

Efstathia Papada

List of Publications by Year in descending order

Source: <https://exaly.com/author-pdf/3547744/publications.pdf>

Version: 2024-02-01

17
papers

273
citations

932766

10
h-index

940134

16
g-index

17
all docs

17
docs citations

17
times ranked

453
citing authors

#	ARTICLE	IF	CITATIONS
1	Adherence to Mediterranean diet in Crohn's disease. <i>European Journal of Nutrition</i> , 2020, 59, 1115-1121.	1.8	42
2	Anti-inflammatory effect of elemental diets with different fat composition in experimental colitis. <i>British Journal of Nutrition</i> , 2014, 111, 1213-1220.	1.2	26
3	Antioxidative Efficacy of a Pistacia Lentiscus Supplement and Its Effect on the Plasma Amino Acid Profile in Inflammatory Bowel Disease: A Randomised, Double-Blind, Placebo-Controlled Trial. <i>Nutrients</i> , 2018, 10, 1779.	1.7	26
4	Chios Mastic Fractions in Experimental Colitis: Implication of the Nuclear Factor κ B Pathway in Cultured HT29 Cells. <i>Journal of Medicinal Food</i> , 2012, 15, 974-983.	0.8	22
5	Antioxidant and Anti-Inflammatory Properties of Mastiha: A Review of Preclinical and Clinical Studies. <i>Antioxidants</i> , 2019, 8, 208.	2.2	22
6	Mastiha (<i>Pistacia lentiscus</i>) Improves Gut Microbiota Diversity, Hepatic Steatosis, and Disease Activity in a Biopsy-Confirmed Mouse Model of Advanced Non-Alcoholic Steatohepatitis and Fibrosis. <i>Molecular Nutrition and Food Research</i> , 2019, 63, e1900927.	1.5	22
7	Regulation of faecal biomarkers in inflammatory bowel disease patients treated with oral mastiha (<i>Pistacia lentiscus</i>) supplement: A double-blind and placebo-controlled randomised trial. <i>Phytotherapy Research</i> , 2019, 33, 360-369.	2.8	20
8	Mastiha has efficacy in immune-mediated inflammatory diseases through a microRNA-155 Th17 dependent action. <i>Pharmacological Research</i> , 2021, 171, 105753.	3.1	17
9	Bioavailability of Terpenes and Postprandial Effect on Human Antioxidant Potential. An Open-Label Study in Healthy Subjects. <i>Molecular Nutrition and Food Research</i> , 2018, 62, 1700751.	1.5	16
10	Plasma free amino acid profile in quiescent Inflammatory Bowel Disease patients orally administered with Mastiha (<i>Pistacia lentiscus</i>); a randomised clinical trial. <i>Phytomedicine</i> , 2019, 56, 40-47.	2.3	14
11	An Absorption and Plasma Kinetics Study of Monoterpenes Present in Mastiha Oil in Humans. <i>Foods</i> , 2020, 9, 1019.	1.9	11
12	Linking the IL-17A immune response with NMR-based faecal metabolic profile in IBD patients treated with Mastiha. <i>Biomedicine and Pharmacotherapy</i> , 2021, 138, 111535.	2.5	10
13	Serum Vitamins D, B9 and B12 in Greek Patients with Inflammatory Bowel Diseases. <i>Nutrients</i> , 2020, 12, 3734.	1.7	9
14	Modulation of Free Amino Acid Profile in Healthy Humans Administered with Mastiha Terpenes. An Open-Label Trial. <i>Nutrients</i> , 2018, 10, 715.	1.7	5
15	The Association of Plasma-Free Branched-Chain Amino Acids with Disease Related Parameters in Ulcerative Colitis. <i>Diagnostics</i> , 2020, 10, 798.	1.3	4
16	Development, Validation and Application of a UHPLC-MS Method for the Quantification of Chios Mastic Gum Triterpenoids in Human Plasma. <i>Planta Medica</i> , 2021, 87, 1101-1109.	0.7	4
17	The effect of prenatal maternal physical activity and lifestyle in perinatal outcome: results from a Greek study. <i>European Journal of Public Health</i> , 2020, 30, 328-332.	0.1	3