

# Lizabetch Roemer

## List of Publications by Year in descending order

Source: <https://exaly.com/author-pdf/3570268/publications.pdf>

Version: 2024-02-01

102  
papers

14,185  
citations

47006

47  
h-index

51608

86  
g-index

110  
all docs

110  
docs citations

110  
times ranked

10281  
citing authors

#	ARTICLE	IF	CITATIONS
1	Multidimensional Assessment of Emotion Regulation and Dysregulation: Development, Factor Structure, and Initial Validation of the Difficulties in Emotion Regulation Scale. <i>Journal of Psychopathology and Behavioral Assessment</i> , 2004, 26, 41-54.	1.2	5,432
2	A Preliminary Investigation of the Relationship Between Emotion Regulation Difficulties and Posttraumatic Stress Symptoms. <i>Behavior Therapy</i> , 2007, 38, 303-313.	2.4	498
3	Efficacy of an acceptance-based behavior therapy for generalized anxiety disorder: Evaluation in a randomized controlled trial.. <i>Journal of Consulting and Clinical Psychology</i> , 2008, 76, 1083-1089.	2.0	421
4	Risk factors for deliberate self-harm among college students.. <i>American Journal of Orthopsychiatry</i> , 2002, 72, 128-140.	1.5	411
5	Expanding our conceptualization of and treatment for generalized anxiety disorder: Integrating mindfulness/acceptance-based approaches with existing cognitive-behavioral models.. <i>Clinical Psychology: Science and Practice</i> , 2002, 9, 54-68.	0.9	408
6	Perceived functions of worry among generalized anxiety disorder subjects: Distraction from more emotionally distressing topics?. <i>Journal of Behavior Therapy and Experimental Psychiatry</i> , 1995, 26, 25-30.	1.2	380
7	A preliminary investigation of the effects of experimentally induced mindfulness on emotional responding to film clips.. <i>Emotion</i> , 2010, 10, 72-82.	1.8	292
8	Mindfulness and Emotion Regulation Difficulties in Generalized Anxiety Disorder: Preliminary Evidence for Independent and Overlapping Contributions. <i>Behavior Therapy</i> , 2009, 40, 142-154.	2.4	288
9	The Relationship Between Emotion Dysregulation and Deliberate Self-Harm Among Female Undergraduate Students at an Urban Commuter University. <i>Cognitive Behaviour Therapy</i> , 2008, 37, 14-25.	3.5	282
10	Fear and Avoidance of Internal Experiences in GAD: Preliminary Tests of a Conceptual Model. <i>Cognitive Therapy and Research</i> , 2005, 29, 71-88.	1.9	252
11	Evidence of Broad Deficits in Emotion Regulation Associated with Chronic Worry and Generalized Anxiety Disorder. <i>Cognitive Therapy and Research</i> , 2006, 30, 469-480.	1.9	245
12	The Role of Experiential Avoidance in Posttraumatic Stress Symptoms and Symptoms of Depression, Anxiety, and Somatization. <i>Journal of Nervous and Mental Disease</i> , 2004, 192, 754-761.	1.0	217
13	Mindfulness and emotion regulation. <i>Current Opinion in Psychology</i> , 2015, 3, 52-57.	4.9	212
14	An Open Trial of an Acceptance-Based Behavior Therapy for Generalized Anxiety Disorder. <i>Behavior Therapy</i> , 2007, 38, 72-85.	2.4	200
15	A preliminary investigation of the role of strategic withholding of emotions in PTSD. <i>Journal of Traumatic Stress</i> , 2001, 14, 149-156.	1.8	180
16	Emotion regulation in unipolar depression: The effects of acceptance and suppression of subjective emotional experience on the intensity and duration of sadness and negative affect. <i>Behaviour Research and Therapy</i> , 2008, 46, 1201-1209.	3.1	176
17	Effects of suppressing thoughts about emotional material.. <i>Journal of Abnormal Psychology</i> , 1994, 103, 467-474.	1.9	174
18	Increases in retrospective accounts of war-zone exposure over time: The role of PTSD symptom severity. <i>Journal of Traumatic Stress</i> , 1998, 11, 597-605.	1.8	172

#	ARTICLE	IF	CITATIONS
19	Emotion Regulation Difficulties Associated with the Experience of Uncued Panic Attacks: Evidence of Experiential Avoidance, Emotional Nonacceptance, and Decreased Emotional Clarity. <i>Behavior Therapy</i> , 2007, 38, 378-391.	2.4	167
20	The role of avoidance of emotional material in the anxiety disorders. <i>Applied and Preventive Psychology</i> , 2004, 11, 95-114.	0.8	164
21	The role of masculine ideology and masculine gender role stress in men's perpetration of relationship violence.. <i>Psychology of Men and Masculinity</i> , 2002, 3, 97-106.	1.3	157
22	An Investigation of Worry Content among Generally Anxious Individuals. <i>Journal of Nervous and Mental Disease</i> , 1997, 185, 314-319.	1.0	154
23	Mindfulness: A promising intervention strategy in need of further study.. <i>Clinical Psychology: Science and Practice</i> , 2003, 10, 172-178.	0.9	134
24	A Preliminary Investigation of the Relationships Between Dispositional Mindfulness and Impulsivity. <i>Mindfulness</i> , 2011, 2, 228-235.	2.8	124
25	A randomized clinical trial comparing an acceptance-based behavior therapy to applied relaxation for generalized anxiety disorder.. <i>Journal of Consulting and Clinical Psychology</i> , 2013, 81, 761-773.	2.0	122
26	Using Mindfulness- and Acceptance-Based Treatments With Clients From Nondominant Cultural and/or Marginalized Backgrounds: Clinical Considerations, Meta-Analysis Findings, and Introduction to the Special Series. <i>Cognitive and Behavioral Practice</i> , 2013, 20, 1-12.	1.5	110
27	Risk factors for deliberate self-harm among college students.. <i>American Journal of Orthopsychiatry</i> , 2002, 72, 128-140.	1.5	106
28	Masculinity, Shame, and Fear of Emotions as Predictors of Men's Expressions of Anger and Hostility.. <i>Psychology of Men and Masculinity</i> , 2005, 6, 275-284.	1.3	95
29	Changes in proposed mechanisms of action during an acceptance-based behavior therapy for generalized anxiety disorder. <i>Behaviour Research and Therapy</i> , 2010, 48, 238-245.	3.1	94
30	Integrating acceptance and mindfulness into existing cognitive-behavioral treatment for GAD: A case study. <i>Cognitive and Behavioral Practice</i> , 2003, 10, 222-230.	1.5	90
31	Title is missing!. <i>Journal of Psychopathology and Behavioral Assessment</i> , 2003, 25, 147-154.	1.2	87
32	Psychiatric symptomatology associated with contemporary peacekeeping: An examination of post-mission functioning among peacekeepers in Somalia. <i>Journal of Traumatic Stress</i> , 1998, 11, 611-625.	1.8	86
33	Distress and Avoidance in Generalized Anxiety Disorder: Exploring the Relationships with Intolerance of Uncertainty and Worry. <i>Cognitive Behaviour Therapy</i> , 2010, 39, 126-136.	3.5	83
34	Resource loss, resource gain, and mental health among survivors of Hurricane Katrina. <i>Journal of Traumatic Stress</i> , 2010, 23, 751-758.	1.8	79
35	Coping With Racism: What Works and Doesn't Work for Black Women?. <i>Journal of Black Psychology</i> , The, 2010, 36, 331-349.	1.7	73
36	The relationship between self-disclosure and symptoms of posttraumatic stress disorder in peacekeepers deployed to Somalia. <i>Journal of Traumatic Stress</i> , 2003, 16, 203-210.	1.8	68

#	ARTICLE	IF	CITATIONS
37	A self-report diagnostic measure of generalized anxiety disorder. <i>Journal of Behavior Therapy and Experimental Psychiatry</i> , 1995, 26, 345-350.	1.2	67
38	Emotional response at the time of a potentially traumatizing event and PTSD symptomatology. <i>Journal of Behavior Therapy and Experimental Psychiatry</i> , 1998, 29, 123-130.	1.2	67
39	The role of values-consistent behavior in generalized anxiety disorder. <i>Depression and Anxiety</i> , 2011, 28, 358-366.	4.1	66
40	Masculinity and Emotionality: An Investigation of Men's Primary and Secondary Emotional Responding. <i>Sex Roles</i> , 2003, 49, 111-120.	2.4	64
41	The Experience of Racism and Anxiety Symptoms in an African-American Sample: Moderating Effects of Trait Mindfulness. <i>Mindfulness</i> , 2013, 4, 332-341.	2.8	64
42	The Role of Negative Affect Intensity and the Fear of Emotions in Posttraumatic Stress Symptom Severity Among Victims of Childhood Interpersonal Violence. <i>Journal of Nervous and Mental Disease</i> , 2007, 195, 580-587.	1.0	63
43	The mediating role of internalized racism in the relationship between racist experiences and anxiety symptoms in a Black American sample.. <i>Cultural Diversity and Ethnic Minority Psychology</i> , 2016, 22, 369-376.	2.0	62
44	Acceptance-based behavioral therapy for GAD: effects on outcomes from three theoretical models. <i>Depression and Anxiety</i> , 2011, 28, 127-136.	4.1	60
45	Decentering as a potential common mechanism across two therapies for generalized anxiety disorder.. <i>Journal of Consulting and Clinical Psychology</i> , 2015, 83, 395-404.	2.0	58
46	Reports of prior exposure to potentially traumatic events and PTSD in troops poised for deployment. <i>Journal of Traumatic Stress</i> , 2001, 14, 249-256.	1.8	50
47	An Acceptance-Based Behavior Therapy for Generalized Anxiety Disorder. , 2005, , 213-240.		49
48	A Contemporary View of Applied Relaxation for Generalized Anxiety Disorder. <i>Cognitive Behaviour Therapy</i> , 2013, 42, 292-302.	3.5	48
49	The Role of Fear of Emotion in Distress, Arousal, and Cognitive Interference Following an Emotional Stimulus. <i>Cognitive Behaviour Therapy</i> , 2007, 36, 12-22.	3.5	47
50	A Preliminary Investigation of the Process of Mindfulness. <i>Mindfulness</i> , 2012, 3, 30-43.	2.8	47
51	The Impact of Homecoming Reception on the Adaptation of Peacekeepers Following Deployment. <i>Military Psychology</i> , 2002, 14, 241-251.	1.1	44
52	Reductions in experiential avoidance as a mediator of change in symptom outcome and quality of life in acceptance-based behavior therapy and applied relaxation for generalized anxiety disorder. <i>Behaviour Research and Therapy</i> , 2016, 87, 188-195.	3.1	44
53	Surviving and Thriving During Stress: A Randomized Clinical Trial Comparing a Brief Web-Based Therapist-Assisted Acceptance-Based Behavioral Intervention Versus Waitlist Control for College Students. <i>Behavior Therapy</i> , 2018, 49, 889-903.	2.4	42
54	Preliminary investigation of the role of previous exposure to potentially traumatizing events in generalized anxiety disorder. , 1996, 4, 134-138.		41

#	ARTICLE	IF	CITATIONS
55	The Importance of Non-reactivity to Posttraumatic Stress Symptoms: A Case for Mindfulness. <i>Mindfulness</i> , 2014, 5, 314-321.	2.8	40
56	An investigation of the construct validity of the 20-Item Toronto Alexithymia Scale through the use of a verbalization task. <i>Journal of Psychosomatic Research</i> , 2005, 59, 77-84.	2.6	39
57	Relationships between amount of post-intervention mindfulness practice and follow-up outcome variables in an acceptance-based behavior therapy for Generalized Anxiety Disorder: The importance of informal practice. <i>Journal of Contextual Behavioral Science</i> , 2014, 3, 173-178.	2.6	38
58	Relationships Among Perceived Racial Stress, Intolerance of Uncertainty, and Worry in a Black Sample. <i>Behavior Therapy</i> , 2010, 41, 245-253.	2.4	36
59	The Buffering Effects of Emotion Regulation in the Relationship Between Experiences of Racism and Anxiety in a Black American Sample. <i>Cognitive Therapy and Research</i> , 2015, 39, 553-563.	1.9	32
60	Disclosure and worry: Opposite sides of the emotional processing coin.. , 1995, , 47-70.		32
61	Emotional experiencing in women with posttraumatic stress disorder: Congruence between facial expressivity and self-report. <i>Journal of Traumatic Stress</i> , 2003, 16, 67-75.	1.8	31
62	Behavior therapy.. , 2014, , 19-27.		31
63	A Fresh Look at Potential Mechanisms of Change in Applied Relaxation for Generalized Anxiety Disorder: A Case Series. <i>Cognitive and Behavioral Practice</i> , 2012, 19, 451-462.	1.5	28
64	An examination of the fear of bodily sensations and body hypervigilance as predictors of emotion regulation difficulties among individuals with a recent history of uncued panic attacks. <i>Journal of Anxiety Disorders</i> , 2008, 22, 750-760.	3.2	27
65	A preliminary study of the moderating role of church-based social support in the relationship between racist experiences and general anxiety symptoms.. <i>Cultural Diversity and Ethnic Minority Psychology</i> , 2012, 18, 268-276.	2.0	26
66	Implications of Perceived Interpersonal and Structural Racism for Asian Americans' Self-Esteem. <i>Basic and Applied Social Psychology</i> , 2012, 34, 349-358.	2.1	25
67	Mindfulness and Acceptance-Based Behavioral Therapies for Anxiety Disorders. <i>Current Psychiatry Reports</i> , 2013, 15, 410.	4.5	25
68	Generalized Anxiety Disorder. , 1994, , 261-281.		25
69	Post-Traumatic Stress Disorder: An Overview. , 1996, 3, 153-168.		21
70	Emotion Suppression: A Preliminary Experimental Investigation of Its Immediate Effects and Role in Subsequent Reactivity to Novel Stimuli. <i>Cognitive Behaviour Therapy</i> , 2010, 39, 114-125.	3.5	21
71	Interpersonal Problems, Mindfulness, and Therapy Outcome in an Acceptance-Based Behavior Therapy for Generalized Anxiety Disorder. <i>Cognitive Behaviour Therapy</i> , 2015, 44, 491-501.	3.5	21
72	Effects of suppressing thoughts about emotional material.. <i>Journal of Abnormal Psychology</i> , 1994, 103, 467-474.	1.9	21

#	ARTICLE	IF	CITATIONS
73	An examination of worry in relation to anxious responding to voluntary hyperventilation among adolescents. <i>Behaviour Research and Therapy</i> , 2006, 44, 1803-1809.	3.1	20
74	Functioning in the face of racism: Preliminary findings on the buffering role of values clarification in a Black American sample. <i>Journal of Contextual Behavioral Science</i> , 2013, 2, 1-8.	2.6	18
75	An Acceptance-Based Behavioral Therapy for Individuals With Generalized Anxiety Disorder. <i>Cognitive and Behavioral Practice</i> , 2013, 20, 264-281.	1.5	18
76	A preliminary exploration of the moderating role of valued living in the relationships between racist experiences and anxious and depressive symptoms. <i>Journal of Contextual Behavioral Science</i> , 2015, 4, 48-55.	2.6	18
77	An Experimental Investigation of the Effect of Worry on Responses to a Discrimination Learning Task. <i>Behavior Therapy</i> , 2008, 39, 251-261.	2.4	14
78	Development, Acceptability, and Effectiveness of an Acceptance-Based Behavioral Stress/Anxiety Management Workshop for University Students. <i>Cognitive and Behavioral Practice</i> , 2017, 24, 174-186.	1.5	14
79	The role of experiential avoidance in the relation between racial discrimination and negative mental health outcomes. <i>Journal of American College Health</i> , 2022, 70, 461-468.	1.5	14
80	ACT with Anxiety Disorders. , 2004, , 103-132.		11
81	A PRELIMINARY STUDY OF THE EFFECTS OF DIRECTED SUPPRESSION OF RAPE-RELATED MATERIAL AMONG RAPE SURVIVORS USING UNOBTUSIVE MEASURES. <i>Behavioural and Cognitive Psychotherapy</i> , 2004, 32, 149-164.	1.2	11
82	Predictors of well-being in the lives of student service members and veterans. <i>Journal of American College Health</i> , 2017, 65, 404-412.	1.5	11
83	Predictors of Sexual Consent Communication Among Sexual Minority Cisgender and Nonbinary Young Adults During a Penetrative Sexual Encounter with a New Partner. <i>Sexuality and Culture</i> , 2021, 25, 1490-1508.	1.5	9
84	INCORPORATING MINDFULNESS- AND ACCEPTANCE-BASED STRATEGIES IN THE TREATMENT OF GENERALIZED ANXIETY DISORDER. , 2006, , 51-74.		8
85	Mindfulness and Valued Living in the Face of Racism-Related Stress. <i>Mindfulness</i> , 2022, 13, 1112-1125.	2.8	8
86	Precancer and cancer-associated depression and anxiety among older adults with blood cancers in the United States. <i>Blood Advances</i> , 2022, 6, 1126-1136.	5.2	8
87	Acceptance-Based Behavioral Therapies for Anxiety. , 2005, , 3-35.		7
88	Cultural and service factors related to mental health beliefs among post-9/11 veterans. <i>International Journal of Social Psychiatry</i> , 2019, 65, 313-321.	3.1	6
89	Mindfulness and Acceptance-Based Treatments for Anxiety Disorders. , 2008, , .		6
90	Reactions to an Acceptance-Based Behavior Therapy for GAD: Giving Voice to the Experiences of Clients From Marginalized Backgrounds. <i>Cognitive and Behavioral Practice</i> , 2016, 23, 473-484.	1.5	5

#	ARTICLE	IF	CITATIONS
91	Predictors of Sexual Consent Attitudes, Beliefs, and Behaviors Among Sexual Minority Cisgender and Nonbinary Young Adults. <i>Sex Roles</i> , 2021, 85, 391-404.	2.4	5
92	Incorporating Mindfulness and Acceptance-Based Strategies in the Behavioral Treatment of Generalized Anxiety Disorder. , 2014, , 95-118.		4
93	Consistency of Traumatic Memories. <i>American Journal of Psychiatry</i> , 1997, 154, 1628-1628.	7.2	4
94	Generalized Anxiety Disorder: A Brief Overview and Guide to Assessment. , 2002, , 189-195.		2
95	A randomized controlled pilot study evaluating <i>Worry Less, Live More: The Mindful Way Through Anxiety Workbook</i> . <i>Cognitive Behaviour Therapy</i> , 2020, 49, 412-424.	3.5	2
96	Gender and sexual minority status as predictors of sexual consent attitudes among cisgender young adults. <i>Psychology and Sexuality</i> , 2022, 13, 1288-1302.	1.9	2
97	Multidimensional Assessment of Emotion Regulation and Dysregulation: Development, Factor Structure, and Initial Validation of the Difficulties in Emotion Regulation Scale. , 2004, 26, 41.		1
98	Mindfulness- and Acceptance-Based Cognitive and Behavioral Therapies. , 2015, , .		0
99	Mindfulness-Based Cognitive Behavioral Treatments. , 2017, , 175-197.		0
100	Learning gains from a one-day training in acceptance-based behavior therapy. <i>Cognitive Behaviour Therapy</i> , 2020, 50, 1-12.	3.5	0
101	Behavior therapy process.. , 2014, , 29-34.		0
102	Not Quite What the Doctor Ordered. <i>PsycCritiques</i> , 1999, 44, 107-109.	0.0	0