

# Sofia Tamini

## List of Publications by Citations

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24  
papers

141  
citations

7  
h-index

11  
g-index

26  
ext. papers

233  
ext. citations

4  
avg, IF

2.79  
L-index

#	Paper	IF	Citations
24	Effects of an acute bout of exercise on circulating extracellular vesicles: tissue-, sex-, and BMI-related differences. <i>International Journal of Obesity</i> , <b>2020</b> , 44, 1108-1118	5.5	27
23	Acute administration of capsaicin increases resting energy expenditure in young obese subjects without affecting energy intake, appetite, and circulating levels of orexigenic/anorexigenic peptides. <i>Nutrition Research</i> , <b>2018</b> , 52, 71-79	4	18
22	Whey Proteins Reduce Appetite, Stimulate Anorexigenic Gastrointestinal Peptides and Improve Glucometabolic Homeostasis in Young Obese Women. <i>Nutrients</i> , <b>2019</b> , 11,	6.7	13
21	Impact of a Three-Week in-Hospital Multidisciplinary Body Weight Reduction Program on Body Composition, Muscle Performance and Fatigue in a Pediatric Obese Population with or without Metabolic Syndrome. <i>Nutrients</i> , <b>2020</b> , 12,	6.7	10
20	Can whole body vibration exercises affect growth hormone concentration? A systematic review. <i>Growth Factors</i> , <b>2017</b> , 35, 189-200	1.6	10
19	COVID-19 Lockdown and the Behavior Change on Physical Exercise, Pain and Psychological Well-Being: An International Multicentric Study. <i>International Journal of Environmental Research and Public Health</i> , <b>2021</b> , 18,	4.6	10
18	The Appetite-Suppressant and GLP-1-Stimulating Effects of Whey Proteins in Obese Subjects are Associated with Increased Circulating Levels of Specific Amino Acids. <i>Nutrients</i> , <b>2020</b> , 12,	6.7	8
17	Multidisciplinary Integrated Metabolic Rehabilitation in Elderly Obese Patients: Effects on Cardiovascular Risk Factors, Fatigue and Muscle Performance. <i>Nutrients</i> , <b>2019</b> , 11,	6.7	6
16	GH responses to whole body vibration alone or in combination with maximal voluntary contractions in obese male adolescents. <i>Growth Hormone and IGF Research</i> , <b>2018</b> , 42-43, 22-27	2	6
15	Obese adolescents exhibit a constant ratio of GH isoforms after whole body vibration and maximal voluntary contractions. <i>BMC Endocrine Disorders</i> , <b>2018</b> , 18, 96	3.3	6
14	Assessment of fat-free mass from bioelectrical impedance analysis in men and women with Prader-Willi syndrome: cross-sectional study. <i>International Journal of Food Sciences and Nutrition</i> , <b>2019</b> , 70, 645-649	3.7	5
13	Acute Effects of Whole-Body Vibration Alone or in Combination With Maximal Voluntary Contractions on Cardiorespiratory, Musculoskeletal, and Neuromotor Fitness in Obese Male Adolescents. <i>Dose-Response</i> , <b>2019</b> , 17, 1559325819890492	2.3	5
12	Differences in circulating microRNA signature in Prader-Willi syndrome and non-syndromic obesity. <i>Endocrine Connections</i> , <b>2018</b> , 7, 1262-1274	3.5	3
11	Changes of Body Weight and Body Composition in Obese Patients with Prader-Willi Syndrome at 3 and 6 Years of Follow-Up: A Retrospective Cohort Study. <i>Journal of Clinical Medicine</i> , <b>2020</b> , 9,	5.1	3
10	GHRH plus arginine and arginine administration evokes the same ratio of GH isoforms levels in young patients with Prader-Willi syndrome. <i>Growth Hormone and IGF Research</i> , <b>2018</b> , 39, 13-18	2	2
9	Acute Effects of Whole-Body Vibration Exercises at 2 Different Frequencies Versus an Aerobic Exercise on Some Cardiovascular, Neuromotor and Musculoskeletal Parameters in Adult Patients With Obesity. <i>Dose-Response</i> , <b>2020</b> , 18, 1559325820965005	2.3	2
8	Development and Internal Validation of Fatty Liver Prediction Models in Obese Children and Adolescents. <i>Journal of Clinical Medicine</i> , <b>2021</b> , 10,	5.1	2

7	The Age-Dependent Increase of Metabolic Syndrome Requires More Extensive and Aggressive Non-Pharmacological and Pharmacological Interventions: A Cross-Sectional Study in an Italian Cohort of Obese Women. <i>International Journal of Endocrinology</i> , <b>2021</b> , 2021, 5576286	2.7	2
6	Circulating microRNA Associated to Different Stages of Liver Steatosis in Prader-Willi Syndrome and Non-Syndromic Obesity. <i>Journal of Clinical Medicine</i> , <b>2020</b> , 9,	5.1	1
5	Association of serum lipids with Ecell function in obese children and adolescents. <i>Endocrine Connections</i> , <b>2019</b> , 8, 1318-1323	3.5	1
4	The ACTyourCHANGE in Teens Study Protocol: An Acceptance and Commitment Therapy-Based Intervention for Adolescents with Obesity: A Randomized Controlled Trial. <i>International Journal of Environmental Research and Public Health</i> , <b>2021</b> , 18,	4.6	1
3	Pediatric quality of life multidimensional fatigue scale (PedsQL-MFS) detects the effects of a 3-week Inpatient body weight reduction program for children and adolescents with obesity.. <i>Health and Quality of Life Outcomes</i> , <b>2022</b> , 20, 3	3	0
2	Effects of a 3-Week In-Hospital Multidisciplinary Body Weight Reduction Program in Obese Females: Is Measured Resting Energy Expenditure Essential for Tailoring Adequately the Amount of Energy Intake?. <i>Frontiers in Nutrition</i> , <b>2021</b> , 8, 678788	6.2	0
1	Use of a Pediatric Obesity Fall-risk Scale (POFS) in 301 hospitalized obese children and adolescents. <i>Journal for Specialists in Pediatric Nursing</i> , <b>2021</b> , 26, e12335	1.3	