

Christopher B Miller

List of Publications by Year in descending order

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Version: 2024-02-01

47
papers

1,643
citations

346980

22
h-index

355658

38
g-index

49
all docs

49
docs citations

49
times ranked

2404
citing authors

#	ARTICLE	IF	CITATIONS
1	Digital cognitive behavioural therapy for insomnia and primary care costs in England: an interrupted time series analysis. <i>BJGP Open</i> , 2022, 6, BJGPO.2021.0146.	0.9	6
2	Psychological correlates of free colorectal cancer screening uptake in a Scottish sample: a cross-sectional observational study. <i>BMJ Open</i> , 2022, 12, e042210.	0.8	1
3	Tired and lack focus? Insomnia increases distractibility. <i>Journal of Health Psychology</i> , 2021, 26, 795-804.	1.3	5
4	Cost-effectiveness of digital cognitive behavioral therapy (Sleepio) for insomnia: a Markov simulation model in the United States. <i>Sleep</i> , 2021, 44, .	0.6	26
5	Feasibility and efficacy of a digital CBT intervention for symptoms of Generalized Anxiety Disorder: A randomized multiple-baseline study. <i>Journal of Behavior Therapy and Experimental Psychiatry</i> , 2021, 70, 101609.	0.6	16
6	Insomnia as a mediating therapeutic target for depressive symptoms: A sub-analysis of participant data from two large randomized controlled trials of a digital sleep intervention. <i>Journal of Sleep Research</i> , 2021, 30, e13140.	1.7	39
7	The clinical effects of sleep restriction therapy for insomnia: A meta-analysis of randomised controlled trials. <i>Sleep Medicine Reviews</i> , 2021, 58, 101493.	3.8	34
8	Implementation of a digital cognitive behavioral therapy for insomnia pathway in primary care. <i>Contemporary Clinical Trials</i> , 2021, 107, 106484.	0.8	8
9	Does adjunctive digital CBT for insomnia improve clinical outcomes in an improving access to psychological therapies service?. <i>Behaviour Research and Therapy</i> , 2021, 144, 103922.	1.6	18
10	The association of insomnia disorder characterised by objective short sleep duration with hypertension, diabetes and body mass index: A systematic review and meta-analysis. <i>Sleep Medicine Reviews</i> , 2021, 59, 101456.	3.8	55
11	Does CPAP treat depressive symptoms in individuals with OSA? An analysis of two 12-week randomized sham CPAP-controlled trials. <i>Sleep Medicine</i> , 2020, 73, 11-14.	0.8	4
12	Efficacy of digital cognitive behavioral therapy for moderate-to-severe symptoms of generalized anxiety disorder: A randomized controlled trial. <i>Depression and Anxiety</i> , 2020, 37, 1168-1178.	2.0	31
13	Zolpidem reduces pain intensity postoperatively: a systematic review and meta-analysis of the effect of hypnotic medicines on post-operative pain intensity. <i>Systematic Reviews</i> , 2020, 9, 206.	2.5	10
14	Long-term benefits of digital cognitive behavioural therapy for insomnia: Follow-up report from a randomized clinical trial. <i>Journal of Sleep Research</i> , 2020, 29, e13018.	1.7	17
15	Efficacy of digital cognitive behavioural therapy for symptoms of generalised anxiety disorder: a study protocol for a randomised controlled trial. <i>Trials</i> , 2020, 21, 357.	0.7	7
16	A brief behavioral treatment for unresolved insomnia in adolescents: a single-case multiple baseline pilot study, evaluating self-reported outcomes of efficacy, safety, and acceptability. <i>Journal of Clinical Sleep Medicine</i> , 2020, 16, 97-105.	1.4	3
17	The Internal Consistency and Validity of the Vaccination Attitudes Examination Scale: A Replication Study. <i>Annals of Behavioral Medicine</i> , 2019, 53, 109-114.	1.7	31
18	The Effect of Reciprocity Priming on Organ Donor Registration Intentions and Behavior. <i>Annals of Behavioral Medicine</i> , 2019, 53, 592-595.	1.7	10

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19	Data-driven cluster analysis of insomnia disorder with physiology-based qEEG variables. Knowledge-Based Systems, 2019, 183, 104863.	4.0	7
20	Can people apply "FAST"™ when it really matters? A qualitative study guided by the common sense self-regulation model. BMC Public Health, 2019, 19, 643.	1.2	3
21	Examining the theory-effectiveness hypothesis: A systematic review of systematic reviews. British Journal of Health Psychology, 2019, 24, 334-356.	1.9	115
22	The efficacy of biofeedback for the treatment of insomnia: a critical review. Sleep Medicine, 2019, 56, 192-200.	0.8	9
23	Sleep interventions for osteoarthritis and spinal pain: a systematic review and meta-analysis of randomized controlled trials. Osteoarthritis and Cartilage, 2019, 27, 196-218.	0.6	45
24	Sleep health epidemiology in low and middle-income countries: a systematic review and meta-analysis of the prevalence of poor sleep quality and sleep duration. Sleep Health, 2018, 4, 239-250.	1.3	86
25	Acceptability, tolerability, and potential efficacy of cognitive behavioural therapy for Insomnia Disorder subtypes defined by polysomnography: A retrospective cohort study. Scientific Reports, 2018, 8, 6664.	1.6	29
26	Agreement between electronic and paper Epworth Sleepiness Scale responses in obstructive sleep apnoea: secondary analysis of a randomised controlled trial undertaken in a specialised tertiary care clinic. BMJ Open, 2018, 8, e019255.	0.8	5
27	Gender differences in obstructive sleep apnoea, insomnia and restless legs syndrome in adults " What do we know? A clinical update. Sleep Medicine Reviews, 2018, 38, 28-38.	3.8	111
28	Digital medicine needs to work. Lancet, The, 2018, 392, 2694.	6.3	5
29	Getting to the heart of cardiac autonomic dysfunction in insomnia. Journal of Sleep Research, 2018, 27, e12738.	1.7	0
30	The effect of consecutive transmeridian flights on alertness, sleep-wake cycles and sleepiness: A case study. Chronobiology International, 2018, 35, 1471-1480.	0.9	8
31	Sham sleep feedback delivered via actigraphy biases daytime symptom reports in people with insomnia: Implications for insomnia disorder and wearable devices. Journal of Sleep Research, 2018, 27, e12726.	1.7	32
32	Heart rate variability in insomnia patients: A critical review of the literature. Sleep Medicine Reviews, 2017, 33, 88-100.	3.8	82
33	An Objective Short Sleep Insomnia Disorder Subtype Is Associated With Reduced Brain Metabolite Concentrations In Vivo: A Preliminary Magnetic Resonance Spectroscopy Assessment. Sleep, 2017, 40, .	0.6	19
34	Time Trends in the Family Physician Management of Insomnia: The Australian Experience (2000-2015). Journal of Clinical Sleep Medicine, 2017, 13, 785-790.	1.4	42
35	Clusters of Insomnia Disorder: An Exploratory Cluster Analysis of Objective Sleep Parameters Reveals Differences in Neurocognitive Functioning, Quantitative EEG, and Heart Rate Variability. Sleep, 2016, 39, 1993-2004.	0.6	48
36	Do psychosocial sleep interventions improve infant sleep or maternal mood in the postnatal period? A systematic review and meta-analysis of randomised controlled trials. Sleep Medicine Reviews, 2016, 29, 15-22.	3.8	86

#	ARTICLE	IF	CITATIONS
37	Physiological Markers of Arousal Change with Psychological Treatment for Insomnia: A Preliminary Investigation. PLoS ONE, 2015, 10, e0145317.	1.1	24
38	Agreement between simple questions about sleep duration and sleep diaries in a large online survey. Sleep Health, 2015, 1, 133-137.	1.3	38
39	Methodology for the Assessment of Sleep. , 2015, , 65-90.		1
40	Towards standardisation and improved understanding of sleep restriction therapy for insomnia disorder: A systematic examination of CBT-I trial content. Sleep Medicine Reviews, 2015, 23, 83-88.	3.8	64
41	Cognitive behavioral therapy for the management of poor sleep in insomnia disorder. ChronoPhysiology and Therapy, 2014, , 99.	0.5	2
42	The evidence base of sleep restriction therapy for treating insomnia disorder. Sleep Medicine Reviews, 2014, 18, 415-424.	3.8	153
43	Attribution, cognition and psychopathology in persistent insomnia disorder: outcome and mediation analysis from a randomized placebo-controlled trial of online cognitive behavioural therapy. Sleep Medicine, 2014, 15, 913-917.	0.8	78
44	Sleep Restriction Therapy for Insomnia is Associated with Reduced Objective Total Sleep Time, Increased Daytime Somnolence, and Objectively Impaired Vigilance: Implications for the Clinical Management of Insomnia Disorder. Sleep, 2014, 37, 229-237.	0.6	159
45	Ecological momentary assessment of daytime symptoms during sleep restriction therapy for insomnia. Journal of Sleep Research, 2013, 22, 266-272.	1.7	39
46	Individual Therapy Attrition Rates in a Low-Intensity Service: A Comparison of Cognitive Behavioural and Person-Centred Therapies and the Impact of Deprivation. Behavioural and Cognitive Psychotherapy, 2012, 40, 245-249.	0.9	22
47	THE FORGOTTEN BONDS: THE ASSESSMENT AND CONTEMPLATION OF SIBLING ATTACHMENT IN DIVORCE AND PARENTAL SEPARATION. Family Court Review, 2011, 49, 46-58.	0.2	9