

Zali Yager

List of Publications by Year in descending order

Source: <https://exaly.com/author-pdf/3594437/publications.pdf>

Version: 2024-02-01

41
papers

1,094
citations

566801

15
h-index

414034

32
g-index

44
all docs

44
docs citations

44
times ranked

1051
citing authors

#	ARTICLE	IF	CITATIONS
1	What works in secondary schools? A systematic review of classroom-based body image programs. <i>Body Image</i> , 2013, 10, 271-281.	1.9	176
2	Prevention programs for body image and eating disorders on University campuses: a review of large, controlled interventions. <i>Health Promotion International</i> , 2008, 23, 173-189.	0.9	141
3	Weight attitudes in 3- to 5-year-old children: Age differences and cross-sectional predictors. <i>Body Image</i> , 2012, 9, 524-527.	1.9	107
4	The Role of Teachers and Other Educators in the Prevention of Eating Disorders and Child Obesity: What Are the Issues?. <i>Eating Disorders</i> , 2005, 13, 261-278.	1.9	75
5	How is men's conformity to masculine norms related to their body image? Masculinity and muscularity across Western countries.. <i>Psychology of Men and Masculinity</i> , 2015, 16, 337-347.	1.0	69
6	Relationships between body image, nutritional supplement use, and attitudes towards doping in sport among adolescent boys: implications for prevention programs. <i>Journal of the International Society of Sports Nutrition</i> , 2014, 11, 13.	1.7	50
7	Personalised learning: lessons to be learnt. <i>British Educational Research Journal</i> , 2013, 39, 654-676.	1.4	41
8	Body image, dieting and disordered eating and activity practices among teacher trainees: implications for school-based health education and obesity prevention programs. <i>Health Education Research</i> , 2009, 24, 472-482.	1.0	38
9	Media internalization and conformity to traditional masculine norms in relation to body image concerns among men. <i>Eating Behaviors</i> , 2015, 18, 137-142.	1.1	37
10	A controlled intervention to promote a healthy body image, reduce eating disorder risk and prevent excessive exercise among trainee health education and physical education teachers. <i>Health Education Research</i> , 2010, 25, 841-852.	1.0	32
11	Internalization as a mediator of the relationship between conformity to masculine norms and body image attitudes and behaviors among young men in Sweden, US, UK, and Australia. <i>Body Image</i> , 2015, 15, 54-60.	1.9	25
12	Adolescence and Body Image. , 0, , .		24
13	Body dissatisfaction, excessive exercise, and weight change strategies used by first-year undergraduate students: comparing health and physical education and other education students. <i>Journal of Eating Disorders</i> , 2017, 5, 10.	1.3	23
14	Personalised learning in the open classroom: The mutuality of teacher and student agency. <i>International Journal of Pedagogies and Learning</i> , 2014, 9, 66-75.	0.3	22
15	Achieving body confidence for young children: Development and pilot study of a universal teacher-led body image and weight stigma program for early primary school children. <i>Eating Disorders</i> , 2018, 26, 487-504.	1.9	22
16	Understanding the role of gender in body image research settings: Participant gender preferences for researchers and co-participants in interviews, focus groups and interventions. <i>Body Image</i> , 2013, 10, 574-582.	1.9	19
17	Muscle building supplement use in Australian adolescent boys: relationships with body image, weight lifting, and sports engagement. <i>BMC Pediatrics</i> , 2020, 20, 89.	0.7	18
18	Student perceptions of personalised learning: development and validation of a questionnaire with regional secondary students. <i>Learning Environments Research</i> , 2014, 17, 355-370.	1.8	16

#	ARTICLE	IF	CITATIONS
19	Body Image in Primary Schools: A pilot evaluation of a primary school intervention program designed by teachers to improve children's body satisfaction. <i>Body Image</i> , 2016, 19, 133-141.	1.9	16
20	Mothers' experiences of the relationship between body image and exercise, 0-5 years postpartum: A qualitative study. <i>Body Image</i> , 2020, 35, 41-52.	1.9	15
21	Body image outcomes in a replication of the ATLAS program in Australia.. <i>Psychology of Men and Masculinity</i> , 2019, 20, 418-428.	1.0	14
22	Critical measurement issues in the assessment of social media influence on body image. <i>Body Image</i> , 2022, 40, 225-236.	1.9	14
23	Designing body image and eating disorder prevention programs for boys and men: Theoretical, practical, and logistical considerations from boys, parents, teachers, and experts.. <i>Psychology of Men and Masculinity</i> , 2021, 22, 124-134.	1.0	13
24	Developing wellbeing in first year pre-service teachers: Reflections on a personal approach to professional education.. <i>Journal of Student Wellbeing</i> , 2009, 3, 52-72.	0.4	13
25	The Body Confident Mums challenge: a feasibility trial and qualitative evaluation of a body acceptance program delivered to mothers using Facebook. <i>BMC Public Health</i> , 2021, 21, 1052.	1.2	10
26	Gender, Embodiment, and Eating Disorders. <i>Journal of Adolescent Health</i> , 2019, 64, 425-426.	1.2	9
27	Do we cause harm? Understanding the impact of research with young children about their body image. <i>Body Image</i> , 2020, 34, 59-66.	1.9	9
28	Mumbod? A comparison of body image and dietary restraint among women with younger, older, and no children. <i>Journal of Health Psychology</i> , 2022, 27, 778-789.	1.3	7
29	Pre-service teachers' gendered attitudes towards role modelling in health and physical education. <i>Physical Education and Sport Pedagogy</i> , 2020, 25, 67-78.	1.8	6
30	Body image profiles and exercise behaviours in early motherhood. A latent profile analysis. <i>Journal of Health Psychology</i> , 2022, 27, 2056-2067.	1.3	6
31	Issues of teacher training in the prevention of eating disorders and childhood obesity in schools. , 2010, , 56-68.		5
32	Reflecting on Improving our Practice: Using Collaboration as an Approach to Enhance First Year Transition in Higher Education. <i>Australian Journal of Teacher Education</i> , 2009, 34, .	0.4	5
33	Leading by example: Development of a maternal modelling of positive body image scale and relationships to body image attitudes. <i>Body Image</i> , 2019, 29, 132-139.	1.9	3
34	#Ihaveembraced: a pilot cross-sectional naturalistic evaluation of the documentary film Embrace and its potential associations with body image in adult women. <i>BMC Women's Health</i> , 2020, 20, 18.	0.8	3
35	Study protocol for Goodform - a classroom-based intervention to enhance body image and prevent doping and supplement use in adolescent boys. <i>BMC Public Health</i> , 2020, 20, 59.	1.2	3
36	"There's Just Something Really Peaceful About It": a Qualitative Exploration of Mothers with Young Children and Engagement in Group-Based Physical Activity Programs. <i>International Journal of Behavioral Medicine</i> , 2022, , 1.	0.8	2

#	ARTICLE	IF	CITATIONS
37	Identifying barriers and facilitators to implementing mindfulness-based programmes into schools: A mixed methods study. <i>Applied Psychology: Health and Well-Being</i> , 2022, 14, 1172-1188.	1.6	2
38	Together we grow: evaluation of a design thinking professional development workshop for outdoor educators indicates improvements in growth mindset. <i>Journal of Adventure Education and Outdoor Learning</i> , 0, , 1-13.	1.2	2
39	Practice-based evidence: Perspectives of effective characteristics of Australian group-based physical activity programs for postpartum women. <i>Health Promotion Journal of Australia</i> , 2021, , .	0.6	1
40	New Practices, New Knowledge and Future Implications for Learning in Open-Plan Settings for Low Ses Students. , 2014, , 195-204.		0
41	Researching the Outcomes of the Bendigo Education Plan. , 2014, , 3-17.		0