

Virginia A Aparicio

List of Publications by Citations

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The third column is the impact factor (IF) of the journal, and the fourth column is the number of citations of the article.

131
papers

1,796
citations

24
h-index

33
g-index

148
ext. papers

2,230
ext. citations

3.5
avg, IF

4.64
L-index

| # | Paper | IF | Citations |
|-----|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------|-----------|
| 131 | Nutrition and lifestyle in european adolescents: the HELENA (Healthy Lifestyle in Europe by Nutrition in Adolescence) study. <i>Advances in Nutrition</i> , 2014 , 5, 615S-623S | 10 | 86 |
| 130 | Fibromyalgia has a larger impact on physical health than on psychological health, yet both are markedly affected: the al-Andalus project. <i>Seminars in Arthritis and Rheumatism</i> , 2015 , 44, 563-570 | 5.3 | 62 |
| 129 | Does exercise reduce brain oxidative stress? A systematic review. <i>Scandinavian Journal of Medicine and Science in Sports</i> , 2013 , 23, e202-12 | 4.6 | 60 |
| 128 | Validation of the modified 2010 American College of Rheumatology diagnostic criteria for fibromyalgia in a Spanish population. <i>Rheumatology</i> , 2014 , 53, 1803-11 | 3.9 | 52 |
| 127 | Pain and functional capacity in female fibromyalgia patients. <i>Pain Medicine</i> , 2011 , 12, 1667-75 | 2.8 | 51 |
| 126 | Test-Retest reliability of Biodex Balance SD on physically active old people. <i>Journal of Human Sport and Exercise</i> , 2011 , 6, 444-451 | 1.5 | 45 |
| 125 | Does a 3-month multidisciplinary intervention improve pain, body composition and physical fitness in women with fibromyalgia?. <i>British Journal of Sports Medicine</i> , 2011 , 45, 1189-95 | 10.3 | 44 |
| 124 | Association of Physical Fitness With Pain in Women With Fibromyalgia: The al-Andalus Project. <i>Arthritis Care and Research</i> , 2015 , 67, 1561-70 | 4.7 | 41 |
| 123 | Reliability and feasibility of physical fitness tests in female fibromyalgia patients. <i>International Journal of Sports Medicine</i> , 2015 , 36, 157-62 | 3.6 | 39 |
| 122 | Differences in sedentary time and physical activity between female patients with fibromyalgia and healthy controls: the al-Andalus project. <i>Arthritis and Rheumatology</i> , 2015 , 67, 3047-57 | 9.5 | 38 |
| 121 | Spatial-temporal parameters of gait in women with fibromyalgia. <i>Clinical Rheumatology</i> , 2009 , 28, 595-8 | 3.9 | 38 |
| 120 | Handgrip strength test as a complementary tool in the assessment of fibromyalgia severity in women. <i>Archives of Physical Medicine and Rehabilitation</i> , 2011 , 92, 83-8 | 2.8 | 37 |
| 119 | Effects of high-whey-protein intake and resistance training on renal, bone and metabolic parameters in rats. <i>British Journal of Nutrition</i> , 2011 , 105, 836-45 | 3.6 | 37 |
| 118 | Influence of parental socio-economic status on diet quality of European adolescents: results from the HELENA study. <i>British Journal of Nutrition</i> , 2014 , 111, 1303-12 | 3.6 | 34 |
| 117 | Land- and water-based exercise intervention in women with fibromyalgia: the al-Andalus physical activity randomised controlled trial. <i>BMC Musculoskeletal Disorders</i> , 2012 , 13, 18 | 2.8 | 29 |
| 116 | Association of different levels of depressive symptoms with symptomatology, overall disease severity, and quality of life in women with fibromyalgia. <i>Quality of Life Research</i> , 2015 , 24, 2951-7 | 3.7 | 28 |
| 115 | Adaptation profiles comprising objective and subjective measures in fibromyalgia: the al-Andalus project. <i>Rheumatology</i> , 2017 , 56, 2015-2024 | 3.9 | 26 |

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| 114 | Fitness testing in the fibromyalgia diagnosis: the al-Īdalus project. <i>Medicine and Science in Sports and Exercise</i> , 2015 , 47, 451-9 | 1.2 | 26 |
| 113 | Objectively measured sedentary time and physical activity in women with fibromyalgia: a cross-sectional study. <i>BMJ Open</i> , 2013 , 3, | 3 | 26 |
| 112 | Effectiveness of a tai-chi training and detraining on functional capacity, symptomatology and psychological outcomes in women with fibromyalgia. <i>Evidence-based Complementary and Alternative Medicine</i> , 2012 , 2012, 614196 | 2.3 | 26 |
| 111 | The discordance between subjectively and objectively measured physical function in women with fibromyalgia: association with catastrophizing and self-efficacy cognitions. The al-Īdalus project. <i>Disability and Rehabilitation</i> , 2018 , 40, 329-337 | 2.4 | 26 |
| 110 | Independent and combined association of overall physical fitness and subjective well-being with fibromyalgia severity: the al-Īdalus project. <i>Quality of Life Research</i> , 2015 , 24, 1865-73 | 3.7 | 25 |
| 109 | Cardiorespiratory Fitness Cutoff Points for Early Detection of Present and Future Cardiovascular Risk in Children: A 2-Year Follow-up Study. <i>Mayo Clinic Proceedings</i> , 2017 , 92, 1753-1762 | 6.4 | 25 |
| 108 | Association of Physical Fitness With Fibromyalgia Severity in Women: The al-Īdalus Project. <i>Archives of Physical Medicine and Rehabilitation</i> , 2015 , 96, 1599-605 | 2.8 | 24 |
| 107 | Severity of obesity and cardiometabolic risk factors in adults: Sex differences and role of physical activity. The HERMEX study. <i>International Journal of Cardiology</i> , 2016 , 223, 352-359 | 3.2 | 24 |
| 106 | Fitness testing as a discriminative tool for the diagnosis and monitoring of fibromyalgia. <i>Scandinavian Journal of Medicine and Science in Sports</i> , 2013 , 23, 415-23 | 4.6 | 24 |
| 105 | Efficacy of Biodanza for treating women with fibromyalgia. <i>Journal of Alternative and Complementary Medicine</i> , 2010 , 16, 1191-200 | 2.4 | 24 |
| 104 | Effects of supervised aerobic and strength training in overweight and grade I obese pregnant women on maternal and foetal health markers: the GESTAFIT randomized controlled trial. <i>BMC Pregnancy and Childbirth</i> , 2016 , 16, 290 | 3.2 | 23 |
| 103 | Aerobic interval exercise improves parameters of nonalcoholic fatty liver disease (NAFLD) and other alterations of metabolic syndrome in obese Zucker rats. <i>Applied Physiology, Nutrition and Metabolism</i> , 2015 , 40, 1242-52 | 3 | 21 |
| 102 | Fibromyalgia's key symptoms in normal-weight, overweight, and obese female patients. <i>Pain Management Nursing</i> , 2013 , 14, 268-276 | 2.5 | 21 |
| 101 | Relationship of weight status with mental and physical health in female fibromyalgia patients. <i>Obesity Facts</i> , 2011 , 4, 443-8 | 5.1 | 21 |
| 100 | Multidimensional Fatigue Inventory: Spanish adaptation and psychometric properties for fibromyalgia patients. The Al-Andalus study. <i>Clinical and Experimental Rheumatology</i> , 2012 , 30, 94-102 | 2.2 | 21 |
| 99 | The 6-minute walk test in female fibromyalgia patients: relationship with tenderness, symptomatology, quality of life, and coping strategies. <i>Pain Management Nursing</i> , 2013 , 14, 193-199 | 2.5 | 20 |
| 98 | High-protein diets and renal status in rats. <i>Nutricion Hospitalaria</i> , 2013 , 28, 232-7 | 1 | 20 |
| 97 | Association of physical fitness with health-related quality of life in early postmenopause. <i>Quality of Life Research</i> , 2016 , 25, 2675-2681 | 3.7 | 19 |

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| 96 | Physical fitness is associated with anxiety levels in women with fibromyalgia: the al-Īdalus project. <i>Quality of Life Research</i> , 2016 , 25, 1053-8 | 3.7 | 18 |
| 95 | Association of Physical Fitness with Depression in Women with Fibromyalgia. <i>Pain Medicine</i> , 2016 , 17, 1542-52 | 2.8 | 17 |
| 94 | Effectiveness of multidisciplinary therapy on symptomatology and quality of life in women with fibromyalgia. <i>Clinical and Experimental Rheumatology</i> , 2011 , 29, S97-103 | 2.2 | 17 |
| 93 | Does body composition differ between fibromyalgia patients and controls? the al-Īdalus project. <i>Clinical and Experimental Rheumatology</i> , 2015 , 33, S25-32 | 2.2 | 17 |
| 92 | Are there gender differences in quality of life and symptomatology between fibromyalgia patients?. <i>American Journal of Men's Health</i> , 2012 , 6, 314-9 | 2.2 | 16 |
| 91 | Cost-effectiveness of an exercise intervention program in perimenopausal women: the Fitness League Against MENopause COst (FLAMENCO) randomized controlled trial. <i>BMC Public Health</i> , 2015 , 15, 555 | 4.1 | 15 |
| 90 | Cardiometabolic Risks and Obesity in the Young. <i>New England Journal of Medicine</i> , 2016 , 374, 592-3 | 59.2 | 15 |
| 89 | Physical fitness reference standards in fibromyalgia: The al-Īdalus project. <i>Scandinavian Journal of Medicine and Science in Sports</i> , 2017 , 27, 1477-1488 | 4.6 | 15 |
| 88 | Factor structure of the Positive and Negative Affect Schedule (PANAS) in adult women with fibromyalgia from Southern Spain: the al-Īdalus project. <i>PeerJ</i> , 2016 , 4, e1822 | 3.1 | 15 |
| 87 | Association of sedentary time and physical activity during pregnancy with maternal and neonatal birth outcomes. The GESTAFIT Project. <i>Scandinavian Journal of Medicine and Science in Sports</i> , 2019 , 29, 407-414 | 4.6 | 15 |
| 86 | Sedentary time, physical activity, and sleep quality in fibromyalgia: The al-Īdalus project. <i>Scandinavian Journal of Medicine and Science in Sports</i> , 2019 , 29, 266-274 | 4.6 | 15 |
| 85 | Effects of interval aerobic training combined with strength exercise on body composition, glycaemic and lipid profile and aerobic capacity of obese rats. <i>Journal of Sports Sciences</i> , 2016 , 34, 1452-60 | 3.6 | 14 |
| 84 | Are there differences in quality of life, symptomatology and functional capacity among different obesity classes in women with fibromyalgia? The al-Īdalus project. <i>Rheumatology International</i> , 2014 , 34, 811-21 | 3.6 | 14 |
| 83 | Influence of the degree of adherence to the Mediterranean diet on the cardiometabolic risk in peri and menopausal women. The Flamenco project. <i>Nutrition, Metabolism and Cardiovascular Diseases</i> , 2017 , 27, 217-224 | 4.5 | 13 |
| 82 | Usefulness of fitness testing to establish metabolic syndrome in perimenopausal Moroccan women. <i>European Journal of Cardiovascular Nursing</i> , 2014 , 13, 524-31 | 3.3 | 13 |
| 81 | Effectiveness of Tai-Chi for decreasing acute pain in fibromyalgia patients. <i>International Journal of Sports Medicine</i> , 2014 , 35, 418-23 | 3.6 | 13 |
| 80 | Association of sedentary time and physical fitness with ideal cardiovascular health in perimenopausal women: The FLAMENCO project. <i>Maturitas</i> , 2019 , 120, 53-60 | 5 | 13 |
| 79 | High-intensity Exercise Modifies the Effects of Stanozolol on Brain Oxidative Stress in Rats. <i>International Journal of Sports Medicine</i> , 2015 , 36, 984-91 | 3.6 | 12 |

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| 78 | Preliminary findings of a 4-month Tai Chi intervention on tenderness, functional capacity, symptomatology, and quality of life in men with fibromyalgia. <i>American Journal of Men's Health</i> , 2011 , 5, 421-9 | 2.2 | 12 |
| 77 | Criterion-related validity of field-based muscular fitness tests in youth. <i>Journal of Sports Medicine and Physical Fitness</i> , 2012 , 52, 263-72 | 1.4 | 12 |
| 76 | Association of physical fitness, body composition, cardiometabolic markers and adherence to the Mediterranean diet with bone mineral density in perimenopausal women. The FLAMENCO project. <i>Journal of Sports Sciences</i> , 2017 , 35, 880-887 | 3.6 | 11 |
| 75 | Association of Dietary Habits with Psychosocial Outcomes in Women with Fibromyalgia: The al-Īdalus Project. <i>Journal of the Academy of Nutrition and Dietetics</i> , 2017 , 117, 422-432.e1 | 3.9 | 11 |
| 74 | A warm water pool-based exercise program decreases immediate pain in female fibromyalgia patients: uncontrolled clinical trial. <i>International Journal of Sports Medicine</i> , 2013 , 34, 600-5 | 3.6 | 11 |
| 73 | Effects of the dietary amount and source of protein, resistance training and anabolic-androgenic steroids on body weight and lipid profile of rats. <i>Nutricion Hospitalaria</i> , 2013 , 28, 127-36 | 1 | 11 |
| 72 | Gender Differences in Symptoms, Health-Related Quality of Life, Sleep Quality, Mental Health, Cognitive Performance, Pain-Cognition, and Positive Health in Spanish Fibromyalgia Individuals: The Al-Īdalus Project. <i>Pain Research and Management</i> , 2016 , 2016, 5135176 | 2.6 | 11 |
| 71 | Handgrip strength in men with fibromyalgia. <i>Clinical and Experimental Rheumatology</i> , 2010 , 28, S78-81 | 2.2 | 11 |
| 70 | Independent and joint associations of physical activity and fitness with fibromyalgia symptoms and severity: The al-Īdalus project. <i>Journal of Sports Sciences</i> , 2017 , 35, 1565-1574 | 3.6 | 10 |
| 69 | Association of self-reported physical fitness with pain during pregnancy: The GESTAFIT Project. <i>Scandinavian Journal of Medicine and Science in Sports</i> , 2019 , 29, 1022-1030 | 4.6 | 9 |
| 68 | Is a Gluten-Free Diet Enough to Maintain Correct Micronutrients Status in Young Patients with Celiac Disease?. <i>Nutrients</i> , 2020 , 12, | 6.7 | 9 |
| 67 | The associations between physical fitness and cardiometabolic risk and body-size phenotypes in perimenopausal women. <i>Maturitas</i> , 2016 , 92, 162-167 | 5 | 9 |
| 66 | High-protein diet induces oxidative stress in rat brain: protective action of high-intensity exercise against lipid peroxidation. <i>Nutricion Hospitalaria</i> , 2014 , 31, 866-74 | 1 | 9 |
| 65 | Doctor, ask your perimenopausal patient about her physical fitness; association of self-reported physical fitness with cardiometabolic and mental health in perimenopausal women: the FLAMENCO project. <i>Menopause</i> , 2019 , 26, 1146-1153 | 2.5 | 9 |
| 64 | Association of objectively measured physical activity and physical fitness with menopause symptoms. The Flamenco Project. <i>Climacteric</i> , 2017 , 20, 456-461 | 3.1 | 8 |
| 63 | Influence of a Concurrent Exercise Training Program During Pregnancy on Colostrum and Mature Human Milk Inflammatory Markers: Findings From the GESTAFIT Project. <i>Journal of Human Lactation</i> , 2018 , 34, 789-798 | 2.6 | 8 |
| 62 | Influence of a Concurrent Exercise Training Intervention during Pregnancy on Maternal and Arterial and Venous Cord Serum Cytokines: The GESTAFIT Project. <i>Journal of Clinical Medicine</i> , 2019 , 8, | 5.1 | 8 |
| 61 | Diet quality index as a predictor of treatment efficacy in overweight and obese adolescents: The EVASYON study. <i>Clinical Nutrition</i> , 2019 , 38, 782-790 | 5.9 | 8 |

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| 60 | Influence of Ultra-Processed Foods Consumption on Redox Status and Inflammatory Signaling in Young Celiac Patients. <i>Nutrients</i> , 2021 , 13, | 6.7 | 7 |
| 59 | Ageing influence in the evolution of strength and muscle mass in women with fibromyalgia: the al-Badalus project. <i>Rheumatology International</i> , 2015 , 35, 1243-50 | 3.6 | 6 |
| 58 | Association of objectively measured physical fitness during pregnancy with maternal and neonatal outcomes. The GESTAFIT Project. <i>PLoS ONE</i> , 2020 , 15, e0229079 | 3.7 | 6 |
| 57 | Identification of candidate genes associated with fibromyalgia susceptibility in southern Spanish women: the al-Badalus project. <i>Journal of Translational Medicine</i> , 2018 , 16, 43 | 8.5 | 6 |
| 56 | Association of physical fitness and fatness with cognitive function in women with fibromyalgia. <i>Journal of Sports Sciences</i> , 2016 , 34, 1731-9 | 3.6 | 6 |
| 55 | International Fitness Scale-IFIS: Validity and association with health-related quality of life in pregnant women. <i>Scandinavian Journal of Medicine and Science in Sports</i> , 2020 , 30, 505-514 | 4.6 | 6 |
| 54 | Association of sedentary time and physical activity levels with immunometabolic markers in early pregnancy: The GESTAFIT project. <i>Scandinavian Journal of Medicine and Science in Sports</i> , 2020 , 30, 148-158 | 4.6 | 6 |
| 53 | Associations of physical activity, sedentary time, and physical fitness with mental health during pregnancy: The GESTAFIT project. <i>Journal of Sport and Health Science</i> , 2021 , 10, 379-386 | 8.2 | 6 |
| 52 | Multidisciplinary and biodanza intervention for the management of fibromyalgia. <i>Acta Reumatologica Portuguesa</i> , 2012 , 37, 240-50 | 0.7 | 6 |
| 51 | The Potential of Established Fitness Cut-off Points for Monitoring Women with Fibromyalgia: The al-Badalus Project. <i>International Journal of Sports Medicine</i> , 2017 , 38, 359-369 | 3.6 | 5 |
| 50 | Association of objectively measured sedentary behavior and physical activity levels with health-related quality of life in middle-aged women: The FLAMENCO project. <i>Menopause</i> , 2020 , 27, 437-443 | 2.5 | 5 |
| 49 | Mediterranean diet, tobacco consumption and body composition during perimenopause. The FLAMENCO project. <i>Maturitas</i> , 2020 , 137, 30-36 | 5 | 5 |
| 48 | High Levels of Physical Fitness Are Associated With Better Health-Related Quality of Life in Women With Fibromyalgia: The al-Badalus Project. <i>Physical Therapy</i> , 2019 , 99, 1481-1494 | 3.3 | 5 |
| 47 | Body Composition Changes Following a Concurrent Exercise Intervention in Perimenopausal Women: The FLAMENCO Project Randomized Controlled Trial. <i>Journal of Clinical Medicine</i> , 2019 , 8, | 5.1 | 5 |
| 46 | Efectos de los programas de intervenci3n enfocados al tratamiento del sobrepeso/obesidad infantil y adolescente. <i>Revista Andaluza De Medicina Del Deporte</i> , 2014 , 7, 33-43 | 1 | 5 |
| 45 | Efectos del envejecimiento en las capacidades f3sicas: implicaciones en las recomendaciones de ejercicio f3sico en personas mayores. (Effects of aging on physical fitness: implications in the recommendations of physical activity for older adults).. <i>RICYDE Revista Internacional De Ciencias Del Deporte</i> , 2009 , 5, 1-18 | 1.5 | 5 |
| 44 | High-intensity exercise may compromise renal morphology in rats. <i>International Journal of Sports Medicine</i> , 2014 , 35, 639-44 | 3.6 | 4 |
| 43 | Mediterranean countries facing the Mediterranean Diet, are we still on track? The example of southern Spain midlife women. <i>Nutricion Hospitalaria</i> , 2015 , 31, 2523-32 | 1 | 4 |

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| 42 | Influence of Mediterranean Diet Adherence and Physical Activity on Bone Health in Celiac Children on a Gluten-Free Diet. <i>Nutrients</i> , 2021 , 13, | 6.7 | 4 |
| 41 | Emotional intelligence impairments in women with fibromyalgia: Associations with widespread pain. <i>Journal of Health Psychology</i> , 2021 , 26, 1901-1912 | 3.1 | 4 |
| 40 | The TT genotype of the rs6860 polymorphism of the charged multivesicular body protein 1A gene is associated with susceptibility to fibromyalgia in southern Spanish women. <i>Rheumatology International</i> , 2018 , 38, 531-533 | 3.6 | 4 |
| 39 | Biodanza Reduces Acute Pain Severity in Women with Fibromyalgia. <i>Pain Management Nursing</i> , 2017 , 18, 318-327 | 2.5 | 3 |
| 38 | Sedentary Time, Physical Activity, and Sleep Duration: Associations with Body Composition in Fibromyalgia. The Al-Andalus Project. <i>Journal of Clinical Medicine</i> , 2019 , 8, | 5.1 | 3 |
| 37 | Translation and cross-cultural adaptation of the Pregnancy Physical Activity Questionnaire (PPAQ) into Spanish. <i>Journal of Maternal-Fetal and Neonatal Medicine</i> , 2019 , 32, 3954-3961 | 2 | 3 |
| 36 | Effects of the amount and source of dietary protein on bone status in rats. <i>Food and Function</i> , 2014 , 5, 716-23 | 6.1 | 3 |
| 35 | T'ai-Chi intervention in men with fibromyalgia: a multiple-patient case report. <i>Journal of Alternative and Complementary Medicine</i> , 2011 , 17, 187-9 | 2.4 | 3 |
| 34 | Association of Body Mass Index and Serum Markers of Tissue Damage with Postoperative Pain. The Role of Lactate Dehydrogenase for Postoperative Pain Prediction. <i>Pain Medicine</i> , 2020 , 21, 1636-1643 | 2.8 | 3 |
| 33 | A 16-week concurrent exercise program improves emotional well-being and emotional distress in middle-aged women: the FLAMENCO project randomized controlled trial. <i>Menopause</i> , 2021 , 28, 764-771 | 2.5 | 3 |
| 32 | Influence of the degree of adherence to the mediterranean diet and its components on cardiometabolic risk during pregnancy. The GESTAFIT project. <i>Nutrition, Metabolism and Cardiovascular Diseases</i> , 2021 , 31, 2311-2318 | 4.5 | 3 |
| 31 | Cost-effectiveness of a primary care-based exercise intervention in perimenopausal women. The FLAMENCO Project. <i>Gaceta Sanitaria</i> , 2019 , 33, 529-535 | 2.2 | 3 |
| 30 | Do women with fibromyalgia present higher cardiovascular disease risk profile than healthy women? The al-Andalus project. <i>Clinical and Experimental Rheumatology</i> , 2017 , 35 Suppl 105, 61-67 | 2.2 | 3 |
| 29 | Interval aerobic training combined with strength-endurance exercise improves metabolic markers beyond caloric restriction in Zucker rats. <i>Nutrition, Metabolism and Cardiovascular Diseases</i> , 2016 , 26, 713-21 | 4.5 | 2 |
| 28 | Whey versus soy protein diets and renal status in rats. <i>Journal of Medicinal Food</i> , 2014 , 17, 1011-6 | 2.8 | 2 |
| 27 | Effectiveness of an exercise intervention on body composition and physical fitness in midlife women: the FLAMENCO project. <i>Revista Andaluza De Medicina Del Deporte</i> , 2015 , 8, 22 | 1 | 2 |
| 26 | Effects of an exercise intervention on health-related quality of life and optimism in middle aged women: The FLAMENCO project. <i>Revista Andaluza De Medicina Del Deporte</i> , 2015 , 8, 22-23 | 1 | 2 |
| 25 | Involuci3 de la condici3 f3sica por el envejecimiento. <i>Apunts Medicine De L'esport</i> , 2009 , 44, 98-103 | 0.6 | 2 |

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|----|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----|---|
| 24 | Influence of Dietary Habits and Mediterranean Diet Adherence on Sleep Quality during Pregnancy. The GESTAFIT Project. <i>Nutrients</i> , 2020 , 12, | 6.7 | 2 |
| 23 | Influence of weight status on physical and mental health in Moroccan perimenopausal women. <i>Pan African Medical Journal</i> , 2016 , 23, 153 | 1.2 | 2 |
| 22 | Effects of a moderately high-protein diet and interval aerobic training combined with strength-endurance exercise on markers of bone metabolism, microarchitecture and turnover in obese Zucker rats. <i>Bone</i> , 2016 , 92, 116-123 | 4.7 | 2 |
| 21 | Effects of concurrent exercise on cardiometabolic status during perimenopause: the FLAMENCO Project. <i>Climacteric</i> , 2018 , 21, 559-565 | 3.1 | 2 |
| 20 | Usefulness of tenderness to characterise fibromyalgia severity in women. <i>Clinical and Experimental Rheumatology</i> , 2011 , 29, S28-33 | 2.2 | 2 |
| 19 | The Role of Physical Activity on Weight Gain and Hypertensive Disorders During Pregnancy. <i>American Journal of Hypertension</i> , 2016 , 29, e3 | 2.3 | 1 |
| 18 | Stanozolol Decreases Bone Turnover Markers, Increases Mineralization, and Alters Femoral Geometry in Male Rats. <i>Calcified Tissue International</i> , 2016 , 98, 609-18 | 3.9 | 1 |
| 17 | Association of Self-Reported Physical Fitness with Pregnancy Related Symptoms the GESTAFIT Project. <i>International Journal of Environmental Research and Public Health</i> , 2021 , 18, | 4.6 | 1 |
| 16 | Efecto del sexo y la actividad física doméstica en el fenotipo obeso metabólicamente sano y el obeso con alteraciones metabólicas. Estudio HERMEX. <i>Revista Espanola De Cardiologia</i> , 2016 , 69, 983-986 | 1.5 | 1 |
| 15 | The Role of Sex and Domestic Physical Activity on the Metabolically Healthy and Unhealthy Obesity. The HERMEX Study. <i>Revista Espanola De Cardiologia (English Ed)</i> , 2016 , 69, 983-986 | 0.7 | 1 |
| 14 | Objectively measured sedentary time and physical activity levels in Spanish pregnant women. Factors affecting the compliance with physical activity guidelines. <i>Women and Health</i> , 2021 , 61, 27-37 | 1.7 | 1 |
| 13 | The effects of aerobic exercise on markers of maternal metabolism during pregnancy. <i>Birth Defects Research</i> , 2021 , 113, 227-237 | 2.9 | 1 |
| 12 | The Protective Role of Physical Fitness on Cardiometabolic Risk During Pregnancy: The GESTATION and FITness Project.. <i>International Journal of Sport Nutrition and Exercise Metabolism</i> , 2022 , 1-14 | 4.4 | 1 |
| 11 | Fitness, fatness and cardiovascular profile in South Spanish and North Moroccan women. <i>Nutricion Hospitalaria</i> , 2011 , 26, 1188-92 | 1 | 1 |
| 10 | Fitness, fatness and cardiovascular profile in South Spanish and North Moroccan women. <i>Nutricion Hospitalaria</i> , 2012 , 27, 227-31 | 1 | 1 |
| 9 | The favourable association of self-reported physical fitness with depression and anxiety during pregnancy. The GESTAFIT project. <i>European Journal of Sport Science</i> , 2021 , 1-9 | 3.9 | 0 |
| 8 | Inter-accelerometer comparison to measure physical activity and sedentary time in female fibromyalgia patients: the al-Badalus project. <i>Clinical and Experimental Rheumatology</i> , 2015 , 33, S46-52 | 2.2 | 0 |
| 7 | Associations of Mediterranean diet with psychological ill-being and well-being throughout the pregnancy course: The GESTAFIT project.. <i>Quality of Life Research</i> , 2022 , 1 | 3.7 | 0 |

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| 6 | Author's Response. <i>Journal of the Academy of Nutrition and Dietetics</i> , 2017 , 117, 1176 | 3.9 |
| 5 | Effects of Hypertrophy Exercise in Bone Turnover Markers and Structure in Growing Male Rats. <i>International Journal of Sports Medicine</i> , 2017 , 38, 418-425 | 3.6 |
| 4 | Efectos del ejercicio aeróbico interválico, combinado con entrenamiento de fuerza y de la restricción calórica, sobre la composición corporal de ratas obesas. <i>Revista Andaluza De Medicina Del Deporte</i> , 2017 , 10, 3-8 | 1 |
| 3 | Analysis of the body composition of Spanish women with fibromyalgia. <i>Reumatología Clínica (English Edition)</i> , 2011 , 7, 7-12 | 0.1 |
| 2 | THU0457 LONGITUDINAL ASSOCIATION OF SEDENTARY TIME AND PHYSICAL ACTIVITY WITH SLEEP QUALITY IN WOMEN WITH FIBROMYALGIA: THE AL-ÁNDALUS PROJECT. <i>Annals of the Rheumatic Diseases</i> , 2020 , 79, 465.2-466 | 2.4 |
| 1 | Association of objectively measured physical fitness with health-related quality of life of mid-life women: the FLAMENCO project. <i>Climacteric</i> , 2021 , 24, 282-288 | 3.1 |