

# Terry Kit Selfe

## List of Publications by Citations

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**Version:** 2024-04-28

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The third column is the impact factor (IF) of the journal, and the fourth column is the number of citations of the article.

31  
papers

1,055  
citations

17  
h-index

32  
g-index

33  
ext. papers

1,221  
ext. citations

3.3  
avg, IF

4.7  
L-index

#	Paper	IF	Citations
31	Prevalence of restless legs syndrome in North American and Western European populations: a systematic review. <i>Sleep Medicine</i> , <b>2011</b> , 12, 623-34	4.6	136
30	Yoga for Adults with Type 2 Diabetes: A Systematic Review of Controlled Trials. <i>Journal of Diabetes Research</i> , <b>2016</b> , 2016, 6979370	3.9	114
29	Restless legs syndrome and conditions associated with metabolic dysregulation, sympathoadrenal dysfunction, and cardiovascular disease risk: a systematic review. <i>Sleep Medicine Reviews</i> , <b>2012</b> , 16, 309-39	10.2	91
28	Effectiveness of yoga for hypertension: systematic review and meta-analysis. <i>Evidence-based Complementary and Alternative Medicine</i> , <b>2013</b> , 2013, 649836	2.3	87
27	Acupuncture and osteoarthritis of the knee: a review of randomized, controlled trials. <i>Family and Community Health</i> , <b>2008</b> , 31, 247-54	1.6	67
26	Mind-body therapies for menopausal symptoms: a systematic review. <i>Maturitas</i> , <b>2010</b> , 66, 135-49	5	66
25	Effects of Meditation versus Music Listening on Perceived Stress, Mood, Sleep, and Quality of Life in Adults with Early Memory Loss: A Pilot Randomized Controlled Trial. <i>Journal of Alzheimer's Disease</i> , <b>2016</b> , 52, 1277-98	4.3	52
24	"More than I expected": perceived benefits of yoga practice among older adults at risk for cardiovascular disease. <i>Complementary Therapies in Medicine</i> , <b>2013</b> , 21, 14-28	3.5	50
23	Menopause, the metabolic syndrome, and mind-body therapies. <i>Menopause</i> , <b>2008</b> , 15, 1005-13	2.5	49
22	The Effects of a Gentle Yoga Program on Sleep, Mood, and Blood Pressure in Older Women with Restless Legs Syndrome (RLS): A Preliminary Randomized Controlled Trial. <i>Evidence-based Complementary and Alternative Medicine</i> , <b>2012</b> , 2012, 294058	2.3	46
21	Meditation as a therapeutic intervention for adults at risk for Alzheimer's disease - potential benefits and underlying mechanisms. <i>Frontiers in Psychiatry</i> , <b>2014</b> , 5, 40	5	43
20	Meditation and Music Improve Memory and Cognitive Function in Adults with Subjective Cognitive Decline: A Pilot Randomized Controlled Trial. <i>Journal of Alzheimer's Disease</i> , <b>2017</b> , 56, 899-916	4.3	33
19	Contextualizing the effects of yoga therapy on diabetes management: a review of the social determinants of physical activity. <i>Family and Community Health</i> , <b>2008</b> , 31, 228-39	1.6	29
18	Efficacy of an eight-week yoga intervention on symptoms of restless legs syndrome (RLS): a pilot study. <i>Journal of Alternative and Complementary Medicine</i> , <b>2013</b> , 19, 527-35	2.4	26
17	A randomized controlled trial of two simple mind-body programs, Kirtan Kriya meditation and music listening, for adults with subjective cognitive decline: Feasibility and acceptability. <i>Complementary Therapies in Medicine</i> , <b>2016</b> , 26, 98-107	3.5	21
16	Effects of Meditation and Music-Listening on Blood Biomarkers of Cellular Aging and Alzheimer's Disease in Adults with Subjective Cognitive Decline: An Exploratory Randomized Clinical Trial. <i>Journal of Alzheimer's Disease</i> , <b>2018</b> , 66, 947-970	4.3	21
15	Mind-Body Therapies and Osteoarthritis of the Knee. <i>Current Rheumatology Reviews</i> , <b>2009</b> , 5, 204-211	1.6	18

14	The Relationship of Restless Legs Syndrome to History of Pregnancy-Induced Hypertension. <i>Journal of Women's Health</i> , <b>2016</b> , 25, 397-408	3	17
13	Effects of noninvasive interactive neurostimulation on symptoms of osteoarthritis of the knee: a randomized, sham-controlled pilot study. <i>Journal of Alternative and Complementary Medicine</i> , <b>2008</b> , 14, 1075-81	2.4	16
12	The Association of Restless Legs Syndrome to History of Gestational Diabetes in an Appalachian Primary Care Population. <i>Journal of Clinical Sleep Medicine</i> , <b>2015</b> , 11, 1121-30	3.1	15
11	Restless legs syndrome in an appalachian primary care population: prevalence, demographic and lifestyle correlates, and burden. <i>Journal of Clinical Sleep Medicine</i> , <b>2013</b> , 9, 1065-75	3.1	14
10	A new educational film control for use in studies of active mind-body therapies: acceptability and feasibility. <i>Journal of Alternative and Complementary Medicine</i> , <b>2011</b> , 17, 453-8	2.4	13
9	Effects of Mantra Meditation versus Music Listening on Knee Pain, Function, and Related Outcomes in Older Adults with Knee Osteoarthritis: An Exploratory Randomized Clinical Trial (RCT). <i>Evidence-based Complementary and Alternative Medicine</i> , <b>2018</b> , 2018, 7683897	2.3	11
8	Effects of Meditation on Symptoms of Knee Osteoarthritis. <i>Alternative and Complementary Therapies</i> , <b>2013</b> , 19, 139-146	0.3	6
7	Effects of a 12-week yoga versus a 12-week educational film intervention on symptoms of restless legs syndrome and related outcomes: an exploratory randomized controlled trial. <i>Journal of Clinical Sleep Medicine</i> , <b>2020</b> , 16, 107-119	3.1	6
6	Acceptability and feasibility of a 12-week yoga vs. educational film program for the management of restless legs syndrome (RLS): study protocol for a randomized controlled trial. <i>Trials</i> , <b>2019</b> , 20, 134	2.8	4
5	P2-021: Meditation and Music Listening Improve Memory and Cognitive Function in Adults with Subjective Cognitive Decline: A Preliminary Randomized Controlled Trial (RCT) <b>2016</b> , 12, P616-P617		2
4	Incorporating a Usual Care Comparator into a Study of Meditation and Music Listening for Older Adults with Subjective Cognitive Decline: A Randomized Feasibility Trial. <i>Journal of Alzheimer's Disease Reports</i> , <b>2021</b> , 5, 187-206	3.3	1
3	Association of Fructosamine to indices of dyslipidemia in older adults with type 2 diabetes. <i>Diabetes and Metabolic Syndrome: Clinical Research and Reviews</i> , <b>2011</b> , 5, 179-82	8.9	
2	An Exploratory Randomized Controlled Trial of a 12-Week Yoga Versus Educational Film Program for the Management of Restless Legs Syndrome: Feasibility and Acceptability. <b>2022</b> , 28, 309-319		
1	Trials of yoga for restless legs syndrome in pregnant and postpartum women are warranted but require special considerations. <i>Journal of Clinical Sleep Medicine</i> , <b>2020</b> , 16, 829-830	3.1	