

Jayaram Thimmapuram

List of Publications by Year in descending order

Source: <https://exaly.com/author-pdf/3922762/publications.pdf>

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5
papers

114
citations

2258059

3
h-index

2272923

4
g-index

9
all docs

9
docs citations

9
times ranked

104
citing authors

#	ARTICLE	IF	CITATIONS
1	Effect of heartfulness meditation on burnout, emotional wellness, and telomere length in health care professionals. <i>Journal of Community Hospital Internal Medicine Perspectives</i> , 2017, 7, 21-27.	0.8	71
2	Heartfulness meditation improves loneliness and sleep in physicians and advance practice providers during COVID-19 pandemic. <i>Hospital Practice (1995)</i> , 2021, 49, 1-9.	1.0	22
3	Heartfulness meditation improves sleep in chronic insomnia. <i>Journal of Community Hospital Internal Medicine Perspectives</i> , 2020, 10, 10-15.	0.8	15
4	Health-Related Quality of Life Outcomes With Regular Yoga and Heartfulness Meditation Practice: Results From a Multinational, Cross-sectional Study. <i>JMIR Formative Research</i> , 2022, 6, e37876.	1.4	6
5	Sleep Patterns of Resident Physicians and the Effect of Heartfulness Meditation. <i>Annals of Neurosciences</i> , 2021, 28, 097275312110390.	1.7	0