

Daniel C Souza

List of Publications by Year in descending order

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Version: 2024-02-01

27
papers

612
citations

932766

10
h-index

610482

24
g-index

28
all docs

28
docs citations

28
times ranked

1330
citing authors

#	ARTICLE	IF	CITATIONS
1	Is There Any Practical Application of Meta-Analytical Results in Strength Training?. <i>Frontiers in Physiology</i> , 2017, 8, 1.	1.3	360
2	Minimal dose resistance training with elastic tubes promotes functional and cardiovascular benefits to older women. <i>Experimental Gerontology</i> , 2019, 115, 132-138.	1.2	28
3	Resistance Training Safety during and after the SARS-Cov-2 Outbreak: Practical Recommendations. <i>BioMed Research International</i> , 2020, 2020, 1-7.	0.9	24
4	Acute Effects of High-Intensity Interval and Moderate-Intensity Continuous Exercise on GLP-1, Appetite and Energy Intake in Obese Men: A Crossover Trial. <i>Nutrients</i> , 2018, 10, 889.	1.7	21
5	Resistance Training in Face of the Coronavirus Outbreak: Time to Think Outside the Box. <i>Frontiers in Physiology</i> , 2020, 11, 859.	1.3	20
6	Practical Recommendations Relevant to the Use of Resistance Training for COVID-19 Survivors. <i>Frontiers in Physiology</i> , 2021, 12, 637590.	1.3	20
7	Identifying the Barriers for Exercising during Social Isolation. <i>Biology</i> , 2020, 9, 245.	1.3	18
8	Back Squat vs. Hip Thrust Resistance-training Programs in Well-trained Women. <i>International Journal of Sports Medicine</i> , 2020, 41, 306-310.	0.8	17
9	High and low-load resistance training produce similar effects on bone mineral density of middle-aged and older people: A systematic review with meta-analysis of randomized clinical trials. <i>Experimental Gerontology</i> , 2020, 138, 110973.	1.2	15
10	Acute and Chronic Effects of Interval Training on the Immune System: A Systematic Review with Meta-Analysis. <i>Biology</i> , 2021, 10, 868.	1.3	13
11	Reliability of meta-analyses to evaluate resistance training programmes. <i>Journal of Sports Sciences</i> , 2017, 35, 1982-1984.	1.0	11
12	Comment on: Volume for Muscle Hypertrophy and Health Outcomes: The Most Effective Variable in Resistance Training. <i>Sports Medicine</i> , 2018, 48, 1281-1284.	3.1	8
13	Biochemical Profile and Body Composition Alteration of Amateur Bodybuilders during the Pre-Contest Period. <i>Journal of Functional Morphology and Kinesiology</i> , 2018, 3, 26.	1.1	7
14	The impact of resistance training volume on muscle size and lean body mass: to infinity and beyond?. <i>Human Movement</i> , 2020, 21, 18-29.	0.5	7
15	Effects of a single session of high-intensity interval exercise and moderate-intensity continuous exercise on biochemical cardiovascular risk factors in obese males. <i>Sport Sciences for Health</i> , 2018, 14, 323-330.	0.4	5
16	The Effects of Resistance Exercise Selection on Muscle Size and Strength in Trained Women. <i>International Journal of Sports Medicine</i> , 2021, 42, 371-376.	0.8	5
17	Effect of Acute Dietary Nitrate Supplementation on the Post-Exercise Ambulatory Blood Pressure in Obese Males: A Randomized, Controlled, Crossover Trial. <i>Journal of Sports Science and Medicine</i> , 2019, 18, 118-127.	0.7	5
18	Acute effect of high-intensity interval exercise and moderate-intensity continuous exercise on appetite in overweight/obese males: a pilot study. <i>Sport Sciences for Health</i> , 2017, 13, 403-410.	0.4	4

#	ARTICLE	IF	CITATIONS
19	“NO LOAD” Resistance Training Promotes High Levels of Knee Extensor Muscles Activation” A Pilot Study. <i>Diagnostics</i> , 2020, 10, 526.	1.3	4
20	A single session of low-volume high-intensity interval and moderate-intensity continuous exercise elicits a transient reduction in ghrelin levels, but not in post-exercise energy intake in obese men. <i>Archives of Endocrinology and Metabolism</i> , 2020, 65, 98-104.	0.3	4
21	Effects of High-Intensity Interval and Moderate-Intensity Continuous Exercise on Physical Activity and Sedentary Behavior Levels in Inactive Obese Males: A Crossover Trial. <i>Journal of Sports Science and Medicine</i> , 2019, 18, 390-398.	0.7	4
22	Resistance Training before, during, and after COVID-19 Infection: What Have We Learned So Far?. <i>International Journal of Environmental Research and Public Health</i> , 2022, 19, 6323.	1.2	3
23	Effect of High-Intensity Interval Training on Cardiac Apoptosis Markers in Methamphetamine-Dependent Rats. <i>Current Issues in Molecular Biology</i> , 2022, 44, 3030-3038.	1.0	3
24	Multi- and Single-Joint Resistance Exercises Promote Similar Plantar Flexor Activation in Resistance Trained Men. <i>International Journal of Environmental Research and Public Health</i> , 2020, 17, 9487.	1.2	2
25	Evaluating the results of resistance training using ultrasound or flexed arm circumference: A case for keeping it simple?. <i>Journal of Clinical and Translational Research</i> , 2020, 7, 61-65.	0.3	2
26	High-Intensity Multimodal Training for Young People: It's Time to Think Inside the Box!. <i>Frontiers in Physiology</i> , 2021, 12, 723486.	1.3	1
27	Supervised home-based resistance training for managing idiopathic peripheral polyneuropathy “ A case report. <i>Journal of Bodywork and Movement Therapies</i> , 2021, 28, 126-130.	0.5	1