

Mohamed Kuhail

List of Publications by Year in descending order

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Version: 2024-02-01

79
papers

1,749
citations

411340
20
h-index

371746
37
g-index

87
all docs

87
docs citations

87
times ranked

3000
citing authors

#	ARTICLE	IF	CITATIONS
1	Meal-specific dietary patterns and their contribution to habitual dietary patterns in the Iranian population. <i>British Journal of Nutrition</i> , 2023, 129, 262-271.	1.2	3
2	The Nordic diet and the risk of non-communicable chronic disease and mortality: a systematic review and dose-response meta-analysis of prospective cohort studies. <i>Critical Reviews in Food Science and Nutrition</i> , 2022, 62, 3124-3136.	5.4	11
3	The association between dietary inflammatory index, muscle strength, muscle endurance, and body composition in Iranian adults. <i>Eating and Weight Disorders</i> , 2022, 27, 463-472.	1.2	8
4	Major dietary patterns and metabolic syndrome associated with severity of coronary artery disease: A structural equation modeling. <i>Nutrition and Health</i> , 2022, 28, 277-287.	0.6	3
5	The effects of chromium supplementation on blood pressure: a systematic review and meta-analysis of randomized clinical trials. <i>European Journal of Clinical Nutrition</i> , 2022, 76, 340-349.	1.3	4
6	The effect of probiotic cheese consumption on inflammatory and anti-inflammatory markers, disease severity, and symptoms in patients with rheumatoid arthritis: study protocol for a randomized, double-blind, placebo-controlled trial. <i>Trials</i> , 2022, 23, 180.	0.7	7
7	The effect of daily consumption of probiotic yogurt on liver enzymes, steatosis and fibrosis in patients with nonalcoholic fatty liver disease (NAFLD): study protocol for a randomized clinical trial. <i>BMC Gastroenterology</i> , 2022, 22, 102.	0.8	4
8	Effect of daily consumption of probiotic yoghurt on albumin to creatinine ratio, eGFR and metabolic parameters in patients with type 2 diabetes with microalbuminuria: study protocol for a randomised controlled clinical trial. <i>BMJ Open</i> , 2022, 12, e056110.	0.8	4
9	Habitual- and Meal-Specific Carbohydrate Quality Index and Their Relation to Metabolic Syndrome in a Sample of Iranian Adults. <i>Frontiers in Nutrition</i> , 2022, 9, 763345.	1.6	12
10	The Effect of Aerobic and Resistance Training and Combined Exercise Modalities on Subcutaneous Abdominal Fat: A Systematic Review and Meta-analysis of Randomized Clinical Trials. <i>Advances in Nutrition</i> , 2021, 12, 179-196.	2.9	26
11	The lack of association between dietary antioxidant quality score with handgrip strength and handgrip endurance amongst Tehranian adults: A cross-sectional study from a Middle East country. <i>International Journal of Clinical Practice</i> , 2021, 75, e13876.	0.8	1
12	The interaction of aging with serum 25(OH)D and 1,25(OH) ₂ D status on muscle strength. <i>International Journal of Clinical Practice</i> , 2021, 75, e14510.	0.8	1
13	The association between lunch composition and obesity in Iranian adults. <i>British Journal of Nutrition</i> , 2021, , 1-11.	1.2	7
14	Melatonin Supplementation and Anthropometric Indices: A Randomized Double-Blind Controlled Clinical Trial. <i>BioMed Research International</i> , 2021, 2021, 1-9.	0.9	9
15	Total and drinking water intake and risk of all-cause and cardiovascular mortality: A systematic review and dose-response meta-analysis of prospective cohort studies. <i>International Journal of Clinical Practice</i> , 2021, , e14878.	0.8	7
16	Effects of modified-Paleo and moderate-carbohydrate diets on body composition, serum levels of hepatokines and adipocytokines, and flow cytometric analysis of endothelial microparticles in adults with metabolic syndrome: a study protocol for a randomized clinical trial. <i>Trials</i> , 2021, 22, 673.	0.7	1
17	Dietary networks identified by Gaussian graphical model and general and abdominal obesity in adults. <i>Nutrition Journal</i> , 2021, 20, 86.	1.5	4
18	Association of Dietary and Lifestyle Inflammation Score With Metabolic Syndrome in a Sample of Iranian Adults. <i>Frontiers in Nutrition</i> , 2021, 8, 735174.	1.6	3

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19	Effect of Paleolithic-based low-carbohydrate vs. moderate-carbohydrate diets with portion-control and calorie-counting on CTRP6, Asprosin and metabolic markers in adults with metabolic syndrome: A randomized clinical trial. <i>Clinical Nutrition ESPEN</i> , 2021, 48, 87-98.	0.5	5
20	Effect of calorie restriction or protein intake on circulating levels of Însulin like growth factor I in humans: A systematic review and meta-analysis. <i>Clinical Nutrition</i> , 2020, 39, 1705-1716.	2.3	17
21	The effect of a hydrolyzed collagen-based supplement on wound healing in patients with burn: A randomized double-blind pilot clinical trial. <i>Burns</i> , 2020, 46, 156-163.	1.1	24
22	The association of plant-based dietary patterns with visceral adiposity, lipid accumulation product, and triglyceride-glucose index in Iranian adults. <i>Complementary Therapies in Medicine</i> , 2020, 53, 102531.	1.3	18
23	Irregular daily energy intake and diet quality in Iranian adults. <i>British Journal of Nutrition</i> , 2020, 126, 1-8.	1.2	6
24	Serum Vitamin D Level and Carotid Intima-Media Thickness: A Systematic Review and Meta-Analysis of Observational Studies and Randomized Control Trials. <i>Hormone and Metabolic Research</i> , 2020, 52, 305-315.	0.7	9
25	Dose-Response Meta-Analysis of the Impact of Body Mass Index on Mortality in the Intensive Care Unit. <i>Nutrition in Clinical Practice</i> , 2020, 35, 1010-1020.	1.1	7
26	The Effect of L-Carnitine Supplementation on Exercise-Induced Muscle Damage: A Systematic Review and Meta-Analysis of Randomized Clinical Trials. <i>Journal of the American College of Nutrition</i> , 2020, 39, 457-468.	1.1	14
27	The effect of chocolate-based products on some appetite-related hormones: a systematic review. <i>International Journal of Food Sciences and Nutrition</i> , 2020, 71, 785-792.	1.3	0
28	The Beneficial Effects of Alpha Lipoic Acid Supplementation on Lp-PLA2 Mass and Its Distribution between HDL and apoB-Containing Lipoproteins in Type 2 Diabetic Patients: A Randomized, Double-Blind, Placebo-Controlled Trial. <i>Oxidative Medicine and Cellular Longevity</i> , 2020, 2020, 1-13.	1.9	13
29	Effect of L-Carnitine Supplementation on Liver Enzymes: A Systematic Review and Meta-analysis of Randomized Controlled Trials. <i>Archives of Medical Research</i> , 2020, 51, 82-94.	1.5	10
30	Association between dietary inflammatory index and components of metabolic syndrome. <i>Journal of Cardiovascular and Thoracic Research</i> , 2020, 12, 27-34.	0.3	15
31	Association of dietary energy density with cardiometabolic risk factors and metabolic syndrome in Tehranian older adults. <i>Journal of Cardiovascular and Thoracic Research</i> , 2020, 12, 97-105.	0.3	6
32	The effects of L-carnitine supplementation on lipid concentrations inpatients with type 2 diabetes: A systematic review and meta-analysis of randomized clinical trials. <i>Journal of Cardiovascular and Thoracic Research</i> , 2020, 12, 246-255.	0.3	7
33	Effects of a Psychobiotic Supplement on Serum Brain-derived Neurotrophic Factor Levels in Depressive Patients: A Post Hoc Analysis of a Randomized Clinical Trial. <i>Journal of Neurogastroenterology and Motility</i> , 2020, 26, 486-495.	0.8	42
34	The Association between Dietary Antioxidant Quality Score and Cardiorespiratory Fitness in Iranian Adults: a Cross-Sectional Study. <i>Clinical Nutrition Research</i> , 2020, 9, 171.	0.5	8
35	Association of Dietary Patterns with Visceral Adiposity, Lipid Accumulation Product, and Triglyceride-Glucose Index in Iranian Adults. <i>Clinical Nutrition Research</i> , 2020, 9, 145.	0.5	9
36	Breakfast-Based Dietary Patterns and Obesity in Tehranian Adults. <i>Journal of Obesity and Metabolic Syndrome</i> , 2020, 29, 222-232.	1.5	7

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37	Cardiorespiratory fitness is positively associated with both healthy and western dietary pattern in Iranian middle-aged. <i>International Journal for Vitamin and Nutrition Research</i> , 2020, , 1-10.	0.6	0
38	The association between major dietary patterns at dinner and obesity in adults living in Tehran: A population-based study. <i>Journal of Cardiovascular and Thoracic Research</i> , 2020, 12, 269-279.	0.3	5
39	Serum irisin levels in metabolically healthy versus metabolically unhealthy obesity: A case-control study. <i>Medical Journal of the Islamic Republic of Iran</i> , 2020, 34, 46.	0.9	1
40	Effect of anthocyanin supplementation on cardio-metabolic biomarkers: A systematic review and meta-analysis of randomized controlled trials. <i>Clinical Nutrition</i> , 2019, 38, 1153-1165.	2.3	53
41	The effects of supplementation with L-carnitine on apolipoproteins: A systematic review and meta-analysis of randomized trials. <i>European Journal of Pharmacology</i> , 2019, 858, 172493.	1.7	4
42	Lipid Profile and Risk of Bone Fracture: A Systematic Review and Meta-Analysis of Observational Studies. <i>Endocrine Research</i> , 2019, 44, 168-184.	0.6	19
43	Association of anemia with sensorineural hearing loss: a systematic review and meta-analysis. <i>BMC Research Notes</i> , 2019, 12, 283.	0.6	15
44	Comparative Study of Resting Metabolic Rate and Plasma Amino Acid Profile in Patients Who Underwent Laparoscopic Roux-en-Y Gastric Bypass and Laparoscopic Sleeve Gastrectomy: 6-Month Follow-up Study. <i>Obesity Surgery</i> , 2019, 29, 3125-3132.	1.1	9
45	Dietary Pattern and Their Association With Level of Asthma Control Among Patients With Asthma at Al-Shifa Medical Complex in Gaza Strip, Palestine. <i>Nutrition and Metabolic Insights</i> , 2019, 12, 117863881984139.	0.8	8
46	Association between the DASH diet and metabolic syndrome components in Iranian adults. <i>Diabetes and Metabolic Syndrome: Clinical Research and Reviews</i> , 2019, 13, 1699-1704.	1.8	30
47	Changes in Body Composition, Dietary Intake, and Substrate Oxidation in Patients Underwent Laparoscopic Roux-en-Y Gastric Bypass and Laparoscopic Sleeve Gastrectomy: a Comparative Prospective Study. <i>Obesity Surgery</i> , 2019, 29, 406-413.	1.1	33
48	Dietary intake of fish, n-3 polyunsaturated fatty acids and risk of hip fracture: A systematic review and meta-analysis on observational studies. <i>Critical Reviews in Food Science and Nutrition</i> , 2019, 59, 1320-1333.	5.4	40
49	Effect of probiotic and prebiotic vs placebo on psychological outcomes in patients with major depressive disorder: A randomized clinical trial. <i>Clinical Nutrition</i> , 2019, 38, 522-528.	2.3	302
50	The Effects of Omega-3 Supplementation on the Expanded Disability Status Scale and Inflammatory Cytokines in Multiple Sclerosis Patients: A Systematic Review and Meta-Analysis. <i>CNS and Neurological Disorders - Drug Targets</i> , 2019, 18, 523-529.	0.8	11
51	Adiponectin: An Indicator for Metabolic Syndrome. <i>Iranian Journal of Public Health</i> , 2019, 48, 1106-1115.	0.3	5
52	Comparing serum concentration of spexin among patients with metabolic syndrome, healthy overweight/obese, and normal-weight individuals. <i>Medical Journal of the Islamic Republic of Iran</i> , 2019, 33, 93.	0.9	6
53	Beauty and the Body of the Beholder: Ratersâ€™ BMI Has Only Limited Association with Ratings of Attractiveness of the Opposite Sex. <i>Obesity</i> , 2018, 26, 522-530.	1.5	4
54	Vitamin C intake in relation to bone mineral density and risk of hip fracture and osteoporosis: a systematic review and meta-analysis of observational studies. <i>British Journal of Nutrition</i> , 2018, 119, 847-858.	1.2	52

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55	Fish consumption and risk of all-cause and cardiovascular mortality: a doseâ€“response meta-analysis of prospective observational studies. <i>Public Health Nutrition</i> , 2018, 21, 1297-1306.	1.1	67
56	Effect of Probiotic Supplementation on CD4 Cell Count in HIV-Infected Patients: A Systematic Review and Meta-analysis. <i>Journal of Dietary Supplements</i> , 2018, 15, 776-788.	1.4	13
57	Depressive symptoms among metabolically healthy and unhealthy overweight/obese individuals: a comparative study. <i>Medical Journal of the Islamic Republic of Iran</i> , 2018, 32, 549-552.	0.9	5
58	Effect of coenzyme Q10 supplementation on serum of high sensitivity c-reactive protein level in patients with cardiovascular diseases: A systematic review and meta-analysis of randomized controlled trials. <i>International Journal of Preventive Medicine</i> , 2018, 9, 82.	0.2	9
59	A posteriori healthy dietary patterns may decrease the risk of central obesity: findings from a systematic review and meta-analysis. <i>Nutrition Research</i> , 2017, 41, 1-13.	1.3	40
60	Association between sleep duration and osteoporosis risk in middle-aged and elderly women: A systematic review and meta-analysis of observational studies. <i>Metabolism: Clinical and Experimental</i> , 2017, 69, 199-206.	1.5	46
61	Effects of a Multispecies Probiotic Supplement on Bone Health in Osteopenic Postmenopausal Women: A Randomized, Double-blind, Controlled Trial. <i>Journal of the American College of Nutrition</i> , 2017, 36, 497-506.	1.1	100
62	Branched-chain amino acid supplementation and exercise-induced muscle damage in exercise recovery: A meta-analysis of randomized clinical trials. <i>Nutrition</i> , 2017, 42, 30-36.	1.1	48
63	Effect of whey protein supplementation on long and short term appetite: A meta-analysis of randomized controlled trials. <i>Clinical Nutrition ESPEN</i> , 2017, 20, 34-40.	0.5	18
64	Association between serum osteocalcin and body mass index: a systematic review and meta-analysis. <i>Endocrine</i> , 2017, 58, 24-32.	1.1	23
65	<i>Nigella sativa</i> improves glucose homeostasis and serum lipids in type 2 diabetes: A systematic review and meta-analysis. <i>Complementary Therapies in Medicine</i> , 2017, 35, 6-13.	1.3	61
66	Metabolic Syndrome Patients Have Lower Levels of Adropin When Compared With Healthy Overweight/Obese and Lean Subjects. <i>American Journal of Men's Health</i> , 2017, 11, 426-434.	0.7	42
67	Dietary patterns and metabolic syndrome among type 2 diabetes patients in Gaza Strip, Palestine. <i>Ethiopian Journal of Health Sciences</i> , 2017, 27, 227.	0.2	10
68	Nutritional status of under five children in Ethiopia: a systematic review and meta-analysis. <i>Ethiopian Journal of Health Sciences</i> , 2017, 27, 175.	0.2	94
69	The association between physical activity and the metabolic syndrome among type 2 diabetes patients in Gaza strip, Palestine. <i>Ethiopian Journal of Health Sciences</i> , 2017, 27, 273.	0.2	18
70	Association of dietary patterns with diabetes complications among type 2 diabetes patients in Gaza Strip, Palestine: a cross sectional study. <i>Journal of Health, Population and Nutrition</i> , 2017, 36, 37.	0.7	33
71	The prevalence of metabolic syndrome and its related factors among adults in Palestine: a meta-analysis. <i>Ethiopian Journal of Health Sciences</i> , 2017, 27, 77.	0.2	20
72	Questionnaire-based Prevalence of Food Insecurity in Iran: A Review Article. <i>Iranian Journal of Public Health</i> , 2017, 46, 1454-1464.	0.3	10

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73	Probiotics Reduce the Risk of Antibiotic-Associated Diarrhea in Adults (18-64 Years) but Not the Elderly (>65 Years). <i>Nutrition in Clinical Practice</i> , 2016, 31, 502-513.	1.1	62
74	Diet quality in obese/overweight individuals with/without metabolic syndrome compared to normal weight controls. <i>Medical Journal of the Islamic Republic of Iran</i> , 2016, 30, 376.	0.9	7
75	The relationship of female physical attractiveness to body fatness. <i>PeerJ</i> , 2015, 3, e1155.	0.9	27
76	Vitamin D and diabetic nephropathy: A systematic review and meta-analysis. <i>Nutrition</i> , 2015, 31, 1189-1194.	1.1	42
77	Is the Iranian Traditional Medicine warm and cold temperament related to Basal Metabolic Rate and activity of the sympathetic-parasympathetic system? Study protocol. <i>Journal of Diabetes and Metabolic Disorders</i> , 2014, 13, 1.	0.8	17
78	Validation of simple epidemiological or clinical methods for the measurement of body composition in young children. <i>Iranian Journal of Pediatrics</i> , 2014, 24, 685-91.	0.1	2
79	Familial resemblance of body composition, physical activity, and resting metabolic rate in pre-school children. <i>Reports of Biochemistry and Molecular Biology</i> , 2013, 2, 1-15.	0.5	4