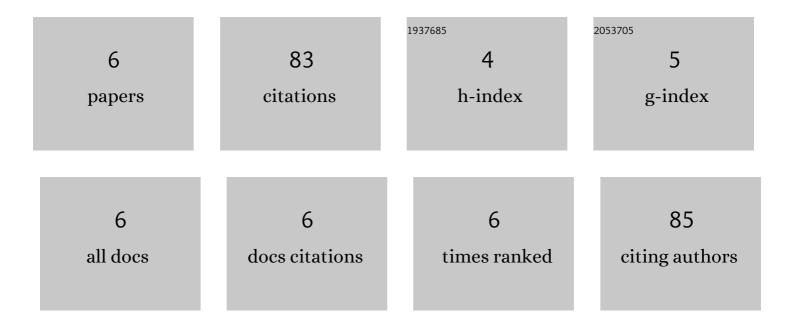
## Michael A Rosenblat

List of Publications by Year in descending order

Source: https://exaly.com/author-pdf/3853797/publications.pdf Version: 2024-02-01



| # | Article  | IF  | CITATIONS |
|---|--|-----|-----------|
| 1 | Effect of High-Intensity Interval Training Versus Sprint Interval Training on Time-Trial Performance: A<br>Systematic Review and Meta-analysis. Sports Medicine, 2020, 50, 1145-1161.  | 6.5 | 30        |
| 2 | Polarized vs. Threshold Training Intensity Distribution on Endurance Sport Performance: A Systematic<br>Review and Meta-Analysis of Randomized Controlled Trials. Journal of Strength and Conditioning<br>Research, 2019, 33, 3491-3500. | 2.1 | 29        |
| 3 | Effect of Interval Training on the Factors Influencing Maximal Oxygen Consumption: A Systematic Review and Meta-Analysis. Sports Medicine, 2022, 52, 1329-1352.  | 6.5 | 17        |
| 4 | Programming Interval Training to Optimize Time-Trial Performance: A Systematic Review and Meta-Analysis. Sports Medicine, 2021, 51, 1687-1714.   | 6.5 | 6         |
| 5 | Revealing the â€`obscurin': mapping the path to new discovery with the phosphoproteome. Journal of Physiology, 2018, 596, 961-962.   | 2.9 | 1         |
| 6 | Reply to "Comment on Effect of High-intensity Interval Training Versus Sprint Interval Training on<br>Time-Trial Performance: A Systematic Review and Meta-Analysis― Sports Medicine, 2020, 50, 2265-2267.                               | 6.5 | 0         |