## Alexander Törpel

List of Publications by Year in descending order

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#	Article	IF	CITATIONS
1	Functional and/or structural brain changes in response to resistance exercises and resistance training lead to cognitive improvements – a systematic review. European Review of Aging and Physical Activity, 2019, 16, 10.	1.3	164
2	Effects of Intermittent Hypoxia on Cognitive Performance and Quality of Life in Elderly Adults: A Pilot Study. Gerontology, 2013, 59, 316-323.	1.4	61
3	Effect of intermittent normobaric hypoxia on aerobic capacity and cognitive function in older people. Journal of Science and Medicine in Sport, 2016, 19, 941-945.	0.6	46
4	A Discussion on Different Approaches for Prescribing Physical Interventions – Four Roads Lead to Rome, but Which One Should We Choose?. Journal of Personalized Medicine, 2020, 10, 55.	1.1	27
5	The effect of physical exhaustion on gait stability in young and older individuals. Gait and Posture, 2016, 48, 137-139.	0.6	25
6	Strengthening the Brain—Is Resistance Training with Blood Flow Restriction an Effective Strategy for Cognitive Improvement?. Journal of Clinical Medicine, 2018, 7, 337.	1.0	22
7	Perspective of Dose and Response for Individualized Physical Exercise and Training Prescription. Journal of Functional Morphology and Kinesiology, 2020, 5, 48.	1.1	22
8	The reliability of local dynamic stability in walking while texting and performing an arithmetical problem. Gait and Posture, 2016, 44, 200-203.	0.6	21
9	Dose–response relationship of intermittent normobaric hypoxia to stimulate erythropoietin in the context of health promotion in young and old people. European Journal of Applied Physiology, 2019, 119, 1065-1074.	1.2	20
10	Causes and Consequences of Interindividual Response Variability: A Call to Apply a More Rigorous Research Design in Acute Exercise-Cognition Studies. Frontiers in Physiology, 2021, 12, 682891.	1.3	16
11	Cortical hemodynamics as a function of handgrip strength and cognitive performance: a cross-sectional fNIRS study in younger adults. BMC Neuroscience, 2021, 22, 10.	0.8	14
12	Does squatting need attention?—A dual-task study on cognitive resources in resistance exercise. PLoS ONE, 2020, 15, e0226431.	1.1	13
13	Effect of Resistance Training Under Normobaric Hypoxia on Physical Performance, Hematological Parameters, and Body Composition in Young and Older People. Frontiers in Physiology, 2020, 11, 335.	1.3	12
14	Intersession Reliability of Isokinetic Strength Testing in Knee and Elbow Extension and Flexion Using the BTE PrimusRS. Journal of Sport Rehabilitation, 2017, 26, .	0.4	10
15	Evaluation of a supervised multi-modal physical exercise program for prostate cancer survivors in the rehabilitation phase: Rationale and study protocol of the ProCaLife study. Contemporary Clinical Trials, 2015, 45, 311-319.	0.8	5
16	Motor-cognitive dual-tasking under hypoxia. Experimental Brain Research, 2017, 235, 2997-3001.	0.7	4