

Nenad Naumovski

List of Publications by Year in Descending Order

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The third column is the impact factor (IF) of the journal, and the fourth column is the number of citations of the article.

101
papers

1,649
citations

23
h-index

37
g-index

112
ext. papers

2,209
ext. citations

4.1
avg, IF

5.31
L-index

#	Paper	IF	Citations
101	Metabolic Syndrome, Cognitive Impairment and the Role of Diet: A Narrative Review.. <i>Nutrients</i> , 2022 , 14,	6.7	3
100	Dietary patterns, caloric restrictions for management of cardiovascular disease and cancer; a brief review.. <i>Reviews in Cardiovascular Medicine</i> , 2022 , 23, 41	3.9	
99	Role of cholecystokinin in satiation: a systematic review and meta-analysis.. <i>British Journal of Nutrition</i> , 2022 , 1-25	3.6	1
98	Prediction models for venous thromboembolism in ambulatory adults with pancreatic and gastro-oesophageal cancer: protocol for systematic review and meta-analysis.. <i>BMJ Open</i> , 2022 , 12, e056431	3.2	0
97	Recent developments on <i>Opuntia</i> spp., their bioactive composition, nutritional values, and health effects. <i>Food Bioscience</i> , 2022 , 47, 101665	4.9	1
96	The Picky Eating Questionnaire and Child-reported Food Preference Questionnaire: Pilot validation in Australian-Indian mothers and children 7-12 years old. <i>Food Quality and Preference</i> , 2022 , 99, 104584	5.8	
95	Ayurvedic formulations: Potential COVID-19 therapeutics?. <i>Phytomedicine Plus</i> , 2022 , 2, 100286		1
94	Are dietary patterns becoming more processed? The effects of different dietary patterns on cognition: A review.. <i>Nutrition and Health</i> , 2022 , 2601060221094129	2.1	0
93	Pomegranate peel extract - a natural bioactive addition to novel active edible packaging. <i>Food Research International</i> , 2022 , 111378	7	2
92	The association of animal and plant protein with successful ageing: a combined analysis of MEDIS and ATTICA epidemiological studies. <i>Public Health Nutrition</i> , 2021 , 24, 2215-2224	3.3	1
91	Effects of a virtual group cycling experience on people living with dementia: A mixed method pilot study. <i>Dementia</i> , 2021 , 20, 1518-1535	3	7
90	Taste Sensitivity and Taste Preference among Malay Children Aged 7 to 12 Years in Kuala Lumpur-A Pilot Study. <i>Pediatric Reports</i> , 2021 , 13, 245-256	1	1
89	The Implications of Post-Harvest Storage Time and Temperature on the Phytochemical Composition and Quality of Japanese-Styled Green Tea Grown in Australia: A Food Loss and Waste Recovery Opportunity. <i>Beverages</i> , 2021 , 7, 25	3.4	1
88	Palmitic Acid, but Not Lauric Acid, Induces Metabolic Inflammation, Mitochondrial Fragmentation, and a Drop in Mitochondrial Membrane Potential in Human Primary Myotubes. <i>Frontiers in Nutrition</i> , 2021 , 8, 663838	6.2	6
87	Nutraceuticals as Potential Targets for the Development of a Functional Beverage for Improving Sleep Quality. <i>Beverages</i> , 2021 , 7, 33	3.4	1
86	Sex, Age, BMI, and C-Reactive Protein Impact the Odds of Developing Hypertension-Findings Based on Data From the Health and Retirement Study (HRS). <i>American Journal of Hypertension</i> , 2021 , 34, 1057-1063	2.3	2
85	Nutrition and Healthy Ageing Trajectories in Retirement Living in the Australian Capital Territory: Study Protocol. <i>Current Developments in Nutrition</i> , 2021 , 5, 1271-1271	0.4	1

84	Antioxidant, Phytochemical and Enzymatic Characteristics of Selected Medicinal Plants from the Republic of Korea: A commentary. <i>Exploratory Research and Hypothesis in Medicine</i> , 2021 , 000, 000-000	1	
83	Measuring psychological and physiological stress in emergency clinicians. <i>Australasian Emergency Care</i> , 2021 , 24, 43-48	1.8	
82	Effects of lactose-free and low-lactose dairy on symptoms of gastrointestinal health: A systematic review. <i>International Dairy Journal</i> , 2021 , 114, 104936	3.5	3
81	The bioactive, antioxidant, antibacterial, and physicochemical properties of a range of commercially available Australian honeys. <i>Current Research in Food Science</i> , 2021 , 4, 532-542	5.6	3
80	The Inhibition of Metabolic Inflammation by EPA Is Associated with Enhanced Mitochondrial Fusion and Insulin Signaling in Human Primary Myotubes. <i>Journal of Nutrition</i> , 2021 , 151, 810-819	4.1	3
79	Edible packaging: Sustainable solutions and novel trends in food packaging. <i>Food Research International</i> , 2021 , 140, 109981	7	51
78	Heart rate variability improves in 3-5-year-old children following a 6-month physical activity-based intervention: the Active Early Learning (AEL) cluster randomised controlled trial. <i>Applied Physiology, Nutrition and Metabolism</i> , 2021 , 1-9	3	0
77	Relationship between heart rate variability and body mass index: A cross-sectional study of preschool children.. <i>Preventive Medicine Reports</i> , 2021 , 24, 101638	2.6	0
76	Food Habits of Older Australians Living Alone in the Australian Capital Territory. <i>Geriatrics (Switzerland)</i> , 2020 , 5,	2.2	2
75	Toxicities Caused by Head and Neck Cancer Treatments and Their Influence on the Development of Malnutrition: Review of the Literature. <i>European Journal of Investigation in Health, Psychology and Education</i> , 2020 , 10, 935-949	1.9	2
74	Hostile personality as a risk factor for hyperglycemia and obesity in adult populations: a systematic review. <i>Journal of Diabetes and Metabolic Disorders</i> , 2020 , 19, 1659-1669	2.5	1
73	The Effect of L-Theanine Incorporated in a Functional Food Product (Mango Sorbet) on Physiological Responses in Healthy Males: A Pilot Randomised Controlled Trial. <i>Foods</i> , 2020 , 9,	4.9	5
72	Functional Efficacy of Probiotic <i>Lactobacillus sanfranciscensis</i> in Apple, Orange and Tomato Juices with Special Reference to Storage Stability and In Vitro Gastrointestinal Survival. <i>Beverages</i> , 2020 , 6, 13	3.4	16
71	The Environmental and Bitter Taste Endophenotype Determinants of Picky Eating in Australian School-Aged Children 7-12 years-A Cross-Sectional Pilot Study Protocol. <i>International Journal of Environmental Research and Public Health</i> , 2020 , 17,	4.6	8
70	Association between lipids and apolipoproteins on type 2 diabetes risk; moderating effects of gender and polymorphisms; the ATTICA study. <i>Nutrition, Metabolism and Cardiovascular Diseases</i> , 2020 , 30, 788-795	4.5	3
69	The association between protein consumption from animal and plant sources with psychological distress in older people in the Mediterranean region. <i>Nutrition and Healthy Aging</i> , 2020 , 5, 273-285	1.3	1
68	Assessing the diet quality of individuals with rheumatic conditions: a cross-sectional study. <i>Rheumatology International</i> , 2020 , 40, 1439-1448	3.6	1
67	The Physiological Effects of Amino Acids Arginine and Citrulline: Is There a Basis for Development of a Beverage to Promote Endurance Performance? A Narrative Review of Orally Administered Supplements. <i>Beverages</i> , 2020 , 6, 11	3.4	6

66	Heart rate variability for determining autonomic nervous system effects of lifestyle behaviors in early life: A systematic review. <i>Physiology and Behavior</i> , 2020 , 217, 112806	3.5	2
65	Dietary anti-inflammatory index, metabolic syndrome and transition in metabolic status; a gender-specific analysis of ATTICA prospective study. <i>Diabetes Research and Clinical Practice</i> , 2020 , 161, 108031	7.4	6
64	Anthocyanins and Human Health-A Focus on Oxidative Stress, Inflammation and Disease. <i>Antioxidants</i> , 2020 , 9,	7.1	37
63	The association between the level of adherence to the Mediterranean diet and successful aging: An analysis of the ATTICA and MEDIS (MEDiterranean Islands Study) epidemiological studies. <i>Archives of Gerontology and Geriatrics</i> , 2020 , 89, 104044	4	14
62	The effects of Prickly Pear fruit and cladode (<i>Opuntia</i> spp.) consumption on blood lipids: A systematic review. <i>Complementary Therapies in Medicine</i> , 2020 , 50, 102384	3.5	12
61	The Effect of Honey as a Treatment for Oral Ulcerative Lesions: A Systematic Review. <i>Exploratory Research and Hypothesis in Medicine</i> , 2020 , 000, 000-000	1	2
60	The association of sodium intake with successful aging, in 3,349 middle-aged and older adults: Results from the ATTICA and MEDIS cross-sectional epidemiological studies. <i>Nutrition and Healthy Aging</i> , 2020 , 5, 287-296	1.3	
59	Measuring Heart Rate Variability Using Commercially Available Devices in Healthy Children: A Validity and Reliability Study. <i>European Journal of Investigation in Health, Psychology and Education</i> , 2020 , 10, 390-404	1.9	20
58	Effect of Green Tea Amino Acid L-Theanine on Physiological Responses: A Protocol for Clinical Trial. <i>Exploratory Research and Hypothesis in Medicine</i> , 2020 , 000, 1-8	1	
57	The Effects of Green Tea Amino Acid L-Theanine Consumption on the Ability to Manage Stress and Anxiety Levels: a Systematic Review. <i>Plant Foods for Human Nutrition</i> , 2020 , 75, 12-23	3.9	23
56	Activities outside of the care setting for people with dementia: a systematic review. <i>BMJ Open</i> , 2020 , 10, e040753	3	3
55	Prebiotics, probiotics, fermented foods and cognitive outcomes: A meta-analysis of randomized controlled trials. <i>Neuroscience and Biobehavioral Reviews</i> , 2020 , 118, 472-484	9	21
54	The effect of blueberry interventions on cognitive performance and mood: A systematic review of randomized controlled trials. <i>Brain, Behavior, and Immunity</i> , 2020 , 85, 96-105	16.6	38
53	In response to "There is no meta-analytic evidence of blueberries improving cognitive performance or mood". <i>Brain, Behavior, and Immunity</i> , 2020 , 85, 193	16.6	
52	Hydrogen Rich Water Improved Ventilatory, Perceptual and Lactate Responses to Exercise. <i>International Journal of Sports Medicine</i> , 2019 , 40, 879-885	3.6	13
51	HPA axis function and diurnal cortisol in post-traumatic stress disorder: A systematic review. <i>Neurobiology of Stress</i> , 2019 , 11, 100180	7.6	42
50	The Association between Whole Grain Products Consumption and Successful Aging: A Combined Analysis of MEDIS and ATTICA Epidemiological Studies. <i>Nutrients</i> , 2019 , 11,	6.7	9
49	A Mini-Review of Virtual Reality-Based Interventions to Promote Well-Being for People Living with Dementia and Mild Cognitive Impairment. <i>Gerontology</i> , 2019 , 65, 430-440	5.5	65

48	The Association between Green and Black Tea Consumption on Successful Aging: A Combined Analysis of the ATTICA and MEDiterranean ISlands (MEDIS) Epidemiological Studies. <i>Molecules</i> , 2019 , 24,	4.8	15
47	Effects of the Consumption of Prickly Pear Cacti () and its Products on Blood Glucose Levels and Insulin: A Systematic Review. <i>Medicina (Lithuania)</i> , 2019 , 55,	3.1	22
46	Mitochondrial (Dys)function and Insulin Resistance: From Pathophysiological Molecular Mechanisms to the Impact of Diet. <i>Frontiers in Physiology</i> , 2019 , 10, 532	4.6	111
45	The Effect of Juicing Methods on the Phytochemical and Antioxidant Characteristics of the Purple Prickly Pear (<i>Opuntia ficus indica</i>) Preliminary Findings on Juice and Pomace. <i>Beverages</i> , 2019 , 5, 28	3.4	6
44	Critical evaluation of the extrapolation of data relative to antioxidant function from the laboratory and their implications on food production and human health: a review. <i>International Journal of Food Science and Technology</i> , 2019 , 54, 1448-1459	3.8	17
43	Relationship Between B-Vitamin Biomarkers and Dietary Intake with Apolipoprotein E ϵ 4 in Alzheimer's Disease. <i>Journal of Nutrition in Gerontology and Geriatrics</i> , 2019 , 38, 173-195	2.1	8
42	The Effect of Exclusive Olive Oil Consumption on Successful Aging: A Combined Analysis of the ATTICA and MEDIS Epidemiological Studies. <i>Foods</i> , 2019 , 8,	4.9	16
41	The effect of different drying techniques on phytochemical content and in vitro antioxidant properties of Australian-grown prickly pears (<i>Opuntia ficus indica</i>). <i>Journal of Food Processing and Preservation</i> , 2019 , 43, e13900	2.1	8
40	Psychophysiological Responses in People Living with Dementia after an Art Gallery Intervention: An Exploratory Study. <i>Journal of Alzheimer's Disease</i> , 2019 , 72, 549-562	4.3	13
39	The Effects of Dietary Polyphenols on Circulating Cardiovascular Disease Biomarkers and Iron Status: A Systematic Review. <i>Nutrition and Metabolic Insights</i> , 2019 , 12, 1178638819882739	1.9	23
38	Effects of Curcumin on Cognitive Function: A Systematic Review of Randomized Controlled Trials. <i>Exploratory Research and Hypothesis in Medicine</i> , 2019 , 4, 1-11	1	7
37	Midday Napping and Successful Aging in Older People Living in the Mediterranean Region: The Epidemiological Mediterranean Islands Study (MEDIS). <i>Brain Sciences</i> , 2019 , 10,	3.4	2
36	Lifestyle Modification for Enhancing Autonomic Cardiac Regulation in Children: The Role of Exercise. <i>Children</i> , 2019 , 6,	2.8	2
35	The beneficial health effects of green tea amino acid l-theanine in animal models: Promises and prospects for human trials. <i>Phytotherapy Research</i> , 2019 , 33, 571-583	6.7	27
34	Curcumin for Cognition: Is It Just Hype, Based on Current Data?. <i>Advances in Nutrition</i> , 2019 , 10, 179-181	10	5
33	Evaluation of dietary and lifestyle changes as modifiers of S100 β levels in Alzheimer's disease. <i>Nutritional Neuroscience</i> , 2019 , 22, 1-18	3.6	20
32	Fish Oil for Rheumatoid Arthritis: A Home Medicine Review Initiative. <i>American Journal of Therapeutics</i> , 2018 ,	1	1
31	Non-bovine milk products as emerging probiotic carriers: recent developments and innovations. <i>Current Opinion in Food Science</i> , 2018 , 22, 109-114	9.8	90

30	The Association Between Sleeping Time and Metabolic Syndrome Features, Among Older Adults Living in Mediterranean Region: The MEDIS Study. <i>Metabolic Syndrome and Related Disorders</i> , 2018 , 16, 20-28	2.6	2
29	The effects of the Mediterranean diet on rheumatoid arthritis prevention and treatment: a systematic review of human prospective studies. <i>Rheumatology International</i> , 2018 , 38, 737-747	3.6	71
28	Effect of long-term nutraceutical and dietary supplement use on cognition in the elderly: a 10-year systematic review of randomised controlled trials. <i>British Journal of Nutrition</i> , 2018 , 119, 280-298	3.6	37
27	The mediating role of Mediterranean diet on the association between Lp(a) levels and cardiovascular disease risk: A 10-year follow-up of the ATTICA study. <i>Clinical Biochemistry</i> , 2018 , 60, 33-37 ⁵	3.7	8
26	The effects of grape and red wine polyphenols on gut microbiota - A systematic review. <i>Food Research International</i> , 2018 , 113, 277-287	7	74
25	Sugar and cocoa: sweet synergy or bitter antagonisms. Formulating cocoa and chocolate products for health: a narrative review. <i>International Journal of Food Science and Technology</i> , 2018 , 53, 33-42	3.8	12
24	Association between Siesta (Daytime Sleep), Dietary Patterns and the Presence of Metabolic Syndrome in Elderly Living in Mediterranean Area (Medis Study): The Moderating Effect of Gender. <i>Journal of Nutrition, Health and Aging</i> , 2017 , 21, 1118-1124	5.2	5
23	. <i>Maturitas</i> , 2017 , 97, 21	5	
22	Tocotrienols, health and ageing: A systematic review. <i>Maturitas</i> , 2017 , 95, 55-60	5	10
21	Mediterranean lifestyle and cardiovascular disease prevention. <i>Cardiovascular Diagnosis and Therapy</i> , 2017 , 7, S39-S47	2.6	16
20	Application of Carbon Nanotubes in Chiral and Achiral Separations of Pharmaceuticals, Biologics and Chemicals. <i>Nanomaterials</i> , 2017 , 7,	5.4	19
19	Effect of Folate Supplementation on Inflammatory Markers in Individuals Susceptible to Depression: A Systematic Review. <i>Exploratory Research and Hypothesis in Medicine</i> , 2017 , 2, 1-15	1	3
18	Insulin Resistance, Glucose Regulation, Obesity, and Mood 2016 , 849-871		
17	The Effect of Dietary Supplementation of Green Tea Catechins on Cardiovascular Disease Risk Markers in Humans: A Systematic Review of Clinical Trials. <i>Beverages</i> , 2016 , 2, 16	3.4	9
16	l-Theanine as a Functional Food Additive: Its Role in Disease Prevention and Health Promotion. <i>Beverages</i> , 2016 , 2, 13	3.4	25
15	The Effects of Resveratrol Supplementation in Overweight and Obese Humans: A Systematic Review of Randomized Trials. <i>Metabolic Syndrome and Related Disorders</i> , 2016 , 14, 323-33	2.6	32
14	Effect of cocoa in diabetes: the potential of the pancreas and liver as key target organs, more than an antioxidant effect?. <i>International Journal of Food Science and Technology</i> , 2016 , 51, 829-841	3.8	7
13	Food Inhibits the Oral Bioavailability of the Major Green Tea Antioxidant Epigallocatechin Gallate in Humans. <i>Antioxidants</i> , 2015 , 4, 373-93	7.1	65

12	Characterization of an L-amino acid oxidase in equine spermatozoa. <i>Biology of Reproduction</i> , 2015 , 92, 125	3.9	36
11	Green Tea Catechins as Neuroprotective Agents: Systematic Review of the Literature in Animal Pre-Clinical Trials. <i>Advanced in Food Technology and Nutritional Sciences - Open Journal</i> , 2015 , 1, 48-57	1.7	5
10	Vitamin D, folate, and potential early lifecycle environmental origin of significant adult phenotypes. <i>Evolution, Medicine and Public Health</i> , 2014 , 2014, 69-91	3	27
9	Hydrogen sulphide-related thiol metabolism and nutrigenetics in relation to hypertension in an elderly population. <i>Genes and Nutrition</i> , 2013 , 8, 221-9	4.3	6
8	Head and flagella subcompartmental proteomic analysis of human spermatozoa. <i>Proteomics</i> , 2013 , 13, 61-74	4.8	96
7	On methods for the detection of reactive oxygen species generation by human spermatozoa: analysis of the cellular responses to catechol oestrogen, lipid aldehyde, menadione and arachidonic acid. <i>Andrology</i> , 2013 , 1, 192-205	4.2	67
6	Response to Calcium, phosphate and the risk of cardiovascular events and all-cause mortality in a population with stable coronary heart disease. <i>Heart</i> , 2013 , 99, 349-50	5.1	
5	Proteomic insights into the maturation and capacitation of mammalian spermatozoa. <i>Systems Biology in Reproductive Medicine</i> , 2012 , 58, 211-7	2.9	74
4	Analysis of phosphopeptide changes as spermatozoa acquire functional competence in the epididymis demonstrates changes in the post-translational modification of Izumo1. <i>Journal of Proteome Research</i> , 2012 , 11, 5252-64	5.6	32
3	The folic acid endophenotype and depression in an elderly population. <i>Journal of Nutrition, Health and Aging</i> , 2010 , 14, 829-33	5.2	9
2	Folate nutritional genetics and risk for hypertension in an elderly population sample. <i>Journal of Nutrigenetics and Nutrigenomics</i> , 2009 , 2, 1-8		18
1	G80A reduced folate carrier SNP influences the absorption and cellular translocation of dietary folate and its association with blood pressure in an elderly population. <i>Life Sciences</i> , 2006 , 79, 957-66	6.8	33