Brandon S Shaw

List of Publications by Year in descending order

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687363 713466 46 489 13 21 citations h-index g-index papers 49 49 49 732 docs citations times ranked citing authors all docs

#	Article	lF	CITATIONS
1	Efficacy of massage on muscle soreness, perceived recovery, physiological restoration and physical performance in male bodybuilders. Journal of Sports Sciences, 2016, 34, 959-965.	2.0	44
2	Pulmonary Function and Abdominal and Thoracic Kinematic Changes Following Aerobic and Inspiratory Resistive Diaphragmatic Breathing Training in Asthmatics. Lung, 2011, 189, 131-139.	3.3	42
3	Anthropometrically determined nutritional status of urban primary schoolchildren in Makurdi, Nigeria. BMC Public Health, 2011, 11, 769.	2.9	41
4	Effects of Polluted Air on Cardiovascular and Hematological Parameters After Progressive Maximal Aerobic Exercise. Lung, 2015, 193, 275-281.	3.3	40
5	Resistance exercise is medicine: Strength training in health promotion and rehabilitation. International Journal of Therapy and Rehabilitation, 2015, 22, 385-389.	0.3	34
6	Comparison of Resistance and Concurrent Resistance and Endurance Training Regimes in the Development of Strength. Journal of Strength and Conditioning Research, 2009, 23, 2507-2514.	2.1	33
7	Effects of endurance and high intensity training on ICAM-1 and VCAM-1 levels and arterial pressure in obese and normal weight adolescents. Physician and Sportsmedicine, 2016, 44, 208-216.	2.1	30
8	The impact of modified exercise and relaxation therapy on chronic lower back pain in office workers: a randomized clinical trial. Journal of Exercise Rehabilitation, 2019, 15, 703-708.	1.0	28
9	Oxygen Consumption, Heart Rate, and Blood Lactate Responses to an Acute Bout of Plyometric Depth Jumps in College-Aged Men and Women. Journal of Strength and Conditioning Research, 2010, 24, 2475-2482.	2.1	24
10	Anthropometric and cardiovascular responses to hypertrophic resistance training in postmenopausal women. Menopause, 2016, 23, 1176-1181.	2.0	24
11	KINANTHROPOMETRIC ATTRIBUTES OF ELITE MALE JUDO, KARATE AND TAEKWONDO ATHLETES. Revista Brasileira De Medicina Do Esporte, 2017, 23, 260-263.	0.2	19
12	Online quizzes promote inconsistent improvements on in-class test performance in introductory anatomy and physiology. American Journal of Physiology - Advances in Physiology Education, 2015, 39, 63-66.	1.6	17
13	Ãndice de massa corpórea, sobrepeso e pressão arterial em escolares na provÃncia de Limpopo, Ãfrica do Sul. Revista Paulista De Pediatria, 2012, 30, 562-569.	1.0	14
14	Shoulder injury incidence and severity through identificationof risk factors in rugby union players. Pakistan Journal of Medical Sciences, 2013, 29, 1400-5.	0.6	14
15	CYCLING TRAINING AND FUNCTIONAL ELECTRICAL STIMULATION FOR POST-STROKE PATIENTS. Revista Brasileira De Medicina Do Esporte, 2018, 24, 300-302.	0.2	8
16	Factors Affecting Vision and Visio-Spatial Intelligence (VSI) in Sport: A Review of the Literature. Asian Journal of Sports Medicine, 2020, 11 , .	0.3	8
17	Visio-spatial skills in athletes: comparison of rugby players and non-athletes. Sport Sciences for Health, 2021, 17, 137-143.	1.3	7
18	Impact of back squat training intensity on strength and flexibility of hamstring muscle group. Journal of Back and Musculoskeletal Rehabilitation, 2017, 30, 641-647.	1.1	6

#	Article	IF	CITATIONS
19	Resistance Training as a Countermeasure for Key Non-communicable Diseases in Low-Resource Settings: A Review. Asian Journal of Sports Medicine, 2020, 12, .	0.3	6
20	Differences in visio-spatial expertise between 1st division rugby players and non-athletes. Heliyon, 2021, 7, e06290.	3.2	5
21	Interference Effect of Prior Explicit Information on Motor Sequence Learning in Relapsing-Remitting Multiple Sclerosis Patients. The Malaysian Journal of Medical Sciences, 2017, 24, 69-80.	0.5	5
22	The effect of the Nintendo Wii Fit on exercise capacity and gait in an elderly woman with CREST syndrome. International Journal of Therapy and Rehabilitation, 2014, 21, 539-546.	0.3	4
23	Individualized supervised resistance training during nebulization in adults with cystic fibrosis. Pakistan Journal of Medical Sciences, 2016, 32, 1152-1157.	0.6	4
24	Comparison of Muscular Endurance and Hypertrophy Resistance Training on Cardiovascular Disease Risk in Sedentary Male Smokers. Asian Journal of Sports Medicine, 2021, 12, .	0.3	4
25	Concurrent low-carbohydrate, high-fat diet with/without physical activity does not improve glycaemic control in type 2 diabetics. South African Journal of Clinical Nutrition, 2021, 34, 18-21.	0.7	3
26	Effect of Ankle Plantar Flexor Spasticity Level on Balance in Patients With Stroke: Protocol for a Cross-Sectional Study. JMIR Research Protocols, 2020, 9, e16045.	1.0	3
27	Combination Low Carbohydrate, High Fat Diet and Physical Activity Intervention on Lipoprotein-Lipids in Type 2 Diabetics. Asian Journal of Sports Medicine, 2019, In Press, .	0.3	3
28	Changes in chronic neck pain following the introduction of a visco-elastic polyurethane foam pillow and/or chiropractic treatment. Health SA Gesondheid, 2019, 24, 1099.	0.8	2
29	Efficacy of Home-Based Callisthenic Resistance Training on Cardiovascular Disease Risk in Overweight Compared to Normal Weight Preadolescents. Asian Journal of Sports Medicine, 2020, 12, .	0.3	2
30	Effects of Resistance and Aerobic Exercise Training or Education Associated with a Dietetic Program on Visfatin Concentrations and Body Composition in Overweight and Obese Women. Asian Journal of Sports Medicine, 2017, In Press, .	0.3	2
31	Educational Framework for Coaches on Injury Prevention in Adolescent Team Sports. Asian Journal of Sports Medicine, 2020, 11, .	0.3	2
32	Effect of a Prolonged Maximal Bout of Exercise on Visual Performance. Asian Journal of Sports Medicine, 2022, 13, .	0.3	2
33	Role of Spasticity Severity in the Balance of Post-stroke Patients. Frontiers in Human Neuroscience, 2021, 15, 783093.	2.0	2
34	Immune Function Response Following a Low-carbohydrate, High-fat Diet (LCHFD) in Patients with Type 2 Diabetes. Asian Journal of Sports Medicine, 2021, 12, .	0.3	1
35	Role of Exergame Play on Cardiorespiratory Fitness and Body Composition in Overweight and Obese Children. Asian Journal of Sports Medicine, 2021, 12, .	0.3	1
36	Establishing a proof of concept for the effects of low-carbohydrate, high-fat diet (LCHFD) and physical activity on body composition in type 2 diabetes. Heliyon, 2021, 7, e06266.	3.2	1

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37	Analysis of the effects of resistance training on circadan rhythm of endocrine hormones. Russian Open Medical Journal, 2015, 4, e0302.	0.3	1
38	Reductions in Cardiopulmonary Disease Risk Following Calisthenic Concurrent Aerobic and Resistance Training in Young Adults in a Low Resource Setting. Asian Journal of Sports Medicine, 2020, 12, .	0.3	1
39	Effect of combined aquatic and cognitive training on quality of life, fall self-efficacy, and motor performance in aged with varying cognitive status: a proof-of-concept study. Journal of Exercise Rehabilitation, 2020, 16, 148-153.	1.0	1
40	Resistance Training and Weight Management: Rationale and Efficacy. , 0, , .		1
41	Group-Based Exercise as a Therapeutic Strategy for the Improvement of Mental Outcomes in Mild to Moderate Alzheimer's Patients in Low Resource Care Facilities. Asian Journal of Sports Medicine, 2021, 12, .	0.3	O
42	Combined Aerobic and Resistance Training Lowers Body Fat Percentage in Rural Black South African Women. Asian Journal of Sports Medicine, 2021, 12, .	0.3	0
43	Effects of Four Weeks of Concurrent Taekwondo Plus Resistance Training on Post-exercise Blood Biomarkers of Physiological Stress in Previously-Trained Individuals. Asian Journal of Sports Medicine, 2021, 12, .	0.3	0
44	Importance of Resistance Training in the Management of Cardiovascular Disease Risk. , 0 , , .		0
45	Functional Electrical Stimulation and Repetitive Transcranial Magnetic Stimulation for Neurorehabilitation in Patients Post Stroke: A Short Communication. Asian Journal of Sports Medicine, 2018, In Press, .	0.3	0
46	Moving beyond Cardio: The Value of Resistance Exercise Training for Cardiovascular Disease. , 0, , .		0