera Prevention Project. <i>Nutrients</i> , 2020 , 12,	6.7	26
141	Subclinical myopathy in patients affected with newly diagnosed colorectal cancer at clinical onset of disease: evidence from skeletal muscle biopsies. <i>Neurological Research</i> , 2010 , 32, 20-5	2.7	26
140	Growth hormone-secreting tumor shrinkage after 3 months of octreotide-long-acting release therapy predicts the response at 12 months. <i>Journal of Clinical Endocrinology and Metabolism</i> , 2008 , 93, 3436-42	5.6	26
139	Markers of potential coeliac disease in patients with Hashimoto's thyroiditis. <i>European Journal of Endocrinology</i> , 2002 , 146, 479-83	6.5	26
138	Phase Angle: A Possible Biomarker to Quantify Inflammation in Subjects with Obesity and 25(OH)D Deficiency. <i>Nutrients</i> , 2019 , 11,	6.7	25

137	Preliminary data on the relationship between circulating levels of Sirtuin 4, anthropometric and metabolic parameters in obese subjects according to growth hormone/insulin-like growth factor-1 status. <i>Growth Hormone and IGF Research</i> , 2015 , 25, 28-33	2	25
136	Hormonal pattern in women affected by rheumatoid arthritis. <i>Journal of Endocrinological Investigation</i> , 1993 , 16, 619-24	5.2	25
135	Cardiovascular alterations in adult GH deficiency. <i>Best Practice and Research in Clinical Endocrinology and Metabolism</i> , 2017 , 31, 25-34	6.5	24
134	Serum 25-Hydroxyvitamin D Levels, phosphoprotein enriched in diabetes gene product (PED/PEA-15) and leptin-to-adiponectin ratio in women with PCOS. <i>Nutrition and Metabolism</i> , 2011 , 8, 84	4.6	24
133	Prevalence of the metabolic syndrome in moderately-severely obese subjects with and without growth hormone deficiency. <i>Journal of Endocrinological Investigation</i> , 2010 , 33, 171-7	5.2	24
132	Cardiovascular complications of obesity in adolescents. <i>Journal of Endocrinological Investigation</i> , 2007 , 30, 70-80	5.2	24
131	Patient empowerment and the Mediterranean diet as a possible tool to tackle prediabetes associated with overweight or obesity: a pilot study. <i>Hormones</i> , 2019 , 18, 75-84	3.1	23
130	Nutrition and neuroendocrine tumors: An update of the literature. <i>Reviews in Endocrine and Metabolic Disorders</i> , 2018 , 19, 159-167	10.5	23
129	Clinical and prognostic implications of the genetic diagnosis of hereditary NET syndromes in asymptomatic patients. <i>Hormone and Metabolic Research</i> , 2011 , 43, 794-800	3.1	22
128	Growth hormone excess with onset in adolescence: clinical appearance and long-term treatment outcome. <i>Clinical Endocrinology</i> , 2007 , 66, 714-22	3.4	22
127	GH and IGF-I deficiency are associated with reduced loss of fat mass after laparoscopic-adjustable silicone gastric banding. <i>Clinical Endocrinology</i> , 2008 , 69, 393-9	3.4	21
126	The good and bad effects of statins on insulin sensitivity and secretion. <i>Endocrine Research</i> , 2014 , 39, 137-43	1.9	20
125	Inflammatory markers and visceral fat are inversely associated with maximal oxygen consumption in women with polycystic ovary syndrome (PCOS). <i>Clinical Endocrinology</i> , 2009 , 70, 394-400	3.4	20
124	Breast cancer prevention in premenopausal women: role of the Mediterranean diet and its components. <i>Nutrition Research Reviews</i> , 2020 , 33, 19-32	7	20
123	Alcohol inhibits 11-beta-hydroxysteroid dehydrogenase activity in rat kidney and liver. <i>Hormone Research</i> , 1995 , 43, 176-80		19
122	Increased spontaneous release of tumor necrosis factor-alpha/cachectin in headache patients. A possible correlation with plasma endotoxin and hypothalamic-pituitary-adrenal axis. <i>International Journal of Neuroscience</i> , 1991 , 61, 53-60	2	19
121	Hypovitaminosis D: a novel risk factor for coronary heart disease in type 2 diabetes?. <i>Endocrine</i> , 2016 , 51, 268-73	4	18
120	How much does obesity affect the male reproductive function?. <i>International Journal of Obesity Supplements</i> , 2019 , 9, 50-64	13.3	18

119	Bone density and turnover in young adult patients with growth hormone deficiency after 2-year growth hormone replacement according with gender. <i>Journal of Endocrinological Investigation</i> , 2008 , 31, 94-102	5.2	18
118	Unusual association of thyroiditis, Addison's disease, ovarian failure and celiac disease in a young woman. <i>Journal of Endocrinological Investigation</i> , 1999 , 22, 390-4	5.2	18
117	Nutrition and Osteoporosis: Preliminary data of Campania Region of European PERSONALISED ICT Supported Service for Independent Living and Active Ageing. <i>Translational Medicine @ UniSa</i> , 2015 , 13, 13-8	0.5	18
116	Influence of the Mediterranean Diet on 25- Hydroxyvitamin D Levels in Adults. <i>Nutrients</i> , 2020 , 12,	6.7	17
115	Growth hormone treatment prevents loss of lean mass after bariatric surgery in morbidly obese patients: results of a pilot, open, prospective, randomized, controlled study. <i>Journal of Clinical Endocrinology and Metabolism</i> , 2009 , 94, 817-26	5.6	17
114	Relationship between growth hormone/insulin-like growth factor-1 axis integrity and voluntary weight loss after gastric banding surgery for severe obesity. <i>Obesity Surgery</i> , 2010 , 20, 211-20	3.7	17
113	Functional hyperandrogenism detected by corticotropin and GnRH-analogue stimulation tests in women affected by apparently idiopathic hirsutism. <i>Journal of Endocrinological Investigation</i> , 2001 , 24, 491-8	5.2	17
112	Somatotropic Axis and Obesity: Is There Any Role for the Mediterranean Diet?. <i>Nutrients</i> , 2019 , 11,	6.7	16
111	Spinal deformity index in patients with type 2 diabetes. <i>Endocrine</i> , 2013 , 43, 651-8	4	16
110	Nutrigenetics-personalized nutrition in obesity and cardiovascular diseases. <i>International Journal of Obesity Supplements</i> , 2020 , 10, 1-13	13.3	16
109	Vitamin D in obesity and obesity-related diseases: an overview. <i>Minerva Endocrinology</i> , 2021 , 46, 177-192.	2.5	16
108	Role of dehydroepiandrosterone sulfate levels on body composition after laparoscopic adjustable gastric banding in pre-menopausal morbidly obese women. <i>Journal of Endocrinological Investigation</i> , 2005 , 28, 509-15	5.2	15
107	Calcium and Vitamin D Supplementation. Myths and Realities with Regard to Cardiovascular Risk. <i>Current Vascular Pharmacology</i> , 2019 , 17, 610-617	3.3	15
106	Mediterranean diet as tool to manage obesity in menopause: A narrative review. <i>Nutrition</i> , 2020 , 79-80, 110991	4.8	15
105	From obesity through gut microbiota to cardiovascular diseases: a dangerous journey. <i>International Journal of Obesity Supplements</i> , 2020 , 10, 35-49	13.3	15
104	Nutritionist and obesity: brief overview on efficacy, safety, and drug interactions of the main weight-loss dietary supplements. <i>International Journal of Obesity Supplements</i> , 2019 , 9, 32-49	13.3	14
103	Cerebrotendinous xanthomatosis, a metabolic disease with different neurological signs: two case reports. <i>Metabolic Brain Disease</i> , 2016 , 31, 1185-8	3.9	14
102	Insulin sensitivity and early-phase insulin secretion in normoglycemic Huntington's disease patients. <i>Journal of Huntington's Disease</i> , 2013 , 2, 501-7	1.9	14

101	Dietary calcium intake and serum vitamin D are major determinants of bone mass variations in women. A longitudinal study. <i>Aging Clinical and Experimental Research</i> , 2002 , 14, 382-8	4.8	14
100	Vitamin D and Sleep Regulation: Is there a Role for Vitamin D?. <i>Current Pharmaceutical Design</i> , 2020 , 26, 2492-2496	3.3	14
99	Could ketogenic diet "starve" cancer? Emerging evidence. <i>Critical Reviews in Food Science and Nutrition</i> , 2020 , 1-22	11.5	14
98	Very low-calorie ketogenic diet (VLCKD) in patients with psoriasis and obesity: an update for dermatologists and nutritionists. <i>Critical Reviews in Food Science and Nutrition</i> , 2020 , 1-17	11.5	14
97	Gender-related issues in the pharmacology of new anti-obesity drugs. <i>Obesity Reviews</i> , 2019 , 20, 375-384	10.6	14
96	The opera prevention project. <i>International Journal of Food Sciences and Nutrition</i> , 2021 , 72, 1-3	3.7	14
95	Arctium lappa contributes to the management of type 2 diabetes mellitus by regulating glucose homeostasis and improving oxidative stress: A critical review of in vitro and in vivo animal-based studies. <i>Phytotherapy Research</i> , 2019 , 33, 2213-2220	6.7	13
94	Alteration of the growth hormone axis, visceral fat dysfunction, and early cardiometabolic risk in adults: the role of the visceral adiposity index. <i>Endocrine</i> , 2015 , 49, 492-502	4	13
93	New-generation anti-obesity drugs: naltrexone/bupropion and liraglutide. An update for endocrinologists and nutritionists. <i>Minerva Endocrinologica</i> , 2020 , 45, 127-137	1.9	12
92	Hepatic steatosis in overweight/obese females: new screening method for those at risk. <i>World Journal of Gastroenterology</i> , 2009 , 15, 5693-9	5.6	12
91	Berberine improves reproductive features in obese Caucasian women with polycystic ovary syndrome independently of changes of insulin sensitivity. <i>E-SPEN Journal</i> , 2013 , 8, e200-e204		11
90	Urinary excretion of 5-hydroxy-3-indoleacetic acid in dystimic/depressed, adult obese women: what correlations to hepatic steatosis?. <i>International Journal of Immunopathology and Pharmacology</i> , 2011 , 24, 769-79	3	11
89	Different dysregulations in adrenal steroid biosynthesis as a prevalent cause of hyperandrogenism in women from southern Italy. <i>Fertility and Sterility</i> , 1997 , 68, 236-41	4.8	11
88	The Influence of Intense Ballet Training on Trabecular Bone Mass, Hormone Status, and Gonadotropin Structure in Young Women		11
87	Vitamin D and psoriasis: an update for dermatologists and nutritionists. <i>Minerva Endocrinologica</i> , 2020 , 45, 138-147	1.9	11
86	Altered glycosylation of pituitary gonadotropins in anorexia nervosa: an alternative explanation for amenorrhea. <i>European Journal of Endocrinology</i> , 1995 , 132, 450-5	6.5	10
85	Association of arginine vasopressin-secreting cell, steroid-secreting cell, adrenal and islet cell antibodies in a patient presenting with central diabetes insipidus, empty sella, subclinical adrenocortical failure and impaired glucose tolerance. <i>Hormone Research</i> , 1995 , 44, 142-6		10
84	The impact of obesity on immune response to infection: Plausible mechanisms and outcomes. <i>Obesity Reviews</i> , 2021 , 22, e13216	10.6	10

83	Mediterranean diet as medical prescription in menopausal women with obesity: a practical guide for nutritionists. <i>Critical Reviews in Food Science and Nutrition</i> , 2021 , 61, 1201-1211	11.5	10
82	Irritable bowel syndrome: a new therapeutic target when treating obesity?. <i>Hormones</i> , 2019 , 18, 395-399	3.1	9
81	Growth hormone response to arginine test differentiates between two subgroups of Huntington's disease patients. <i>Journal of Neurology, Neurosurgery and Psychiatry</i> , 2011 , 82, 543-7	5.5	8
80	Bariatric surgery for obesity and hidden Cushing syndrome. <i>Surgery for Obesity and Related Diseases</i> , 2009 , 5, 121-2	3	8
79	Success of glucocorticoid replacement therapy on fertility in two adult males with 21-CAH homozygote classic form. <i>Journal of Endocrinological Investigation</i> , 1997 , 20, 690-4	5.2	8
78	GH release after GHRH plus arginine administration in obese and overweight women with polycystic ovary syndrome. <i>Journal of Endocrinological Investigation</i> , 2003 , 26, 117-22	5.2	8
77	Screening a coastal population in Southern Italy: iodine deficiency and prevalence of goitre, nutritional aspects and cardiovascular risk factors. <i>Nutrition, Metabolism and Cardiovascular Diseases</i> , 2004 , 14, 15-9	4.5	8
76	Specific cut-off for the 25-OH vitamin D levels to predict the highest Body Mass Index and fat mass: a sex-related analysis in obese patients. <i>Minerva Endocrinologica</i> , 2020 , 45, 266-268	1.9	8
75	Obesity in Prader-Willi syndrome: physiopathological mechanisms, nutritional and pharmacological approaches. <i>Journal of Endocrinological Investigation</i> , 2021 , 44, 2057-2070	5.2	8
74	Could hop-derived bitter compounds improve glucose homeostasis by stimulating the secretion of GLP-1?. <i>Critical Reviews in Food Science and Nutrition</i> , 2019 , 59, 528-535	11.5	8
73	Anti-Inflammatory Nutrients and Obesity-Associated Metabolic-Inflammation: State of the Art and Future Direction.. <i>Nutrients</i> , 2022 , 14,	6.7	8
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