

# Brad Elphinstone

## List of Publications by Year in descending order

Source: <https://exaly.com/author-pdf/3485015/publications.pdf>

Version: 2024-02-01

23  
papers

264  
citations

1040056

9  
h-index

996975

15  
g-index

24  
all docs

24  
docs citations

24  
times ranked

198  
citing authors

#	ARTICLE	IF	CITATIONS
1	Nonattachment Mediates the Relationship Between Mindfulness and Psychological Well-Being, Subjective Well-Being, and Depression, Anxiety and Stress. <i>Journal of Happiness Studies</i> , 2019, 20, 2141-2158.	3.2	41
2	Identification of a Suitable Short-Form of the UCLA Loneliness Scale. <i>Australian Psychologist</i> , 2018, 53, 107-115.	1.6	28
3	The academic benefits of "letting go": the contribution of mindfulness and nonattachment to adaptability, engagement, and grades. <i>Educational Psychology</i> , 2019, 39, 784-796.	2.7	27
4	Growing by Letting Go: Nonattachment and Mindfulness as Qualities of Advanced Psychological Development. <i>Journal of Adult Development</i> , 2020, 27, 12-22.	1.4	24
5	Self-Compassion and emotional regulation as predictors of social anxiety. <i>Psychology and Psychotherapy: Theory, Research and Practice</i> , 2021, 94, 426-442.	2.5	19
6	Promoting Classroom Engagement Through the Use of an Online Student Response System: A Mixed Methods Analysis. <i>Journal of Statistics Education</i> , 2020, 28, 25-31.	1.4	18
7	The benefits of being less fixated on self and stuff: Nonattachment, reduced insecurity, and reduced materialism. <i>Personality and Individual Differences</i> , 2019, 149, 302-308.	2.9	14
8	Letting Go of Self: The Creation of the Nonattachment to Self Scale. <i>Frontiers in Psychology</i> , 2018, 9, 2544.	2.1	13
9	Use of the Motivation and Engagement Scale—University/College as a Means of Identifying Student Typologies. <i>Journal of College Student Development</i> , 2017, 58, 457-462.	0.9	12
10	STORIES OF SUFFERING AND GROWTH: AN INVESTIGATION OF THE LIVED EXPERIENCE OF NONATTACHMENT. <i>Contemporary Buddhism</i> , 2018, 19, 448-475.	0.1	11
11	Greater autonomous motivation for study and basic psychological need satisfaction by being presently aware and "letting go": An exploration of mindful attention and nonattachment. <i>Motivation and Emotion</i> , 2021, 45, 1-12.	1.3	11
12	A brief scale for measuring Anti-Intellectualism. <i>Personality and Individual Differences</i> , 2017, 114, 167-174.	2.9	8
13	Greater autonomous regulation, wellbeing, and adaptive learning characteristics: The benefits of an effortful rather than expedient epistemic style. <i>Personality and Individual Differences</i> , 2016, 99, 94-99.	2.9	6
14	Does the way you think and look at the world contribute to being materialistic? Epistemic style, metaphysics, and their influence on materialism and wellbeing. <i>Personality and Individual Differences</i> , 2016, 97, 67-75.	2.9	6
15	Examining the measurement of epistemic style: The development and validation of the Epistemic Preference Indicator-Revised. <i>Personality and Individual Differences</i> , 2014, 58, 101-105.	2.9	5
16	The relative benefits of nonattachment to self and self-compassion for psychological distress and psychological wellbeing for those with and without symptoms of depression. <i>Psychology and Psychotherapy: Theory, Research and Practice</i> , 2021, 94, 573-586.	2.5	5
17	Towards gameworld studies. <i>Journal of Gaming and Virtual Worlds</i> , 2019, 11, 289-307.	0.4	4
18	Da-Sein design: Linking phenomenology with Self-Determination Theory for game design. <i>Journal of Gaming and Virtual Worlds</i> , 2017, 9, 55-69.	0.4	3

#	ARTICLE	IF	CITATIONS
19	Assessment of the parental authority questionnaire-short in Australian and Polish samples. <i>European Journal of Developmental Psychology</i> , 2015, 12, 482-495.	1.8	2
20	Nonattachment as a Mediator of the Mindfulness-Well-being Relationship: Comparing Emirati and Australian Students. <i>Mindfulness</i> , 2022, 13, 526-538.	2.8	2
21	Ontological Orientation as a Mediator of Perceptual Change. <i>International Journal of Mental Health and Addiction</i> , 2021, 19, 193-206.	7.4	1
22	“Letting go”™ and flourishing in study: An investigation of the indirect relationship between nonattachment and grades via psychological wellbeing. <i>Learning and Individual Differences</i> , 2020, 78, 101847.	2.7	0
23	The Effect of Studying A Course in Miracles on Mental Well-being. <i>International Journal of Mental Health and Addiction</i> , 2021, 19, 267-282.	7.4	0