

Daniel A Hackett

List of Publications by Year in descending order

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Version: 2024-02-01

65
papers

2,196
citations

257429

24
h-index

233409

45
g-index

66
all docs

66
docs citations

66
times ranked

3230
citing authors

#	ARTICLE	IF	CITATIONS
1	Exercise and non-alcoholic fatty liver disease: A systematic review and meta-analysis. <i>Journal of Hepatology</i> , 2012, 57, 157-166.	3.7	390
2	Effect of aerobic exercise training dose on liver fat and visceral adiposity. <i>Journal of Hepatology</i> , 2015, 63, 174-182.	3.7	229
3	The Effect of Regular Exercise on Insulin Sensitivity in Type 2 Diabetes Mellitus: A Systematic Review and Meta-Analysis. <i>Diabetes and Metabolism Journal</i> , 2016, 40, 253.	4.7	138
4	Training Practices and Ergogenic Aids Used by Male Bodybuilders. <i>Journal of Strength and Conditioning Research</i> , 2013, 27, 1609-1617.	2.1	105
5	Effect of Training Leading to Repetition Failure on Muscular Strength: A Systematic Review and Meta-Analysis. <i>Sports Medicine</i> , 2016, 46, 487-502.	6.5	100
6	The Efficacy of Injury Prevention Programs in Adolescent Team Sports. <i>American Journal of Sports Medicine</i> , 2016, 44, 2415-2424.	4.2	88
7	Muscle Dysmorphia Symptomatology and Associated Psychological Features in Bodybuilders and Non-Bodybuilder Resistance Trainers: A Systematic Review and Meta-Analysis. <i>Sports Medicine</i> , 2017, 47, 233-259.	6.5	84
8	Dietary Intake of Competitive Bodybuilders. <i>Sports Medicine</i> , 2015, 45, 1041-1063.	6.5	79
9	The Valsalva Maneuver. <i>Journal of Strength and Conditioning Research</i> , 2013, 27, 2338-2345.	2.1	78
10	Effect of Movement Velocity During Resistance Training on Dynamic Muscular Strength: A Systematic Review and Meta-Analysis. <i>Sports Medicine</i> , 2017, 47, 1603-1617.	6.5	67
11	A novel scale to assess resistance-exercise effort. <i>Journal of Sports Sciences</i> , 2012, 30, 1405-1413.	2.0	60
12	Systematic review of exercise for Charcot-Marie-Tooth disease. <i>Journal of the Peripheral Nervous System</i> , 2015, 20, 347-362.	3.1	51
13	The compatibility of concurrent high intensity interval training and resistance training for muscular strength and hypertrophy: a systematic review and meta-analysis. <i>Journal of Sports Sciences</i> , 2018, 36, 2472-2483.	2.0	49
14	Do Bodybuilders Use Evidence-Based Nutrition Strategies to Manipulate Physique?. <i>Sports</i> , 2017, 5, 76.	1.7	46
15	Sex Differences in Adaptations in Muscle Strength and Size Following Resistance Training in Older Adults: A Systematic Review and Meta-analysis. <i>Sports Medicine</i> , 2021, 51, 503-517.	6.5	44
16	Olympic weightlifting training improves vertical jump height in sportspeople: a systematic review with meta-analysis. <i>British Journal of Sports Medicine</i> , 2016, 50, 865-872.	6.7	42
17	Accuracy in Estimating Repetitions to Failure During Resistance Exercise. <i>Journal of Strength and Conditioning Research</i> , 2017, 31, 2162-2168.	2.1	40
18	Physiological implications of preparing for a natural male bodybuilding competition. <i>European Journal of Sport Science</i> , 2018, 18, 619-629.	2.7	38

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19	Effects of a Modified German Volume Training Program on Muscular Hypertrophy and Strength. <i>Journal of Strength and Conditioning Research</i> , 2017, 31, 3109-3119.	2.1	35
20	Physical Activity for Symptom Management in Women With Metastatic Breast Cancer: A Randomized Feasibility Trial on Physical Activity and Breast Metastases. <i>Journal of Pain and Symptom Management</i> , 2019, 58, 929-939.	1.2	35
21	The Effect of Resistance Training in Women on Dynamic Strength and Muscular Hypertrophy: A Systematic Review with Meta-analysis. <i>Sports Medicine</i> , 2020, 50, 1075-1093.	6.5	34
22	Can exercise or physical activity help improve postnatal depression and weight loss? A systematic review. <i>Archives of Women's Mental Health</i> , 2017, 20, 595-611.	2.6	28
23	Effect of movement velocity during resistance training on muscle-specific hypertrophy: A systematic review. <i>European Journal of Sport Science</i> , 2018, 18, 473-482.	2.7	26
24	Correlates of muscle dysmorphia symptomatology in natural bodybuilders: Distinguishing factors in the pursuit of hyper-muscularity. <i>Body Image</i> , 2017, 22, 1-5.	4.3	25
25	Effect of resistance training on liver fat and visceral adiposity in adults with obesity: A randomized controlled trial. <i>Hepatology Research</i> , 2017, 47, 622-631.	3.4	25
26	Estimation of Repetitions to Failure for Monitoring Resistance Exercise Intensity: Building a Case for Application. <i>Journal of Strength and Conditioning Research</i> , 2018, 32, 1352-1359.	2.1	19
27	Predictive ability of the medicine ball chest throw and vertical jump tests for determining muscular strength and power in adolescents. <i>Measurement in Physical Education and Exercise Science</i> , 2018, 22, 79-87.	1.8	19
28	Changes in Bench Press Velocity and Power After 8 Weeks of High-Load Cluster- or Traditional-Set Structures. <i>Journal of Strength and Conditioning Research</i> , 2020, 34, 2734-2742.	2.1	18
29	Sleep quality and duration following evening intake of alpha-lactalbumin: a pilot study. <i>Biological Rhythm Research</i> , 2017, 48, 507-517.	0.9	17
30	The Effect of High-intensity Interval Training vs Moderate-intensity Continuous Training on Liver Fat: A Systematic Review and Meta-Analysis. <i>Journal of Clinical Endocrinology and Metabolism</i> , 2022, 107, 862-881.	3.6	17
31	Training, Supplementation, and Pharmacological Practices of Competitive Male Bodybuilders Across Training Phases. <i>Journal of Strength and Conditioning Research</i> , 2022, 36, 963-970.	2.1	16
32	Relationship between physical performance and quality of life in Charcot-Marie-Tooth disease: a pilot study. <i>Journal of the Peripheral Nervous System</i> , 2016, 21, 357-364.	3.1	13
33	Effects of a 12-Week Modified German Volume Training Program on Muscle Strength and Hypertrophy—A Pilot Study. <i>Sports</i> , 2018, 6, 7.	1.7	12
34	Combination of resistance and aerobic exercise for six months improves bone mass and physical function in HIV infected individuals: A randomized controlled trial. <i>Scandinavian Journal of Medicine and Science in Sports</i> , 2021, 31, 720-732.	2.9	12
35	Effect of Overnight Fasted Exercise on Weight Loss and Body Composition: A Systematic Review and Meta-Analysis. <i>Journal of Functional Morphology and Kinesiology</i> , 2017, 2, 43.	2.4	10
36	Reduction of breast lymphoedema secondary to breast cancer: a randomised controlled exercise trial. <i>Breast Cancer Research and Treatment</i> , 2020, 184, 459-467.	2.5	10

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37	Influence of Movement Velocity on Accuracy of Estimated Repetitions to Failure in Resistance-Trained Men. <i>Journal of Strength and Conditioning Research</i> , 2022, 36, 2701-2708.	2.1	10
38	Exercisersâ€™™ Affective and Enjoyment Responses: A Meta-Analytic and Meta-Regression Review. <i>Perceptual and Motor Skills</i> , 2021, 128, 2211-2236.	1.3	10
39	Examining hand dominance using dynamometric grip strength testing as evidence for overwork weakness in Charcotâ€™™Marieâ€™™Tooth disease: a systematic review and meta-analysis. <i>International Journal of Rehabilitation Research</i> , 2016, 39, 189-196.	1.3	8
40	Lung Function and Respiratory Muscle Adaptations of Endurance- and Strength-Trained Males. <i>Sports</i> , 2020, 8, 160.	1.7	6
41	How do Australian coaches train fast bowlers? A survey on physical conditioning and workload management practices for training fast bowlers. <i>International Journal of Sports Science and Coaching</i> , 2018, 13, 761-770.	1.4	5
42	Body composition and its association with physical performance, quality of life, and clinical indicators in Charcot-Marie-Tooth disease: a pilot study. <i>Disability and Rehabilitation</i> , 2019, 41, 405-412.	1.8	5
43	Effects of age and sex on field-based measures of muscle strength and power of the upper and lower body in adolescents. <i>Journal of Sports Sciences</i> , 2021, 39, 955-960.	2.0	5
44	Combined training improves the diagnostic measures of sarcopenia and decreases the inflammation in HIVâ€™™infected individuals. <i>Journal of Cachexia, Sarcopenia and Muscle</i> , 2022, 13, 1024-1035.	7.3	5
45	Effect of Set-Structure on Upper-Body Muscular Hypertrophy and Performance in Recreationally-Trained Male and Female. <i>Journal of Strength and Conditioning Research</i> , 2021, Publish Ahead of Print, .	2.1	4
46	Acute effects of high-volume compared to low-volume resistance exercise on lung function. <i>Journal of Exercise Rehabilitation</i> , 2020, 16, 450-457.	1.0	4
47	Improvements in soccer-specific fitness and exercise tolerance following 8 weeks of inspiratory muscle training in adolescent males. <i>Journal of Sports Medicine and Physical Fitness</i> , 2020, 59, 1975-1984.	0.7	4
48	Acute Effect of Kettlebell Swings on Sprint Performance. <i>Sports</i> , 2019, 7, 36.	1.7	3
49	High intensity power training in middle-aged women with Charcotâ€™™Marieâ€™™Tooth disease: a case series. <i>International Journal of Therapy and Rehabilitation</i> , 2021, 28, 1-12.	0.3	3
50	Pilot Study of Enhancing Cardiorespiratory Exercise Response in People With Advanced Multiple Sclerosis With Hybrid Functional Electrical Stimulation. <i>Archives of Physical Medicine and Rehabilitation</i> , 2021, 102, 2385-2392.	0.9	3
51	Effect of 10 sets versus 5 sets of resistance training on muscular endurance. <i>Journal of Sports Medicine and Physical Fitness</i> , 2021, , .	0.7	3
52	Effect of Training Phase on Physical and Physiological Parameters of Male Powerlifters. <i>Sports</i> , 2020, 8, 106.	1.7	2
53	Physical Activity For Women With Metastatic Breast Cancer. <i>Medicine and Science in Sports and Exercise</i> , 2015, 47, 464.	0.4	1
54	A Brief Review of Forced Repetitions for the Promotion of Muscular Hypertrophy. <i>Strength and Conditioning Journal</i> , 2015, 37, 14-20.	1.4	1

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55	Lung function and respiratory muscle strength and their relationship with weightlifting strength and body composition in non-athletic males. <i>Respiratory Physiology and Neurobiology</i> , 2021, 286, 103616.	1.6	1
56	Relationship between echocardiogram and physical parameters in experienced resistance trainers: a pilot study. <i>Journal of Sports Medicine and Physical Fitness</i> , 2021, 61, 1290-1300.	0.7	1
57	Effect of high-volume cluster sets versus lower-volume traditional sets on muscular performance. <i>Journal of Sports Medicine and Physical Fitness</i> , 2022, 62, .	0.7	1
58	The Influence of Muscular Strength and Local Muscular Endurance on Accuracy of Estimated Repetitions to Failure in Resistance-Trained Males. <i>Sports</i> , 2022, 10, 27.	1.7	1
59	Body Composition of Competitive Body Builders. <i>Medicine and Science in Sports and Exercise</i> , 2014, 46, 629-630.	0.4	0
60	Associations between Perceptual Fatigue and Accuracy of Estimated Repetitions to Failure during Resistance Exercises. <i>Journal of Functional Morphology and Kinesiology</i> , 2019, 4, 56.	2.4	0
61	Powerlifting exercise performance and muscle mass indices and their relationship with bone mineral density. <i>Sport Sciences for Health</i> , 2021, 17, 735-743.	1.3	0
62	A Case Study of an 87-Year-Old Male Bodybuilder with Complex Health Conditions. <i>Medicina (Lithuania)</i> , 2021, 57, 664.	2.0	0
63	Muscle Dysmorphia Symptoms In Bodybuilders And Non-bodybuilder Resistance Trainers, And Associated Psychological Characteristics. <i>Medicine and Science in Sports and Exercise</i> , 2016, 48, 892.	0.4	0
64	Behavioural Predictors Of Muscle Dysmorphia Symptomatology In Natural Bodybuilders. <i>Medicine and Science in Sports and Exercise</i> , 2017, 49, 679.	0.4	0
65	Acute impairment in respiratory muscle strength following a high-volume versus low-volume resistance exercise session. <i>Journal of Sports Medicine and Physical Fitness</i> , 2022, 62, .	0.7	0