

# Silvia Savastano

## List of Publications by Year in descending order

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Version: 2024-02-01

235  
papers

9,858  
citations

26567

56  
h-index

58464

82  
g-index

243  
all docs

243  
docs citations

243  
times ranked

11165  
citing authors

#	ARTICLE	IF	CITATIONS
1	Nutritional recommendations for CoVID-19 quarantine. <i>European Journal of Clinical Nutrition</i> , 2020, 74, 850-851.	1.3	353
2	Gut microbiota: a new path to treat obesity. <i>International Journal of Obesity Supplements</i> , 2019, 9, 10-19.	12.5	239
3	The Increase of Leukocytes as a New Putative Marker of Low-Grade Chronic Inflammation and Early Cardiovascular Risk in Polycystic Ovary Syndrome. <i>Journal of Clinical Endocrinology and Metabolism</i> , 2005, 90, 2-5.	1.8	212
4	Commentary: Obesity: The "Achilles heel" for COVID-19?. <i>Metabolism: Clinical and Experimental</i> , 2020, 108, 154251.	1.5	182
5	Vitamin D and its role in psoriasis: An overview of the dermatologist and nutritionist. <i>Reviews in Endocrine and Metabolic Disorders</i> , 2017, 18, 195-205.	2.6	170
6	Hepatic steatosis, low-grade chronic inflammation and hormone/growth factor/adipokine imbalance. <i>World Journal of Gastroenterology</i> , 2010, 16, 4773.	1.4	166
7	Trimethylamine-N-oxide (TMAO) as Novel Potential Biomarker of Early Predictors of Metabolic Syndrome. <i>Nutrients</i> , 2018, 10, 1971.	1.7	164
8	Adherence to the Mediterranean Diet, Dietary Patterns and Body Composition in Women with Polycystic Ovary Syndrome (PCOS). <i>Nutrients</i> , 2019, 11, 2278.	1.7	162
9	Vitamin D and Neurological Diseases: An Endocrine View. <i>International Journal of Molecular Sciences</i> , 2017, 18, 2482.	1.8	160
10	Medical therapy for clinically non-functioning pituitary adenomas. <i>Endocrine-Related Cancer</i> , 2008, 15, 905-915.	1.6	152
11	Medical treatment of prolactinomas. <i>Nature Reviews Endocrinology</i> , 2011, 7, 267-278.	4.3	136
12	Does vitamin D play a role in autoimmune endocrine disorders? A proof of concept. <i>Reviews in Endocrine and Metabolic Disorders</i> , 2017, 18, 335-346.	2.6	134
13	Improvement in Endothelial Structure and Function after Metformin Treatment in Young Normal-Weight Women with Polycystic Ovary Syndrome: Results of a 6-Month Study. <i>Journal of Clinical Endocrinology and Metabolism</i> , 2005, 90, 6072-6076.	1.8	129
14	Obesity and sleep disturbance: the chicken or the egg?. <i>Critical Reviews in Food Science and Nutrition</i> , 2019, 59, 2158-2165.	5.4	125
15	Low vitamin D status and obesity: Role of nutritionist. <i>Reviews in Endocrine and Metabolic Disorders</i> , 2017, 18, 215-225.	2.6	116
16	Nutrition and psoriasis: is there any association between the severity of the disease and adherence to the Mediterranean diet?. <i>Journal of Translational Medicine</i> , 2015, 13, 18.	1.8	112
17	Obesity and hypovitaminosis D: causality or casualty?. <i>International Journal of Obesity Supplements</i> , 2019, 9, 20-31.	12.5	111
18	Exon 6 and 2 Peroxisome Proliferator-Activated Receptor- $\beta$ Polymorphisms in Polycystic Ovary Syndrome. <i>Journal of Clinical Endocrinology and Metabolism</i> , 2003, 88, 5887-5892.	1.8	106

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19	Spleen: A new role for an old player?. <i>World Journal of Gastroenterology</i> , 2011, 17, 3776.	1.4	104
20	Hypertension in acromegaly and in the normal population: prevalence and determinants. <i>Clinical Endocrinology</i> , 2005, 63, 470-476.	1.2	102
21	The management of very low-calorie ketogenic diet in obesity outpatient clinic: a practical guide. <i>Journal of Translational Medicine</i> , 2019, 17, 356.	1.8	102
22	The Severity of Growth Hormone Deficiency Correlates with the Severity of Cardiac Impairment in 100 Adult Patients with Hypopituitarism: An Observational, Case-Control Study. <i>Journal of Clinical Endocrinology and Metabolism</i> , 2004, 89, 5998-6004.	1.8	101
23	Bisphenol-A plasma levels are related to inflammatory markers, visceral obesity and insulin-resistance: a cross-sectional study on adult male population. <i>Journal of Translational Medicine</i> , 2015, 13, 169.	1.8	97
24	Relationships between serum IGF1 levels, blood pressure, and glucose tolerance: an observational, exploratory study in 404 subjects. <i>European Journal of Endocrinology</i> , 2008, 159, 389-397.	1.9	93
25	Trimethylamine N-oxide, Mediterranean diet, and nutrition in healthy, normal-weight adults: also a matter of sex?. <i>Nutrition</i> , 2019, 62, 7-17.	1.1	91
26	Does Sars-Cov-2 threaten our dreams? Effect of quarantine on sleep quality and body mass index. <i>Journal of Translational Medicine</i> , 2020, 18, 318.	1.8	91
27	Source and amount of carbohydrate in the diet and inflammation in women with polycystic ovary syndrome. <i>Nutrition Research Reviews</i> , 2018, 31, 291-301.	2.1	90
28	Obesity, type 2 diabetes mellitus and cardiovascular disease risk: an update in the management of polycystic ovary syndrome. <i>European Journal of Obstetrics, Gynecology and Reproductive Biology</i> , 2016, 207, 214-219.	0.5	88
29	Sex Differences of Vitamin D Status across BMI Classes: An Observational Prospective Cohort Study. <i>Nutrients</i> , 2019, 11, 3034.	1.7	86
30	Homocysteine Levels and C677T Polymorphism of Methylenetetrahydrofolate Reductase in Women with Polycystic Ovary Syndrome. <i>Journal of Clinical Endocrinology and Metabolism</i> , 2003, 88, 673-679.	1.8	85
31	Nutrition and immune system: from the Mediterranean diet to dietary supplementary through the microbiota. <i>Critical Reviews in Food Science and Nutrition</i> , 2021, 61, 3066-3090.	5.4	83
32	Validity of Bioelectrical Impedance Analysis to Estimate Body Composition Changes After Bariatric Surgery in Premenopausal Morbidly Women. <i>Obesity Surgery</i> , 2010, 20, 332-339.	1.1	80
33	Bisphenol A in polycystic ovary syndrome and its association with liver-spleen axis. <i>Clinical Endocrinology</i> , 2013, 78, 447-453.	1.2	79
34	Environmental Risk Factors in Psoriasis: The Point of View of the Nutritionist. <i>International Journal of Environmental Research and Public Health</i> , 2016, 13, 743.	1.2	78
35	Beneficial effect of dose escalation of Octreotide-LAR as first-line therapy in patients with acromegaly. <i>European Journal of Endocrinology</i> , 2007, 157, 579-587.	1.9	77
36	Association between Mediterranean diet and hand grip strength in older adult women. <i>Clinical Nutrition</i> , 2019, 38, 721-729.	2.3	77

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37	Nutrition, inflammation and liver-spleen axis. <i>Critical Reviews in Food Science and Nutrition</i> , 2018, 58, 3141-3158.	5.4	74
38	Sleep Quality in Obesity: Does Adherence to the Mediterranean Diet Matter?. <i>Nutrients</i> , 2020, 12, 1364.	1.7	74
39	The lullaby of the sun: the role of vitamin D in sleep disturbance. <i>Sleep Medicine</i> , 2019, 54, 262-265.	0.8	71
40	Role of Nutrition and Adherence to the Mediterranean Diet in the Multidisciplinary Approach of Hidradenitis Suppurativa: Evaluation of Nutritional Status and Its Association with Severity of Disease. <i>Nutrients</i> , 2019, 11, 57.	1.7	70
41	Determinants of cardiac disease in newly diagnosed patients with acromegaly: results of a 10 year survey study. <i>European Journal of Endocrinology</i> , 2011, 165, 713-721.	1.9	69
42	Bariatric surgery and diabetes remission: Sleeve gastrectomy or mini-gastric bypass?. <i>World Journal of Gastroenterology</i> , 2013, 19, 6590.	1.4	68
43	Female infertility: which role for obesity?. <i>International Journal of Obesity Supplements</i> , 2019, 9, 65-72.	12.5	68
44	Chronotype and Adherence to the Mediterranean Diet in Obesity: Results from the Opera Prevention Project. <i>Nutrients</i> , 2020, 12, 1354.	1.7	68
45	The complex relationship between obesity and the somatotropic axis: The long and winding road. <i>Growth Hormone and IGF Research</i> , 2014, 24, 221-226.	0.5	67
46	Sleep Apnea, Obesity, and Disturbed Glucose Homeostasis: Epidemiologic Evidence, Biologic Insights, and Therapeutic Strategies. <i>Current Obesity Reports</i> , 2020, 9, 30-38.	3.5	67
47	Prevalence of Coeliac Disease in Patients with Thyroid Autoimmunity. <i>Hormone Research in Paediatrics</i> , 1999, 51, 124-127.	0.8	66
48	Is plasminogen activator inhibitor-1 a cardiovascular risk factor in young women with polycystic ovary syndrome?. <i>Reproductive BioMedicine Online</i> , 2004, 9, 505-510.	1.1	66
49	Circulating Levels of Sirtuin 4, a Potential Marker of Oxidative Metabolism, Related to Coronary Artery Disease in Obese Patients Suffering from NAFLD, with Normal or Slightly Increased Liver Enzymes. <i>Oxidative Medicine and Cellular Longevity</i> , 2014, 2014, 1-10.	1.9	65
50	A Reappraisal of Diagnosing GH Deficiency in Adults: Role of Gender, Age, Waist Circumference, and Body Mass Index. <i>Journal of Clinical Endocrinology and Metabolism</i> , 2009, 94, 4414-4422.	1.8	63
51	Serum Bcl-2 concentrations in overweight-obese subjects with nonalcoholic fatty liver disease. <i>World Journal of Gastroenterology</i> , 2011, 17, 5280.	1.4	63
52	Cinacalcet hydrochloride in combination with alendronate normalizes hypercalcemia and improves bone mineral density in patients with primary hyperparathyroidism. <i>Endocrine</i> , 2011, 39, 283-287.	1.1	63
53	Nutrition: a key environmental dietary factor in clinical severity and cardio-metabolic risk in psoriatic male patients evaluated by 7-day food-frequency questionnaire. <i>Journal of Translational Medicine</i> , 2015, 13, 303.	1.8	63
54	Endocrine Aspects of Environmental "Obesogen" Pollutants. <i>International Journal of Environmental Research and Public Health</i> , 2016, 13, 765.	1.2	63

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55	Low serum vitamin D-status, air pollution and obesity: A dangerous liaison. <i>Reviews in Endocrine and Metabolic Disorders</i> , 2017, 18, 207-214.	2.6	63
56	Mediterranean Diet and Phase Angle in a Sample of Adult Population: Results of a Pilot Study. <i>Nutrients</i> , 2017, 9, 151.	1.7	61
57	Impact of Nutritional Status on Gastroenteropancreatic Neuroendocrine Tumors (GEP-NET) Aggressiveness. <i>Nutrients</i> , 2018, 10, 1854.	1.7	61
58	Phase Angle: A Possible Biomarker to Quantify Inflammation in Subjects with Obesity and 25(OH)D Deficiency. <i>Nutrients</i> , 2019, 11, 1747.	1.7	60
59	Bioelectrical phase angle and psoriasis: a novel association with psoriasis severity, quality of life and metabolic syndrome. <i>Journal of Translational Medicine</i> , 2016, 14, 130.	1.8	58
60	Growth Hormone Treatment on Atherosclerosis: Results of a 5-Year Open, Prospective, Controlled Study in Male Patients with Severe Growth Hormone Deficiency. <i>Journal of Clinical Endocrinology and Metabolism</i> , 2008, 93, 3416-3424.	1.8	57
61	Obesogenic endocrine disruptors and obesity: myths and truths. <i>Archives of Toxicology</i> , 2017, 91, 3469-3475.	1.9	55
62	The Influence of Intense Ballet Training on Trabecular Bone Mass, Hormone Status, and Gonadotropin Structure in Young Women. <i>Journal of Clinical Endocrinology and Metabolism</i> , 2001, 86, 4674-4678.	1.8	54
63	Lack of an Association between Peroxisome Proliferator-Activated Receptor- $\beta$ Gene Pro12Ala Polymorphism and Adiponectin Levels in the Polycystic Ovary Syndrome. <i>Journal of Clinical Endocrinology and Metabolism</i> , 2004, 89, 5110-5115.	1.8	54
64	A New Light on Vitamin D in Obesity: A Novel Association with Trimethylamine-N-Oxide (TMAO). <i>Nutrients</i> , 2019, 11, 1310.	1.7	54
65	Liver-spleen axis, insulin-like growth factor-(IGF)-I axis and fat mass in overweight/obese females. <i>Journal of Translational Medicine</i> , 2011, 9, 136.	1.8	53
66	Oral contraceptives versus physical exercise on cardiovascular and metabolic risk factors in women with polycystic ovary syndrome: a randomized controlled trial. <i>Clinical Endocrinology</i> , 2016, 85, 764-771.	1.2	53
67	Obesity and breast cancer in premenopausal women: Current evidence and future perspectives. <i>European Journal of Obstetrics, Gynecology and Reproductive Biology</i> , 2018, 230, 217-221.	0.5	53
68	Glucose Tolerance and Somatostatin Analog Treatment in Acromegaly: A 12-Month Study. <i>Journal of Clinical Endocrinology and Metabolism</i> , 2009, 94, 2907-2914.	1.8	52
69	Medical therapy of pituitary adenomas: Effects on tumor shrinkage. <i>Reviews in Endocrine and Metabolic Disorders</i> , 2009, 10, 111-123.	2.6	51
70	How much does obesity affect the male reproductive function?. <i>International Journal of Obesity Supplements</i> , 2019, 9, 50-64.	12.5	50
71	From gut microbiota dysfunction to obesity: could short-chain fatty acids stop this dangerous course?. <i>Hormones</i> , 2019, 18, 245-250.	0.9	50
72	Are hepatic steatosis and carotid intima media thickness associated in obese patients with normal or slightly elevated gamma-glutamyl-transferase?. <i>Journal of Translational Medicine</i> , 2012, 10, 50.	1.8	49

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73	Coffee consumption, metabolic syndrome and clinical severity of psoriasis: good or bad stuff?. Archives of Toxicology, 2018, 92, 1831-1845.	1.9	49
74	Anti-Inflammatory Nutrients and Obesity-Associated Metabolic-Inflammation: State of the Art and Future Direction. Nutrients, 2022, 14, 1137.	1.7	49
75	Cardiovascular risk in adult hypopituitary patients with growth hormone deficiency: is there a role for vitamin D?. Endocrine, 2016, 52, 111-119.	1.1	48
76	Preliminary results demonstrating the impact of Mediterranean diet on bone health. Journal of Translational Medicine, 2017, 15, 81.	1.8	48
77	Adherence to the Mediterranean Diet and Circulating Levels of Sirtuin 4 in Obese Patients: A Novel Association. Oxidative Medicine and Cellular Longevity, 2017, 2017, 1-14.	1.9	48
78	Influence of nutrition on somatotrophic axis: Milk consumption in adult individuals with moderate-severe obesity. Clinical Nutrition, 2017, 36, 293-301.	2.3	47
79	Laparoscopic Reinforced Sleeve Gastrectomy: Early Results and Complications. Obesity Surgery, 2011, 21, 783-793.	1.1	46
80	The roles of parathyroid hormone in bone remodeling: prospects for novel therapeutics. Journal of Endocrinological Investigation, 2011, 34, 18-22.	1.8	46
81	Vitamin D and Sleep Regulation: Is there a Role for Vitamin D?. Current Pharmaceutical Design, 2020, 26, 2492-2496.	0.9	45
82	Prospective randomized study on perioperative enteral immunonutrition in laparoscopic colorectal surgery. Surgical Endoscopy and Other Interventional Techniques, 2007, 21, 1175-1179.	1.3	44
83	Stapled haemorrhoidopexy in fourth degree haemorrhoidal prolapse: is it worthwhile?. Colorectal Disease, 2006, 8, 130-134.	0.7	43
84	Obesity in Prader-Willi syndrome: physiopathological mechanisms, nutritional and pharmacological approaches. Journal of Endocrinological Investigation, 2021, 44, 2057-2070.	1.8	43
85	Inflammation may modulate IL-6 and C-reactive protein gene expression in the adipose tissue: the role of IL-6 cell membrane receptor. American Journal of Physiology - Endocrinology and Metabolism, 2007, 293, E1030-E1035.	1.8	42
86	Phase Angle as an Easy Diagnostic Tool of Meta-Inflammation for the Nutritionist. Nutrients, 2021, 13, 1446.	1.7	42
87	Vitamin D in obesity and obesity-related diseases: an overview. Minerva Endocrinology, 2021, 46, 177-192.	0.6	41
88	From obesity through gut microbiota to cardiovascular diseases: a dangerous journey. International Journal of Obesity Supplements, 2020, 10, 35-49.	12.5	40
89	Interleukin-1beta and Beta-Endorphin Circadian Rhythms are Inversely Related in Normal and Stress-Altered Sleep. International Journal of Neuroscience, 1992, 63, 299-305.	0.8	39
90	Could ketogenic diet "starve" cancer? Emerging evidence. Critical Reviews in Food Science and Nutrition, 2022, 62, 1800-1821.	5.4	39

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91	The Natural History of Partial Growth Hormone Deficiency in Adults: A Prospective Study on the Cardiovascular Risk and Atherosclerosis. <i>Journal of Clinical Endocrinology and Metabolism</i> , 2006, 91, 2191-2200.	1.8	38
92	Nutrition and neuroendocrine tumors: An update of the literature. <i>Reviews in Endocrine and Metabolic Disorders</i> , 2018, 19, 159-167.	2.6	38
93	Breast cancer prevention in premenopausal women: role of the Mediterranean diet and its components. <i>Nutrition Research Reviews</i> , 2020, 33, 19-32.	2.1	38
94	Patient empowerment and the Mediterranean diet as a possible tool to tackle prediabetes associated with overweight or obesity: a pilot study. <i>Hormones</i> , 2019, 18, 75-84.	0.9	37
95	Growth hormone status in morbidly obese subjects and correlation with body composition. <i>Journal of Endocrinological Investigation</i> , 2006, 29, 536-543.	1.8	35
96	Markers of potential coeliac disease in patients with Hashimoto's thyroiditis. <i>European Journal of Endocrinology</i> , 2002, 146, 479-483.	1.9	34
97	Nutrigeneticsâ€”personalized nutrition in obesity and cardiovascular diseases. <i>International Journal of Obesity Supplements</i> , 2020, 10, 1-13.	12.5	34
98	Vitamin D: A Role Also in Long COVID-19?. <i>Nutrients</i> , 2022, 14, 1625.	1.7	34
99	Mediterranean diet as medical prescription in menopausal women with obesity: a practical guide for nutritionists. <i>Critical Reviews in Food Science and Nutrition</i> , 2021, 61, 1201-1211.	5.4	33
100	The impact of obesity on immune response to infection: Plausible mechanisms and outcomes. <i>Obesity Reviews</i> , 2021, 22, e13216.	3.1	33
101	Metabolically Healthy Obesity (MHO) vs. Metabolically Unhealthy Obesity (MUO) Phenotypes in PCOS: Association with Endocrine-Metabolic Profile, Adherence to the Mediterranean Diet, and Body Composition. <i>Nutrients</i> , 2021, 13, 3925.	1.7	33
102	Circulating levels of cytochrome C, gamma-glutamyl transferase, triglycerides and unconjugated bilirubin in overweight/obese patients with non-alcoholic fatty liver disease. <i>Journal of Biological Regulators and Homeostatic Agents</i> , 2011, 25, 47-56.	0.7	33
103	Percutaneous computed tomography-guided ethanol injection in aldosterone-producing adrenocortical adenoma. <i>European Journal of Endocrinology</i> , 1995, 132, 302-305.	1.9	32
104	Growth Hormone-Secreting Tumor Shrinkage after 3 Months of Octreotide-Long-Acting Release Therapy Predicts the Response at 12 Months. <i>Journal of Clinical Endocrinology and Metabolism</i> , 2008, 93, 3436-3442.	1.8	32
105	Subclinical myopathy in patients affected with newly diagnosed colorectal cancer at clinical onset of disease: evidence from skeletal muscle biopsies. <i>Neurological Research</i> , 2010, 32, 20-25.	0.6	32
106	Serum 25-Hydroxyvitamin D Levels, phosphoprotein enriched in diabetes gene product (PED)/PEA-15) and leptin-to-adiponectin ratio in women with PCOS. <i>Nutrition and Metabolism</i> , 2011, 8, 84.	1.3	32
107	Very low-calorie ketogenic diet (VLCKD) in patients with psoriasis and obesity: an update for dermatologists and nutritionists. <i>Critical Reviews in Food Science and Nutrition</i> , 2022, 62, 398-414.	5.4	32
108	Influence of the Mediterranean Diet on 25-Hydroxyvitamin D Levels in Adults. <i>Nutrients</i> , 2020, 12, 1439.	1.7	32

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109	Cardiovascular complications of obesity in adolescents. <i>Journal of Endocrinological Investigation</i> , 2007, 30, 70-80.	1.8	31
110	Cardiovascular alterations in adult GH deficiency. <i>Best Practice and Research in Clinical Endocrinology and Metabolism</i> , 2017, 31, 25-34.	2.2	31
111	Increased Spontaneous Release of Tumor Necrosis Factor- $\alpha$ /Cachectin in Headache Patients. A Possible Correlation with Plasma Endotoxin and Hypothalamic-Pituitary-Adrenal Axis. <i>International Journal of Neuroscience</i> , 1991, 61, 53-60.	0.8	30
112	Preliminary data on the relationship between circulating levels of Sirtuin 4, anthropometric and metabolic parameters in obese subjects according to growth hormone/insulin-like growth factor-1 status. <i>Growth Hormone and IGF Research</i> , 2015, 25, 28-33.	0.5	30
113	PCOS and nutritional approaches: Differences between lean and obese phenotype. <i>Metabolism Open</i> , 2021, 12, 100123.	1.4	29
114	From Gut Microbiota through Low-Grade Inflammation to Obesity: Key Players and Potential Targets. <i>Nutrients</i> , 2022, 14, 2103.	1.7	29
115	Growth hormone excess with onset in adolescence: clinical appearance and long-term treatment outcome. <i>Clinical Endocrinology</i> , 2007, 66, 714-722.	1.2	28
116	Gender-related issues in the pharmacology of new anti-obesity drugs. <i>Obesity Reviews</i> , 2019, 20, 375-384.	3.1	28
117	Hormonal pattern in women affected by rheumatoid arthritis. <i>Journal of Endocrinological Investigation</i> , 1993, 16, 619-624.	1.8	27
118	The good and bad effects of statins on insulin sensitivity and secretion. <i>Endocrine Research</i> , 2014, 39, 137-143.	0.6	27
119	Somatotropic Axis and Obesity: Is There Any Role for the Mediterranean Diet?. <i>Nutrients</i> , 2019, 11, 2228.	1.7	27
120	Cardio-Metabolic Indices and Metabolic Syndrome as Predictors of Clinical Severity of Gastroenteropancreatic Neuroendocrine Tumors. <i>Frontiers in Endocrinology</i> , 2021, 12, 649496.	1.5	27
121	Clinical and Prognostic Implications of the Genetic Diagnosis of Hereditary NET Syndromes in Asymptomatic Patients. <i>Hormone and Metabolic Research</i> , 2011, 43, 794-800.	0.7	26
122	Vitamin D and psoriasis: an update for dermatologists and nutritionists. <i>Minerva Endocrinologica</i> , 2020, 45, 138-147.	1.7	26
123	VLCKD: a real time safety study in obesity. <i>Journal of Translational Medicine</i> , 2022, 20, 23.	1.8	26
124	Dietary Recommendations for Post-COVID-19 Syndrome. <i>Nutrients</i> , 2022, 14, 1305.	1.7	26
125	Alcohol Inhibits 11-Beta-Hydroxysteroid Dehydrogenase Activity in Rat Kidney and Liver. <i>Hormone Research</i> , 1995, 43, 176-180.	1.8	24
126	Prevalence of the metabolic syndrome in moderately-severely obese subjects with and without growth hormone deficiency. <i>Journal of Endocrinological Investigation</i> , 2010, 33, 171-177.	1.8	24

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127	Nutritionist and obesity: brief overview on efficacy, safety, and drug interactions of the main weight-loss dietary supplements. <i>International Journal of Obesity Supplements</i> , 2019, 9, 32-49.	12.5	24
128	Mediterranean diet as tool to manage obesity in menopause: A narrative review. <i>Nutrition</i> , 2020, 79-80, 110991.	1.1	24
129	The opera prevention project. <i>International Journal of Food Sciences and Nutrition</i> , 2021, 72, 1-3.	1.3	24
130	Coffee consumption, health benefits and side effects: a narrative review and update for dietitians and nutritionists. <i>Critical Reviews in Food Science and Nutrition</i> , 2023, 63, 1238-1261.	5.4	24
131	New-generation anti-obesity drugs: naltrexone/bupropion and liraglutide. An update for endocrinologists and nutritionists. <i>Minerva Endocrinologica</i> , 2020, 45, 127-137.	1.7	24
132	Growth Hormone Treatment Prevents Loss of Lean Mass after Bariatric Surgery in Morbidly Obese Patients: Results of a Pilot, Open, Prospective, Randomized, Controlled Study. <i>Journal of Clinical Endocrinology and Metabolism</i> , 2009, 94, 817-826.	1.8	23
133	Inflammatory markers and visceral fat are inversely associated with maximal oxygen consumption in women with polycystic ovary syndrome (PCOS). <i>Clinical Endocrinology</i> , 2009, 70, 394-400.	1.2	23
134	Nutritional guidelines for the management of insulin resistance. <i>Critical Reviews in Food Science and Nutrition</i> , 2022, 62, 6947-6960.	5.4	23
135	GH and IGF1 deficiency are associated with reduced loss of fat mass after laparoscopic adjustable silicone gastric banding. <i>Clinical Endocrinology</i> , 2008, 69, 393-399.	1.2	22
136	Hypovitaminosis D: a novel risk factor for coronary heart disease in type 2 diabetes?. <i>Endocrine</i> , 2016, 51, 268-273.	1.1	22
137	Chronotype and cardio metabolic health in obesity: does nutrition matter?. <i>International Journal of Food Sciences and Nutrition</i> , 2021, 72, 892-900.	1.3	22
138	Calcium and Vitamin D Supplementation. Myths and Realities with Regard to Cardiovascular Risk. <i>Current Vascular Pharmacology</i> , 2019, 17, 610-617.	0.8	22
139	Phase angle as an easy diagnostic tool for the nutritionist in the evaluation of inflammatory changes during the active stage of a very low-calorie ketogenic diet. <i>International Journal of Obesity</i> , 2022, 46, 1591-1597.	1.6	22
140	<i>Arctium lappa</i> contributes to the management of type 2 diabetes mellitus by regulating glucose homeostasis and improving oxidative stress: A critical review of in vitro and in vivo animal-based studies. <i>Phytotherapy Research</i> , 2019, 33, 2213-2220.	2.8	21
141	Phase Angle: Could Be an Easy Tool to Detect Low-Grade Systemic Inflammation in Adults Affected by Prader-Willi Syndrome?. <i>Nutrients</i> , 2020, 12, 2065.	1.7	21
142	Functional hyperandrogenism detected by corticotropin and GnRH-analogue stimulation tests in women affected by apparently idiopathic hirsutism. <i>Journal of Endocrinological Investigation</i> , 2001, 24, 491-498.	1.8	20
143	Bone density and turnover in young adult patients with growth hormone deficiency after 2-year growth hormone replacement according with gender. <i>Journal of Endocrinological Investigation</i> , 2008, 31, 94-102.	1.8	20
144	Cerebrotendinous xanthomatosis, a metabolic disease with different neurological signs: two case reports. <i>Metabolic Brain Disease</i> , 2016, 31, 1185-1188.	1.4	20

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145	Unusual association of thyroiditis, Addison's disease, ovarian failure and celiac disease in a young woman. <i>Journal of Endocrinological Investigation</i> , 1999, 22, 390-394.	1.8	19
146	Irritable bowel syndrome: a new therapeutic target when treating obesity?. <i>Hormones</i> , 2019, 18, 395-399.	0.9	19
147	Nutrition and Osteoporosis: Preliminary data of Campania Region of European Personalised ICT Supported Service for Independent Living and Active Ageing. <i>Translational Medicine @ UniSa</i> , 2015, 13, 13-8.	0.8	19
148	Dietary calcium intake and serum vitamin D are major determinants of bone mass variations in women. A longitudinal study. <i>Aging Clinical and Experimental Research</i> , 2002, 14, 382-388.	1.4	18
149	Relationship Between Growth Hormone/Insulin-Like Growth Factor-1 Axis Integrity and Voluntary Weight Loss After Gastric Banding Surgery for Severe Obesity. <i>Obesity Surgery</i> , 2010, 20, 211-220.	1.1	18
150	Spinal deformity index in patients with type 2 diabetes. <i>Endocrine</i> , 2013, 43, 651-658.	1.1	18
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