

# Nazli Namazi

## List of Publications by Year in descending order

Source: <https://exaly.com/author-pdf/3889155/publications.pdf>

Version: 2024-02-01

80  
papers

1,608  
citations

279798  
23  
h-index

345221  
36  
g-index

84  
all docs

84  
docs citations

84  
times ranked

2499  
citing authors

#	ARTICLE	IF	CITATIONS
1	Dietary Inflammatory Index and its Association with the Risk of Cardiovascular Diseases, Metabolic Syndrome, and Mortality: A Systematic Review and Meta-Analysis. <i>Hormone and Metabolic Research</i> , 2018, 50, 345-358.	1.5	97
2	The effect of vitamin D supplementation on oxidative stress parameters: A systematic review and meta-analysis of clinical trials. <i>Pharmacological Research</i> , 2019, 139, 141-152.	7.1	91
3	Nigella sativa oil affects glucose metabolism and lipid concentrations in patients with type 2 diabetes: A randomized, double-blind, placebo-controlled trial. <i>Food Research International</i> , 2015, 70, 87-93.	6.2	78
4	Effects of black seed ( <i>Nigella sativa</i> ) on metabolic parameters in diabetes mellitus: A systematic review. <i>Complementary Therapies in Medicine</i> , 2015, 23, 275-282.	2.7	76
5	Alpha-lipoic acid supplement in obesity treatment: A systematic review and meta-analysis of clinical trials. <i>Clinical Nutrition</i> , 2018, 37, 419-428.	5.0	76
6	The effects of <i>Nigella sativa</i> L. on obesity: A systematic review and meta-analysis. <i>Journal of Ethnopharmacology</i> , 2018, 219, 173-181.	4.1	67
7	The link between breakfast skipping and overweigh/obesity in children and adolescents: a meta-analysis of observational studies. <i>Journal of Diabetes and Metabolic Disorders</i> , 2019, 18, 657-664.	1.9	65
8	Effects of <i>Nigella sativa</i> oil with a low-calorie diet on cardiometabolic risk factors in obese women: a randomized controlled clinical trial. <i>Food and Function</i> , 2015, 6, 2041-2048.	4.6	59
9	<i>Nigella sativa</i> oil with a calorie-restricted diet can improve biomarkers of systemic inflammation in obese women: A randomized double-blind, placebo-controlled clinical trial. <i>Journal of Clinical Lipidology</i> , 2016, 10, 1203-1211.	1.5	55
10	Is there any place for resistant starch, as alimentary prebiotic, for patients with type 2 diabetes?. <i>Complementary Therapies in Medicine</i> , 2015, 23, 810-815.	2.7	54
11	The impact of cinnamon on anthropometric indices and glycemic status in patients with type 2 diabetes: A systematic review and meta-analysis of clinical trials. <i>Complementary Therapies in Medicine</i> , 2019, 43, 92-101.	2.7	50
12	Oxidative Stress Responses to <i>Nigella sativa</i> Oil Concurrent with a Low-Calorie Diet in Obese Women: A Randomized, Double-Blind Controlled Clinical Trial. <i>Phytotherapy Research</i> , 2015, 29, 1722-1728.	5.8	47
13	The Association of Dietary Quality Indices and Cancer Mortality: A Systematic Review and Meta-analysis of Cohort Studies. <i>Nutrition and Cancer</i> , 2018, 70, 1091-1105.	2.0	44
14	Low-Carbohydrate-Diet Score and its Association with the Risk of Diabetes: A Systematic Review and Meta-Analysis of Cohort Studies. <i>Hormone and Metabolic Research</i> , 2017, 49, 565-571.	1.5	36
15	Effects of black seeds ( <i>Nigella sativa</i> ) on male infertility: A systematic review. <i>Journal of Herbal Medicine</i> , 2015, 5, 133-139.	2.0	35
16	The Association of Dietary and Urinary Sodium With Bone Mineral Density and Risk of Osteoporosis: A Systematic Review and Meta-Analysis. <i>Journal of the American College of Nutrition</i> , 2018, 37, 522-532.	1.8	34
17	Prebiotic supplementation modulates advanced glycation end-products (AGEs), soluble receptor for AGEs (sRAGE), and cardiometabolic risk factors through improving metabolic endotoxemia: a randomized-controlled clinical trial. <i>European Journal of Nutrition</i> , 2020, 59, 3009-3021.	3.9	33
18	Neck circumference and its association with cardiometabolic risk factors: a systematic review and meta-analysis. <i>Diabetology and Metabolic Syndrome</i> , 2018, 10, 72.	2.7	31

#	ARTICLE	IF	CITATIONS
19	Supplementation with Riboflavin (Vitamin B <sub>2</sub> ) for Migraine Prophylaxis in Adults and Children: A Review. <i>International Journal for Vitamin and Nutrition Research</i> , 2015, 85, 79-87.	1.5	28
20	Impact of Dietary Calcium Supplement on Circulating Lipoprotein Concentrations and Atherogenic Indices in Overweight and Obese Individuals: A Systematic Review. <i>Journal of Dietary Supplements</i> , 2019, 16, 357-367.	2.6	27
21	Soy product consumption and the risk of all-cause, cardiovascular and cancer mortality: a systematic review and meta-analysis of cohort studies. <i>Food and Function</i> , 2018, 9, 2576-2588.	4.6	26
22	The effects of supplementation with conjugated linoleic acid on anthropometric indices and body composition in overweight and obese subjects: A systematic review and meta-analysis. <i>Critical Reviews in Food Science and Nutrition</i> , 2019, 59, 2720-2733.	10.3	26
23	Associations between dietary insulin load with cardiovascular risk factors and inflammatory parameters in elderly men: a cross-sectional study. <i>British Journal of Nutrition</i> , 2019, 121, 773-781.	2.3	25
24	Association of wrist circumference with cardio-metabolic risk factors: a systematic review and meta-analysis. <i>Eating and Weight Disorders</i> , 2020, 25, 151-161.	2.5	23
25	Changes of body composition and circulating adipokines in response to <i>Nigella sativa</i> oil with a calorie restricted diet in obese women. <i>Journal of Herbal Medicine</i> , 2016, 6, 67-72.	2.0	22
26	Dietary antioxidative supplements and diabetic retinopathy; a systematic review. <i>Journal of Diabetes and Metabolic Disorders</i> , 2019, 18, 705-716.	1.9	21
27	Is exclusive breastfeeding and its duration related to cardio respiratory fitness in childhood?. <i>Journal of Maternal-Fetal and Neonatal Medicine</i> , 2016, 29, 461-465.	1.5	20
28	Association of dietary acid load with cardiovascular risk factors and the prevalence of metabolic syndrome in Iranian women: A cross-sectional study. <i>Nutrition</i> , 2019, 67-68, 110570.	2.4	19
29	Effects of L- Arginine Supplementation on Antioxidant Status and Body Composition in Obese Patients with Pre-diabetes: A Randomized Controlled Clinical Trial. <i>Advanced Pharmaceutical Bulletin</i> , 2014, 4, 449-54.	1.4	19
30	The Effects of Supplementation with Probiotic on Biomarkers of Oxidative Stress in Adult Subjects: a Systematic Review and Meta-analysis of Randomized Trials. <i>Probiotics and Antimicrobial Proteins</i> , 2020, 12, 102-111.	3.9	17
31	Effects of dried licorice extract with low-calorie diet on lipid profile and atherogenic indices in overweight and obese subjects: A randomized controlled clinical trial. <i>European Journal of Integrative Medicine</i> , 2015, 7, 287-293.	1.7	14
32	The association between fat mass and the risk of breast cancer: A systematic review and meta-analysis. <i>Clinical Nutrition</i> , 2019, 38, 1496-1503.	5.0	14
33	The Effects of Fenugreek on Cardiometabolic Risk Factors in Adults: A Systematic Review and Meta-analysis. <i>Complementary Therapies in Medicine</i> , 2020, 52, 102416.	2.7	14
34	The association between types of seafood intake and the risk of type 2 diabetes: a systematic review and meta-analysis of prospective cohort studies. <i>Health Promotion Perspectives</i> , 2019, 9, 164-173.	1.9	14
35	A cross-sectional study of barriers to physical activity among overweight and obese patients with type 2 diabetes in Iran. <i>Health and Social Care in the Community</i> , 2016, 24, e92-e100.	1.6	13
36	The necessity for integrating traditional, complementary, and alternative medicine into medical education curricula in Iran. <i>Journal of Integrative Medicine</i> , 2019, 17, 296-301.	3.1	13

#	ARTICLE	IF	CITATIONS
37	Comparison common equations for LDL-C calculation with direct assay and developing a novel formula in Iranian children and adolescents: the CASPIAN V study. <i>Lipids in Health and Disease</i> , 2020, 19, 129.	3.0	13
38	The roles of quercetin in diabetes mellitus and related metabolic disorders; special focus on the modulation of gut microbiota: A comprehensive review. <i>Critical Reviews in Food Science and Nutrition</i> , 2023, 63, 2990-3003.	10.3	12
39	Zebrafish Modeling of Autism Spectrum Disorders, Current Status and Future Prospective. <i>Frontiers in Psychiatry</i> , 0, 13, .	2.6	12
40	Perceived Barriers to Following Dietary Recommendations in Hypertensive Patients. <i>Journal of the American College of Nutrition</i> , 2017, 36, 193-199.	1.8	10
41	Is Laser Acupuncture An Effective Complementary Therapy for Obesity Management? A Systematic Review of Clinical Trials. <i>Acupuncture in Medicine</i> , 2017, 35, 452-459.	1.0	10
42	Changes of Insulin Resistance and Adipokines Following Supplementation with Glycyrrhiza Glabra L. Extract in Combination with a Low-Calorie Diet in Overweight and Obese Subjects: a Randomized Double Blind Clinical Trial. <i>Advanced Pharmaceutical Bulletin</i> , 2018, 8, 123-130.	1.4	10
43	The Effect of Dried Glycyrrhiza Glabra L. Extract on Obesity Management with Regard to PPAR- $\beta$ 2 (Pro12Ala) Gene Polymorphism in Obese Subjects Following an Energy Restricted Diet. <i>Advanced Pharmaceutical Bulletin</i> , 2017, 7, 221-228.	1.4	9
44	Accuracy of the Common Predictive Equations for Estimating Resting Energy Expenditure among Normal and Overweight Girl University Students. <i>Journal of the American College of Nutrition</i> , 2016, 35, 136-142.	1.8	8
45	The effect of Capsaicinoids or Capsinoids in red pepper on thermogenesis in healthy adults: A systematic review and meta-analysis. <i>Phytotherapy Research</i> , 2021, 35, 1358-1377.	5.8	8
46	Association of Dietary acid load with anthropometric indices in children and adolescents. <i>Eating and Weight Disorders</i> , 2021, 26, 555-567.	2.5	7
47	Effects of Inulin Type-Carbohydrates on blood pressure: a systematic review and meta-analysis. <i>International Journal of Food Properties</i> , 2021, 24, 129-139.	3.0	7
48	The Effects of Oral Consumption of Honey on Key Metabolic Profiles in Adult Patients with Type 2 Diabetes Mellitus and Nondiabetic Individuals: A Systematic Review of Clinical Trials. <i>Evidence-based Complementary and Alternative Medicine</i> , 2021, 2021, 1-12.	1.2	7
49	Dietary Quality Index and Cardiometabolic Risk Factors among Adult Women. <i>Iranian Journal of Public Health</i> , 2021, 50, 1713-1721.	0.5	7
50	A Systematic Review about Effects of Aerial Portions of <i>Urtica dioica</i> (Nettle) on Some Cardiovascular Risk Factors in Diabetes Mellitus. <i>International Journal of Pharmacology</i> , 2012, 8, 306-313.	0.3	7
51	Nutritional Concepts and Frequency of Foodstuffs Mentioned in the Holy Quran. <i>Journal of Religion and Health</i> , 2016, 55, 812-819.	1.7	6
52	Association between sugar-sweetened beverages and waist circumference in adult populations: A meta-analysis of prospective cohort studies. <i>Clinical Nutrition ESPEN</i> , 2021, 41, 118-125.	1.2	6
53	Research gaps in Ramadan fasting studies in health and disease. <i>Diabetes and Metabolic Syndrome: Clinical Research and Reviews</i> , 2021, 15, 831-835.	3.6	6
54	The association of food quality score and cardiovascular diseases risk factors among women: A cross-sectional study. <i>Journal of Cardiovascular and Thoracic Research</i> , 2019, 11, 237-243.	0.9	6

#	ARTICLE	IF	CITATIONS
55	An Overview of Zebrafish Modeling Methods in Drug Discovery and Development. <i>Advances in Experimental Medicine and Biology</i> , 2021, , 145-169.	1.6	6
56	Association of the Elderly Dietary Index with cardiovascular disease risk factors in elderly men: A cross-sectional study. <i>Nutrition and Dietetics</i> , 2019, 76, 580-588.	1.8	5
57	Is there any association between fruit consumption and the risk of gestational diabetes mellitus? A systematic review and meta-analysis. <i>Complementary Therapies in Medicine</i> , 2020, 54, 102445.	2.7	5
58	The effects of dietary/herbal supplements and the serum levels of micronutrients on the healing of diabetic foot ulcers in animal and human models: a systematic review. <i>Journal of Diabetes and Metabolic Disorders</i> , 2021, 20, 973-988.	1.9	5
59	COVID-19-specific worries among people with type 2 diabetes following the continuation of the pandemic and occurrence of multiple waves of COVID-19 in Iran. <i>Journal of Diabetes and Metabolic Disorders</i> , 2022, 21, 61-68.	1.9	5
60	The effects of Silymarin on the features of cardiometabolic syndrome in adults: A systematic review and meta-analysis. <i>Phytotherapy Research</i> , 2022, 36, 842-856.	5.8	5
61	Determinants of taking dietary supplements in Iranian children and adolescents: the CASPIAN-V study. <i>Journal of Diabetes and Metabolic Disorders</i> , 2019, 18, 409-417.	1.9	4
62	Iranian population exposures to heavy metals, PAHs, and pesticides and their intake routes: a study protocol of a national population health survey. <i>Environmental Science and Pollution Research</i> , 2021, 28, 16744-16753.	5.3	4
63	Percentile values for serum levels of vitamins A and D in Iranian children and adolescents: The CASPIAN-V study. <i>Nutrition</i> , 2021, 90, 111307.	2.4	4
64	Association of Vitamin D Concentrations with subjective health complaints in children and adolescents: the CASPIAN-V study. <i>BMC Public Health</i> , 2021, 21, 3.	2.9	3
65	Nutrition and Diet Therapy in Diabetes Mellitus: A Roadmap based on available evidence. <i>Journal of Diabetes and Metabolic Disorders</i> , 2021, 20, 1913-1918.	1.9	3
66	Comparison of Indirect Calorimetry and Predictive Equations in Estimating Resting Metabolic Rate in Underweight Females. <i>Iranian Journal of Public Health</i> , 2015, 44, 822-9.	0.5	3
67	The effects of dietary supplements and natural products targeting glucose levels: an overview. <i>Critical Reviews in Food Science and Nutrition</i> , 2023, 63, 6138-6167.	10.3	3
68	Are Isolated and Complex Fiber Supplements Good Choices for Weight Management? A Systematic Review. <i>Archives of Iranian Medicine</i> , 2017, 20, 704-713.	0.6	3
69	Visualization of knowledge flow in interpersonal scientific collaboration network endocrinology and metabolism research institute. <i>Journal of Diabetes and Metabolic Disorders</i> , 2021, 20, 815-823.	1.9	2
70	Association of short stature and obesity with cardio-metabolic risk factors in Iranian children and adolescents: the CASPIAN-V study. <i>Journal of Diabetes and Metabolic Disorders</i> , 2021, 20, 1137-1144.	1.9	2
71	The roles of personalized nutrition in obesity and diabetes management: a review. <i>Journal of Diabetes and Metabolic Disorders</i> , 2022, 21, 1119-1127.	1.9	2
72	Burden of type 1 diabetes mellitus in the North Africa and Middle East Region, 1990â€“2019; findings from the global burden of disease study. <i>Diabetes Research and Clinical Practice</i> , 2022, 188, 109912.	2.8	2

#	ARTICLE	IF	CITATIONS
73	Trend of nutrition research in endocrine disorders, gaps, and future plans: a collection of experiences of an endocrinology research institute. Journal of Diabetes and Metabolic Disorders, 2021, , 1-8.	1.9	1
74	Iran diabetes research study; knowledge discovery in diagnosis: a scoping review. Journal of Diabetes and Metabolic Disorders, 2021, , 1-8.	1.9	1
75	The effects of supplementation with green tea on energy expenditure rate and thermal energy expenditure in adult individuals: A systematic review of clinical trials. Journal of Herbal Medicine, 2021, 28, 100455.	2.0	1
76	Association of adherence to the dietary approach to stop hypertension diet and diet quality indices among women in Tehran: A cross sectional study. Health Promotion Perspectives, 2019, 9, 291-298.	1.9	1
77	Medicinal Plants for Management of Insomnia: A Systematic Review of Animal and Human Studies. Galen, 2019, 8, e1085.	0.6	1
78	Knowledge gaps in diabetes research: an evidence mapping of the literature. Journal of Diabetes and Metabolic Disorders, 2022, 21, 1139-1148.	1.9	1
79	Endocrinology and Metabolism Research Institute from inception to maturity: an overview of 25-year activity. Journal of Diabetes and Metabolic Disorders, 2020, , 1-7.	1.9	0
80	Effective Factors on Shortage of Breastfeeding According to Iranian Traditional Medicine. Iranian Journal of Medical Sciences, 2016, 41, S29.	0.4	0