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List of Publications by Year in descending order

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Version: 2024-02-01

40
papers

3,578
citations

331670

21
h-index

395702

33
g-index

44
all docs

44
docs citations

44
times ranked

3050
citing authors

#	ARTICLE	IF	CITATIONS
1	An Exploratory Study of a Meditation-based Intervention for Binge Eating Disorder. <i>Journal of Health Psychology</i> , 1999, 4, 357-363.	2.3	511
2	Mindfulness-Based Eating Awareness Training for Treating Binge Eating Disorder: The Conceptual Foundation. <i>Eating Disorders</i> , 2010, 19, 49-61.	3.0	419
3	Mindfulness-Based Eating Awareness Training (MB-EAT) for Binge Eating: A Randomized Clinical Trial. <i>Mindfulness</i> , 2014, 5, 282-297.	2.8	345
4	Mindfulness, spirituality, and health-related symptoms. <i>Journal of Psychosomatic Research</i> , 2008, 64, 393-403.	2.6	309
5	Mindfulness Intervention for Stress Eating to Reduce Cortisol and Abdominal Fat among Overweight and Obese Women: An Exploratory Randomized Controlled Study. <i>Journal of Obesity</i> , 2011, 2011, 1-13.	2.7	238
6	Mindfulness and meditation.. , 1999, , 67-84.		202
7	Racial/ethnic differences in adults in randomized clinical trials of binge eating disorder.. <i>Journal of Consulting and Clinical Psychology</i> , 2012, 80, 186-195.	2.0	136
8	Comparative Effectiveness of a Mindful Eating Intervention to a Diabetes Self-Management Intervention among Adults with Type 2 Diabetes: A Pilot Study. <i>Journal of the Academy of Nutrition and Dietetics</i> , 2012, 112, 1835-1842.	0.8	131
9	Effects of a mindfulness-based intervention on mindful eating, sweets consumption, and fasting glucose levels in obese adults: data from the SHINE randomized controlled trial. <i>Journal of Behavioral Medicine</i> , 2016, 39, 201-213.	2.1	124
10	“I would if I could”: how oncologists and oncology nurses address spiritual distress in cancer patients. , 1999, 8, 451-458.		115
11	Oncologist Assisted Spiritual Intervention Study (OASIS): Patient Acceptability and Initial Evidence of Effects. <i>International Journal of Psychiatry in Medicine</i> , 2005, 35, 329-347.	1.8	113
12	Effects of a mindfulness-based weight loss intervention in adults with obesity: A randomized clinical trial. <i>Obesity</i> , 2016, 24, 794-804.	3.0	113
13	Comparison of a Mindful Eating Intervention to a Diabetes Self-Management Intervention Among Adults With Type 2 Diabetes. <i>Health Education and Behavior</i> , 2014, 41, 145-154.	2.5	111
14	CULTIVATING LOVING KINDNESS: A TWO-STAGE MODEL OF THE EFFECTS OF MEDITATION ON EMPATHY, COMPASSION, AND ALTRUISM. <i>Zygon</i> , 2005, 40, 391-408.	0.4	105
15	Reduced reward-driven eating accounts for the impact of a mindfulness-based diet and exercise intervention on weight loss: Data from the SHINE randomized controlled trial. <i>Appetite</i> , 2016, 100, 86-93.	3.7	90
16	MINDFULNESS-BASED APPROACHES TO EATING DISORDERS. , 2006, , 75-91.		89
17	Race/ethnicity, education, and treatment parameters as moderators and predictors of outcome in binge eating disorder.. <i>Journal of Consulting and Clinical Psychology</i> , 2013, 81, 710-721.	2.0	54
18	The mindful moms training: development of a mindfulness-based intervention to reduce stress and overeating during pregnancy. <i>BMC Pregnancy and Childbirth</i> , 2018, 18, 201.	2.4	50

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19	Effectiveness of relaxation and visualization techniques as an adjunct to phototherapy and photochemotherapy of psoriasis. <i>Journal of the American Academy of Dermatology</i> , 1988, 19, 572-573.	1.2	40
20	Understanding religious and spiritual influences on adjustment to cancer: individual patterns and differences. <i>Journal of Behavioral Medicine</i> , 2011, 34, 550-561.	2.1	40
21	Identifying eating patterns in male and female undergraduates using cluster analysis. <i>Addictive Behaviors</i> , 1989, 14, 631-642.	3.0	33
22	A new biomarker of hedonic eating? A preliminary investigation of cortisol and nausea responses to acute opioid blockade. <i>Appetite</i> , 2014, 74, 92-100.	3.7	26
23	Empirical Identification of Dimensions of Religiousness and Spirituality. <i>Mental Health, Religion and Culture</i> , 2008, 11, 745-767.	0.9	24
24	Effect of mindfulness on vocational rehabilitation outcomes in stable phase schizophrenia.. <i>Psychological Services</i> , 2015, 12, 303-312.	1.5	23
25	Impact of Mindfulness-Based Eating Awareness on Diet and Exercise Habits in Adolescents. <i>International Journal of Complementary & Alternative Medicine</i> , 2016, 3, .	0.1	23
26	Mindful Eating: Connecting With the Wise Self, the Spiritual Self. <i>Frontiers in Psychology</i> , 2018, 9, 1271.	2.1	20
27	Mindfulness as a complementary intervention in the treatment of overweight and obesity in primary health care: study protocol for a randomised controlled trial. <i>Trials</i> , 2018, 19, 277.	1.6	15
28	A Randomized Controlled Trial of a Mindfulness-Based Weight Loss Intervention on Cardiovascular Reactivity to Social-Evaluative Threat Among Adults with Obesity. <i>Mindfulness</i> , 2019, 10, 2583-2595.	2.8	14
29	“I would if I could”: how oncologists and oncology nurses address spiritual distress in cancer patients. <i>Psycho-Oncology</i> , 1999, 8, 451-458.	2.3	11
30	Meditative Traditions and Contemporary Psychology. , 0, , 506-538.		9
31	Spirituality and Meditative Practice: Research Opportunities and Challenges. <i>Psychological Studies</i> , 2018, 63, 130-139.	1.0	9
32	Mindfulness, Eating Disorders, and Food Intake Regulation. , 2015, , 199-215.		8
33	Comparative effectiveness of mindfulness and mindful eating programmes among low-income overweight women in primary health care: A randomised controlled pragmatic study with psychological, biochemical, and anthropometric outcomes. <i>Appetite</i> , 2022, 177, 106131.	3.7	8
34	The Struggle Continues: Addressing Concerns About Eating and Weight for Older Women’s Well-Being. <i>Women and Therapy</i> , 2016, 39, 202-212.	1.0	4
35	Teaching Individuals Mindful Eating. , 2016, , 359-378.		3
36	Mindful eating for overweight and obese women in Brazil: An exploratory mixed-methods pilot study. <i>Nutrition and Health</i> , 2021, , 026010602110527.	1.5	2

#	ARTICLE	IF	CITATIONS
37	Increases in Mindful Eating Predict Reductions in Consumption of Sweets and Desserts: Data from the Supporting Health by Integrating Nutrition and Exercise (SHINE) Clinical Trial. <i>Journal of Alternative and Complementary Medicine</i> , 2014, 20, A17-A17.	2.1	1
38	Mindfulness-Based Therapies in Severe Obesity. , 0, , 175-198.		1
39	Mindfulness-Based Eating. , 2020, , 1392-1395.		0
40	Mindfulness-Based Eating. , 2020, , 1-4.		0