

Emmanuel Gomes Ciolac

List of Publications by Year in descending order

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Version: 2024-02-01

65
papers

1,604
citations

331259

21
h-index

315357

38
g-index

70
all docs

70
docs citations

70
times ranked

1992
citing authors

#	ARTICLE	IF	CITATIONS
1	Effects of continuous vs. interval exercise training on blood pressure and arterial stiffness in treated hypertension. <i>Hypertension Research</i> , 2010, 33, 627-632.	1.5	202
2	Effects of high-intensity aerobic interval training vs. moderate exercise on hemodynamic, metabolic and neuro-humoral abnormalities of young normotensive women at high familial risk for hypertension. <i>Hypertension Research</i> , 2010, 33, 836-843.	1.5	171
3	Exercício fásico e síndrome metabólica. <i>Revista Brasileira De Medicina Do Esporte</i> , 2004, 10, 319-324.	0.1	115
4	Acute effects of continuous and interval aerobic exercise on 24-h ambulatory blood pressure in long-term treated hypertensive patients. <i>International Journal of Cardiology</i> , 2009, 133, 381-387.	0.8	96
5	Low-Volume High-Intensity Interval Training as a Therapy for Type 2 Diabetes. <i>International Journal of Sports Medicine</i> , 2016, 37, 723-729.	0.8	72
6	Resistance Training as a Tool for Preventing and Treating Musculoskeletal Disorders. <i>Sports Medicine</i> , 2016, 46, 1239-1248.	3.1	64
7	Exercise training as a preventive tool for age-related disorders: a brief review. <i>Clinics</i> , 2013, 68, 710-717.	0.6	60
8	Acute Aerobic Exercise Reduces 24-H Ambulatory Blood Pressure Levels in Long-Term-Treated Hypertensive Patients. <i>Clinics</i> , 2008, 63, 753-758.	0.6	51
9	High-intensity interval training and hypertension: maximizing the benefits of exercise?. <i>American Journal of Cardiovascular Disease</i> , 2012, 2, 102-10.	0.5	50
10	Heart rate response to exercise and cardiorespiratory fitness of young women at high familial risk for hypertension: effects of interval vs continuous training. <i>European Journal of Cardiovascular Prevention and Rehabilitation</i> , 2011, 18, 824-830.	3.1	46
11	The Urgent Need for Recommending Physical Activity for the Management of Diabetes During and Beyond COVID-19 Outbreak. <i>Frontiers in Endocrinology</i> , 2020, 11, 584642.	1.5	45
12	Differential Acute Effect of High-Intensity Interval or Continuous Moderate Exercise on Cognition in Individuals With Parkinson's Disease. <i>Journal of Physical Activity and Health</i> , 2019, 16, 157-164.	1.0	43
13	Rating of perceived exertion as a tool for prescribing and self regulating interval training: a pilot study. <i>Biology of Sport</i> , 2014, 32, 103-108.	1.7	42
14	Exercise training improves ambulatory blood pressure but not arterial stiffness in heart transplant recipients. <i>Journal of Heart and Lung Transplantation</i> , 2015, 34, 693-700.	0.3	34
15	Muscle strength and exercise intensity adaptation to resistance training in older women with knee osteoarthritis and total knee arthroplasty. <i>Clinics</i> , 2011, 66, 2079-2084.	0.6	25
16	High-Intensity Interval Versus Moderate-Intensity Continuous Training in Individuals With Parkinson's Disease: Hemodynamic and Functional Adaptation. <i>Journal of Physical Activity and Health</i> , 2020, 17, 85-91.	1.0	25
17	Age Does Not Affect Exercise Intensity Progression among Women. <i>Journal of Strength and Conditioning Research</i> , 2010, 24, 3023-3031.	1.0	24
18	Haemodynamic, metabolic and neuro-humoral abnormalities in young normotensive women at high familial risk for hypertension. <i>Journal of Human Hypertension</i> , 2010, 24, 814-822.	1.0	24

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19	The hypotensive effect of Yoga's breathing exercises: A systematic review. <i>Complementary Therapies in Clinical Practice</i> , 2017, 28, 38-46.	0.7	24
20	Resistance Exercise Intensity Progression in Older Men. <i>International Journal of Sports Medicine</i> , 2010, 31, 433-438.	0.8	23
21	Prescribing high-intensity interval exercise by RPE in individuals with type 2 diabetes: metabolic and hemodynamic responses. <i>Applied Physiology, Nutrition and Metabolism</i> , 2019, 44, 348-356.	0.9	22
22	Exercise-induced improvements in cardiorespiratory fitness and heart rate response to exercise are impaired in overweight/obese postmenopausal women. <i>Clinics</i> , 2011, 66, 583-589.	0.6	21
23	High-Intensity Interval Training as a Tool for Counteracting Dyslipidemia in Women. <i>International Journal of Sports Medicine</i> , 2018, 39, 397-406.	0.8	21
24	Educational program promoting regular physical exercise improves functional capacity and daily living physical activity in subjects with knee osteoarthritis. <i>BMC Musculoskeletal Disorders</i> , 2017, 18, 546.	0.8	20
25	Heart rate dynamics during a treadmill cardiopulmonary exercise test in optimized beta-blocked heart failure patients. <i>Clinics</i> , 2008, 63, 479-82.	0.6	20
26	The effects of motor learning on clinical isokinetic performance of postmenopausal women. <i>Maturitas</i> , 2011, 70, 379-382.	1.0	19
27	Hypotensive Effect of Heated Water-based Exercise in Older Individuals with Hypertension. <i>International Journal of Sports Medicine</i> , 2019, 40, 283-291.	0.8	19
28	A cutoff point for peak oxygen consumption in the prognosis of heart failure patients with beta-blocker therapy. <i>International Journal of Cardiology</i> , 2010, 145, 75-77.	0.8	17
29	Effects of resistance training in older women with knee osteoarthritis and total knee arthroplasty. <i>Clinics</i> , 2015, 70, 7-13.	0.6	15
30	Hypotensive Effect of Heated Water-Based Exercise Persists After 12-Week Cessation of Training in Patients With Resistant Hypertension. <i>Canadian Journal of Cardiology</i> , 2018, 34, 1641-1647.	0.8	15
31	Effects of High-Intensity Interval vs. Continuous Moderate Exercise on Intraocular Pressure. <i>International Journal of Sports Medicine</i> , 2014, 35, 874-878.	0.8	14
32	Factors Associated With Levels of Physical Activity in Chronic Kidney Disease Patients Undergoing Hemodialysis: The Role of Dialysis Versus Nondialysis Day. <i>Journal of Physical Activity and Health</i> , 2017, 14, 726-732.	1.0	14
33	Physical Exercise as an Immunomodulator of Chronic Diseases in Aging. <i>Journal of Physical Activity and Health</i> , 2020, 17, 662-672.	1.0	14
34	Effect of Exercise Training on 24-Hour Ambulatory Blood Pressure Monitoring in Heart Failure Patients. <i>Congestive Heart Failure</i> , 2009, 15, 176-180.	2.0	13
35	Prescribing and Regulating Exercise with RPE after Heart Transplant. <i>Medicine and Science in Sports and Exercise</i> , 2015, 47, 1321-1327.	0.2	13
36	Postexercise Hypotension after Heart Transplant. <i>Medicine and Science in Sports and Exercise</i> , 2016, 48, 804-810.	0.2	13

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37	Post-exercise Hypotension Following a Single Bout of High Intensity Interval Exercise vs. a Single Bout of Moderate Intensity Continuous Exercise in Adults With or Without Hypertension: A Systematic Review and Meta-Analysis of Randomized Clinical Trials. <i>Frontiers in Physiology</i> , 2021, 12, 675289.	1.3	13
38	Serum 25-hydroxyvitamin D levels are associated with functional capacity but not with postural balance in osteoporotic postmenopausal women. <i>Clinics</i> , 2017, 72, 11-16.	0.6	10
39	Knee muscles isokinetic evaluation in short distance elite swimmers: A comparison between symmetric and asymmetric swimming styles. <i>Isokinetics and Exercise Science</i> , 2011, 19, 261-264.	0.2	9
40	Determinants of endothelial dysfunction in noncritically ill hospitalized COVID-19 patients: A cross-sectional study. <i>Obesity</i> , 2022, 30, 165-171.	1.5	9
41	Effects of heated water-based exercise on blood pressure: a systematic review. <i>Fisioterapia Em Movimento</i> , 2018, 31, .	0.4	5
42	Cardiac reinnervation affects cardiorespiratory adaptations to exercise training in individuals with heart transplantation. <i>European Journal of Preventive Cardiology</i> , 2020, 27, 1151-1161.	0.8	5
43	Short-term community-based exercise programs in low-income older women: Does exercise intensity and modality matters?. <i>Experimental Gerontology</i> , 2021, 156, 111591.	1.2	5
44	Physical activity: practice this idea. <i>American Journal of Cardiovascular Disease</i> , 2014, 4, 31-3.	0.5	5
45	Age Affects Exercise-Induced Improvements in Heart Rate Response to Exercise. <i>International Journal of Sports Medicine</i> , 2014, 35, 371-378.	0.8	4
46	Effects of Motor Learning on Clinical Isokinetic Test Performance in Knee Osteoarthritis Patients. <i>Clinics</i> , 2017, 72, 202-206.	0.6	4
47	Muscular and Functional Capacity in Subjects Under Treatment for Knee Osteoarthritis: Role of Physical Activity Status. <i>Journal of Physical Activity and Health</i> , 2019, 16, 362-367.	1.0	4
48	Physical activity prevents blood pressure increases in individuals under treatment for knee osteoarthritis. <i>Blood Pressure Monitoring</i> , 2018, 23, 297-300.	0.4	3
49	Effects of age on aerobic capacity in heart failure patients under beta-blocker therapy: Possible impact in clinical decision-making?. <i>Cardiology Journal</i> , 2013, 20, 655-661.	0.5	3
50	Hemodynamic response to heated water immersion in older individuals with hypertension. <i>Blood Pressure Monitoring</i> , 2021, 26, 171-175.	0.4	3
51	Contemporary review of exercise in heart transplant recipients. <i>Transplantation Reviews</i> , 2021, 35, 100597.	1.2	2
52	High-Intensity Interval vs. Moderate Steady-State Exercise. <i>American Journal of Hypertension</i> , 2010, 23, 812-812.	1.0	1
53	Approaches in Physical Activity: From Basic to Applied Research. <i>BioMed Research International</i> , 2016, 2016, 1-4.	0.9	1
54	Superior Acute Effects of High-Intensity Interval Exercise in Type 2 Diabetes Patients. <i>Medicine and Science in Sports and Exercise</i> , 2017, 49, 913.	0.2	1

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55	The importance of promoting physical activity during the COVID-19 outbreak to control the worsening of old pandemics. <i>Brazilian Journal of Motor Behavior</i> , 2021, 15, 20-25.	0.3	1
56	Prescribing high-intensity interval exercise by rating of perceived exertion in young individuals. <i>Journal of Sports Medicine and Physical Fitness</i> , 2021, 61, 797-802.	0.4	1
57	Residual Impact of Concurrent, Resistance, and High-Intensity Interval Training on Fasting Measures of Glucose Metabolism in Women With Insulin Resistance. <i>Frontiers in Physiology</i> , 2021, 12, 760206.	1.3	1
58	Home confinement during COVID-19 pandemic reduced physical activity but not health-related quality of life in previously active older women. <i>Educational Gerontology</i> , 2022, 48, 250-259.	0.7	1
59	Acute high-intensity interval exercise versus moderate-intensity continuous exercise in heated water-based on hemodynamic, cardiac autonomic, and vascular responses in older individuals with hypertension. <i>Clinical and Experimental Hypertension</i> , 2022, , 1-9.	0.5	1
60	Can Previous Levels of Physical Activity Affect Risk Factors for Cardiorespiratory Diseases and Functional Capacity after COVID-19 Hospitalization? A Prospective Cohort Study. <i>BioMed Research International</i> , 2022, 2022, 1-12.	0.9	1
61	Approaches in Physical Activity: From Basic to Applied Research 2017. <i>BioMed Research International</i> , 2018, 2018, 1-2.	0.9	0
62	Exercise Training Improved Pulmonary Gas Exchange Abnormalities in Pulmonary Hypertension due to Heart Failure: A Case Report. <i>International Journal of Cardiovascular Sciences</i> , 2021, , .	0.0	0
63	Hemodynamic response to exercise is impaired in individuals with Parkinson's disease. <i>Journal of Sports Medicine and Physical Fitness</i> , 2021, , .	0.4	0
64	Prescribing and Self-Regulating Heated Water-Based Exercise by Rating of Perceived Exertion in Older Individuals With Hypertension. <i>Journal of Aging and Physical Activity</i> , 2021, , 1-6.	0.5	0
65	Analysis of Cardiovascular Hemodynamic and Autonomic Variables in Individuals with Systemic Arterial Hypertension, Type 2 Diabetes Mellitus, and Parkinson's Disease: A Comparative Study. <i>Clinical and Experimental Hypertension</i> , 2022, 44, 119-126.	0.5	0