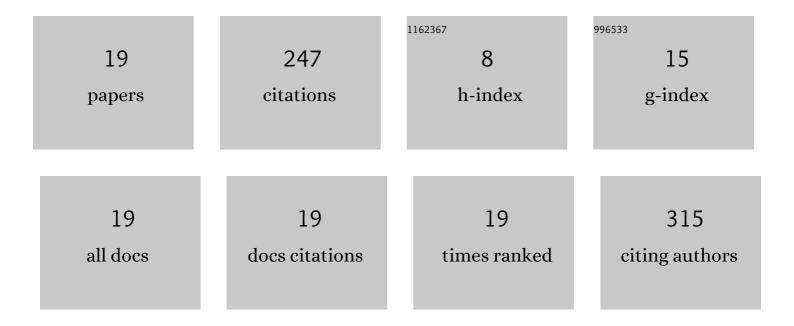
Sahar Foshati

List of Publications by Year in descending order

Source: https://exaly.com/author-pdf/3673878/publications.pdf Version: 2024-02-01



#	Article	IF	CITATIONS
1	Effects of Spirulina supplementation on obesity: A systematic review and meta-analysis of randomized clinical trials. Complementary Therapies in Medicine, 2019, 47, 102211.	1.3	43
2	Effect of nuts on energy intake, hunger, and fullness, a systematic review and meta-analysis of randomized clinical trials. Critical Reviews in Food Science and Nutrition, 2020, 60, 84-93.	5.4	34
3	The role of selenium in depression: a systematic review and meta-analysis of human observational and interventional studies. Scientific Reports, 2022, 12, 1045.	1.6	31
4	The effect of nettle (<i>Urtica dioica</i>) supplementation on the glycemic control of patients with type 2 diabetes mellitus: A systematic review and metaâ€analysis. Phytotherapy Research, 2020, 34, 282-294.	2.8	27
5	Effects of phytosterols supplementation on blood pressure: A systematic review and meta-analysis. Clinical Nutrition, 2020, 39, 2702-2710.	2.3	22
6	Relationship between abdominal obesity (based on waist circumference) and serum vitamin D levels: a systematic review and meta-analysis of epidemiologic studies. Nutrition Reviews, 2022, 80, 1105-1117.	2.6	12
7	The effect of grape seed extract supplementation on oxidative stress and inflammation: A systematic review and metaâ€analysis of controlled trials. International Journal of Clinical Practice, 2021, 75, e14469.	0.8	11
8	Benefits and harms of ginseng supplementation on liver function? A systematic review and meta-analysis. Complementary Therapies in Clinical Practice, 2020, 39, 101173.	0.7	11
9	Extra-Virgin Olive Oil Improves Depression Symptoms Without Affecting Salivary Cortisol and Brain-Derived Neurotrophic Factor in Patients With Major Depression: A Double-Blind Randomized Controlled Trial. Journal of the Academy of Nutrition and Dietetics, 2021, , .	0.4	10
10	The effect of red pepper/capsaicin on blood pressure and heart rate: A systematic review and metaâ€analysis of clinical trials. Phytotherapy Research, 2021, 35, 6080-6088.	2.8	8
11	The effect of grape (Vitis vinifera) seed extract supplementation on flow-mediated dilation, blood pressure, and heart rate: A systematic review and meta-analysis of controlled trials with duration- and dose-response analysis. Pharmacological Research, 2022, 175, 105905.	3.1	7
12	The effect of the Dietary Approaches to Stop Hypertension (DASH) diet on body composition, complete blood count, prothrombin time, inflammation and liver function in haemophilic adolescents. British Journal of Nutrition, 2022, 128, 1771-1779.	1.2	7
13	The effect of extra virgin olive oil on anthropometric indices, lipid profile, and markers of oxidative stress and inflammation in patients with depression, a doubleâ€blind randomised controlled trial. International Journal of Clinical Practice, 2021, 75, e14254.	0.8	6
14	Effects of the dietary approach to stop hypertension (DASH) diet on blood pressure, blood glucose, and lipid profile in adolescents with hemophilia: A randomized clinical trial. Food Science and Nutrition, 2021, 9, 145-153.	1.5	5
15	Short- and long-term effects of capsaicin supplementation on glycemic control: a systematic review and meta-analysis of controlled trials. Food and Function, 2021, 12, 5236-5246.	2.1	4
16	Effect of Chlorella vulgaris on Liver Function Biomarkers: a Systematic Review and Meta-Analysis. Clinical Nutrition Research, 2021, 10, 83.	0.5	4
17	Thylakoids: A Novel Food-Derived Supplement for Obesity – A Mini-Review. International Journal for Vitamin and Nutrition Research, 2020, 90, 169-178.	0.6	4
18	Association between urinary potassium excretion and blood pressure: A systematic review and meta-analysis of observational studies, Journal of Research in Medical Sciences, 2020, 25, 116	0.4	1

#	Article	IF	CITATIONS
19	Authorsâ \in ™ Response:. Journal of the Academy of Nutrition and Dietetics, 2022, , .	0.4	Ο