

# Daniel A Hackett

## List of Publications by Citations

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The third column is the impact factor (IF) of the journal, and the fourth column is the number of citations of the article.

55  
papers

1,476  
citations

20  
h-index

38  
g-index

66  
ext. papers

1,845  
ext. citations

3.7  
avg. IF

5.02  
L-index

#	Paper	IF	Citations
55	Exercise and non-alcoholic fatty liver disease: a systematic review and meta-analysis. <i>Journal of Hepatology</i> , <b>2012</b> , 57, 157-66	13.4	302
54	Effect of aerobic exercise training dose on liver fat and visceral adiposity. <i>Journal of Hepatology</i> , <b>2015</b> , 63, 174-82	13.4	173
53	The Effect of Regular Exercise on Insulin Sensitivity in Type 2 Diabetes Mellitus: A Systematic Review and Meta-Analysis. <i>Diabetes and Metabolism Journal</i> , <b>2016</b> , 40, 253-71	5	107
52	Effect of Training Leading to Repetition Failure on Muscular Strength: A Systematic Review and Meta-Analysis. <i>Sports Medicine</i> , <b>2016</b> , 46, 487-502	10.6	79
51	Training practices and ergogenic aids used by male bodybuilders. <i>Journal of Strength and Conditioning Research</i> , <b>2013</b> , 27, 1609-17	3.2	79
50	The Efficacy of Injury Prevention Programs in Adolescent Team Sports: A Meta-analysis. <i>American Journal of Sports Medicine</i> , <b>2016</b> , 44, 2415-24	6.8	58
49	The Valsalva maneuver: its effect on intra-abdominal pressure and safety issues during resistance exercise. <i>Journal of Strength and Conditioning Research</i> , <b>2013</b> , 27, 2338-45	3.2	50
48	Muscle Dysmorphia Symptomatology and Associated Psychological Features in Bodybuilders and Non-Bodybuilder Resistance Trainers: A Systematic Review and Meta-Analysis. <i>Sports Medicine</i> , <b>2017</b> , 47, 233-259	10.6	49
47	Dietary Intake of Competitive Bodybuilders. <i>Sports Medicine</i> , <b>2015</b> , 45, 1041-63	10.6	49
46	Effect of Movement Velocity During Resistance Training on Dynamic Muscular Strength: A Systematic Review and Meta-Analysis. <i>Sports Medicine</i> , <b>2017</b> , 47, 1603-1617	10.6	45
45	A novel scale to assess resistance-exercise effort. <i>Journal of Sports Sciences</i> , <b>2012</b> , 30, 1405-13	3.6	44
44	Systematic review of exercise for Charcot-Marie-Tooth disease. <i>Journal of the Peripheral Nervous System</i> , <b>2015</b> , 20, 347-62	4.7	36
43	The compatibility of concurrent high intensity interval training and resistance training for muscular strength and hypertrophy: a systematic review and meta-analysis. <i>Journal of Sports Sciences</i> , <b>2018</b> , 36, 2472-2483	3.6	29
42	Accuracy in Estimating Repetitions to Failure During Resistance Exercise. <i>Journal of Strength and Conditioning Research</i> , <b>2017</b> , 31, 2162-2168	3.2	28
41	Do Bodybuilders Use Evidence-Based Nutrition Strategies to Manipulate Physique?. <i>Sports</i> , <b>2017</b> , 5,	3	28
40	Olympic weightlifting training improves vertical jump height in sportspeople: a systematic review with meta-analysis. <i>British Journal of Sports Medicine</i> , <b>2016</b> , 50, 865-72	10.3	25
39	Effects of a Modified German Volume Training Program on Muscular Hypertrophy and Strength. <i>Journal of Strength and Conditioning Research</i> , <b>2017</b> , 31, 3109-3119	3.2	24

38	Correlates of muscle dysmorphia symptomatology in natural bodybuilders: Distinguishing factors in the pursuit of hyper-muscularity. <i>Body Image</i> , <b>2017</b> , 22, 1-5	7.4	21
37	Can exercise or physical activity help improve postnatal depression and weight loss? A systematic review. <i>Archives of Womens Mental Health</i> , <b>2017</b> , 20, 595-611	5	21
36	Physiological implications of preparing for a natural male bodybuilding competition. <i>European Journal of Sport Science</i> , <b>2018</b> , 18, 619-629	3.9	20
35	Effect of resistance training on liver fat and visceral adiposity in adults with obesity: A randomized controlled trial. <i>Hepatology Research</i> , <b>2017</b> , 47, 622-631	5.1	19
34	Physical Activity for Symptom Management in Women With Metastatic Breast Cancer: A Randomized Feasibility Trial on Physical Activity and Breast Metastases. <i>Journal of Pain and Symptom Management</i> , <b>2019</b> , 58, 929-939	4.8	18
33	Effect of movement velocity during resistance training on muscle-specific hypertrophy: A systematic review. <i>European Journal of Sport Science</i> , <b>2018</b> , 18, 473-482	3.9	17
32	The Effect of Resistance Training in Women on Dynamic Strength and Muscular Hypertrophy: A Systematic Review with Meta-analysis. <i>Sports Medicine</i> , <b>2020</b> , 50, 1075-1093	10.6	17
31	Sex Differences in Adaptations in Muscle Strength and Size Following Resistance Training in Older Adults: A Systematic Review and Meta-analysis. <i>Sports Medicine</i> , <b>2021</b> , 51, 503-517	10.6	14
30	Changes in Bench Press Velocity and Power After 8 Weeks of High-Load Cluster- or Traditional-Set Structures. <i>Journal of Strength and Conditioning Research</i> , <b>2020</b> , 34, 2734-2742	3.2	13
29	Predictive ability of the medicine ball chest throw and vertical jump tests for determining muscular strength and power in adolescents. <i>Measurement in Physical Education and Exercise Science</i> , <b>2018</b> , 22, 79-87	1.9	13
28	Sleep quality and duration following evening intake of alpha-lactalbumin: a pilot study## The research was executed at the University of Sydney at the Faculty of Health Sciences, Discipline of Exercise and Sport Science.View all notes. <i>Biological Rhythm Research</i> , <b>2017</b> , 48, 507-517	0.8	11
27	Relationship between physical performance and quality of life in Charcot-Marie-Tooth disease: a pilot study. <i>Journal of the Peripheral Nervous System</i> , <b>2016</b> , 21, 357-364	4.7	10
26	Estimation of Repetitions to Failure for Monitoring Resistance Exercise Intensity: Building a Case for Application. <i>Journal of Strength and Conditioning Research</i> , <b>2018</b> , 32, 1352-1359	3.2	9
25	Effects of a 12-Week Modified German Volume Training Program on Muscle Strength and Hypertrophy-A Pilot Study. <i>Sports</i> , <b>2018</b> , 6,	3	8
24	Effect of Overnight Fasted Exercise on Weight Loss and Body Composition: A Systematic Review and Meta-Analysis. <i>Journal of Functional Morphology and Kinesiology</i> , <b>2017</b> , 2, 43	2.4	6
23	Combination of resistance and aerobic exercise for six months improves bone mass and physical function in HIV infected individuals: A randomized controlled trial. <i>Scandinavian Journal of Medicine and Science in Sports</i> , <b>2021</b> , 31, 720-732	4.6	6
22	Examining hand dominance using dynamometric grip strength testing as evidence for overwork weakness in Charcot-Marie-Tooth disease: a systematic review and meta-analysis. <i>International Journal of Rehabilitation Research</i> , <b>2016</b> , 39, 189-96	1.8	5
21	Lung Function and Respiratory Muscle Adaptations of Endurance- and Strength-Trained Males. <i>Sports</i> , <b>2020</b> , 8,	3	3

20	How do Australian coaches train fast bowlers? A survey on physical conditioning and workload management practices for training fast bowlers. <i>International Journal of Sports Science and Coaching</i> , <b>2018</b> , 13, 761-770	1.8	3
19	Reduction of breast lymphoedema secondary to breast cancer: a randomised controlled exercise trial. <i>Breast Cancer Research and Treatment</i> , <b>2020</b> , 184, 459-467	4.4	3
18	Influence of Movement Velocity on Accuracy of Estimated Repetitions to Failure in Resistance-Trained Men. <i>Journal of Strength and Conditioning Research</i> , <b>2021</b> ,	3.2	3
17	Combined training improves the diagnostic measures of sarcopenia and decreases the inflammation in HIV-infected individuals.. <i>Journal of Cachexia, Sarcopenia and Muscle</i> , <b>2022</b> ,	10.3	2
16	Improvements in soccer-specific fitness and exercise tolerance following 8 weeks of inspiratory muscle training in adolescent males. <i>Journal of Sports Medicine and Physical Fitness</i> , <b>2019</b> , 59, 1975-1984	1.4	2
15	Effect of Training Phase on Physical and Physiological Parameters of Male Powerlifters. <i>Sports</i> , <b>2020</b> , 8,	3	2
14	Effect of Set-Structure on Upper-Body Muscular Hypertrophy and Performance in Recreationally-Trained Male and Female. <i>Journal of Strength and Conditioning Research</i> , <b>2021</b> ,	3.2	2
13	Acute Effect of Kettlebell Swings on Sprint Performance. <i>Sports</i> , <b>2019</b> , 7,	3	2
12	Body composition and its association with physical performance, quality of life, and clinical indicators in Charcot-Marie-Tooth disease: a pilot study. <i>Disability and Rehabilitation</i> , <b>2019</b> , 41, 405-412	2.4	2
11	Effects of age and sex on field-based measures of muscle strength and power of the upper and lower body in adolescents. <i>Journal of Sports Sciences</i> , <b>2021</b> , 39, 955-960	3.6	2
10	A Brief Review of Forced Repetitions for the Promotion of Muscular Hypertrophy. <i>Strength and Conditioning Journal</i> , <b>2015</b> , 37, 14-20	2	1
9	Acute effects of high-volume compared to low-volume resistance exercise on lung function. <i>Journal of Exercise Rehabilitation</i> , <b>2020</b> , 16, 450-457	1.8	1
8	Exercisers' Affective and Enjoyment Responses: A Meta-Analytic and Meta-Regression Review. <i>Perceptual and Motor Skills</i> , <b>2021</b> , 128, 2211-2236	2.2	1
7	High intensity power training in middle-aged women with Charcot-Marie-Tooth disease: a case series. <i>International Journal of Therapy and Rehabilitation</i> , <b>2021</b> , 28, 1-12	0.4	0
6	Relationship between echocardiogram and physical parameters in experienced resistance trainers: a pilot study. <i>Journal of Sports Medicine and Physical Fitness</i> , <b>2021</b> , 61, 1290-1300	1.4	
5	Behavioural Predictors Of Muscle Dysmorphia Symptomatology In Natural Bodybuilders. <i>Medicine and Science in Sports and Exercise</i> , <b>2017</b> , 49, 679	1.2	
4	Lung function and respiratory muscle strength and their relationship with weightlifting strength and body composition in non-athletic males. <i>Respiratory Physiology and Neurobiology</i> , <b>2021</b> , 286, 103616	2.8	
3	A Case Study of an 87-Year-Old Male Bodybuilder with Complex Health Conditions. <i>Medicina (Lithuania)</i> , <b>2021</b> , 57,	3.1	

- 2 Pilot Study of Enhancing Cardiorespiratory Exercise Response in People With Advanced Multiple Sclerosis With Hybrid Functional Electrical Stimulation. *Archives of Physical Medicine and Rehabilitation*, **2021**, 102, 2385-2392 2.8
- 1 Powerlifting exercise performance and muscle mass indices and their relationship with bone mineral density. *Sport Sciences for Health*, **2021**, 17, 735-743 1.3