

Lena V Kallings

List of Publications by Year in descending order

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Version: 2024-02-01

40
papers

1,032
citations

471061

17
h-index

454577

30
g-index

43
all docs

43
docs citations

43
times ranked

1381
citing authors

#	ARTICLE	IF	CITATIONS
1	Physical activity on prescription in primary health care: a follow-up of physical activity level and quality of life. <i>Scandinavian Journal of Medicine and Science in Sports</i> , 2008, 18, 154-161.	1.3	126
2	Categorical answer modes provide superior validity to open answers when asking for level of physical activity: A cross-sectional study. <i>Scandinavian Journal of Public Health</i> , 2016, 44, 70-76.	1.2	91
3	Beneficial effects of individualized physical activity on prescription on body composition and cardiometabolic risk factors: results from a randomized controlled trial. <i>European Journal of Cardiovascular Prevention and Rehabilitation</i> , 2009, 16, 80-84.	3.1	78
4	Stand up for health – avoiding sedentary behaviour might lengthen your telomeres: secondary outcomes from a physical activity RCT in older people. <i>British Journal of Sports Medicine</i> , 2014, 48, 1407-1409.	3.1	62
5	Lifestyle Habits and Mental Health in Light of the Two COVID-19 Pandemic Waves in Sweden, 2020. <i>International Journal of Environmental Research and Public Health</i> , 2021, 18, 3313.	1.2	62
6	Self-Reported Adherence: A Method for Evaluating Prescribed Physical Activity in Primary Health Care Patients. <i>Journal of Physical Activity and Health</i> , 2009, 6, 483-492.	1.0	56
7	Sex- and age-specific associations between cardiorespiratory fitness, CVD morbidity and all-cause mortality in 266,109 adults. <i>Preventive Medicine</i> , 2019, 127, 105799.	1.6	44
8	Prevalence and time trends of overweight, obesity and severe obesity in 447,925 Swedish adults, 1995–2017. <i>Scandinavian Journal of Public Health</i> , 2021, 49, 377-383.	1.2	43
9	Common Perceived Barriers and Facilitators for Reducing Sedentary Behaviour among Office Workers. <i>International Journal of Environmental Research and Public Health</i> , 2018, 15, 792.	1.2	38
10	Effects of the Swedish physical activity on prescription model on health-related quality of life in overweight older adults: a randomised controlled trial. <i>BMC Public Health</i> , 2015, 15, 687.	1.2	31
11	Cardiorespiratory fitness and lifestyle on severe COVID-19 risk in 279,455 adults: a case control study. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , 2021, 18, 135.	2.0	31
12	Physical inactivity and smoking after myocardial infarction as predictors for readmission and survival: results from the SWEDHEART-registry. <i>Clinical Research in Cardiology</i> , 2019, 108, 324-332.	1.5	29
13	Improving office workers' mental health and cognition: a 3-arm cluster randomized controlled trial targeting physical activity and sedentary behavior in multi-component interventions. <i>BMC Public Health</i> , 2019, 19, 266.	1.2	25
14	Lifestyle-associated health risk indicators across a wide range of occupational groups: a cross-sectional analysis in 72,855 workers. <i>BMC Public Health</i> , 2020, 20, 1656.	1.2	25
15	What is required to facilitate implementation of Swedish physical activity on prescription? – an interview study with primary healthcare staff and management. <i>BMC Health Services Research</i> , 2018, 18, 196.	0.9	23
16	Functional changes in adipose tissue in a randomised controlled trial of physical activity. <i>Lipids in Health and Disease</i> , 2012, 11, 80.	1.2	20
17	Exercise-Induced Bronchoconstriction in Adults with Asthma. <i>Upsala Journal of Medical Sciences</i> , 1999, 104, 191-198.	0.4	18
18	Workplace sitting is associated with self-reported general health and back/neck pain: a cross-sectional analysis in 44,978 employees. <i>BMC Public Health</i> , 2021, 21, 875.	1.2	18

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19	Active commuting in Swedish workers between 1998 and 2015â€”Trends, characteristics, and cardiovascular disease risk. <i>Scandinavian Journal of Medicine and Science in Sports</i> , 2020, 30, 370-379.	1.3	17
20	The effectiveness of multi-component interventions targeting physical activity or sedentary behaviour amongst office workers: a three-arm cluster randomised controlled trial. <i>BMC Public Health</i> , 2020, 20, 1329.	1.2	15
21	Latent profile analysis patterns of exercise, sitting and fitness in adults â€” Associations with metabolic risk factors, perceived health, and perceived symptoms. <i>PLoS ONE</i> , 2020, 15, e0232210.	1.1	15
22	The effects on self-efficacy, motivation and perceived barriers of an intervention targeting physical activity and sedentary behaviours in office workers: a cluster randomized control trial. <i>BMC Public Health</i> , 2021, 21, 1048.	1.2	15
23	Criterion validity and test-retest reliability of SED-GIH, a single item question for assessment of daily sitting time. <i>BMC Public Health</i> , 2019, 19, 17.	1.2	14
24	Cardiorespiratory Fitness in Occupational Groupsâ€”Trends over 20 Years and Future Forecasts. <i>International Journal of Environmental Research and Public Health</i> , 2021, 18, 8437.	1.2	14
25	Self-Reported General Health, Overall and Work-Related Stress, Loneliness, and Sleeping Problems in 335,625 Swedish Adults from 2000 to 2016. <i>International Journal of Environmental Research and Public Health</i> , 2020, 17, 511.	1.2	13
26	Association of perceived physical health and physical fitness in two Swedish national samples from 1990 and 2015. <i>Scandinavian Journal of Medicine and Science in Sports</i> , 2018, 28, 717-724.	1.3	12
27	The SED-GIH: A Single-Item Question for Assessment of Stationary Behaviorâ€”A Study of Concurrent and Convergent Validity. <i>International Journal of Environmental Research and Public Health</i> , 2019, 16, 4766.	1.2	12
28	Subjective reports of physical activity levels and sedentary time prior to hospital admission can predict utilization of hospital care and all-cause mortality among patients with cardiovascular disease. <i>European Journal of Cardiovascular Nursing</i> , 2020, 19, 691-701.	0.4	12
29	Effects of Two Randomized and Controlled Multi-Component Interventions Focusing On 24-Hour Movement Behavior among Office Workers: A Compositional Data Analysis. <i>International Journal of Environmental Research and Public Health</i> , 2021, 18, 4191.	1.2	12
30	Associations between 24 h Movement Behavior and Mental Health in Office Workers. <i>International Journal of Environmental Research and Public Health</i> , 2020, 17, 6214.	1.2	11
31	Cardiorespiratory Fitness and Device-Measured Sedentary Behaviour are Associated with Sickness Absence in Office Workers. <i>International Journal of Environmental Research and Public Health</i> , 2020, 17, 628.	1.2	9
32	Job Demand-Control-Support Model as Related to Objectively Measured Physical Activity and Sedentary Time in Working Women and Men. <i>International Journal of Environmental Research and Public Health</i> , 2019, 16, 3370.	1.2	7
33	The gap between stated importance of and clinical work in promoting healthy lifestyle habits by healthcare professionals in a Swedish hospital setting: A cross-sectional survey. <i>Health and Social Care in the Community</i> , 2021, 29, 385-394.	0.7	5
34	Physical activity on prescription in patients with hip or knee osteoarthritis: A randomized controlled trial. <i>Clinical Rehabilitation</i> , 2021, 35, 1465-1477.	1.0	5
35	The Role of Executive Function in the Effectiveness of Multi-Component Interventions Targeting Physical Activity Behavior in Office Workers. <i>International Journal of Environmental Research and Public Health</i> , 2022, 19, 266.	1.2	4
36	The effect of two multi-component behavior change interventions on cognitive functions. <i>BMC Public Health</i> , 2022, 22, .	1.2	3

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37	Convergent validity of commonly used questions assessing physical activity and sedentary time in Swedish patients after myocardial infarction. BMC Sports Science, Medicine and Rehabilitation, 2022, 14, .	0.7	3
38	Methods To Improve The Use Of Physical On Prescription. Medicine and Science in Sports and Exercise, 2011, 43, 549.	0.2	0
39	Maximal step-up test a new functional test in hip or knee osteoarthritis. Osteoarthritis and Cartilage, 2016, 24, S471.	0.6	0
40	The Level Of Physical Activity Post-myocardial Infarction Predicts Future Mortality. Medicine and Science in Sports and Exercise, 2017, 49, 845-846.	0.2	0