

# Bryony Sheaves

## List of Publications by Citations

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The third column is the impact factor (IF) of the journal, and the fourth column is the number of citations of the article.

34  
papers

1,586  
citations

22  
h-index

34  
g-index

34  
ext. papers

2,148  
ext. citations

5.5  
avg, IF

5.01  
L-index

| #  | Paper   | IF   | Citations |
|----|---|------|-----------|
| 34 | The effects of improving sleep on mental health (OASIS): a randomised controlled trial with mediation analysis. <i>Lancet Psychiatry</i> , <b>2017</b> , 4, 749-758   | 23.3 | 286       |
| 33 | Effect of Digital Cognitive Behavioral Therapy for Insomnia on Health, Psychological Well-being, and Sleep-Related Quality of Life: A Randomized Clinical Trial. <i>JAMA Psychiatry</i> , <b>2019</b> , 76, 21-30   | 14.5 | 142       |
| 32 | Virtual reality in the treatment of persecutory delusions: randomised controlled experimental study testing how to reduce delusional conviction. <i>British Journal of Psychiatry</i> , <b>2016</b> , 209, 62-7   | 5.4  | 130       |
| 31 | The role of sleep dysfunction in the occurrence of delusions and hallucinations: A systematic review. <i>Clinical Psychology Review</i> , <b>2015</b> , 42, 96-115  | 10.8 | 128       |
| 30 | Sleep disturbance and psychiatric disorders. <i>Lancet Psychiatry</i> , <b>2020</b> , 7, 628-637  | 23.3 | 103       |
| 29 | Insomnia, Nightmares, and Chronotype as Markers of Risk for Severe Mental Illness: Results from a Student Population. <i>Sleep</i> , <b>2016</b> , 39, 173-81   | 1.1  | 80        |
| 28 | An early Phase II randomised controlled trial testing the effect on persecutory delusions of using CBT to reduce negative cognitions about the self: the potential benefits of enhancing self confidence. <i>Schizophrenia Research</i> , <b>2014</b> , 160, 186-92 | 3.6  | 80        |
| 27 | Disrupting Sleep: The Effects of Sleep Loss on Psychotic Experiences Tested in an Experimental Study With Mediation Analysis. <i>Schizophrenia Bulletin</i> , <b>2018</b> , 44, 662-671   | 1.3  | 64        |
| 26 | Sleep Disorders in Early Psychosis: Incidence, Severity, and Association With Clinical Symptoms. <i>Schizophrenia Bulletin</i> , <b>2019</b> , 45, 287-295  | 1.3  | 54        |
| 25 | Treating Sleep Problems in Patients with Schizophrenia. <i>Behavioural and Cognitive Psychotherapy</i> , <b>2016</b> , 44, 273-87   | 2.1  | 50        |
| 24 | The revised Green , Paranoid Thoughts Scale (R-GPTS): psychometric properties, severity ranges, and clinical cut-offs. <i>Psychological Medicine</i> , <b>2021</b> , 51, 244-253  | 6.9  | 45        |
| 23 | Nightmares in Patients With Psychosis: The Relation With Sleep, Psychotic, Affective, and Cognitive Symptoms. <i>Canadian Journal of Psychiatry</i> , <b>2015</b> , 60, 354-61  | 4.8  | 40        |
| 22 | Stabilising sleep for patients admitted at acute crisis to a psychiatric hospital (OWLS): an assessor-blind pilot randomised controlled trial. <i>Psychological Medicine</i> , <b>2018</b> , 48, 1694-1704  | 6.9  | 38        |
| 21 | Insomnia and hallucinations in the general population: Findings from the 2000 and 2007 British Psychiatric Morbidity Surveys. <i>Psychiatry Research</i> , <b>2016</b> , 241, 141-6   | 9.9  | 37        |
| 20 | Treating Sleep Problems in Young People at Ultra-High Risk of Psychosis: A Feasibility Case Series. <i>Behavioural and Cognitive Psychotherapy</i> , <b>2018</b> , 46, 276-291  | 2.1  | 33        |
| 19 | Effects of cognitive behavioural therapy for insomnia on the mental health of university students: study protocol for a randomized controlled trial. <i>Trials</i> , <b>2015</b> , 16, 236  | 2.8  | 29        |
| 18 | Insomnia, negative affect, and psychotic experiences: Modelling pathways over time in a clinical observational study. <i>Psychiatry Research</i> , <b>2018</b> , 269, 673-680   | 9.9  | 28        |

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|----|---|-----|----|
| 17 | Clinician perceptions of sleep problems, and their treatment, in patients with non-affective psychosis. <i>Psychosis</i> , <b>2017</b> , 9, 129-139   | 1.2 | 27 |
| 16 | Digital Cognitive Behavioural Therapy for Insomnia versus sleep hygiene education: the impact of improved sleep on functional health, quality of life and psychological well-being. Study protocol for a randomised controlled trial. <i>Trials</i> , <b>2016</b> , 17, 257 | 2.8 | 27 |
| 15 | Nightmares in the general population: identifying potential causal factors. <i>Social Psychiatry and Psychiatric Epidemiology</i> , <b>2017</b> , 52, 1123-1133   | 4.5 | 26 |
| 14 | Sleep and schizophrenia: From epiphenomenon to treatable causal target. <i>Schizophrenia Research</i> , <b>2020</b> , 221, 44-56  | 3.6 | 25 |
| 13 | Targeting Recovery in Persistent Persecutory Delusions: A Proof of Principle Study of a New Translational Psychological Treatment (the Feeling Safe Programme). <i>Behavioural and Cognitive Psychotherapy</i> , <b>2016</b> , 44, 539-52                                   | 2.1 | 23 |
| 12 | Adapted CBT to Stabilize Sleep on Psychiatric Wards: a Transdiagnostic Treatment Approach. <i>Behavioural and Cognitive Psychotherapy</i> , <b>2018</b> , 46, 661-675   | 2.1 | 20 |
| 11 | Cognitive Behavioural Therapy for Nightmares for Patients with Persecutory Delusions (Nites): An Assessor-Blind, Pilot Randomized Controlled Trial. <i>Canadian Journal of Psychiatry</i> , <b>2019</b> , 64, 686-696   | 4.8 | 19 |
| 10 | Sham sleep feedback delivered via actigraphy biases daytime symptom reports in people with insomnia: Implications for insomnia disorder and wearable devices. <i>Journal of Sleep Research</i> , <b>2018</b> , 27, e12726   | 5.8 | 15 |
| 9  | Insomnia as a mediating therapeutic target for depressive symptoms: A sub-analysis of participant data from two large randomized controlled trials of a digital sleep intervention. <i>Journal of Sleep Research</i> , <b>2021</b> , 30, e13140                             | 5.8 | 10 |
| 8  | Treating your worst nightmare: a case-series of imagery rehearsal therapy for nightmares in individuals experiencing psychotic symptoms. <i>The Cognitive Behaviour Therapist</i> , <b>2015</b> , 8,  | 2.9 | 8  |
| 7  | Understanding, treating, and renaming grandiose delusions: A qualitative study. <i>Psychology and Psychotherapy: Theory, Research and Practice</i> , <b>2021</b> , 94, 119-140  | 3.5 | 8  |
| 6  | Why conspiracy theorists are not always paranoid: Conspiracy theories and paranoia form separate factors with distinct psychological predictors.. <i>PLoS ONE</i> , <b>2022</b> , 17, e0259053  | 3.7 | 3  |
| 5  | The challenges and opportunities of social connection when hearing derogatory and threatening voices: A thematic analysis with patients experiencing psychosis. <i>Psychology and Psychotherapy: Theory, Research and Practice</i> , <b>2021</b> , 94, 341-356              | 3.5 | 2  |
| 4  | Why do patients with psychosis listen to and believe derogatory and threatening voices? 21 reasons given by patients. <i>Behavioural and Cognitive Psychotherapy</i> , <b>2020</b> , 48, 631-645  | 2.1 | 2  |
| 3  | Changes in care costs associated with cognitive behavioural therapy for psychosis delivered in routine clinical practice. <i>Journal of Mental Health</i> , <b>2020</b> , 29, 605-610   | 2.7 | 2  |
| 2  | Excessive sleepiness in patients with psychosis: An initial investigation. <i>PLoS ONE</i> , <b>2021</b> , 16, e0245301   | 3.7 | 2  |
| 1  | Better Sleep: Evidence-Based Interventions <b>2020</b> , 465-492  |     |    |