

Itai Ivtzan

List of Publications by Year in descending order

Source: <https://exaly.com/author-pdf/3474317/publications.pdf>

Version: 2024-02-01

30
papers

2,063
citations

516215

16
h-index

580395

25
g-index

32
all docs

32
docs citations

32
times ranked

2020
citing authors

#	ARTICLE	IF	CITATIONS
1	Putting the "app"™ in Happiness: A Randomised Controlled Trial of a Smartphone-Based Mindfulness Intervention to Enhance Wellbeing. <i>Journal of Happiness Studies</i> , 2016, 17, 163-185.	1.9	324
2	A systematic review of the neurophysiology of mindfulness on EEG oscillations. <i>Neuroscience and Biobehavioral Reviews</i> , 2015, 57, 401-410.	2.9	281
3	Second Wave Positive Psychology: Exploring the Positiveâ€“Negative Dialectics of Wellbeing. <i>Journal of Happiness Studies</i> , 2016, 17, 1753-1768.	1.9	198
4	Mindfulness-based interventions in the workplace: An inclusive systematic review and meta-analysis of their impact upon wellbeing. <i>Journal of Positive Psychology</i> , 2019, 14, 625-640.	2.6	141
5	Linking Religion and Spirituality with Psychological Well-being: Examining Self-actualisation, Meaning in Life, and Personal Growth Initiative. <i>Journal of Religion and Health</i> , 2013, 52, 915-929.	0.8	133
6	The impact of mindfulness on the wellbeing and performance of educators: A systematic review of the empirical literature. <i>Teaching and Teacher Education</i> , 2017, 61, 132-141.	1.6	126
7	The impact of mindfulness on well-being and performance in the workplace: an inclusive systematic review of the empirical literature. <i>European Journal of Work and Organizational Psychology</i> , 2017, 26, 492-513.	2.2	125
8	A systematic review of the impact of mindfulness on the wellâ€“being of healthcare professionals. <i>Journal of Clinical Psychology</i> , 2018, 74, 319-355.	1.0	122
9	Mind the Gap in Mindfulness Research: A Comparative Account of the Leading Schools of Thought. <i>Review of General Psychology</i> , 2013, 17, 453-466.	2.1	117
10	Second Wave Positive Psychology. , 0, , .		80
11	A Systematic Review and Meta-analysis of the Impact of Mindfulness-Based Interventions on the Well-Being of Healthcare Professionals. <i>Mindfulness</i> , 2019, 10, 1193-1216.	1.6	76
12	Integrating Mindfulness into Positive Psychology: a Randomised Controlled Trial of an Online Positive Mindfulness Program. <i>Mindfulness</i> , 2016, 7, 1396-1407.	1.6	71
13	The LIFE Model: A Meta-TheoreticalÂ“Conceptual Map for Applied Positive Psychology. <i>Journal of Happiness Studies</i> , 2015, 16, 1347-1364.	1.9	49
14	Wellbeing through self-fulfilment: Examining developmental aspects of self-actualization.. <i>Humanistic Psychologist</i> , 2013, 41, 119-132.	0.2	38
15	Yoga meets positive psychology: Examining the integration of hedonic (gratitude) and eudaimonic (meaning) wellbeing in relation to the extent of yoga practice. <i>Journal of Bodywork and Movement Therapies</i> , 2014, 18, 183-189.	0.5	32
16	A study investigating the effects of Mindfulness-Based Strengths Practice (MBSP) on wellbeing. <i>International Journal of Wellbeing</i> , 2016, 6, 1-13.	1.5	27
17	Mindfulness Based Flourishing Program: A Cross-Cultural Study of Hong Kong Chinese and British Participants. <i>Journal of Happiness Studies</i> , 2018, 19, 2205-2223.	1.9	24
18	The Yoga Boom in Western Society: Practitionersâ€™™ Spiritual vs. Physical Intentions and Their Impact on Psychological Wellbeing. <i>Journal of Yoga & Physical Therapy</i> , 2015, 05, .	0.1	14

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19	Mindfulness meditation and curiosity: The contributing factors to wellbeing and the process of closing the self-discrepancy gap. <i>International Journal of Wellbeing</i> , 2011, 1, 316-327.	1.5	11
20	The effect of occupational meaningfulness on occupational commitment. <i>International Journal of Psychological Research</i> , 2013, 6, 15-23.	0.3	9
21	Androgyny in the Mirror of Self-Actualisation and Spiritual Health. <i>Open Psychology Journal</i> , 2009, 2, 58-70.	0.2	9
22	Mindful Living in Older Age: a Pilot Study of a Brief, Community-Based, Positive Aging Intervention. <i>Mindfulness</i> , 2016, 7, 630-641.	1.6	8
23	Gender role and empathy within different orientations of counselling psychology. <i>Counselling Psychology Quarterly</i> , 2012, 25, 377-388.	1.5	4
24	Mindfulness Scholarship and Interventions: A Review. , 0, , 3-28.		3
25	“œI feel I can live every minute if I choose to” participants’™ experience of a positive mindfulness programme. <i>Qualitative Research in Psychology</i> , 2017, 14, 482-504.	9.4	3
26	Masculinity in the Midst of Mindfulness: Exploring the Gendered Experiences of At-risk Adolescent Boys. <i>Men and Masculinities</i> , 2020, 23, 127-149.	1.7	3
27	The Beauty of Self-Actualisation: Linking Physical Attractiveness and Self-Fulfilment. <i>Europe's Journal of Psychology</i> , 2008, 4, .	0.6	2
28	Beyond Deficit Reduction: Exploring the Positive Potentials of Mindfulness. , 2016, , 277-295.		1
29	Soft is hard: building resilience with loving kindness meditation at work. <i>International Journal of Complementary & Alternative Medicine</i> , 2018, 11, .	0.1	1
30	The Relationship Between Socioeconomic Factors, Wellbeing, and Homosexuality in the Theatrical Profession. <i>Journal of Homosexuality</i> , 2012, 59, 1259-1272.	1.3	0