# Speakman John

#### List of Publications by Citations

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 600
 27,553
 83
 134

 papers
 citations
 h-index
 g-index

 637
 31,419
 5.6
 7.58

 ext. papers
 ext. citations
 avg, IF
 L-index

#	Paper	IF	Citations
600	Body size, energy metabolism and lifespan. <i>Journal of Experimental Biology</i> , <b>2005</b> , 208, 1717-30	3	581
599	A guide to analysis of mouse energy metabolism. <i>Nature Methods</i> , <b>2011</b> , 9, 57-63	21.6	516
598	Caloric restriction. <i>Molecular Aspects of Medicine</i> , <b>2011</b> , 32, 159-221	16.7	513
597	The physiological costs of reproduction in small mammals. <i>Philosophical Transactions of the Royal Society B: Biological Sciences</i> , <b>2008</b> , 363, 375-98	5.8	489
596	Uncoupled and surviving: individual mice with high metabolism have greater mitochondrial uncoupling and live longer. <i>Aging Cell</i> , <b>2004</b> , 3, 87-95	9.9	443
595	Evidence for lifespan extension and delayed age-related biomarkers in insulin receptor substrate 1 null mice. <i>FASEB Journal</i> , <b>2008</b> , 22, 807-18	0.9	408
594	AMPK is essential for energy homeostasis regulation and glucose sensing by POMC and AgRP neurons. <i>Journal of Clinical Investigation</i> , <b>2007</b> , 117, 2325-36	15.9	377
593	Energy balance and its components: implications for body weight regulation. <i>American Journal of Clinical Nutrition</i> , <b>2012</b> , 95, 989-94	7	374
592	Energy balance measurement: when something is not better than nothing. <i>International Journal of Obesity</i> , <b>2015</b> , 39, 1109-13	5.5	338
591	Measuring metabolic rate in the field: the pros and cons of the doubly labelled water and heart rate methods. <i>Functional Ecology</i> , <b>2004</b> , 18, 168-183	5.6	306
590	Factors influencing variation in basal metabolic rate include fat-free mass, fat mass, age, and circulating thyroxine but not sex, circulating leptin, or triiodothyronine. <i>American Journal of Clinical Nutrition</i> , <b>2005</b> , 82, 941-8	7	302
589	Energetic and fitness costs of mismatching resource supply and demand in seasonally breeding birds. <i>Science</i> , <b>2001</b> , 291, 2598-600	33.3	291
588	Climate-mediated energetic constraints on the distribution of hibernating mammals. <i>Nature</i> , <b>2002</b> , 418, 313-6	50.4	266
587	Oxidative damage, ageing, and life-history evolution: where now?. <i>Trends in Ecology and Evolution</i> , <b>2012</b> , 27, 570-7	10.9	249
586	Maximal heat dissipation capacity and hyperthermia risk: neglected key factors in the ecology of endotherms. <i>Journal of Animal Ecology</i> , <b>2010</b> , 79, 726-46	4.7	249
585	Polymorphisms of the FTO gene are associated with variation in energy intake, but not energy expenditure. <i>Obesity</i> , <b>2008</b> , 16, 1961-5	8	246
5 <sup>8</sup> 4	High hunting costs make African wild dogs vulnerable to kleptoparasitism by hyaenas. <i>Nature</i> , <b>1998</b> , 391, 479-481	50.4	242

583	Physical activity and resting metabolic rate. <i>Proceedings of the Nutrition Society</i> , <b>2003</b> , 62, 621-34	2.9	238
582	Thrifty genes for obesity, an attractive but flawed idea, and an alternative perspective: the 'drifty gene' hypothesis. <i>International Journal of Obesity</i> , <b>2008</b> , 32, 1611-7	5.5	230
581	Low energy values of fish as a probable cause of a major seabird breeding failure in the North Sea. <i>Marine Ecology - Progress Series</i> , <b>2005</b> , 294, 1-8	2.6	220
580	Set points, settling points and some alternative models: theoretical options to understand how genes and environments combine to regulate body adiposity. <i>DMM Disease Models and Mechanisms</i> , <b>2011</b> , 4, 733-45	4.1	206
579	Physical activity energy expenditure has not declined since the 1980s and matches energy expenditures of wild mammals. <i>International Journal of Obesity</i> , <b>2008</b> , 32, 1256-63	5.5	189
578	Some mathematical and technical issues in the measurement and interpretation of open-circuit indirect calorimetry in small animals. <i>International Journal of Obesity</i> , <b>2006</b> , 30, 1322-31	5.5	187
577	The free-radical damage theory: Accumulating evidence against a simple link of oxidative stress to ageing and lifespan. <i>BioEssays</i> , <b>2011</b> , 33, 255-9	4.1	186
576	Limits to Sustained Metabolic Rate: The Link between Food Intake, Basal Metabolic Rate, and Morphology in Reproducing Mice, Mus musculus. <i>Physiological Zoology</i> , <b>1996</b> , 69, 746-769		185
575	The role of insulin receptor substrate 2 in hypothalamic and beta cell function. <i>Journal of Clinical Investigation</i> , <b>2005</b> , 115, 940-50	15.9	184
574	The history and theory of the doubly labeled water technique. <i>American Journal of Clinical Nutrition</i> , <b>1998</b> , 68, 932S-938S	7	183
573	Birds sacrifice oxidative protection for reproduction. <i>Proceedings of the Royal Society B: Biological Sciences</i> , <b>2004</b> , 271 Suppl 5, S360-3	4.4	176
572	The functional significance of individual variation in basal metabolic rate. <i>Physiological and Biochemical Zoology</i> , <b>2004</b> , 77, 900-15	2	175
571	No cost of echolocation for bats in flight. <i>Nature</i> , <b>1991</b> , 350, 421-3	50.4	173
570	A nonadaptive scenario explaining the genetic predisposition to obesity: the "predation release" hypothesis. <i>Cell Metabolism</i> , <b>2007</b> , 6, 5-12	24.6	172
569	Oxidative stress as a cost of reproduction: beyond the simplistic trade-off model. <i>BioEssays</i> , <b>2014</b> , 36, 93-106	4.1	149
568	Obesity: the integrated roles of environment and genetics. <i>Journal of Nutrition</i> , <b>2004</b> , 134, 2090S-2105.	S <sub>4.1</sub>	149
567	Brown adipose tissue transplantation improves whole-body energy metabolism. <i>Cell Research</i> , <b>2013</b> , 23, 851-4	24.7	146
566	Living fast, dying when? The link between aging and energetics. <i>Journal of Nutrition</i> , <b>2002</b> , 132, 1583S-9	97 <b>\$</b> 1	145

565	Brown Adipose Tissue Transplantation Reverses Obesity in Ob/Ob Mice. <i>Endocrinology</i> , <b>2015</b> , 156, 246	1 <b>-9</b> .8	141
564	Oxidative stress and life histories: unresolved issues and current needs. <i>Ecology and Evolution</i> , <b>2015</b> , 5, 5745-57	2.8	141
563	Limits to sustained energy intake. Journal of Experimental Biology, 2001, 204, 1925-1935	3	141
562	Measuring energy metabolism in the mouse - theoretical, practical, and analytical considerations. <i>Frontiers in Physiology</i> , <b>2013</b> , 4, 34	4.6	137
561	ANIMAL PHYSIOLOGY. Exceptionally low daily energy expenditure in the bamboo-eating giant panda. <i>Science</i> , <b>2015</b> , 349, 171-4	33.3	129
560	Not so hot: Optimal housing temperatures for mice to mimic the thermal environment of humans. <i>Molecular Metabolism</i> , <b>2012</b> , 2, 5-9	8.8	124
559	Associations between energy demands, physical activity, and body composition in adult humans between 18 and 96 y of age. <i>American Journal of Clinical Nutrition</i> , <b>2010</b> , 92, 826-34	7	122
558	White-nose syndrome initiates a cascade of physiologic disturbances in the hibernating bat host. <i>BMC Physiology</i> , <b>2014</b> , 14, 10	Ο	121
557	High flight costs, but low dive costs, in auks support the biomechanical hypothesis for flightlessness in penguins. <i>Proceedings of the National Academy of Sciences of the United States of America</i> , <b>2013</b> , 110, 9380-4	11.5	119
556	Increased television viewing is associated with elevated body fatness but not with lower total energy expenditure in children. <i>American Journal of Clinical Nutrition</i> , <b>2009</b> , 89, 1031-6	7	116
555	Dietary Fat, but Not Protein or Carbohydrate, Regulates Energy Intake and Causes Adiposity in Mice. <i>Cell Metabolism</i> , <b>2018</b> , 28, 415-431.e4	24.6	115
554	Limits to sustained energy intake. X. Effects of fur removal on reproductive performance in laboratory mice. <i>Journal of Experimental Biology</i> , <b>2007</b> , 210, 4233-43	3	111
553	Limits to sustained energy intake. VI. Energetics of lactation in laboratory mice at thermoneutrality. <i>Journal of Experimental Biology</i> , <b>2003</b> , 206, 4255-66	3	110
552	Age-related changes in the metabolism and body composition of three dog breeds and their relationship to life expectancy. <i>Aging Cell</i> , <b>2003</b> , 2, 265-75	9.9	110
551	Exercise by lifelong voluntary wheel running reduces subsarcolemmal and interfibrillar mitochondrial hydrogen peroxide production in the heart. <i>American Journal of Physiology - Regulatory Integrative and Comparative Physiology</i> , <b>2005</b> , 289, R1564-72	3.2	108
550	Daily energy expenditure of the grey mouse lemur (Microcebus murinus): a small primate that uses torpor. <i>Journal of Comparative Physiology B: Biochemical, Systemic, and Environmental Physiology</i> , <b>2000</b> , 170, 633-41	2.2	108
549	Limits to sustained energy intake. I. Lactation in the laboratory mouse Mus musculus. <i>Journal of Experimental Biology</i> , <b>2001</b> , 204, 1925-35	3	108
548	Sex differences in the effect of fish-oil supplementation on the adaptive response to resistance exercise training in older people: a randomized controlled trial. <i>American Journal of Clinical Nutrition</i> , <b>2017</b> , 105, 151-158	7	103

547	The energy cost of song in the canary, Serinus canaria. <i>Animal Behaviour</i> , <b>2003</b> , 66, 893-902	2.8	102
546	Correlations between physiology and lifespantwo widely ignored problems with comparative studies. <i>Aging Cell</i> , <b>2005</b> , 4, 167-75	9.9	102
545	Limits to sustained energy intake IX: a review of hypotheses. <i>Journal of Comparative Physiology B: Biochemical, Systemic, and Environmental Physiology</i> , <b>2005</b> , 175, 375-94	2.2	102
544	Reconstitution of using CRISPR/Cas9 in the white adipose tissue of pigs decreases fat deposition and improves thermogenic capacity. <i>Proceedings of the National Academy of Sciences of the United States of America</i> , <b>2017</b> , 114, E9474-E9482	11.5	101
543	Microbiota Depletion Impairs Thermogenesis of Brown Adipose Tissue and Browning of White Adipose Tissue. <i>Cell Reports</i> , <b>2019</b> , 26, 2720-2737.e5	10.6	100
542	Associations between energetics and over-winter survival in the short-tailed field vole Microtus agrestis. <i>Journal of Animal Ecology</i> , <b>2001</b> , 70, 633-640	4.7	100
541	Evolutionary perspectives on the obesity epidemic: adaptive, maladaptive, and neutral viewpoints. <i>Annual Review of Nutrition</i> , <b>2013</b> , 33, 289-317	9.9	99
540	On the origin of obesity: identifying the biological, environmental and cultural drivers of genetic risk among human populations. <i>Obesity Reviews</i> , <b>2018</b> , 19, 121-149	10.6	98
539	The 'Fat Mass and Obesity Related' (FTO) gene: Mechanisms of Impact on Obesity and Energy Balance. <i>Current Obesity Reports</i> , <b>2015</b> , 4, 73-91	8.4	97
538	The contribution of animal models to the study of obesity. <i>Laboratory Animals</i> , <b>2008</b> , 42, 413-32	2.6	96
537	Energy budgets of lactating and non-reproductive Brown Long-Eared Bats (Plecotus auritus) suggest females use compensation in lactation. <i>Functional Ecology</i> , <b>1999</b> , 13, 360-372	5.6	95
536	The impact of predation by birds on bat populations in the British Isles. <i>Mammal Review</i> , <b>1991</b> , 21, 123-	1 <del>4</del> 2	95
535	Feathers as a means of monitoring mercury in seabirds: Insights from stable isotope analysis. <i>Environmental Pollution</i> , <b>1998</b> , 101, 193-200	9.3	93
534	Effect of long-term cold exposure on antioxidant enzyme activities in a small mammal. <i>Free Radical Biology and Medicine</i> , <b>2000</b> , 28, 1279-85	7.8	93
533	The equilibrium concentration of oxygen-18 in body water: Implications for the accuracy of the doubly-labelled water technique and a potential new method of measuring RQ in free-living animals. <i>Journal of Theoretical Biology</i> , <b>1987</b> , 127, 79-95	2.3	93
532	Limits to sustained energy intake. VII. Milk energy output in laboratory mice at thermoneutrality. Journal of Experimental Biology, <b>2003</b> , 206, 4267-81	3	92
531	Preparing for inactivity: how insectivorous bats deposit a fat store for hibernation. <i>Proceedings of the Nutrition Society</i> , <b>1999</b> , 58, 123-31	2.9	92
530	Effects of Disturbance on the Energy Expenditure of Hibernating Bats. <i>Journal of Applied Ecology</i> , <b>1991</b> , 28, 1087	5.8	91

529	Huddling in groups leads to daily energy savings in free-living African Four-Striped Grass Mice, Rhabdomys pumilio. <i>Functional Ecology</i> , <b>2006</b> , 20, 166-173	5.6	90
528	How hot is a hibernaculum? A review of the temperatures at which bats hibernate. <i>Canadian Journal of Zoology</i> , <b>1996</b> , 74, 761-765	1.5	90
527	Starving for life: what animal studies can and cannot tell us about the use of caloric restriction to prolong human lifespan. <i>Journal of Nutrition</i> , <b>2007</b> , 137, 1078-86	4.1	89
526	Validation of dual energy X-ray absorptiometry (DXA) by comparison with chemical analysis of dogs and cats. <i>International Journal of Obesity</i> , <b>2001</b> , 25, 439-47	5.5	89
525	Interlaboratory comparison of different analytical techniques for the determination of oxygen-18 abundance. <i>Analytical Chemistry</i> , <b>1990</b> , 62, 703-708	7.8	88
524	Thrifty genes for obesity and the metabolic syndrometime to call off the search?. <i>Diabetes and Vascular Disease Research</i> , <b>2006</b> , 3, 7-11	3.3	87
523	Resting and daily energy expenditures of free-living field voles are positively correlated but reflect extrinsic rather than intrinsic effects. <i>Proceedings of the National Academy of Sciences of the United States of America</i> , <b>2003</b> , 100, 14057-62	11.5	87
522	Accelerometers can measure total and activity-specific energy expenditures in free-ranging marine mammals only if linked to time-activity budgets. <i>Functional Ecology</i> , <b>2017</b> , 31, 377-386	5.6	85
521	Sampling Bias in Respirometry. <i>Physiological Zoology</i> , <b>1992</b> , 65, 604-619		85
520	Associations between over-winter survival and resting metabolic rate in juvenile North American red squirrels. <i>Functional Ecology</i> , <b>2010</b> , 24, 597-607	5.6	84
519	Limits to sustained energy intake. VIII. Resting metabolic rate and organ morphology of laboratory mice lactating at thermoneutrality. <i>Journal of Experimental Biology</i> , <b>2003</b> , 206, 4283-91	3	84
518	Hibernal Ecology of the Pipistrelle Bat: Energy Expenditure, Water Requirements and Mass Loss, Implications for Survival and the Function of Winter Emergence Flights. <i>Journal of Animal Ecology</i> , <b>1989</b> , 58, 797	4.7	84
517	Expenditure freeze: the metabolic response of small mammals to cold environments. <i>Ecology Letters</i> , <b>2005</b> , 8, 1326-1333	10	83
516	Energy expenditure of calorically restricted rats is higher than predicted from their altered body composition. <i>Mechanisms of Ageing and Development</i> , <b>2005</b> , 126, 783-93	5.6	83
515	Comparison of different approaches for the calculation of energy expenditure using doubly labeled water in a small mammal. <i>Physiological and Biochemical Zoology</i> , <b>2005</b> , 78, 650-67	2	82
514	The Contributions of Local Heating and Reducing Exposed Surface Area to the Energetic Benefits of Huddling by Short-Tailed Field Voles (Microtus agrestis). <i>Physiological Zoology</i> , <b>1992</b> , 65, 742-762		82
513	The energetic and oxidative costs of reproduction in a free-ranging rodent. <i>Functional Ecology</i> , <b>2011</b> , 25, 1063-1071	5.6	81
512	Hypothalamic neuropeptide mechanisms for regulating energy balance: from rodent models to human obesity. <i>Neuroscience and Biobehavioral Reviews</i> , <b>2001</b> , 25, 101-16	9	81

# (2001-2001)

511	Resting metabolic rate and morphology in mice (Mus musculus) selected for high and low food intake. <i>Journal of Experimental Biology</i> , <b>2001</b> , 204, 777-84	3	80
510	Roost Selection by the Brown Long-Eared Bat Plecotus auritus. <i>Journal of Applied Ecology</i> , <b>1997</b> , 34, 39	<b>9</b> 5.8	79
509	Use of lamplit roads by foraging bats in southern England. <i>Journal of Zoology</i> , <b>1994</b> , 234, 453-462	2	79
508	Limits to sustained energy intake. Journal of Experimental Biology, 2001, 204, 1967-1977	3	79
507	Reduction in BACE1 decreases body weight, protects against diet-induced obesity and enhances insulin sensitivity in mice. <i>Biochemical Journal</i> , <b>2012</b> , 441, 285-96	3.8	77
506	Nectar-feeding bats fuel their high metabolism directly with exogenous carbohydrates. <i>Functional Ecology</i> , <b>2007</b> , 21, 913-921	5.6	77
505	Contribution of different mechanisms to compensation for energy restriction in the mouse. <i>Obesity</i> , <b>2005</b> , 13, 1548-57		75
504	Accelerometry predicts daily energy expenditure in a bird with high activity levels. <i>Biology Letters</i> , <b>2013</b> , 9, 20120919	3.6	74
503	Life-long vitamin C supplementation in combination with cold exposure does not affect oxidative damage or lifespan in mice, but decreases expression of antioxidant protection genes. <i>Mechanisms of Ageing and Development</i> , <b>2006</b> , 127, 897-904	5.6	74
502	Limits to sustained energy intake. <i>Journal of Experimental Biology</i> , <b>2001</b> , 204, 1937-1946	3	74
501	The energetic consequences of parasitism: effects of a developing infection of Trichostrongylus tenuis (Nematoda) on red grouse (Lagopus lagopus scoticus) energy balance, body weight and condition. <i>Parasitology</i> , <b>1995</b> , 110, 473-482	2.7	73
500	Calories or protein? The effect of dietary restriction on lifespan in rodents is explained by calories alone. <i>Experimental Gerontology</i> , <b>2016</b> , 86, 28-38	4.5	71
499	Nutrient routing in omnivorous animals tracked by stable carbon isotopes in tissue and exhaled breath. <i>Oecologia</i> , <b>2008</b> , 157, 31-40	2.9	71
498	The evolution of flight and echolocation in bats: another leap in the dark. <i>Mammal Review</i> , <b>2001</b> , 31, 111-130	5	71
497	Limits to sustained energy intake. XIII. Recent progress and future perspectives. <i>Journal of Experimental Biology</i> , <b>2011</b> , 214, 230-41	3	70
496	The relationship between foraging behaviour and energy expenditure in Antarctic fur seals. <i>Journal of Zoology</i> , <b>1996</b> , 239, 769-782	2	70
495	Why do Insectivorous Bats in Britain Not Fly in Daylight More Frequently?. Functional Ecology, <b>1991</b> , 5, 518	5.6	70
494	Metabolic power, mechanical power and efficiency during wind tunnel flight by the European starlingSturnus vulgaris. <i>Journal of Experimental Biology</i> , <b>2001</b> , 204, 3311-3322	3	70

493	Measuring the Body Composition of Antarctic Fur Seals (Arctocephalus gazella): Validation of Hydrogen Isotope Dilution. <i>Physiological Zoology</i> , <b>1996</b> , 69, 93-116		66
492	The effects of graded levels of calorie restriction: I. impact of short term calorie and protein restriction on body composition in the C57BL/6 mouse. <i>Oncotarget</i> , <b>2015</b> , 6, 15902-30	3.3	65
491	Assortative mating for obesity. American Journal of Clinical Nutrition, 2007, 86, 316-23	7	65
490	The energetics of lactation in cooperatively breeding meerkats Suricata suricatta. <i>Proceedings of the Royal Society B: Biological Sciences</i> , <b>2002</b> , 269, 2147-53	4.4	65
489	Oxidative damage increases with reproductive energy expenditure and is reduced by food-supplementation. <i>Evolution; International Journal of Organic Evolution</i> , <b>2013</b> , 67, 1527-36	3.8	64
488	The impact of experimentally elevated energy expenditure on oxidative stress and lifespan in the short-tailed field vole Microtus agrestis. <i>Proceedings of the Royal Society B: Biological Sciences</i> , <b>2008</b> , 275, 1907-16	4.4	64
487	Feeding behaviour in galanin knockout mice supports a role of galanin in fat intake and preference. Journal of Neuroendocrinology, <b>2008</b> , 20, 199-206	3.8	64
486	Energetic costs of male reproduction in a scramble competition mating system. <i>Journal of Animal Ecology</i> , <b>2010</b> , 79, 27-34	4.7	63
485	The consequences of acute cold exposure on protein oxidation and proteasome activity in short-tailed field voles, microtus agrestis. <i>Free Radical Biology and Medicine</i> , <b>2002</b> , 33, 259-65	7.8	63
484	Does body mass play a role in the regulation of food intake?. <i>Proceedings of the Nutrition Society</i> , <b>2002</b> , 61, 473-87	2.9	62
483	Inter- and Intraindividual Variation in Daily Energy Expenditure of the Pouched Mouse (Saccostomus campestris). <i>Functional Ecology</i> , <b>1994</b> , 8, 336	5.6	62
482	Limits to sustained energy intake. <i>Journal of Experimental Biology</i> , <b>2001</b> , 204, 1947-1956	3	62
481	Limits to sustained energy intake. V. Effect of cold-exposure during lactation in Mus musculus. Journal of Experimental Biology, <b>2001</b> , 204, 1967-77	3	62
480	Measures of Healthspan as Indices of Aging in Mice-A Recommendation. <i>Journals of Gerontology - Series A Biological Sciences and Medical Sciences</i> , <b>2016</b> , 71, 427-30	6.4	61
479	Effect of vitamin E supplementation on serum C-reactive protein level: a meta-analysis of randomized controlled trials. <i>European Journal of Clinical Nutrition</i> , <b>2015</b> , 69, 867-73	5.2	61
478	Evolution of nocturnality in bats: Potential competitors and predators during their early history. <i>Biological Journal of the Linnean Society</i> , <b>1995</b> , 54, 183-191	1.9	61
477	Mammalian energetics. Flexible energetics of cheetah hunting strategies provide resistance against kleptoparasitism. <i>Science</i> , <b>2014</b> , 346, 79-81	33.3	60
476	The influence of body condition on sexual development of male Brown long-eared bats (Plecotus auritus) in the wild. <i>Journal of Zoology</i> , <b>2009</b> , 210, 515-525	2	60

#### (2008-2008)

475	Effects of structural and functional habitat gaps on breeding woodland birds: working harder for less. <i>Landscape Ecology</i> , <b>2008</b> , 23, 615-626	4.3	60
474	Prevention of diet-induced obesity and impaired glucose tolerance in rats following administration of leptin to their mothers. <i>American Journal of Physiology - Regulatory Integrative and Comparative Physiology</i> , <b>2007</b> , 292, R1810-8	3.2	60
473	Social and population structure of a gleaning bat, Plecotus auritus. <i>Journal of Zoology</i> , <b>2000</b> , 252, 11-17	2	60
472	Central Limits to Sustainable Metabolic Rate Have No Role in Cold Acclimation of the Short-Tailed Field Vole (Microtus agrestis). <i>Physiological Zoology</i> , <b>1994</b> , 67, 1117-1139		60
471	Energetic costs of parasitism in the Cape ground squirrel Xerus inauris. <i>Proceedings of the Royal Society B: Biological Sciences</i> , <b>2007</b> , 274, 2169-77	4.4	59
470	Limits to sustained energy intake. II. Inter-relationships between resting metabolic rate, life-history traits and morphology in Mus musculus. <i>Journal of Experimental Biology</i> , <b>2001</b> , 204, 1937-46	3	59
469	Age-related variation in energy expenditure in a long-lived bird within the envelope of an energy ceiling. <i>Journal of Animal Ecology</i> , <b>2014</b> , 83, 136-46	4.7	58
468	Role of Ucp1 enhancer methylation and chromatin remodelling in the control of Ucp1 expression in murine adipose tissue. <i>Diabetologia</i> , <b>2010</b> , 53, 1164-73	10.3	58
467	Energetics reveals physiologically distinct castes in a eusocial mammal. <i>Nature</i> , <b>2006</b> , 440, 795-7	50.4	58
466	Effects of reproduction on immuno-suppression and oxidative damage, and hence support or otherwise for their roles as mechanisms underpinning life history trade-offs, are tissue and assay dependent. <i>Journal of Experimental Biology</i> , <b>2013</b> , 216, 4242-50	3	57
465	The heat dissipation limit theory and evolution of life histories in endothermstime to dispose of the disposable soma theory?. <i>Integrative and Comparative Biology</i> , <b>2010</b> , 50, 793-807	2.8	57
464	Association between mammalian lifespan and circadian free-running period: the circadian resonance hypothesis revisited. <i>Biology Letters</i> , <b>2010</b> , 6, 696-8	3.6	57
463	Evaporative water loss in two sympatric species of vespertilionid bat, Plecotus auritus and Myotis daubentoni: relation to foraging mode and implications for roost site selection. <i>Journal of Zoology</i> , <b>2009</b> , 235, 269-278	2	57
462	The reproductive cycle and determination of sexual maturity in male brown long-eared bats, Plecotus auritus (Chiroptera: Vespertilionidae). <i>Journal of Zoology</i> , <b>1998</b> , 244, 63-70	2	56
461	The effects of graded levels of calorie restriction: II. Impact of short term calorie and protein restriction on circulating hormone levels, glucose homeostasis and oxidative stress in male C57BL/6 mice. <i>Oncotarget</i> , <b>2015</b> , 6, 23213-37	3.3	56
460	Ambient temperature shapes reproductive output during pregnancy and lactation in the common vole (Microtus arvalis): a test of the heat dissipation limit theory. <i>Journal of Experimental Biology</i> , <b>2011</b> , 214, 38-49	3	55
459	Ranging behaviour and time budgets of male wood mice Apodemus sylvaticus in different habitats and seasons. <i>Oecologia</i> , <b>1997</b> , 109, 242-250	2.9	55
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323	Measurement of CO2 production by the doubly labeled water technique. <i>Journal of Applied Physiology</i> , <b>1986</b> , 61, 1200-2	3.7	27	
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178	Very-low-protein diets lead to reduced food intake and weight loss, linked to inhibition of hypothalamic mTOR signaling, in mice. <i>Cell Metabolism</i> , <b>2021</b> , 33, 888-904.e6	24.6	13
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	lactating female mice. <i>Scientific Reports</i> , <b>2016</b> , 6, 25665  Variations in respiratory muscle activity during echolocation when stationary in three species of bat		
176	lactating female mice. <i>Scientific Reports</i> , <b>2016</b> , 6, 25665  Variations in respiratory muscle activity during echolocation when stationary in three species of bat (Microchiroptera: Vespertilionidae). <i>Journal of Experimental Biology</i> , <b>2001</b> , 204, 4185-97  Application of the two-sample doubly labelled water method alters behaviour and affects estimates of energy expenditure in black-legged kittiwakes. <i>Journal of Experimental Biology</i> , <b>2010</b> ,	3	13
176 175	lactating female mice. <i>Scientific Reports</i> , <b>2016</b> , 6, 25665  Variations in respiratory muscle activity during echolocation when stationary in three species of bat (Microchiroptera: Vespertilionidae). <i>Journal of Experimental Biology</i> , <b>2001</b> , 204, 4185-97  Application of the two-sample doubly labelled water method alters behaviour and affects estimates of energy expenditure in black-legged kittiwakes. <i>Journal of Experimental Biology</i> , <b>2010</b> , 213, 2958-66  The role of technology in the past and future development of the doubly labelled water method.	3	13
176 175 174	Variations in respiratory muscle activity during echolocation when stationary in three species of bat (Microchiroptera: Vespertilionidae). <i>Journal of Experimental Biology</i> , <b>2001</b> , 204, 4185-97  Application of the two-sample doubly labelled water method alters behaviour and affects estimates of energy expenditure in black-legged kittiwakes. <i>Journal of Experimental Biology</i> , <b>2010</b> , 213, 2958-66  The role of technology in the past and future development of the doubly labelled water method. <i>Isotopes in Environmental and Health Studies</i> , <b>2005</b> , 41, 335-43  Energetics and litter size variation in domestic dog Canis familiaris breeds of two sizes. <i>Comparative</i>	3 1.5	13 12 12
176 175 174 173	Variations in respiratory muscle activity during echolocation when stationary in three species of bat (Microchiroptera: Vespertilionidae). <i>Journal of Experimental Biology</i> , <b>2001</b> , 204, 4185-97  Application of the two-sample doubly labelled water method alters behaviour and affects estimates of energy expenditure in black-legged kittiwakes. <i>Journal of Experimental Biology</i> , <b>2010</b> , 213, 2958-66  The role of technology in the past and future development of the doubly labelled water method. <i>Isotopes in Environmental and Health Studies</i> , <b>2005</b> , 41, 335-43  Energetics and litter size variation in domestic dog Canis familiaris breeds of two sizes. <i>Comparative Biochemistry and Physiology Part A, Molecular &amp; Comparative Physiology</i> , <b>2001</b> , 129, 919-31  Competition between Eurasian red and introduced Eastern grey squirrels: the energetic significance of body-mass differences. <i>Proceedings of the Royal Society B: Biological Sciences</i> , <b>2001</b> ,	3 1.5 2.6	13 12 12

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73	Effects of dietary macronutrients and body composition on glucose homeostasis in mice. <i>National Science Review</i> , <b>2021</b> , 8, nwaa177	10.8	5
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47	High dietary protein and fat contents exacerbate hepatic senescence and SASP in mice <i>FEBS Journal</i> , <b>2021</b> ,	5.7	3
46	Energy Expenditure of Female International Standard Soccer Players <i>Medicine and Science in Sports and Exercise</i> , <b>2021</b> ,	1.2	3
45	Energetics and thermal adaptation in semifossorial pine-voles Microtus lusitanicus and Microtus duodecimcostatus. <i>Journal of Comparative Physiology B: Biochemical, Systemic, and Environmental Physiology</i> , <b>2019</b> , 189, 309-318	2.2	2
44	Acceleration predicts energy expenditure in a fat, flightless, diving bird. Scientific Reports, 2020, 10, 21	<b>49</b> 39	2

# (2021-2020)

43	Limits to sustained energy intake. XXXI. Effect of graded levels of dietary fat on lactation performance in Swiss mice. <i>Journal of Experimental Biology</i> , <b>2020</b> , 223,	3	2
42	Limits to sustained energy intake. XXX. Constraint or restraint? Manipulations of food supply show peak food intake in lactation is constrained. <i>Journal of Experimental Biology</i> , <b>2020</b> , 223,	3	2
41	Beauty and the Body of the Beholder: Raters' BMI Has Only Limited Association with Ratings of Attractiveness of the Opposite Sex. <i>Obesity</i> , <b>2018</b> , 26, 522-530	8	2
40	No energetic cost of tuberculosis infection in European badgers (Meles meles). <i>Journal of Animal Ecology</i> , <b>2019</b> , 88, 1973-1985	4.7	2
39	Energy Expenditure, Water Flux, and Activity Budgets of Female Swamp Antechinuses in Contrasting Habitats. <i>Journal of Mammalogy</i> , <b>2009</b> , 90, 1238-1245	1.8	2
38	Gene environment Interactions and the Origin of the Modern Obesity Epidemic 2007, 301-322		2
37	A mesocosm experiment in ecological physiology: adaptive modulation of energy budget in a hibernating marsupial under chronic caloric restriction		2
36	Effects of predation risk on the body mass regulation of growing wood mice. <i>Journal of Zoology</i> , <b>2020</b> , 312, 122-132	2	2
35	Frequency of Restaurant, Delivery and Takeaway Usage Is Not Related to BMI among Adults in Scotland. <i>Nutrients</i> , <b>2020</b> , 12,	6.7	2
34	The relationship between female adiposity and physical attractiveness amongst adults in rural Ranaka village, Botswana. <i>South African Journal of Clinical Nutrition</i> , <b>2020</b> , 33, 17-22	1.1	2
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32	The Effects of Graded Levels of Calorie Restriction XV: Phase Space Attractors Reveal Distinct Behavioral Phenotypes. <i>Journals of Gerontology - Series A Biological Sciences and Medical Sciences</i> , <b>2020</b> , 75, 858-866	6.4	1
31	Evolution of Obesity <b>2016</b> , 103-122		1
30	Aetiology of Human Obesity187-212		1
29	Higher metabolic plasticity in temperate compared to tropical lizards suggests increased resilience to climate change. <i>Ecological Monographs</i> ,	9	1
28	Protective effects of 5-heptadecylresorcinol against adipocyte mitochondrial dysfunction through upregulation of Sirt3-mediated autophagy <i>Journal of Nutritional Biochemistry</i> , <b>2022</b> , 108956	6.3	1
27	Familial resemblance of body composition, physical activity, and resting metabolic rate in pre-school children. <i>Reports of Biochemistry and Molecular Biology</i> , <b>2013</b> , 2, 1-15	1.3	1
26	The roles of different macronutrients in regulation of appetite, energy intake and adiposity. <i>Current Opinion in Endocrine and Metabolic Research</i> , <b>2021</b> , 100297	1.7	1

25	Impact of graded maternal dietary fat content on offspring susceptibility to high-fat diet in mice. <i>Obesity</i> , <b>2021</b> , 29, 2055-2067	8	1
24	Genetic variations in adiponectin levels and dietary patterns on metabolic health among children with normal weight versus obesity: the BCAMS study. <i>International Journal of Obesity</i> , <b>2021</b> ,	5.5	1
23	Genetics of Obesity <b>2007</b> , 221-236		1
22	Energetics suggest cause for even further conservation concern for Temminck ground pangolin. <i>Animal Conservation</i> , <b>2020</b> , 23, 245-249	3.2	1
21	The Assessment of Daily Energy Expenditure of Commercial Saturation Divers Using Doubly Labelled Water. <i>Frontiers in Physiology</i> , <b>2021</b> , 12, 687605	4.6	1
20	Protein quality and quantity influence the effect of dietary fat on weight gain and tissue partitioning via host-microbiota changes. <i>Cell Reports</i> , <b>2021</b> , 35, 109093	10.6	1
19	No impact of hunger on male perception of female physical attractiveness in relation to adiposity: a randomized controlled trial. <i>International Journal of Obesity</i> , <b>2020</b> , 44, 418-427	5.5	1
18	Comparison of total and activity energy expenditure estimates from physical activity questionnaires and doubly labelled water: a systematic review and meta-analysis. <i>British Journal of Nutrition</i> , <b>2021</b> , 125, 983-997	3.6	1
17	Response to 'Fat is not just an energy store'. Journal of Experimental Biology, 2018, 221,	3	1
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14	Angiopoietin-Like Protein 8/Leptin Crosstalk Influences Cardiac Mass in Youths With Cardiometabolic Risk: The BCAMS Study <i>Frontiers in Endocrinology</i> , <b>2021</b> , 12, 788549	5.7	O
13	Total energy expenditure is repeatable in adults but not associated with short-term changes in body composition <i>Nature Communications</i> , <b>2022</b> , 13, 99	17.4	О
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10	Setting Ambient Temperature Conditions to Optimize Translation of Molecular Work from the Mouse to Human: The "Goldilocks Solution" <i>Methods in Molecular Biology</i> , <b>2022</b> , 2448, 235-250	1.4	O
9	Increased Variation in Body Weight and Food Intake Is Related to Increased Dietary Fat but Not Increased Carbohydrate or Protein in Mice <i>Frontiers in Nutrition</i> , <b>2022</b> , 9, 835536	6.2	О
8	Calorie restriction and calorie dilution have different impacts on body fat, metabolism, behavior, and hypothalamic gene expression <i>Cell Reports</i> , <b>2022</b> , 39, 110835	10.6	O

#### LIST OF PUBLICATIONS

7 Evolution of Obesity **2015**, 1-23

6	Response to Farrokhi et al.'s statistical comments on 'no seasonal variation in physical activity of Han Chinese living in Beijing'. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , <b>2017</b> , 14, 152	8.4
5	Reply to VI Kraak. American Journal of Clinical Nutrition, 2018, 107, 290-291	7
4	Partitioning the variance in calorie restriction-induced weight and fat loss in outbred mice. <i>Obesity</i> , <b>2016</b> , 24, 2111-7	8
3	Seasonal Variations in Energy Turnover and Body Temperature in Free-Living Edible Dormice, Glis glis <b>2012</b> , 493-505	
2	Postdocs need a career structure. <i>Nature</i> , <b>1987</b> , 326, 822-822	50.4
1	Impact of obesity on COVID-19-related mortality: A comment on estimates in Popkin et al 2020. <i>Obesity Reviews</i> , <b>2021</b> , 22, e13250	10.6