

Sahar Foshati

List of Publications by Year in descending order

Source: <https://exaly.com/author-pdf/3673878/publications.pdf>

Version: 2024-02-01

19
papers

247
citations

1162367

8
h-index

996533

15
g-index

19
all docs

19
docs citations

19
times ranked

315
citing authors

#	ARTICLE	IF	CITATIONS
1	Effects of Spirulina supplementation on obesity: A systematic review and meta-analysis of randomized clinical trials. <i>Complementary Therapies in Medicine</i> , 2019, 47, 102211.	1.3	43
2	Effect of nuts on energy intake, hunger, and fullness, a systematic review and meta-analysis of randomized clinical trials. <i>Critical Reviews in Food Science and Nutrition</i> , 2020, 60, 84-93.	5.4	34
3	The role of selenium in depression: a systematic review and meta-analysis of human observational and interventional studies. <i>Scientific Reports</i> , 2022, 12, 1045.	1.6	31
4	The effect of nettle (<i>Urtica dioica</i>) supplementation on the glycemic control of patients with type 2 diabetes mellitus: A systematic review and meta-analysis. <i>Phytotherapy Research</i> , 2020, 34, 282-294.	2.8	27
5	Effects of phytosterols supplementation on blood pressure: A systematic review and meta-analysis. <i>Clinical Nutrition</i> , 2020, 39, 2702-2710.	2.3	22
6	Relationship between abdominal obesity (based on waist circumference) and serum vitamin D levels: a systematic review and meta-analysis of epidemiologic studies. <i>Nutrition Reviews</i> , 2022, 80, 1105-1117.	2.6	12
7	The effect of grape seed extract supplementation on oxidative stress and inflammation: A systematic review and meta-analysis of controlled trials. <i>International Journal of Clinical Practice</i> , 2021, 75, e14469.	0.8	11
8	Benefits and harms of ginseng supplementation on liver function? A systematic review and meta-analysis. <i>Complementary Therapies in Clinical Practice</i> , 2020, 39, 101173.	0.7	11
9	Extra-Virgin Olive Oil Improves Depression Symptoms Without Affecting Salivary Cortisol and Brain-Derived Neurotrophic Factor in Patients With Major Depression: A Double-Blind Randomized Controlled Trial. <i>Journal of the Academy of Nutrition and Dietetics</i> , 2021, , .	0.4	10
10	The effect of red pepper/capsaicin on blood pressure and heart rate: A systematic review and meta-analysis of clinical trials. <i>Phytotherapy Research</i> , 2021, 35, 6080-6088.	2.8	8
11	The effect of grape (<i>Vitis vinifera</i>) seed extract supplementation on flow-mediated dilation, blood pressure, and heart rate: A systematic review and meta-analysis of controlled trials with duration- and dose-response analysis. <i>Pharmacological Research</i> , 2022, 175, 105905.	3.1	7
12	The effect of the Dietary Approaches to Stop Hypertension (DASH) diet on body composition, complete blood count, prothrombin time, inflammation and liver function in haemophilic adolescents. <i>British Journal of Nutrition</i> , 2022, 128, 1771-1779.	1.2	7
13	The effect of extra virgin olive oil on anthropometric indices, lipid profile, and markers of oxidative stress and inflammation in patients with depression, a double-blind randomised controlled trial. <i>International Journal of Clinical Practice</i> , 2021, 75, e14254.	0.8	6
14	Effects of the dietary approach to stop hypertension (DASH) diet on blood pressure, blood glucose, and lipid profile in adolescents with hemophilia: A randomized clinical trial. <i>Food Science and Nutrition</i> , 2021, 9, 145-153.	1.5	5
15	Short- and long-term effects of capsaicin supplementation on glycemic control: a systematic review and meta-analysis of controlled trials. <i>Food and Function</i> , 2021, 12, 5236-5246.	2.1	4
16	Effect of <i>Chlorella vulgaris</i> on Liver Function Biomarkers: a Systematic Review and Meta-Analysis. <i>Clinical Nutrition Research</i> , 2021, 10, 83.	0.5	4
17	Thylakoids: A Novel Food-Derived Supplement for Obesity – A Mini-Review. <i>International Journal for Vitamin and Nutrition Research</i> , 2020, 90, 169-178.	0.6	4
18	Association between urinary potassium excretion and blood pressure: A systematic review and meta-analysis of observational studies. <i>Journal of Research in Medical Sciences</i> , 2020, 25, 116.	0.4	1

#	ARTICLE	IF	CITATIONS
19	Authorsâ€™ Response: Journal of the Academy of Nutrition and Dietetics, 2022, , .	0.4	0