

# Tasnime Akbaraly

## List of Publications by Citations

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The third column is the impact factor (IF) of the journal, and the fourth column is the number of citations of the article.

38

papers

2,371

citations

26

h-index

42

g-index

42

ext. papers

2,894

ext. citations

6.4

avg, IF

4.77

L-index

#	Paper	IF	Citations
38	Dietary pattern and depressive symptoms in middle age. <i>British Journal of Psychiatry</i> , <b>2009</b> , 195, 408-13	5.4	369
37	Leisure activities and the risk of dementia in the elderly: results from the Three-City Study. <i>Neurology</i> , <b>2009</b> , 73, 854-61	6.5	213
36	Healthy dietary indices and risk of depressive outcomes: a systematic review and meta-analysis of observational studies. <i>Molecular Psychiatry</i> , <b>2019</b> , 24, 965-986	15.1	203
35	The effect of short sleep duration on coronary heart disease risk is greatest among those with sleep disturbance: a prospective study from the Whitehall II cohort. <i>Sleep</i> , <b>2010</b> , 33, 739-44	1.1	181
34	Insomnia and daytime sleepiness are risk factors for depressive symptoms in the elderly. <i>Sleep</i> , <b>2011</b> , 34, 1103-10	1.1	165
33	Alternative Healthy Eating Index and mortality over 18 y of follow-up: results from the Whitehall II cohort. <i>American Journal of Clinical Nutrition</i> , <b>2011</b> , 94, 247-53	7	122
32	Adherence to healthy dietary guidelines and future depressive symptoms: evidence for sex differentials in the Whitehall II study. <i>American Journal of Clinical Nutrition</i> , <b>2013</b> , 97, 419-27	7	96
31	Plasma selenium and risk of dysglycemia in an elderly French population: results from the prospective Epidemiology of Vascular Ageing Study. <i>Nutrition and Metabolism</i> , <b>2010</b> , 7, 21	4.6	80
30	Alcohol consumption and risk of dementia: 23 year follow-up of Whitehall II cohort study. <i>BMJ, The</i> , <b>2018</b> , 362, k2927	5.9	74
29	Diet and depression: exploring the biological mechanisms of action. <i>Molecular Psychiatry</i> , <b>2021</b> , 26, 134-150	15.1	66
28	Dietary inflammatory index and recurrence of depressive symptoms: Results from the Whitehall II Study. <i>Clinical Psychological Science</i> , <b>2016</b> , 4, 1125-1134	6	59
27	Metabolic syndrome over 10 years and cognitive functioning in late midlife: the Whitehall II study. <i>Diabetes Care</i> , <b>2010</b> , 33, 84-9	14.6	57
26	Alternative Healthy Eating Index 2010, Dietary Inflammatory Index and risk of mortality: results from the Whitehall II cohort study and meta-analysis of previous Dietary Inflammatory Index and mortality studies. <i>British Journal of Nutrition</i> , <b>2017</b> , 118, 210-221	3.6	56
25	Does overall diet in midlife predict future aging phenotypes? A cohort study. <i>American Journal of Medicine</i> , <b>2013</b> , 126, 411-419.e3	2.4	48
24	Long-term adherence to healthy dietary guidelines and chronic inflammation in the prospective Whitehall II study. <i>American Journal of Medicine</i> , <b>2015</b> , 128, 152-160.e4	2.4	47
23	Metabolic syndrome and onset of depressive symptoms in the elderly: findings from the three-city study. <i>Diabetes Care</i> , <b>2011</b> , 34, 904-9	14.6	47
22	Meat, poultry and fish and risk of colorectal cancer: pooled analysis of data from the UK dietary cohort consortium. <i>Cancer Causes and Control</i> , <b>2010</b> , 21, 1417-25	2.8	44

21	Chronic use of benzodiazepines and latent cognitive decline in the elderly: results from the Three-city study. <i>European Neuropsychopharmacology</i> , <b>2013</b> , 23, 212-23	1.2	43
20	Metabolic syndrome and disability: findings from the prospective three-city study. <i>Journals of Gerontology - Series A Biological Sciences and Medical Sciences</i> , <b>2014</b> , 69, 79-86	6.4	41
19	Overall diet history and reversibility of the metabolic syndrome over 5 years: the Whitehall II prospective cohort study. <i>Diabetes Care</i> , <b>2010</b> , 33, 2339-41	14.6	35
18	Association of circulating metabolites with healthy diet and risk of cardiovascular disease: analysis of two cohort studies. <i>Scientific Reports</i> , <b>2018</b> , 8, 8620	4.9	32
17	Association of Long-Term Diet Quality with Hippocampal Volume: Longitudinal Cohort Study. <i>American Journal of Medicine</i> , <b>2018</b> , 131, 1372-1381.e4	2.4	28
16	Decline in low-density lipoprotein cholesterol concentration: lipid-lowering drugs, diet, or physical activity? Evidence from the Whitehall II study. <i>Heart</i> , <b>2011</b> , 97, 923-30	5.1	28
15	Metabolic syndrome, its components, and mortality in the elderly. <i>Journal of Clinical Endocrinology and Metabolism</i> , <b>2010</b> , 95, E327-32	5.6	27
14	Dietary fat and breast cancer: comparison of results from food diaries and food-frequency questionnaires in the UK Dietary Cohort Consortium. <i>American Journal of Clinical Nutrition</i> , <b>2011</b> , 94, 1043-52	7	27
13	Metabolic syndrome and localization of white matter hyperintensities in the elderly population. <i>Alzheimer's and Dementia</i> , <b>2012</b> , 8, S88-95.e1	1.2	26
12	Sleep complaints and metabolic syndrome in an elderly population: the Three-City Study. <i>American Journal of Geriatric Psychiatry</i> , <b>2015</b> , 23, 818-28	6.5	23
11	Metabolic Syndrome and Symptom Resolution in Depression: A 5-Year Follow-Up of Older Adults. <i>Journal of Clinical Psychiatry</i> , <b>2017</b> , 78, e1-e7	4.6	23
10	Glycemia, insulin resistance, insulin secretion, and risk of depressive symptoms in middle age. <i>Diabetes Care</i> , <b>2013</b> , 36, 928-34	14.6	22
9	Investigating the natural history and prognostic factors of ASD in children: the multicentric Longitudinal study of children with ASD - the ELENA study protocol. <i>BMJ Open</i> , <b>2019</b> , 9, e026286	3	17
8	Diet quality as a predictor of cardiometabolic disease-free life expectancy: the Whitehall II cohort study. <i>American Journal of Clinical Nutrition</i> , <b>2020</b> , 111, 787-794	7	17
7	The Inflammatory Potential of the Diet at Midlife Is Associated with Later Healthy Aging in French Adults. <i>Journal of Nutrition</i> , <b>2018</b> , 148, 437-444	4.1	14
6	Trajectories of sleep complaints from early midlife to old age: longitudinal modeling study. <i>Sleep</i> , <b>2012</b> , 35, 1559-68	1.1	11
5	Associations between long-term adherence to healthy diet and recurrent depressive symptoms in Whitehall II Study. <i>European Journal of Nutrition</i> , <b>2020</b> , 59, 1031-1041	5.2	6
4	Reply to Veronese and Smith: Healthy dietary indices and risk of depressive outcomes: a systematic review and meta-analysis of observational studies. <i>Molecular Psychiatry</i> , <b>2020</b> , 25, 3121-3122	15.1	4

3	High-Sugar, High-Saturated-Fat Dietary Patterns Are Not Associated with Depressive Symptoms in Middle-Aged Adults in a Prospective Study. <i>Journal of Nutrition</i> , <b>2018</b> , 148, 1598-1604	4.1	4
2	Diet and depression: future needs to unlock the potential. <i>Molecular Psychiatry</i> , <b>2021</b> ,	15.1	3
1	Little Change in Diet After Onset of Type 2 Diabetes, Metabolic Syndrome, and Obesity in Middle-Aged Adults: 11-Year Follow-up Study. <i>Diabetes Care</i> , <b>2016</b> , 39, e29-30	14.6	3