Corey A Rynders

List of Publications by Year in descending order

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623188 552369 14 31 802 26 citations g-index h-index papers 32 32 32 1233 docs citations times ranked citing authors all docs

#	Article	IF	CITATIONS
1	Effectiveness of Intermittent Fasting and Time-Restricted Feeding Compared to Continuous Energy Restriction for Weight Loss. Nutrients, 2019, 11, 2442.	1.7	191
2	Sedentary behaviour is a key determinant of metabolic inflexibility. Journal of Physiology, 2018, 596, 1319-1330.	1.3	83
3	Effects of Exercise Intensity on Postprandial Improvement in Glucose Disposal and Insulin Sensitivity in Prediabetic Adults. Journal of Clinical Endocrinology and Metabolism, 2014, 99, 220-228.	1.8	74
4	The Effectiveness of Traditional and Sling Exercise Strength Training in Women. Journal of Strength and Conditioning Research, 2011, 25, 464-471.	1.0	52
5	Room Indirect Calorimetry Operating and Reporting Standards (RICORS 1.0): A Guide to Conducting and Reporting Human Wholeâ€Room Calorimeter Studies. Obesity, 2020, 28, 1613-1625.	1.5	49
6	Exercise Intensity Modulates Glucose-Stimulated Insulin Secretion when Adjusted for Adipose, Liver and Skeletal Muscle Insulin Resistance. PLoS ONE, 2016, 11, e0154063.	1.1	39
7	Early timeâ€restricted eating compared with daily caloric restriction: A randomized trial in adults with obesity. Obesity, 2022, 30, 1027-1038.	1.5	39
8	Later Meal and Sleep Timing Predicts Higher Percent Body Fat. Nutrients, 2021, 13, 73.	1.7	32
9	Lifestyle Intervention Improves Fitness Independent of Metformin in Obese Adolescents. Medicine and Science in Sports and Exercise, 2012, 44, 786-792.	0.2	30
10	Oxygen uptake and ratings of perceived exertion at the lactate threshold and maximal fat oxidation rate in untrained adults. European Journal of Applied Physiology, 2011, 111, 2063-2068.	1.2	26
11	The Daily Management of Athletes with Diabetes. Clinics in Sports Medicine, 2009, 28, 479-495.	0.9	20
12	Ability to adjust nocturnal fat oxidation in response to overfeeding predicts 5â€year weight gain in adults. Obesity, 2017, 25, 873-880.	1.5	20
13	High-Intensity Exercise Training for the Prevention of Type 2 Diabetes Mellitus. Physician and Sportsmedicine, 2014, 42, 7-14.	1.0	17
14	Improving lifestyle obesity treatment during the COVIDâ€19 pandemic and beyond: New challenges for weight management. Obesity Science and Practice, 2022, 8, 32-44.	1.0	17
15	Associations Among Dietary Fat Oxidation Responses to Overfeeding and Weight Gain in Obesityâ€Prone and Resistant Adults. Obesity, 2018, 26, 1758-1766.	1.5	15
16	Circadian Rhythm of Substrate Oxidation and Hormonal Regulators of Energy Balance. Obesity, 2020, 28, S104-S113.	1.5	15
17	Endothelial function following glucose ingestion in adults with prediabetes: Role of exercise intensity. Obesity, 2016, 24, 1515-1521.	1.5	12
18	Freeâ€Living Responses in Energy Balance to Shortâ€Term Overfeeding in Adults Differing in Propensity for Obesity. Obesity, 2018, 26, 696-702.	1.5	12

#	Article	IF	Citations
19	Examining the Role of Exercise Timing in Weight Management: A Review. International Journal of Sports Medicine, 2021, 42, 967-978.	0.8	10
20	Effect of frequent interruptions of sedentary time on nutrient metabolism in sedentary overweight male and female adults. Journal of Applied Physiology, 2019, 126, 984-992.	1.2	8
21	Appetiteâ€Related Responses to Overfeeding and Longitudinal Weight Change in Obesityâ€Prone and Obesityâ€Resistant Adults. Obesity, 2020, 28, 259-267.	1.5	8
22	The effects of the COVIDâ€19 pandemic on weight loss inÂparticipants in a behavioral weightâ€loss intervention. Obesity, 2022, 30, 1015-1026.	1.5	8
23	Effect of an herbal/botanical supplement on recovery from delayed onset muscle soreness: a randomized placebo-controlled trial. Journal of the International Society of Sports Nutrition, 2014, 11, 27.	1.7	7
24	Effects of short-term sex steroid suppression on dietary fat storage patterns in healthy males. Physiological Reports, 2018, 6, e13533.	0.7	7
25	Comparing Simple Insulin Sensitivity Indices to the Oral Minimal Model Postexercise. Medicine and Science in Sports and Exercise, 2016, 48, 66-72.	0.2	6
26	Effect of an herbal/botanical supplement on strength, balance, and muscle function following 12-weeks of resistance training: a placebo controlled study. Journal of the International Society of Sports Nutrition, 2014, 11, 23.	1.7	5
27	0043 Circadian Rhythm of Energy Expenditure and Substrate Utilization During Constant Routine Conditions. Sleep, 2019, 42, A18-A18.	0.6	0
28	Time restricted feeding plus exercise: could two be better than one for metabolic health?. Journal of Physiology, 2022, 600, 699-700.	1.3	0
29	262 Comparing Two Methods for Scoring Wrist Actigraphy to Polysomnography for Estimating Total Sleep Time in Healthy Men. Sleep, 2021, 44, A105-A105.	0.6	0
30	674 Changes in Objectively-Measured Adolescent Sleep and Light Exposure During the COVID-19 Pandemic. Sleep, 2021, 44, A263-A264.	0.6	0
31	Bone Turnover Markers After Six Nights of Insufficient Sleep and Subsequent Recovery Sleep in Healthy Men. Calcified Tissue International, 2022, , 1.	1.5	0