Alfredo Gea

List of Publications by Year
in descending order

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72 papers	5,487 citations	201674 27 h-index	85541 71 g-index
73 all docs	73 docs citations	73 times ranked	8995 citing authors

#	Article	IF	Citations
1	Association between pre-conceptional carbohydrate quality index and the incidence of gestational diabetes: the SUN cohort study. British Journal of Nutrition, 2023, 129, 704-714.	2.3	1
2	The Association between Inflammatory Biomarkers and Cardiovascular Autonomic Dysfunction after Bacterial Infection. Applied Sciences (Switzerland), 2022, 12, 3484.	2.5	1
3	Alcohol, Drinking Pattern, and Chronic Disease. Nutrients, 2022, 14, 1954.	4.1	28
4	Mediterranean diet, alcohol-drinking pattern and their combined effect on all-cause mortality: the Seguimiento Universidad de Navarra (SUN) cohort. European Journal of Nutrition, 2021, 60, 1489-1498.	3.9	16
5	Body shape trajectories and risk of breast cancer: results from the SUN (â€˜Seguimiento Universidad De) Tj ETQq1 1 0.784314 rgBT /Ov	2.2	4
6	Early corticosteroids are associated with lower mortality in critically ill patients with COVID-19: a cohort study. Critical Care, 2021, 25, 2.	5.8	58
7	Carbohydrate quality index and breast cancer risk in a Mediterranean cohort: The SUN project. Clinical Nutrition, 2021, 40, 137-145.	5.0	18
8	Dietary Antioxidant Vitamins and Minerals and Breast Cancer Risk: Prospective Results from the SUN Cohort. Antioxidants, 2021, 10, 340.	5.1	14
9	Dietary calcium, vitamin D, and breast cancer risk in women: findings from the SUN cohort. European Journal of Nutrition, 2021, 60, 3783-3797.	3.9	4
10	Energy Balance and Risk of Mortality in Spanish Older Adults. Nutrients, 2021, 13, 1545.	4.1	3
11	Analysis of Media Outlets on Women's Health: Thematic and Quantitative Analyses Using Twitter. Frontiers in Public Health, 2021, 9, 644284.	2.7	13
12	Physical Activity Intensity and Type 2 Diabetes: Isotemporal Substitution Models in the â€œSeguimiento Universidad de Navarraâ€•(SUN) Cohort. Journal of Clinical Medicine, 2021, 10, 2744.	2.4	4
13	The influence of alcohol intake in myopia development or progression: The SUN cohort study. Drug and Alcohol Dependence, 2021, 229, 109149.	3.2	3
14	Components of the Mediterranean Diet and Risk of COVID-19. Frontiers in Nutrition, 2021, 8, 805533.	3.7	12
15	Diet quality and nutrient density in subjects with metabolic syndrome: Influence of socioeconomic status and lifestyle factors. A cross-sectional assessment in the PREDIMED-Plus study. Clinical Nutrition, 2020, 39, 1161-1173.	5.0	28
16	Ultra-processed food consumption and the incidence of depression in a Mediterranean cohort: the SUN Project. European Journal of Nutrition, 2020, 59, 1093-1103.	3.9	123
17	Effect of changes in adherence to Mediterranean diet on nutrient density after 1-year of follow-up: results from the PREDIMED-Plus Study. European Journal of Nutrition, 2020, 59, 2395-2409.	3.9	11
18	Oral contraceptives use and development of obesity in a Mediterranean cohort: the SUN (Seguimiento) Tj ETQq0 0 0 rgBT /Overlock 10	3.4	9

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19	Carbohydrate quality changes and concurrent changes in cardiovascular risk factors: a longitudinal analysis in the PREDIMED-Plus randomized trial. American Journal of Clinical Nutrition, 2020, 111, 291-306.	4.7	50
20	Awake prone positioning does not reduce the risk of intubation in COVID-19 treated with high-flow nasal oxygen therapy: a multicenter, adjusted cohort study. Critical Care, 2020, 24, 597.	5.8	133
21	The Association Between the Mediterranean Lifestyle Index and All-Cause Mortality in the Seguimiento Universidad de Navarra Cohort. American Journal of Preventive Medicine, 2020, 59, e239-e248.	3.0	13
22	Clinical features, ventilatory management, and outcome of ARDS caused by COVID-19 are similar to other causes of ARDS. Intensive Care Medicine, 2020, 46, 2200-2211.	8.2	295
23	Lifestyle-Related Factors and Total Mortality in a Mediterranean Prospective Cohort. American Journal of Preventive Medicine, 2020, 59, e59-e67.	3.0	14
24	Healthful and unhealthful provegetarian food patterns and the incidence of breast cancer: Results from a Mediterranean cohort. Nutrition, 2020, 79-80, 110884.	2.4	11
25	Binge Drinking and Risk of Breast Cancer: Results from the SUN (â€˜Seguimiento Universidad de Navarraâ€™) Project. Nutrients, 2020, 12, 731.	4.1	5
26	Nutritional Determinants of Quality of Life in a Mediterranean Cohort: The SUN Study. International Journal of Environmental Research and Public Health, 2020, 17, 3897.	2.6	11
27	Do healthy doctors deliver better messages of health promotion to their patients?: Data from the SUN cohort study. European Journal of Public Health, 2020, 30, 438-444.	0.3	15
28	Coffee consumption and breast cancer risk in the SUN project. European Journal of Nutrition, 2020, 59, 3461-3471.	3.9	25
29	A Provegetarian Food Pattern Emphasizing Preference for Healthy Plant-Derived Foods Reduces the Risk of Overweight/Obesity in the SUN Cohort. Nutrients, 2019, 11, 1553.	4.1	54
30	Population Impact of Adhering to the Mediterranean Diet and Physical Activity on All-cause Mortality: The Seguimiento Universidad De Navarra (SUN) Cohort (P18-018-19). Current Developments in Nutrition, 2019, 3, nzz039.P18-018-19.	0.3	3
31	Healthful and Unhealthful Provegetarian Food Patterns and the Incidence of Overweight/obesity in the Seguimiento Universidad De Navarra (SUN) Cohort (OR33-05-19). Current Developments in Nutrition, 2019, 3, nzz039.OR33-05-19.	0.3	2
32	Dietary Diversity and Nutritional Adequacy among an Older Spanish Population with Metabolic Syndrome in the PREDIMED-Plus Study: A Cross-Sectional Analysis. Nutrients, 2019, 11, 958.	4.1	35
33	The Mediterranean Diet and Cardiovascular Health. Circulation Research, 2019, 124, 779-798.	4.5	441
34	Studentâ€™s Inventory of Professionalism (SIP): A Tool to Assess Attitudes towards Professional Development Based on Palliative Care Undergraduate Education. International Journal of Environmental Research and Public Health, 2019, 16, 4925.	2.6	4
35	Healthy Lifestyle and Incidence of Metabolic Syndrome in the SUN Cohort. Nutrients, 2019, 11, 65.	4.1	63
36	Trends of obesity prevalence among Spanish adults with diabetes, 1987â€“2012. Medicina ClÃ¬nica, 2019, 152, 181-184.	0.6	6

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37	Should we recommend reductions in saturated fat intake or in red/processed meat consumption? The SUN prospective cohort study. Clinical Nutrition, 2018, 37, 1389-1398.	5.0	16
38	Dietary Intake in Population with Metabolic Syndrome: Is the Prevalence of Inadequate Intake Influenced by Geographical Area? Cross-Sectional Analysis from PREDIMED-Plus Study. Nutrients, 2018, 10, 1661.	4.1	9
39	Coffee consumption and total mortality in a Mediterranean prospective cohort. American Journal of Clinical Nutrition, 2018, 108, 1113-1120.	4.7	17
40	Quality of Dietary Fat Intake and Body Weight and Obesity in a Mediterranean Population: Secondary Analyses within the PREDIMED Trial. Nutrients, 2018, 10, 2011.	4.1	51
41	Primary Prevention of Cardiovascular Disease with a Mediterranean Diet Supplemented with Extra-Virgin Olive Oil or Nuts. New England Journal of Medicine, 2018, 378, e34.	27.0	2,065
42	Ultra-Processed Food Consumption and the Incidence of Hypertension in a Mediterranean Cohort: The Seguimiento Universidad de Navarra Project. American Journal of Hypertension, 2017, 30, 358-366.	2.0	263
43	Prevalencia de obesidad y diabetes en adultos espaÃ±oles, 1987-2012. Medicina ClÃnica, 2017, 148, 250-256.	0.6	50
44	Reply to JM Cullin and CI FernÃ¡ndez. American Journal of Clinical Nutrition, 2017, 105, 1013-1014.	4.7	1
45	Relationship between adherence to Dietary Approaches to Stop Hypertension (DASH) diet indices and incidence of depression during up to 8 years of follow-up. Public Health Nutrition, 2017, 20, 2383-2392.	2.2	42
46	Reply to T Bhurosy et al.. American Journal of Clinical Nutrition, 2017, 105, 1012-1013.	4.7	3
47	Reply to LA Schrader. American Journal of Clinical Nutrition, 2017, 105, 1011-1012.	4.7	0
48	Substitution Models of Water for Other Beverages, and the Incidence of Obesity and Weight Gain in the SUN Cohort. Nutrients, 2016, 8, 688.	4.1	27
49	Snacking between main meals is associated with a higher risk of metabolic syndrome in a Mediterranean cohort: the SUN Project (Seguimiento Universidad de Navarra). Public Health Nutrition, 2016, 19, 658-666.	2.2	10
50	The Association Between the Mediterranean Lifestyle and Depression. Clinical Psychological Science, 2016, 4, 1085-1093.	4.0	47
51	Intake of High-Fat Yogurt, but Not of Low-Fat Yogurt or Prebiotics, Is Related to Lower Risk of Depression in Women of the SUN Cohort Study. Journal of Nutrition, 2016, 146, 1731-1739.	2.9	28
52	Ultraprocessed food consumption and risk of overweight and obesity: the University of Navarra Follow-Up (SUN) cohort study. American Journal of Clinical Nutrition, 2016, 104, 1433-1440.	4.7	412
53	Beneficial changes in food consumption and nutrient intake after 10Âyears of follow-up in a Mediterranean cohort: the SUN project. BMC Public Health, 2016, 16, 203.	2.9	19
54	Moderate red wine consumption is associated with a lower prevalence of the metabolic syndrome in the PREDIMED population. British Journal of Nutrition, 2015, 113, S121-S130.	2.3	65

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55	Alcohol and Difficulty Conceiving in the SUN Cohort: A Nested Case-Control Study. Nutrients, 2015, 7, 6167-6178.	4.1	7
56	Mediterranean Alcohol-Drinking Pattern and the Incidence of Cardiovascular Disease and Cardiovascular Mortality: The SUN Project. Nutrients, 2015, 7, 9116-9126.	4.1	39
57	Association of a Dietary Score with Incident Type 2 Diabetes: The Dietary-Based Diabetes-Risk Score (DDS). PLoS ONE, 2015, 10, e0141760.	2.5	20
58	Association Between Dietary Intake of Polychlorinated Biphenyls and the Incidence of Hypertension in a Spanish Cohort. Hypertension, 2015, 65, 714-721.	2.7	21
59	Prophylactic treatment with coenzyme Q10 in patients undergoing cardiac surgery: could an antioxidant reduce complications? A systematic review and meta-analysis. Interactive Cardiovascular and Thoracic Surgery, 2015, 20, 254-259.	1.1	28
60	Working hours and incidence of metabolic syndrome and its components in a Mediterranean cohort: the SUN project. European Journal of Public Health, 2015, 25, 683-688.	0.3	22
61	Dietary fat intake and risk of cardiovascular disease and all-cause mortality in a population at high risk of cardiovascular disease. American Journal of Clinical Nutrition, 2015, 102, 1563-1573.	4.7	219
62	Baseline consumption and changes in sugar-sweetened beverage consumption and the incidence of hypertension: The SUN project. Clinical Nutrition, 2015, 34, 1133-1140.	5.0	27
63	Dietary indexes, food patterns and incidence of metabolic syndrome in a Mediterranean cohort: The SUN project. Clinical Nutrition, 2015, 34, 508-514.	5.0	83
64	Television Viewing, Computer Use, Time Driving and Allâ€Cause Mortality: The SUN Cohort. Journal of the American Heart Association, 2014, 3, e000864.	3.7	67
65	Mediterranean alcohol-drinking pattern and mortality in the SUN (Seguimiento Universidad de) Tj ETQq1 1 0.784314 rgBT /Overlock 10	2.3	76
66	Reported fried food consumption and the incidence of hypertension in a Mediterranean cohort: the SUN (Seguimiento Universidad de Navarra) project. British Journal of Nutrition, 2014, 112, 984-991.	2.3	25
67	Sugar-sweetened carbonated beverage consumption and childhood/adolescent obesity: a caseâ€“control study. Public Health Nutrition, 2014, 17, 2185-2193.	2.2	38
68	Omega 3:6 ratio intake and incidence of glaucoma: The SUN cohort. Clinical Nutrition, 2014, 33, 1041-1045.	5.0	24
69	Geographical and climatic factors and depression risk in the SUN project. European Journal of Public Health, 2014, 24, 626-631.	0.3	27
70	Fast Food Consumption and Gestational Diabetes Incidence in the SUN Project. PLoS ONE, 2014, 9, e106627.	2.5	35
71	Longitudinal association between yogurt consumption and the risk of overweight/obesity: the SUN cohort study (1018.7). FASEB Journal, 2014, 28, 1018.7.	0.5	0
72	A longitudinal assessment of alcohol intake and incident depression: the SUN project. BMC Public Health, 2012, 12, 954.	2.9	42