

Iona Z Zimberg

List of Publications by Year in descending order

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Version: 2024-02-01

36
papers

1,046
citations

471477

17
h-index

434170

31
g-index

37
all docs

37
docs citations

37
times ranked

1466
citing authors

| # | ARTICLE | IF | CITATIONS |
|----|---|-----|-----------|
| 1 | Relationship between Food Intake and Sleep Pattern in Healthy Individuals. <i>Journal of Clinical Sleep Medicine</i> , 2011, 07, 659-664. | 2.6 | 129 |
| 2 | Short sleep duration and obesity: mechanisms and future perspectives. <i>Cell Biochemistry and Function</i> , 2012, 30, 524-529. | 2.9 | 72 |
| 3 | Total and Added Sugar Intake: Assessment in Eight Latin American Countries. <i>Nutrients</i> , 2018, 10, 389. | 4.1 | 70 |
| 4 | Energy intake and food sources of eight Latin American countries: results from the Latin American Study of Nutrition and Health (ELANS). <i>Public Health Nutrition</i> , 2018, 21, 2535-2547. | 2.2 | 61 |
| 5 | Hormonal appetite control is altered by shift work: a preliminary study. <i>Metabolism: Clinical and Experimental</i> , 2011, 60, 1726-1735. | 3.4 | 60 |
| 6 | Latin American consumption of major food groups: Results from the ELANS study. <i>PLoS ONE</i> , 2019, 14, e0225101. | 2.5 | 56 |
| 7 | Metabolic impact of shift work. <i>Work</i> , 2012, 41, 4376-4383. | 1.1 | 54 |
| 8 | Standardization of the Food Composition Database Used in the Latin American Nutrition and Health Study (ELANS). <i>Nutrients</i> , 2015, 7, 7914-7924. | 4.1 | 49 |
| 9 | Comparison of self-report versus accelerometer "measured physical activity and sedentary behaviors and their association with body composition in Latin American countries. <i>PLoS ONE</i> , 2020, 15, e0232420. | 2.5 | 46 |
| 10 | Socio-demographic patterning of objectively measured physical activity and sedentary behaviours in eight Latin American countries: Findings from the ELANS study. <i>European Journal of Sport Science</i> , 2020, 20, 670-681. | 2.7 | 45 |
| 11 | METABOLIC RESPONSES ON THE EARLY SHIFT. <i>Chronobiology International</i> , 2010, 27, 1080-1092. | 2.0 | 38 |
| 12 | Diet Quality and Diet Diversity in Eight Latin American Countries: Results from the Latin American Study of Nutrition and Health (ELANS). <i>Nutrients</i> , 2019, 11, 1605. | 4.1 | 38 |
| 13 | Dietary disinhibition mediates the relationship between poor sleep quality and body weight. <i>Appetite</i> , 2018, 120, 602-608. | 3.7 | 36 |
| 14 | Is the perceived neighborhood built environment associated with domain-specific physical activity in Latin American adults? An eight-country observational study. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , 2020, 17, 125. | 4.6 | 25 |
| 15 | Original research Socio-demographic patterning of self-reported physical activity and sitting time in Latin American countries: findings from ELANS. <i>BMC Public Health</i> , 2019, 19, 1723. | 2.9 | 24 |
| 16 | Association between inflammatory potential of the diet and sleep parameters in sleep apnea patients. <i>Nutrition</i> , 2019, 66, 5-10. | 2.4 | 21 |
| 17 | Methodological design for the assessment of physical activity and sedentary time in eight Latin American countries - The ELANS study. <i>MethodsX</i> , 2020, 7, 100843. | 1.6 | 21 |
| 18 | Prevalence and determinants of misreporting of energy intake among Latin American populations: results from ELANS study. <i>Nutrition Research</i> , 2019, 68, 9-18. | 2.9 | 19 |

| # | ARTICLE | IF | CITATIONS |
|----|--|-----|-----------|
| 19 | Eating Late Negatively Affects Sleep Pattern and Apnea Severity in Individuals With Sleep Apnea. <i>Journal of Clinical Sleep Medicine</i> , 2019, 15, 383-392. | 2.6 | 17 |
| 20 | Adipokine Levels Are Altered by Shiftwork: A Preliminary Study. <i>Chronobiology International</i> , 2012, 29, 587-594. | 2.0 | 15 |
| 21 | Socio-demographic patterns of public, private and active travel in Latin America: Cross-sectional findings from the ELANS study. <i>Journal of Transport and Health</i> , 2020, 16, 100788. | 2.2 | 15 |
| 22 | Association between Perceived Neighborhood Built Environment and Walking and Cycling for Transport among Inhabitants from Latin America: The ELANS Study. <i>International Journal of Environmental Research and Public Health</i> , 2020, 17, 6858. | 2.6 | 14 |
| 23 | Anthropometry, dietary intake, physical activity and sitting time patterns in adolescents aged 15-17 years: an international comparison in eight Latin American countries. <i>BMC Pediatrics</i> , 2020, 20, 24. | 1.7 | 14 |
| 24 | Meal distribution across the day and its relationship with body composition. <i>Biological Rhythm Research</i> , 2011, 42, 119-129. | 0.9 | 13 |
| 25 | Effect of the intake of high or low glycemic index high carbohydrate-meals on athletes' sleep quality in pre-game nights. <i>Anais Da Academia Brasileira De Ciencias</i> , 2019, 91, e20180107. | 0.8 | 13 |
| 26 | Aplicação da escala de conhecimento nutricional em atletas profissionais e amadores de atletismo. <i>Revista Brasileira De Medicina Do Esporte</i> , 2008, 14, 205-208. | 0.2 | 12 |
| 27 | Breakfast in Latin America: Evaluation of Nutrient and Food Group Intake Toward a Nutrient-Based Recommendation. <i>Journal of the Academy of Nutrition and Dietetics</i> , 2022, 122, 1099-1113.e3. | 0.8 | 11 |
| 28 | Nutritional Intake during a Simulated Adventure Race. <i>International Journal of Sport Nutrition and Exercise Metabolism</i> , 2008, 18, 152-168. | 2.1 | 10 |
| 29 | Socio-Demographic Correlates of Total and Domain-Specific Sedentary Behavior in Latin America: A Population-Based Study. <i>International Journal of Environmental Research and Public Health</i> , 2020, 17, 5587. | 2.6 | 9 |
| 30 | Active Transportation and Obesity Indicators in Adults from Latin America: ELANS Multi-Country Study. <i>International Journal of Environmental Research and Public Health</i> , 2020, 17, 6974. | 2.6 | 9 |
| 31 | Breakfast Consumption Habit and Its Nutritional Contribution in Latin America: Results from the ELANS Study. <i>Nutrients</i> , 2020, 12, 2397. | 4.1 | 6 |
| 32 | Total and whole grain intake in Latin America: findings from the multicenter cross-sectional Latin American Study of Health and Nutrition (ELANS). <i>European Journal of Nutrition</i> , 2022, 61, 489-501. | 3.9 | 6 |
| 33 | Anthropometric Profile of Latin American Population: Results From the ELANS Study. <i>Frontiers in Nutrition</i> , 2021, 8, 740361. | 3.7 | 6 |
| 34 | Association of moderate-to-vigorous physical activity with neck circumference in eight Latin American countries. <i>BMC Public Health</i> , 2019, 19, 809. | 2.9 | 5 |
| 35 | Brazilian Study of Nutrition and Health (EBANS) - Brazilian data of ELANS: methodological opportunities and challenges. <i>Revista Da Associação Médica Brasileira</i> , 2019, 65, 669-677. | 0.7 | 5 |
| 36 | Developing a cooperative multicenter study in Latin America: Lessons learned from the Latin American Study of Nutrition and Health Project. <i>Revista Panamericana De Salud Publica/Pan American Journal of Public Health</i> , 2017, 41, 1. | 1.1 | 2 |