

# Bryony Sheaves

## List of Publications by Year in descending order

Source: <https://exaly.com/author-pdf/3829814/publications.pdf>

Version: 2024-02-01

34  
papers

2,697  
citations

218592

26  
h-index

395590

33  
g-index

34  
all docs

34  
docs citations

34  
times ranked

2804  
citing authors

| #  | ARTICLE   | IF  | CITATIONS |
|----|---|-----|-----------|
| 1  | The effects of improving sleep on mental health (OASIS): a randomised controlled trial with mediation analysis. <i>Lancet Psychiatry</i> , 2017, 4, 749-758.  | 3.7 | 459       |
| 2  | Sleep disturbance and psychiatric disorders. <i>Lancet Psychiatry</i> , 2020, 7, 628-637.   | 3.7 | 295       |
| 3  | Effect of Digital Cognitive Behavioral Therapy for Insomnia on Health, Psychological Well-being, and Sleep-Related Quality of Life: A Randomized Clinical Trial. <i>JAMA Psychiatry</i> , 2019, 76, 21.   | 6.0 | 269       |
| 4  | Virtual reality in the treatment of persecutory delusions: Randomised controlled experimental study testing how to reduce delusional conviction. <i>British Journal of Psychiatry</i> , 2016, 209, 62-67.   | 1.7 | 180       |
| 5  | The role of sleep dysfunction in the occurrence of delusions and hallucinations: A systematic review. <i>Clinical Psychology Review</i> , 2015, 42, 96-115.   | 6.0 | 177       |
| 6  | The revised Green <i>et al.</i> , Paranoid Thoughts Scale (R-GPTS): psychometric properties, severity ranges, and clinical cut-offs. <i>Psychological Medicine</i> , 2021, 51, 244-253.   | 2.7 | 126       |
| 7  | Insomnia, Nightmares, and Chronotype as Markers of Risk for Severe Mental Illness: Results from a Student Population. <i>Sleep</i> , 2016, 39, 173-181.   | 0.6 | 108       |
| 8  | Sleep Disorders in Early Psychosis: Incidence, Severity, and Association With Clinical Symptoms. <i>Schizophrenia Bulletin</i> , 2019, 45, 287-295.   | 2.3 | 106       |
| 9  | An early Phase II randomised controlled trial testing the effect on persecutory delusions of using CBT to reduce negative cognitions about the self: The potential benefits of enhancing self confidence. <i>Schizophrenia Research</i> , 2014, 160, 186-192. | 1.1 | 99        |
| 10 | Sleep and schizophrenia: From epiphenomenon to treatable causal target. <i>Schizophrenia Research</i> , 2020, 221, 44-56.   | 1.1 | 76        |
| 11 | Treating Sleep Problems in Patients with Schizophrenia. <i>Behavioural and Cognitive Psychotherapy</i> , 2016, 44, 273-287.   | 0.9 | 75        |
| 12 | Disrupting Sleep: The Effects of Sleep Loss on Psychotic Experiences Tested in an Experimental Study With Mediation Analysis. <i>Schizophrenia Bulletin</i> , 2018, 44, 662-671.  | 2.3 | 73        |
| 13 | Stabilising sleep for patients admitted at acute crisis to a psychiatric hospital (OWLS): an assessor-blind pilot randomised controlled trial. <i>Psychological Medicine</i> , 2018, 48, 1694-1704.   | 2.7 | 58        |
| 14 | Nightmares in Patients with Psychosis: The Relation with Sleep, Psychotic, Affective, and Cognitive Symptoms. <i>Canadian Journal of Psychiatry</i> , 2015, 60, 354-361.  | 0.9 | 57        |
| 15 | Insomnia and hallucinations in the general population: Findings from the 2000 and 2007 British Psychiatric Morbidity Surveys. <i>Psychiatry Research</i> , 2016, 241, 141-146.  | 1.7 | 54        |
| 16 | Treating Sleep Problems in Young People at Ultra-High Risk of Psychosis: A Feasibility Case Series. <i>Behavioural and Cognitive Psychotherapy</i> , 2018, 46, 276-291.   | 0.9 | 53        |
| 17 | Insomnia, negative affect, and psychotic experiences: Modelling pathways over time in a clinical observational study. <i>Psychiatry Research</i> , 2018, 269, 673-680.  | 1.7 | 45        |
| 18 | Clinician perceptions of sleep problems, and their treatment, in patients with non-affective psychosis. <i>Psychosis</i> , 2017, 9, 129-139.  | 0.4 | 42        |

| #  | ARTICLE  | IF  | CITATIONS |
|----|--|-----|-----------|
| 19 | Insomnia as a mediating therapeutic target for depressive symptoms: A sub-analysis of participant data from two large randomized controlled trials of a digital sleep intervention. <i>Journal of Sleep Research</i> , 2021, 30, e13140.                             | 1.7 | 39        |
| 20 | Nightmares in the general population: identifying potential causal factors. <i>Social Psychiatry and Psychiatric Epidemiology</i> , 2017, 52, 1123-1133.   | 1.6 | 36        |
| 21 | Effects of cognitive behavioural therapy for insomnia on the mental health of university students: study protocol for a randomized controlled trial. <i>Trials</i> , 2015, 16, 236.  | 0.7 | 33        |
| 22 | Digital Cognitive Behavioural Therapy for Insomnia versus sleep hygiene education: the impact of improved sleep on functional health, quality of life and psychological well-being. Study protocol for a randomised controlled trial. <i>Trials</i> , 2016, 17, 257. | 0.7 | 32        |
| 23 | Sham sleep feedback delivered via actigraphy biases daytime symptom reports in people with insomnia: Implications for insomnia disorder and wearable devices. <i>Journal of Sleep Research</i> , 2018, 27, e12726.   | 1.7 | 32        |
| 24 | Targeting Recovery in Persistent Persecutory Delusions: A Proof of Principle Study of a New Translational Psychological Treatment (the Feeling Safe Programme). <i>Behavioural and Cognitive Psychotherapy</i> , 2016, 44, 539-552.                                  | 0.9 | 30        |
| 25 | Cognitive Behavioural Therapy for Nightmares for Patients with Persecutory Delusions (Nites): An Assessor-Blind, Pilot Randomized Controlled Trial. <i>Canadian Journal of Psychiatry</i> , 2019, 64, 070674371984742.   | 0.9 | 29        |
| 26 | Adapted CBT to Stabilize Sleep on Psychiatric Wards: a Transdiagnostic Treatment Approach. <i>Behavioural and Cognitive Psychotherapy</i> , 2018, 46, 661-675.   | 0.9 | 28        |
| 27 | Understanding, treating, and renaming grandiose delusions: A qualitative study. <i>Psychology and Psychotherapy: Theory, Research and Practice</i> , 2019, 94, 119-140.  | 1.3 | 28        |
| 28 | Why conspiracy theorists are not always paranoid: Conspiracy theories and paranoia form separate factors with distinct psychological predictors. <i>PLoS ONE</i> , 2022, 17, e0259053.   | 1.1 | 15        |
| 29 | Treating your worst nightmare: a case-series of imagery rehearsal therapy for nightmares in individuals experiencing psychotic symptoms. <i>The Cognitive Behaviour Therapist</i> , 2015, 8, .   | 0.4 | 14        |
| 30 | Excessive sleepiness in patients with psychosis: An initial investigation. <i>PLoS ONE</i> , 2021, 16, e0245301.   | 1.1 | 9         |
| 31 | The challenges and opportunities of social connection when hearing derogatory and threatening voices: A thematic analysis with patients experiencing psychosis. <i>Psychology and Psychotherapy: Theory, Research and Practice</i> , 2021, 94, 341-356.              | 1.3 | 9         |
| 32 | Changes in care costs associated with cognitive behavioural therapy for psychosis delivered in routine clinical practice. <i>Journal of Mental Health</i> , 2020, 29, 605-610.   | 1.0 | 6         |
| 33 | Why do patients with psychosis listen to and believe derogatory and threatening voices? 21 reasons given by patients. <i>Behavioural and Cognitive Psychotherapy</i> , 2020, 48, 631-645.  | 0.9 | 5         |
| 34 | Better Sleep: Evidence-Based Interventions. , 2020, , 465-492.   |     | 0         |