# Christopher L Mendias

List of Publications by Year
in descending order



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|---|---|---|---|
| 90 papers | 4,273 citations | 101384 36 h-index | 118652 62 g-index |
| 105 all docs | 105 docs citations | 105 times ranked | 5481 citing authors |

| # | Article | IF | Citations |
|---|---|---|---|
| 1 | Inducible depletion of satellite cells in adult, sedentary mice impairs muscle regenerative capacity without affecting sarcopenia. Nature Medicine, 2015, 21, 76-80. | 15.2 | 358 |
| 2 | Musculoskeletal Consequences of COVID-19. Journal of Bone and Joint Surgery - Series A, 2020, 102, 1197-1204. | 1.4 | 259 |
| 3 | Atrogin-1, MuRF-1, and sarcopenia. Endocrine, 2013, 43, 12-21. | 1.1 | 258 |
| 4 | Tendons of myostatin-deficient mice are small, brittle, and hypocellular. Proceedings of the National Academy of Sciences of the United States of America, 2008, 105, 388-393. | 3.3 | 169 |
| 5 | Intrinsic stiffness of extracellular matrix increases with age in skeletal muscles of mice. Journal of Applied Physiology, 2014, 117, 363-369. | 1.2 | 168 |
| 6 | Transforming growth factorâ€beta induces skeletal muscle atrophy and fibrosis through the induction of atroginâ€1 and scleraxis. Muscle and Nerve, 2012, 45, 55-59. | 1.0 | 146 |
| 7 | Contractile properties of EDL and soleus muscles of myostatin-deficient mice. Journal of Applied Physiology, 2006, 101, 898-905. | 1.2 | 123 |
| 8 | Physiological loading of tendons induces scleraxis expression in epitenon fibroblasts. Journal of Orthopaedic Research, 2012, 30, 606-612. | 1.2 | 114 |
| 9 | Changes in macrophage phenotype and induction of epithelialâ€toâ€mesenchymal transition genes following acute Achilles tenotomy and repair. Journal of Orthopaedic Research, 2014, 32, 944-951. | 1.2 | 103 |
| 10 | Platelet-Rich Plasma Activates Proinflammatory Signaling Pathways and Induces Oxidative Stress in Tendon Fibroblasts. American Journal of Sports Medicine, 2016, 44, 1931-1940. | 1.9 | 100 |
| 11 | Hip Fracture Outcomes During the COVID-19 Pandemic: Early Results From New York. Journal of Orthopaedic Trauma, 2020, 34, 403-410. | 0.7 | 100 |
| 12 | The Aging of Elite Male Athletes: Age-Related Changes in Performance and Skeletal Muscle Structure and Function. Clinical Journal of Sport Medicine, 2008, 18, 501-507. | 0.9 | 97 |
| 13 | TGF-Î² Superfamily Signaling in Muscle and Tendon Adaptation to Resistance Exercise. Exercise and Sport Sciences Reviews, 2015, 43, 93-99. | 1.6 | 93 |
| 14 | Aging-associated exacerbation in fatty degeneration and infiltration after rotator cuff tear. Journal of Shoulder and Elbow Surgery, 2014, 23, 99-108. | 1.2 | 86 |
| 15 | MMP inhibition as a potential method to augment the healing of skeletal muscle and tendon extracellular matrix. Journal of Applied Physiology, 2013, 115, 884-891. | 1.2 | 84 |
| 16 | Role of cyclooxygenase-1 and -2 in satellite cell proliferation, differentiation, and fusion. Muscle and Nerve, 2004, 30, 497-500. | 1.0 | 71 |
| 17 | Rotator cuff tear reduces muscle fiber specific force production and induces macrophage accumulation and autophagy. Journal of Orthopaedic Research, 2012, 30, 1963-1970. | 1.2 | 71 |
| 18 | Inhibition of 5-LOX, COX-1, and COX-2 Increases Tendon Healing and Reduces Muscle Fibrosis and Lipid Accumulation After Rotator Cuff Repair. American Journal of Sports Medicine, 2014, 42, 2860-2868. | 1.9 | 70 |

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|---|---|---|---|
| 19 | Single-cell transcriptomic analysis identifies extensive heterogeneity in the cellular composition of mouse Achilles tendons. American Journal of Physiology - Cell Physiology, 2020, 319, C885-C894. | 2.1 | 67 |
| 20 | Changes in Circulating Biomarkers of Muscle Atrophy, Inflammation, and Cartilage Turnover in Patients Undergoing Anterior Cruciate Ligament Reconstruction and Rehabilitation. American Journal of Sports Medicine, 2013, 41, 1819-1826. | 1.9 | 64 |
| 21 | Decreased specific force and power production of muscle fibers from myostatin-deficient mice are associated with a suppression of protein degradation. Journal of Applied Physiology, 2011, 111, 185-191. | 1.2 | 63 |
| 22 | Reduced mitochondrial lipid oxidation leads to fat accumulation in myosteatosis. FASEB Journal, 2019, 33, 7863-7881. | 0.2 | 63 |
| 23 | Mechanical loading and TGF-Î² change the expression of multiple miRNAs in tendon fibroblasts. Journal of Applied Physiology, 2012, 113, 56-62. | 1.2 | 62 |
| 24 | Reduced muscle fiber force production and disrupted myofibril architecture in patients with chronic rotator cuff tears. Journal of Shoulder and Elbow Surgery, 2015, 24, 111-119. | 1.2 | 61 |
| 25 | The Effect of Ex Situ Perfusion in a Swine Limb Vascularized Composite Tissue Allograft on Survival up to 24 Hours. Journal of Hand Surgery, 2016, 41, 3-12. | 0.7 | 60 |
| 26 | Hyaluronic acid, HAS1, and HAS2 are significantly upregulated during muscle hypertrophy. American Journal of Physiology - Cell Physiology, 2012, 303, C577-C588. | 2.1 | 59 |
| 27 | Universal Testing for COVID-19 in Essential Orthopaedic Surgery Reveals a High Percentage of Asymptomatic Infections. Journal of Bone and Joint Surgery - Series A, 2020, 102, 1379-1388. | 1.4 | 59 |
| 28 | Elevation in Circulating Biomarkers of Cartilage Damage and Inflammation in Athletes With Femoroacetabular Impingement. American Journal of Sports Medicine, 2013, 41, 2585-2590. | 1.9 | 57 |
| 29 | Ex Situ Perfusion of Human Limb Allografts for 24 Hours. Transplantation, 2017, 101, e68-e74. | 0.5 | 57 |
| 30 | Sex differences in tendon structure and function. Journal of Orthopaedic Research, 2017, 35, 2117-2126. | 1.2 | 54 |
| 31 | Ex Situ Limb Perfusion System to Extend Vascularized Composite Tissue Allograft Survival in Swine. Transplantation, 2015, 99, 2095-2101. | 0.5 | 46 |
| 32 | Synergist ablation induces rapid tendon growth through the synthesis of a neotendon matrix. Journal of Applied Physiology, 2014, 117, 1287-1291. | 1.2 | 45 |
| 33 | Simvastatin reduces fibrosis and protects against muscle weakness after massive rotator cuff tear. Journal of Shoulder and Elbow Surgery, 2015, 24, 280-287. | 1.2 | 44 |
| 34 | Changes in muscle fiber contractility and extracellular matrix production during skeletal muscle hypertrophy. Journal of Applied Physiology, 2017, 122, 571-579. | 1.2 | 43 |
| 35 | Targeted inhibition of TGF-Î² results in an initial improvement but long-term deficit in force production after contraction-induced skeletal muscle injury. Journal of Applied Physiology, 2013, 115, 539-545. | 1.2 | 42 |
| 36 | Tissueâ€engineered tendon constructs for rotator cuff repair in sheep. Journal of Orthopaedic Research, 2018, 36, 289-299. | 1.2 | 42 |

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|---|---|---|---|
| 37 | Haploinsufficiency of myostatin protects against agingâ€related declines in muscle function and enhances the longevity of mice. Aging Cell, 2015, 14, 704-706. | 3.0 | 41 |
| 38 | Insulinâ€like growth factor 1 signaling in tenocytes is required for adult tendon growth. FASEB Journal, 2019, 33, 12680-12695. | 0.2 | 41 |
| 39 | Blood Flow Restriction Training Applied With High-Intensity Exercise Does Not Improve Quadriceps Muscle Function After Anterior Cruciate Ligament Reconstruction: A Randomized Controlled Trial. American Journal of Sports Medicine, 2020, 48, 825-837. | 1.9 | 40 |
| 40 | p38 MAPK Signaling in Postnatal Tendon Growth and Remodeling. PLoS ONE, 2015, 10, e0120044. | 1.1 | 37 |
| 41 | Scleraxis is required for the growth of adult tendons in response to mechanical loading. JCI Insight, 2020, 5, . | 2.3 | 37 |
| 42 | TGF-Î²1 enhances contractility in engineered skeletal muscle. Journal of Tissue Engineering and Regenerative Medicine, 2013, 7, 562-571. | 1.3 | 33 |
| 43 | Muscle Fibers are Injured at the Time of Acute and Chronic Rotator Cuff Repair. Clinical Orthopaedics and Related Research, 2015, 473, 226-232. | 0.7 | 33 |
| 44 | Inhibition of plateletâ€derived growth factor signaling prevents muscle fiber growth during skeletal muscle hypertrophy. FEBS Letters, 2017, 591, 801-809. | 1.3 | 33 |
| 45 | Changes in skeletal muscle and tendon structure and function following genetic inactivation of myostatin in rats. Journal of Physiology, 2015, 593, 2037-2052. | 1.3 | 31 |
| 46 | Inhibition of p38 mitogen-activated protein kinase signaling reduces fibrosis and lipid accumulation after rotator cuff repair. Journal of Shoulder and Elbow Surgery, 2016, 25, 1501-1508. | 1.2 | 30 |
| 47 | Regeneration of Skeletal Muscle After Eccentric Injury. Journal of Sport Rehabilitation, 2017, 26, 171-179. | 0.4 | 30 |
| 48 | Stromal vascular stem cell treatment decreases muscle fibrosis following chronic rotator cuff tear. International Orthopaedics, 2016, 40, 759-764. | 0.9 | 28 |
| 49 | Pharmacological inhibition of myostatin protects against skeletal muscle atrophy and weakness after anterior cruciate ligament tear. Journal of Orthopaedic Research, 2017, 35, 2499-2505. | 1.2 | 28 |
| 50 | Pathogenesis and management of tendinopathies in sports medicine. Translational Sports Medicine, 2018, 1, 5-13. | 0.5 | 27 |
| 51 | Measurement of Maximum Isometric Force Generated by Permeabilized Skeletal Muscle Fibers. Journal of Visualized Experiments, 2015, , e52695. | 0.2 | 25 |
| 52 | Postnatal tendon growth and remodeling require platelet-derived growth factor receptor signaling. American Journal of Physiology - Cell Physiology, 2018, 314, C389-C403. | 2.1 | 25 |
| 53 | Adaptive and innate immune cell responses in tendons and lymph nodes after tendon injury and repair. Journal of Applied Physiology, 2020, 128, 473-482. | 1.2 | 24 |
| 54 | Local cryotherapy minimally impacts the metabolome and transcriptome of human skeletal muscle. Scientific Reports, 2017, 7, 2423. | 1.6 | 23 |

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|---|---|---|---|
| 55 | Anterior cruciate ligament tear induces a sustained loss of muscle fiber force production. Muscle and Nerve, 2018, 58, 145-148. | 1.0 | 23 |
| 56 | Skeletal muscle fiber type-selective effects of acute exercise on insulin-stimulated glucose uptake in insulin-resistant, high-fat-fed rats. American Journal of Physiology - Endocrinology and Metabolism, 2019, 316, E695-E706. | 1.8 | 20 |
| 57 | Widespread diversity in the transcriptomes of functionally divergent limb tendons. Journal of Physiology, 2020, 598, 1537-1550. | 1.3 | 19 |
| 58 | T lymphocytes are not required for the development of fatty degeneration after rotator cuff tear. Bone and Joint Research, 2014, 3, 262-272. | 1.3 | 16 |
| 59 | Multiomics analysis of the mdx/mTR mouse model of Duchenne muscular dystrophy. Connective Tissue Research, 2021, 62, 24-39. | 1.1 | 16 |
| 60 | Reduced Myogenic and Increased Adipogenic Differentiation Capacity of Rotator Cuff Muscle Stem Cells. Journal of Bone and Joint Surgery - Series A, 2019, 101, 228-238. | 1.4 | 14 |
| 61 | No Treatment Benefits of Local Administration of Insulin-like Growth Factor-1 in Addition to Heavy Slow Resistance Training in Tendinopathic Human Patellar Tendons: A Randomized, Double-Blind, Placebo-Controlled Trial With 1-Year Follow-up. American Journal of Sports Medicine, 2021, 49, 2361-2370. | 1.9 | 13 |
| 62 | Physiological adaptations to resistance training in rats selectively bred for low and high response to aerobic exercise training. Experimental Physiology, 2018, 103, 1513-1523. | 0.9 | 12 |
| 63 | Inhibition of prolyl 4-hydroxylase decreases muscle fibrosis following chronic rotator cuff tear. Bone and Joint Research, 2017, 6, 57-65. | 1.3 | 10 |
| 64 | Fibroblasts take the centre stage in human skeletal muscle regeneration. Journal of Physiology, 2017, 595, 5005-5005. | 1.3 | 10 |
| 65 | The Use of Recombinant Human Growth Hormone to Protect Against Muscle Weakness in Patients Undergoing Anterior Cruciate Ligament Reconstruction: A Pilot, Randomized Placebo-Controlled Trial. American Journal of Sports Medicine, 2020, 48, 1916-1928. | 1.9 | 10 |
| 66 | A Transgenic tdTomato Rat for Cell Migration and Tissue Engineering Applications. Tissue Engineering - Part C: Methods, 2018, 24, 263-271. | 1.1 | 9 |
| 67 | Mouse forepaw lumbrical muscles are resistant to age-related declines in force production. Experimental Gerontology, 2015, 65, 42-45. | 1.2 | 8 |
| 68 | Optimal Joint Positions for Manual Isometric Muscle Testing. Journal of Sport Rehabilitation, 2016, 25, . | 0.4 | 8 |
| 69 | Endocranial and masticatory muscle volumes in myostatin-deficient mice. Royal Society Open Science, 2014, 1, 140187. | 1.1 | 7 |
| 70 | What is the Role of Systemic Conditions and Options for Manipulation of Bone Formation and Bone Resorption in Rotator Cuff Tendon Healing and Repair?. Techniques in Shoulder and Elbow Surgery, 2017, 18, 113-120. | 0.2 | 6 |
| 71 | Cryotherapy duration is critical in short-term recovery of athletes: a systematic review. Journal of ISAKOS, 2019, 4, 131-136. | 1.1 | 5 |
| 72 | A stochastic structural reliability model explains rotator cuff repair retears. International Biomechanics, 2014, 1, 29-35. | 0.9 | 4 |

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|---|---|---|---|
| 73 | The MRL/MpJ Mouse Strain Is Not Protected From Muscle Atrophy and Weakness After Rotator Cuff Tear. Journal of Orthopaedic Research, 2020, 38, 811-822. | 1.2 | 4 |
| 74 | Increased Comorbidity Burden Among Hip Fracture Patients During the COVID-19 Pandemic in New York City. Geriatric Orthopaedic Surgery and Rehabilitation, 2021, 12, 215145932110406. | 0.6 | 4 |
| 75 | Assessment of the Contractile Properties of Permeabilized Skeletal Muscle Fibers. Methods in Molecular Biology, 2016, 1460, 321-336. | 0.4 | 3 |
| 76 | Single Muscle Fibre Contractility Testing in Rats to Quantify Ischaemic Muscle Damage During Reperfusion Injury. European Journal of Vascular and Endovascular Surgery, 2019, 58, 249-256. | 0.8 | 3 |
| 77 | Prostaglandin D 2 signaling is not involved in the recovery of rat hind limb tendons from injury. Physiological Reports, 2019, 7, e14289. | 0.7 | 3 |
| 78 | Active shortening protects against stretch-induced force deficits in human skeletal muscle. Journal of Applied Physiology, 2017, 122, 1218-1226. | 1.2 | 2 |
| 79 | Ontogenetic and in silico models of spatialâ€packing in the hypermuscular mouse skull. Journal of Anatomy, 2021, 238, 1284-1295. | 0.9 | 2 |
| 80 | Inflammation in tendinopathy: The pendulum swings. Translational Sports Medicine, 2018, 1, 103-103. | 0.5 | 1 |
| 81 | Simvastatin Reduces Fibrosis and Protects Against Muscle Weakness after Massive Rotator Cuff Tear. Journal of Shoulder and Elbow Surgery, 2015, 24, e109-e110. | 1.2 | 0 |
| 82 | RE: Talks BJ, Fernquest S, Palmer A, et al. 2019. No Evidence of Systemic Inflammation in Symptomatic Patients With Femoroacetabular Impingement. Journal of Orthopaedic Research, 2019, 37, 2621-2622. | 1.2 | 0 |
| 83 | Contractile properties of skeletal muscles from myostatin deficient mice. FASEB Journal, 2006, 20, A387. | 0.2 | 0 |
| 84 | Specific force generation and injury susceptibility of permeabilized single skeletal muscle fibers from myostatinâ€deficient mice. FASEB Journal, 2010, 24, 989.26. | 0.2 | 0 |
| 85 | Role of Contraction-Induced Injury in Age-Related Muscle Wasting and Weakness. , 2011, , 373-391. | | 0 |
| 86 | Achilles Tendon Ablation Induces Scleraxis Expression and Neotendon Formation in the Plantaris Tendon. FASEB Journal, 2012, 26, 1142.52. | 0.2 | 0 |
| 87 | Fat accumulation, fibrosis, fiberâ€type switching, and a reduction in specific force production following rotator cuff tear. FASEB Journal, 2012, 26, 1086.28. | 0.2 | 0 |
| 88 | Improvement in the Contractility and Muscle Stem Cell Density of the Rotator Cuff Following Surgical Repair. JBJS Case Connector, 2012, 2, e75. | 0.1 | 0 |
| 89 | Amniotic membrane improves force production after repair of a massive rotator cuff tear. FASEB Journal, 2018, 32, 856.1. | 0.2 | 0 |
| 90 | Shoulder Lesions Do Not Increase Inflammatory Biomarkers in Patients Undergoing Surgery for Glenohumeral Instability: An Exploratory Study. Translational Sports Medicine, 2022, 2022, 1-10. | 0.5 | 0 |