

Iona Z Zimberg

List of Publications by Year in descending order

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Version: 2024-02-01

36
papers

1,046
citations

471477

17
h-index

434170

31
g-index

37
all docs

37
docs citations

37
times ranked

1466
citing authors

#	ARTICLE	IF	CITATIONS
1	Total and whole grain intake in Latin America: findings from the multicenter cross-sectional Latin American Study of Health and Nutrition (ELANS). <i>European Journal of Nutrition</i> , 2022, 61, 489-501.	3.9	6
2	Breakfast in Latin America: Evaluation of Nutrient and Food Group Intake Toward a Nutrient-Based Recommendation. <i>Journal of the Academy of Nutrition and Dietetics</i> , 2022, 122, 1099-1113.e3.	0.8	11
3	Anthropometric Profile of Latin American Population: Results From the ELANS Study. <i>Frontiers in Nutrition</i> , 2021, 8, 740361.	3.7	6
4	Socio-demographic patterning of objectively measured physical activity and sedentary behaviours in eight Latin American countries: Findings from the ELANS study. <i>European Journal of Sport Science</i> , 2020, 20, 670-681.	2.7	45
5	Socio-demographic patterns of public, private and active travel in Latin America: Cross-sectional findings from the ELANS study. <i>Journal of Transport and Health</i> , 2020, 16, 100788.	2.2	15
6	Association between Perceived Neighborhood Built Environment and Walking and Cycling for Transport among Inhabitants from Latin America: The ELANS Study. <i>International Journal of Environmental Research and Public Health</i> , 2020, 17, 6858.	2.6	14
7	Is the perceived neighborhood built environment associated with domain-specific physical activity in Latin American adults? An eight-country observational study. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , 2020, 17, 125.	4.6	25
8	Socio-Demographic Correlates of Total and Domain-Specific Sedentary Behavior in Latin America: A Population-Based Study. <i>International Journal of Environmental Research and Public Health</i> , 2020, 17, 5587.	2.6	9
9	Active Transportation and Obesity Indicators in Adults from Latin America: ELANS Multi-Country Study. <i>International Journal of Environmental Research and Public Health</i> , 2020, 17, 6974.	2.6	9
10	Breakfast Consumption Habit and Its Nutritional Contribution in Latin America: Results from the ELANS Study. <i>Nutrients</i> , 2020, 12, 2397.	4.1	6
11	Methodological design for the assessment of physical activity and sedentary time in eight Latin American countries - The ELANS study. <i>MethodsX</i> , 2020, 7, 100843.	1.6	21
12	Anthropometry, dietary intake, physical activity and sitting time patterns in adolescents aged 15-17 years: an international comparison in eight Latin American countries. <i>BMC Pediatrics</i> , 2020, 20, 24.	1.7	14
13	Comparison of self-report versus accelerometer-measured physical activity and sedentary behaviors and their association with body composition in Latin American countries. <i>PLoS ONE</i> , 2020, 15, e0232420.	2.5	46
14	Diet Quality and Diet Diversity in Eight Latin American Countries: Results from the Latin American Study of Nutrition and Health (ELANS). <i>Nutrients</i> , 2019, 11, 1605.	4.1	38
15	Association of moderate-to-vigorous physical activity with neck circumference in eight Latin American countries. <i>BMC Public Health</i> , 2019, 19, 809.	2.9	5
16	Brazilian Study of Nutrition and Health (EBANS) - Brazilian data of ELANS: methodological opportunities and challenges. <i>Revista Da Associação Médica Brasileira</i> , 2019, 65, 669-677.	0.7	5
17	Prevalence and determinants of misreporting of energy intake among Latin American populations: results from ELANS study. <i>Nutrition Research</i> , 2019, 68, 9-18.	2.9	19
18	Effect of the intake of high or low glycemic index high carbohydrate-meals on athletes' sleep quality in pre-game nights. <i>Anais Da Academia Brasileira De Ciencias</i> , 2019, 91, e20180107.	0.8	13

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19	Association between inflammatory potential of the diet and sleep parameters in sleep apnea patients. <i>Nutrition</i> , 2019, 66, 5-10.	2.4	21
20	Eating Late Negatively Affects Sleep Pattern and Apnea Severity in Individuals With Sleep Apnea. <i>Journal of Clinical Sleep Medicine</i> , 2019, 15, 383-392.	2.6	17
21	Original research Socio-demographic patterning of self-reported physical activity and sitting time in Latin American countries: findings from ELANS. <i>BMC Public Health</i> , 2019, 19, 1723.	2.9	24
22	Latin American consumption of major food groups: Results from the ELANS study. <i>PLoS ONE</i> , 2019, 14, e0225101.	2.5	56
23	Dietary disinhibition mediates the relationship between poor sleep quality and body weight. <i>Appetite</i> , 2018, 120, 602-608.	3.7	36
24	Energy intake and food sources of eight Latin American countries: results from the Latin American Study of Nutrition and Health (ELANS). <i>Public Health Nutrition</i> , 2018, 21, 2535-2547.	2.2	61
25	Total and Added Sugar Intake: Assessment in Eight Latin American Countries. <i>Nutrients</i> , 2018, 10, 389.	4.1	70
26	Developing a cooperative multicenter study in Latin America: Lessons learned from the Latin American Study of Nutrition and Health Project. <i>Revista Panamericana De Salud Publica/Pan American Journal of Public Health</i> , 2017, 41, 1.	1.1	2
27	Standardization of the Food Composition Database Used in the Latin American Nutrition and Health Study (ELANS). <i>Nutrients</i> , 2015, 7, 7914-7924.	4.1	49
28	Adipokine Levels Are Altered by Shiftwork: A Preliminary Study. <i>Chronobiology International</i> , 2012, 29, 587-594.	2.0	15
29	Metabolic impact of shift work. <i>Work</i> , 2012, 41, 4376-4383.	1.1	54
30	Short sleep duration and obesity: mechanisms and future perspectives. <i>Cell Biochemistry and Function</i> , 2012, 30, 524-529.	2.9	72
31	Meal distribution across the day and its relationship with body composition. <i>Biological Rhythm Research</i> , 2011, 42, 119-129.	0.9	13
32	Relationship between Food Intake and Sleep Pattern in Healthy Individuals. <i>Journal of Clinical Sleep Medicine</i> , 2011, 07, 659-664.	2.6	129
33	Hormonal appetite control is altered by shift work: a preliminary study. <i>Metabolism: Clinical and Experimental</i> , 2011, 60, 1726-1735.	3.4	60
34	METABOLIC RESPONSES ON THE EARLY SHIFT. <i>Chronobiology International</i> , 2010, 27, 1080-1092.	2.0	38
35	Nutritional Intake during a Simulated Adventure Race. <i>International Journal of Sport Nutrition and Exercise Metabolism</i> , 2008, 18, 152-168.	2.1	10
36	Aplicação da escala de conhecimento nutricional em atletas profissionais e amadores de atletismo. <i>Revista Brasileira De Medicina Do Esporte</i> , 2008, 14, 205-208.	0.2	12