

Paul Grossman

List of Publications by Year in descending order

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44
papers

8,554
citations

136740

32
h-index

233125

45
g-index

45
all docs

45
docs citations

45
times ranked

8502
citing authors

#	ARTICLE	IF	CITATIONS
1	Mindfulness-based stress reduction and health benefits. <i>Journal of Psychosomatic Research</i> , 2004, 57, 35-43.	1.2	3,316
2	Toward understanding respiratory sinus arrhythmia: Relations to cardiac vagal tone, evolution and biobehavioral functions. <i>Biological Psychology</i> , 2007, 74, 263-285.	1.1	912
3	Loving-kindness and compassion meditation: Potential for psychological interventions. <i>Clinical Psychology Review</i> , 2011, 31, 1126-1132.	6.0	653
4	Mindfulness, by any other name: trials and tribulations of <i>sati</i> in western psychology and science. <i>Contemporary Buddhism</i> , 2011, 12, 219-239.	0.1	438
5	Mindfulness Training as an Intervention for Fibromyalgia: Evidence of Postintervention and 3-Year Follow-Up Benefits in Well-Being. <i>Psychotherapy and Psychosomatics</i> , 2007, 76, 226-233.	4.0	395
6	Emotions beyond the laboratory: Theoretical fundamentals, study design, and analytic strategies for advanced ambulatory assessment. <i>Biological Psychology</i> , 2010, 84, 552-569.	1.1	244
7	Autonomic and Respiratory Characteristics of Posttraumatic Stress Disorder and Panic Disorder. <i>Psychosomatic Medicine</i> , 2007, 69, 935-943.	1.3	210
8	Anxiety and Vagal Control of Heart Rate. <i>Psychosomatic Medicine</i> , 1998, 60, 498-502.	1.3	167
9	Mindfulness and sustainable consumption: A systematic literature review of research approaches and findings. <i>Journal of Cleaner Production</i> , 2017, 162, 544-558.	4.6	165
10	Psychophysiological ambulatory assessment of affective dysregulation in borderline personality disorder. <i>Psychiatry Research</i> , 2007, 150, 265-275.	1.7	163
11	Whither vagal tone. <i>Biological Psychology</i> , 2007, 74, 295-300.	1.1	136
12	Association of depressive symptoms with reduced baroreflex cardiac control in coronary artery disease. <i>American Heart Journal</i> , 1999, 137, 453-457.	1.2	124
13	Noninvasive Assessment of Baroreflex Control in Borderline Hypertension. <i>Hypertension</i> , 1996, 28, 238-243.	1.3	105
14	Mindfulness for Psychologists: Paying Kind Attention to the Perceptible. <i>Mindfulness</i> , 2010, 1, 87-97.	1.6	101
15	Receiving the Diagnosis of Lung Cancer: Patient Recall of Information and Satisfaction With Physician Communication. <i>Journal of Clinical Oncology</i> , 2008, 26, 297-302.	0.8	95
16	Gender Differences in Psychophysiological Responses to Speech Stress Among Older Social Phobics. <i>Psychosomatic Medicine</i> , 2001, 63, 765-777.	1.3	94
17	Acupuncture in Migraine. <i>Clinical Journal of Pain</i> , 2008, 24, 106-115.	0.8	84
18	Psychological and Quality-of-Life Outcomes from a Comprehensive Stress Reduction and Lifestyle Program in Patients with Coronary Artery Disease: Results of a Randomized Trial. <i>Psychotherapy and Psychosomatics</i> , 2005, 74, 344-352.	4.0	83

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19	Respiratory and cardiac rhythms as windows to central and autonomic biobehavioral regulation: Selection of window frames, keeping the panes clean and viewing the neural topography. <i>Biological Psychology</i> , 1992, 34, 131-161.	1.1	82
20	Anxiety Reduces Baroreflex Cardiac Control in Older Adults With Major Depression. <i>Psychosomatic Medicine</i> , 1999, 61, 334-340.	1.3	78
21	Associations among Salivary Cortisol, Melatonin, Catecholamines, Sleep Quality and Stress in Women with Breast Cancer and Healthy Controls. <i>Journal of Behavioral Medicine</i> , 2007, 30, 45-58.	1.1	75
22	Drug-eluting stents versus bare-metal stents in saphenous vein grafts: a double-blind, randomised trial. <i>Lancet, The</i> , 2018, 391, 1997-2007.	6.3	70
23	Mindfulness and sustainability: correlation or causation?. <i>Current Opinion in Psychology</i> , 2019, 28, 23-27.	2.5	68
24	Continuous electronic data capture of physiology, behavior and experience in real life: towards ecological momentary assessment of emotion. <i>Interacting With Computers</i> , 2006, 18, 171-186.	1.0	62
25	On the porosity of subject and object in "mindfulness" scientific study: challenges to "scientific" construction, operationalization and measurement of mindfulness. <i>Current Opinion in Psychology</i> , 2019, 28, 102-107.	2.5	47
26	Swiss Cancer League communication skills training programme for oncology nurses: an evaluation. <i>Journal of Advanced Nursing</i> , 2010, 66, 2266-2277.	1.5	42
27	Contrast-induced nephropathy in patients undergoing endovascular peripheral vascular intervention: Incidence, risk factors, and outcomes as observed in the Blue Cross Blue Shield of Michigan Cardiovascular Consortium. <i>Journal of Interventional Cardiology</i> , 2017, 30, 274-280.	0.5	42
28	Improving estimation of cardiac vagal tone during spontaneous breathing using a paced breathing calibration. <i>Biomedical Sciences Instrumentation</i> , 2004, 40, 317-24.	0.2	42
29	The LifeShirt: a multi-function ambulatory system monitoring health, disease, and medical intervention in the real world. <i>Studies in Health Technology and Informatics</i> , 2004, 108, 133-41.	0.2	42
30	Instability of physical anxiety symptoms in daily life of patients with panic disorder and patients with posttraumatic stress disorder. <i>Journal of Anxiety Disorders</i> , 2010, 24, 792-798.	1.5	40
31	Accuracy of ventilatory measurement employing ambulatory inductive plethysmography during tasks of everyday life. <i>Biological Psychology</i> , 2010, 84, 121-128.	1.1	37
32	Meditating for the Planet: Effects of a Mindfulness-Based Intervention on Sustainable Consumption Behaviors. <i>Environment and Behavior</i> , 2020, 52, 1012-1042.	2.1	37
33	Respiratory Pathophysiology of Panic Disorder: An Ambulatory Monitoring Study. <i>Psychosomatic Medicine</i> , 2009, 71, 869-876.	1.3	35
34	Impact of laughter on air trapping in severe chronic obstructive lung disease. <i>International Journal of COPD</i> , 2008, Volume 3, 185-192.	0.9	34
35	Patterns of Objective Physical Functioning and Perception of Mood and Fatigue in Posttreatment Breast Cancer Patients and Healthy Controls: An Ambulatory Psychophysiological Investigation. <i>Psychosomatic Medicine</i> , 2008, 70, 819-828.	1.3	28
36	Physical activity and respiratory behavior in daily life of patients with panic disorder and healthy controls. <i>International Journal of Psychophysiology</i> , 2010, 78, 42-49.	0.5	28

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37	Distinguishing emotional from physical activation in ambulatory psychophysiological monitoring. <i>Biomedical Sciences Instrumentation</i> , 2006, 42, 458-63.	0.2	27
38	Cardiac vagal control and dynamic responses to psychological stress among patients with coronary artery disease. <i>American Journal of Cardiology</i> , 1996, 78, 1424-1427.	0.7	26
39	Incremental Bias in Finapres Estimation of Baseline Blood Pressure Levels Over Time. <i>Hypertension</i> , 1997, 29, 1039-1043.	1.3	26
40	A mindfulness-based program for improving quality of life among hematopoietic stem cell transplantation survivors: feasibility and preliminary findings. <i>Supportive Care in Cancer</i> , 2015, 23, 1105-1112.	1.0	24
41	Effects of lifestyle modification on the progression of coronary atherosclerosis, autonomic function, and angina—The role of GNB3 C825T polymorphism. <i>American Heart Journal</i> , 2006, 151, 870-877.	1.2	23
42	Mindfulness-Based Intervention Does Not Influence Cardiac Autonomic Control or the Pattern of Physical Activity in Fibromyalgia During Daily Life. <i>Clinical Journal of Pain</i> , 2017, 33, 385-394.	0.8	18
43	Blood Pressure Responses to Mental Stress in Emotionally Defensive Patients With Stable Coronary Artery Disease. <i>American Journal of Cardiology</i> , 1997, 80, 343-346.	0.7	12
44	Reliability of respiratory tidal volume estimation by means of ambulatory inductive plethysmography. <i>Biomedical Sciences Instrumentation</i> , 2006, 42, 193-8.	0.2	11