Jayaram Thimmapuram

List of Publications by Year in descending order

Source: https://exaly.com/author-pdf/3922762/publications.pdf

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2258059 2272923 5 114 3 4 citations g-index h-index papers 9 9 9 104 docs citations times ranked citing authors all docs

#	Article	IF	CITATIONS
1	Health-Related Quality of Life Outcomes With Regular Yoga and Heartfulness Meditation Practice: Results From a Multinational, Cross-sectional Study. JMIR Formative Research, 2022, 6, e37876.	1.4	6
2	Heartfulness meditation improves loneliness and sleep in physicians and advance practice providers during COVID-19 pandemic. Hospital Practice (1995), 2021, 49, 1-9.	1.0	22
3	Sleep Patterns of Resident Physicians and the Effect of Heartfulness Meditation. Annals of Neurosciences, 2021, 28, 097275312110390.	1.7	O
4	Heartfulness meditation improves sleep in chronic insomnia. Journal of Community Hospital Internal Medicine Perspectives, 2020, 10, 10-15.	0.8	15
5	Effect of heartfulness meditation on burnout, emotional wellness, and telomere length in health care professionals. Journal of Community Hospital Internal Medicine Perspectives, 2017, 7, 21-27.	0.8	71