Heather Ward

List of Publications by Year
in descending order

50 papers	2,745 citations
185998 28 h-index	189595 50 g-index
50 all docs	50 docs citations
50 times ranked	5583 citing authors

#	Article	IF	Citations
1	Association between fish consumption, long chain omega 3 fatty acids, and risk of cerebrovascular disease: systematic review and meta-analysis. BMJ, The, 2012, 345, e6698-e6698.	3.0	301
2	Physical activity and all-cause mortality across levels of overall and abdominal adiposity in European men and women: the European Prospective Investigation into Cancer and Nutrition Study (EPIC). American Journal of Clinical Nutrition, 2015, 101, 613-621.	2.2	284
3	Combined impact of healthy lifestyle factors on colorectal cancer: a large European cohort study. BMC Medicine, 2014, 12, 168.	2.3	178
4	Lifestyle factors and risk of multimorbidity of cancer and cardiometabolic diseases: a multinational cohort study. BMC Medicine, 2020, 18, 5.	2.3	148
5	Breast, colorectal, and prostate cancer risk in the European Prospective Investigation into Cancer and Nutritionâ€"Norfolk in relation to phytoestrogen intake derived from an improved database. American Journal of Clinical Nutrition, 2010, 91, 440-448.	2.2	103
6	The Qatar Biobank: background and methods. BMC Public Health, 2015, 15, 1208.	1.2	100
7	Heterogeneity of Colorectal Cancer Risk Factors by Anatomical Subsite in 10 European Countries: AÂMultinational Cohort Study. Clinical Gastroenterology and Hepatology, 2019, 17, 1323-1331.e6.	2.4	99
8	A Body Shape Index (ABSI) achieves better mortality risk stratification than alternative indices of abdominal obesity: results from a large European cohort. Scientific Reports, 2020, 10, 14541.	1.6	84
9	Type 2 Diabetes and Cancer: An Umbrella Review of Observational and Mendelian Randomization Studies. Cancer Epidemiology Biomarkers and Prevention, 2021, 30, 1218-1228.	1.1	80
10	Consumption of Fish and Long-chain n-3 Polyunsaturated Fatty Acids Is Associated With Reduced Risk of Colorectal Cancer in a Large European Cohort. Clinical Gastroenterology and Hepatology, 2020, 18, 654-666.e6.	2.4	74
11	Circulating vitamin D, calcium and risk of cerebrovascular disease: a systematic review and meta-analysis. European Journal of Epidemiology, 2012, 27, 581-591.	2.5	66
12	Pre-diagnostic concordance with the WCRF/AICR guidelines and survival in European colorectal cancer patients: a cohort study. BMC Medicine, 2015, 13, 107.	2.3	66
13	Tall height and obesity are associated with an increased risk of aggressive prostate cancer: results from the EPIC cohort study. BMC Medicine, 2017, 15, 115.	2.3	66
14	Breast cancer risk in relation to urinary and serum biomarkers of phytoestrogen exposure in the European Prospective into Cancer-Norfolk cohort study. Breast Cancer Research, 2008, 10, R32.	2.2	65
15	Meat and fish consumption and risk of pancreatic cancer: Results from the European Prospective Investigation into Cancer and Nutrition. International Journal of Cancer, 2013, 132, 617-624.	2.3	65
16	Nutritional quality of food as represented by the FSAm-NPS nutrient profiling system underlying the Nutri-Score label and cancer risk in Europe: Results from the EPIC prospective cohort study. PLoS Medicine, 2018, 15, e1002651.	3.9	63
17	Lack of Prospective Associations between Plasma and Urinary Phytoestrogens and Risk of Prostate or Colorectal Cancer in the European Prospective into Cancer-Norfolk Study. Cancer Epidemiology Biomarkers and Prevention, 2008, 17, 2891-2894.	1.1	58
18	Nut intake and 5-year changes in body weight and obesity risk in adults: results from the EPIC-PANACEA study. European Journal of Nutrition, 2018, 57, 2399-2408.	1.8	58

#	Article	IF	Citations
19	Association between physical activity and risk of hepatobiliary cancers: A multinational cohort study. Journal of Hepatology, 2019, 70, 885-892.	1.8	58
20	Association between nutritional profiles of foods underlying Nutri-Score front-of-pack labels and mortality: EPIC cohort study in 10 European countries. BMJ, The, 2020, 370, m3173.	3.0	54
21	Dietary flavonoid and lignan intake and breast cancer risk according to menopause and hormone receptor status in the European Prospective Investigation into Cancer and Nutrition (EPIC) Study. Breast Cancer Research and Treatment, 2013, 139, 163-176.	1.1	52
22	Physical activity and risk of Amyotrophic Lateral Sclerosis in a prospective cohort study. European Journal of Epidemiology, 2016, 31, 255-266.	2.5	49
23	Consumption of soft drinks and juices and risk of liver and biliary tract cancers in a European cohort. European Journal of Nutrition, 2016, 55, 7-20.	1.8	48
24	Nutrition inequities in Canada. Applied Physiology, Nutrition and Metabolism, 2010, 35, 172-179.	0.9	42
25	Feasibility of innovative dietary assessment in epidemiological studies using the approach of combining different assessment instruments. Public Health Nutrition, 2011, 14, 1055-1063.	1.1	40
26	Phytoestrogen consumption and association with breast, prostate and colorectal cancer in EPIC Norfolk. Archives of Biochemistry and Biophysics, 2010, 501, 170-175.	1.4	34
27	Pre-diagnostic polyphenol intake and breast cancer survival: the European Prospective Investigation into Cancer and Nutrition (EPIC) cohort. Breast Cancer Research and Treatment, 2015, 154, 389-401.	1.1	31
28	Circulating vitamin D in relation to cancer incidence and survival of the head and neck and oesophagus in the EPIC cohort. Scientific Reports, 2016, 6, 36017.	1.6	31
29	The Assessment of Individual Usual Food Intake in Large-Scale Prospective Studies. Annals of Nutrition and Metabolism, 2010, 56, 99-105.	1.0	27
30	Mediterranean diet and risk of pancreatic cancer in the European Prospective Investigation into Cancer and Nutrition cohort. British Journal of Cancer, 2017, 116, 811-820.	2.9	27
31	Main nutrient patterns and colorectal cancer risk in the European Prospective Investigation into Cancer and Nutrition study. British Journal of Cancer, 2016, 115, 1430-1440.	2.9	26
32	Estimated Substitution of Tea or Coffee for Sugar-Sweetened Beverages Was Associated with Lower Type 2 Diabetes Incidence in Caseâ€"Cohort Analysis across 8 European Countries in the EPIC-InterAct Study. Journal of Nutrition, 2019, 149, 1985-1993.	1.3	24
33	Socioeconomic patterns of obesity in Canada: modeling the role of health behaviour. Applied Physiology, Nutrition and Metabolism, 2007, 32, 206-216.	0.9	21
34	The association between adult attained height and sitting height with mortality in the European Prospective Investigation into Cancer and Nutrition (EPIC). PLoS ONE, 2017, 12, e0173117.	1.1	21
35	Physical activity, mediating factors and risk of colon cancer: insights into adiposity and circulating biomarkers from the EPIC cohort. International Journal of Epidemiology, 2017, 46, 1823-1835.	0.9	19
36	Association between dietary phyto-oestrogens and bone density in men and postmenopausal women. British Journal of Nutrition, 2011, 106, 1063-1069.	1.2	17

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37	Gallstones and incident colorectal cancer in a large pan–European cohort study. International Journal of Cancer, 2019, 145, 1510-1516.	2.3	17
38	Haem iron intake and risk of lung cancer in the European Prospective Investigation into Cancer and Nutrition (EPIC) cohort. European Journal of Clinical Nutrition, 2019, 73, 1122-1132.	1.3	17
39	Inflammatory potential of the diet and risk of colorectal cancer in the European Prospective Investigation into Cancer and Nutrition study. International Journal of Cancer, 2020, 147, 1027-1039.	2.3	17
40	Use of Online Dietary Recalls among Older UK Adults: A Feasibility Study of an Online Dietary Assessment Tool. Nutrients, 2019, 11, 1451.	1.7	16
41	Dietary and Circulating Fatty Acids and Ovarian Cancer Risk in the European Prospective Investigation into Cancer and Nutrition. Cancer Epidemiology Biomarkers and Prevention, 2020, 29, 1739-1749.	1.1	15
42	Body Size at Different Ages and Risk of 6 Cancers: A Mendelian Randomization and Prospective Cohort Study. Journal of the National Cancer Institute, 2022, 114, 1296-1300.	3.0	15
43	An exploration of socioeconomic variation in lifestyle factors and adiposity in the Ontario Food Survey through structural equation modeling. International Journal of Behavioral Nutrition and Physical Activity, 2007, 4, 8.	2.0	13
44	Meat and haem iron intake in relation to glioma in the European Prospective Investigation into Cancer and Nutrition study. European Journal of Cancer Prevention, 2018, 27, 379-383.	0.6	12
45	Reply to H Pareja-Galeano et al.. American Journal of Clinical Nutrition, 2015, 101, 1101.	2.2	11
46	Measured Adiposity in Relation to Head and Neck Cancer Risk in the European Prospective Investigation into Cancer and Nutrition. Cancer Epidemiology Biomarkers and Prevention, 2017, 26, 895-904.	1.1	11
47	Evaluation of protein and amino acid intake estimates from the EPIC dietary questionnaires and 24-hÂ dietary recalls using different food composition databases. Nutrition, Metabolism and Cardiovascular Diseases, 2022, 32, 80-89.	1.1	8
48	Socioeconomic Effect of Education on Pancreatic Cancer Risk in Western Europe: An Update on the EPIC Cohorts Study. Cancer Epidemiology Biomarkers and Prevention, 2019, 28, 1089-1092.	1.1	6
49	CHD risk in relation to alcohol intake from categorical and open-ended dietary instruments. Public Health Nutrition, 2011, 14, 402-409.	1.1	4
50	Protocol of the Cognitive Health in Ageing Register: Investigational, Observational and Trial Studies in Dementia Research (CHARIOT): Prospective Readiness cOhort (PRO) SubStudy. BMJ Open, 2021, 11, e043114.	0.8	4