

# Miguel Ramirez-Jimenez

## List of Publications by Year in Descending Order

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The third column is the impact factor (IF) of the journal, and the fourth column is the number of citations of the article.

23  
papers

131  
citations

6  
h-index

10  
g-index

25  
ext. papers

209  
ext. citations

3.4  
avg, IF

3.05  
L-index

#	Paper	IF	Citations
23	Acute Aerobic Exercise Induces Short-Term Reductions in Ambulatory Blood Pressure in Patients With Hypertension: A Systematic Review and Meta-Analysis. <i>Hypertension</i> , <b>2021</b> , 78, 1844-1858	8.5	1
22	Concurrent endurance and resistance training enhances muscular adaptations in individuals with metabolic syndrome. <i>Scandinavian Journal of Medicine and Science in Sports</i> , <b>2021</b> , 31, 1440-1449	4.6	0
21	Effects of antihypertensive medication and high-intensity interval training in hypertensive metabolic syndrome individuals. <i>Scandinavian Journal of Medicine and Science in Sports</i> , <b>2021</b> , 31, 1411-1419	4.6	1
20	Effects of statins and exercise on postprandial lipoproteins in metabolic syndrome vs metabolically healthy individuals. <i>British Journal of Clinical Pharmacology</i> , <b>2021</b> , 87, 955-964	3.8	2
19	Substitution of parts of aerobic training by resistance training lowers fasting hyperglycemia in individuals with metabolic syndrome. <i>Applied Physiology, Nutrition and Metabolism</i> , <b>2021</b> , 46, 69-76	3	5
18	Exercise Reduces Medication for Metabolic Syndrome Management: A 5-Year Follow-up Study. <i>Medicine and Science in Sports and Exercise</i> , <b>2021</b> , 53, 1319-1325	1.2	1
17	Endurance Exercise Training reduces Blood Pressure according to the Wilders Principle. <i>International Journal of Sports Medicine</i> , <b>2021</b> ,	3.6	1
16	Effects of Exercise Training during Christmas on Body Weight and Cardiometabolic Health in Overweight Individuals. <i>International Journal of Environmental Research and Public Health</i> , <b>2020</b> , 17,	4.6	2
15	Response to Letter to the Editor Allard et al: "Exercise Training Adaptations in Metabolic Syndrome Individuals on Chronic Statin Treatment". <i>Journal of Clinical Endocrinology and Metabolism</i> , <b>2020</b> , 105,	5.6	0
14	Effects of statin therapy and exercise on postprandial triglycerides in overweight individuals with hypercholesterolaemia. <i>British Journal of Clinical Pharmacology</i> , <b>2020</b> , 86, 1089-1099	3.8	4
13	Importance of a verification test to accurately assess V O max in unfit individuals with obesity. <i>Scandinavian Journal of Medicine and Science in Sports</i> , <b>2020</b> , 30, 583-590	4.6	9
12	Exercise Training Adaptations in Metabolic Syndrome Individuals on Chronic Statin Treatment. <i>Journal of Clinical Endocrinology and Metabolism</i> , <b>2020</b> , 105,	5.6	5
11	The use of a graded exercise test may be insufficient to quantify true changes in V o following exercise training in unfit individuals with metabolic syndrome. <i>Journal of Applied Physiology</i> , <b>2020</b> , 129, 760-767	3.7	3
10	Post-exercise Hypotension Produced by Supramaximal Interval Exercise is Potentiated by Angiotensin Receptor Blockers. <i>International Journal of Sports Medicine</i> , <b>2019</b> , 40, 756-761	3.6	3
9	Effectiveness of Aerobic Exercise Programs for Health Promotion in Metabolic Syndrome. <i>Medicine and Science in Sports and Exercise</i> , <b>2019</b> , 51, 1876-1883	1.2	21
8	Women with metabolic syndrome show similar health benefits from high-intensity interval training than men. <i>PLoS ONE</i> , <b>2019</b> , 14, e0225893	3.7	1
7	Training intensity relative to ventilatory thresholds determines cardiorespiratory fitness improvements in sedentary adults with obesity. <i>European Journal of Sport Science</i> , <b>2019</b> , 19, 549-556	3.9	4

6	Effects of aerobic interval training on arterial stiffness and microvascular function in patients with metabolic syndrome. <i>Journal of Clinical Hypertension</i> , <b>2018</b> , 20, 11-18	2.3	25
5	Exercise Periodization over the Year Improves Metabolic Syndrome and Medication Use. <i>Medicine and Science in Sports and Exercise</i> , <b>2018</b> , 50, 1983-1991	1.2	4
4	Intense aerobic exercise lowers blood pressure in individuals with metabolic syndrome taking antihypertensive medicine. <i>Blood Pressure Monitoring</i> , <b>2018</b> , 23, 230-236	1.3	3
3	Acute Hypotension after High-Intensity Interval Exercise in Metabolic Syndrome Patients. <i>International Journal of Sports Medicine</i> , <b>2017</b> , 38, 560-567	3.6	11
2	Cardiovascular Drift during Training for Fitness in Patients with Metabolic Syndrome. <i>Medicine and Science in Sports and Exercise</i> , <b>2017</b> , 49, 518-526	1.2	7
1	Effects of repeated yearly exposure to exercise-training on blood pressure and metabolic syndrome evolution. <i>Journal of Hypertension</i> , <b>2017</b> , 35, 1992-1999	1.9	17