

# Hunter S Waldman

## List of Publications by Year in descending order

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Version: 2024-02-01

32  
papers

336  
citations

932766

10  
h-index

887659

17  
g-index

32  
all docs

32  
docs citations

32  
times ranked

444  
citing authors

#	ARTICLE	IF	CITATIONS
1	Effects of Betaine Supplementation on Markers of Metabolic Flexibility, Body Composition, and Anaerobic Performance in Active College-Age Females. <i>Journal of Dietary Supplements</i> , 2023, 20, 89-105.	1.4	1
2	A 3-Week, Low-Carbohydrate, High-Fat Diet Improves Multiple Serum Inflammatory Markers in Endurance-Trained Males. <i>Journal of Strength and Conditioning Research</i> , 2022, 36, 2502-2508.	1.0	4
3	Impact of Time Restricted Feeding on Markers of Cardiometabolic Health and Oxidative Stress in Resistance-Trained Firefighters. <i>Journal of Strength and Conditioning Research</i> , 2022, 36, 2515-2522.	1.0	12
4	No Effect of a Ketone Monoester on Markers of Stress and Performance in a Live-Burn Search and Rescue in Firefighters. <i>Journal of Strength and Conditioning Research</i> , 2022, 36, 763-771.	1.0	4
5	International society of sports nutrition position stand: tactical athlete nutrition. <i>Journal of the International Society of Sports Nutrition</i> , 2022, 19, 267-315.	1.7	11
6	Impact of Time Restricted Feeding on Fitness Variables in Professional Resistance Trained Firefighters. <i>Journal of Occupational and Environmental Medicine</i> , 2021, 63, 343-349.	0.9	6
7	The Cardiometabolic Health Benefits of Sauna Exposure in Individuals with High-Stress Occupations. A Mechanistic Review. <i>International Journal of Environmental Research and Public Health</i> , 2021, 18, 1105.	1.2	9
8	Time Restricted Feeding Reduces Inflammation and Cortisol Response to a Firegrounds Test in Professional Firefighters. <i>Journal of Occupational and Environmental Medicine</i> , 2021, 63, 441-447.	0.9	13
9	The metabolic and performance effects of carbohydrate timing in resistance trained males undergoing a carbohydrate restricted diet. <i>Applied Physiology, Nutrition and Metabolism</i> , 2021, 46, 626-636.	0.9	1
10	Caffeinated Gum Does Not Influence RPE-Regulated Cadence in Recreationally-Active College Females Regardless of Habitual Caffeine Consumption.. <i>International Journal of Exercise Science</i> , 2021, 14, 1375-1387.	0.5	0
11	Effects of Curcumin on the Oxidative Stress Response to a Dual Stress Challenge in Trained Men. <i>Journal of Dietary Supplements</i> , 2020, 17, 261-272.	1.4	13
12	Effect of Curcumin Supplementation on Exercise-Induced Oxidative Stress, Inflammation, Muscle Damage, and Muscle Soreness. <i>Journal of Dietary Supplements</i> , 2020, 17, 401-414.	1.4	41
13	Acute coffee ingestion with and without medium-chain triglycerides decreases blood oxidative stress markers and increases ketone levels. <i>Canadian Journal of Physiology and Pharmacology</i> , 2020, 98, 194-200.	0.7	7
14	Time-restricted feeding for the prevention of cardiometabolic diseases in high-stress occupations: a mechanistic review. <i>Nutrition Reviews</i> , 2020, 78, 459-464.	2.6	27
15	Time-restricted feeding improves markers of cardiometabolic health in physically active college-age men: a 4-week randomized pre-post pilot study. <i>Nutrition Research</i> , 2020, 75, 32-43.	1.3	90
16	A 28-Day Carbohydrate-Restricted Diet Improves Markers of Cardiovascular Disease in Professional Firefighters. <i>Journal of Strength and Conditioning Research</i> , 2020, 34, 2785-2792.	1.0	10
17	Exogenous Ketones as Therapeutic Signaling Molecules in High-Stress Occupations: Implications for Mitigating Oxidative Stress and Mitochondrial Dysfunction in Future Research. <i>Nutrition and Metabolic Insights</i> , 2020, 13, 117863882097902.	0.8	6
18	Effects of Carbohydrate Mouth Rinsing on Upper Body Resistance Exercise Performance. <i>International Journal of Sport Nutrition and Exercise Metabolism</i> , 2020, 30, 42-47.	1.0	6

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19	Exogenous Ketone Salts Do Not Improve Cognitive Performance During a Dual-Stress Challenge. <i>International Journal of Sport Nutrition and Exercise Metabolism</i> , 2020, 30, 120-127.	1.0	13
20	High-Intensity Interval Training in Middle-Distance NCAA Division I 800/1500m Collegiate Athletes. <i>International Journal of Kinesiology and Sports Science</i> , 2020, 8, 28.	0.4	1
21	Effect of carbohydrate restriction on oxidative stress response to high-intensity resistance exercise. <i>Translational Sports Medicine</i> , 2019, 2, 334-340.	0.5	1
22	Effects of 7-Day Ketone Ingestion and a Physiological Workload on Postural Stability, Cognitive, and Muscular Exertion Measures in Professional Firefighters. <i>Safety</i> , 2019, 5, 15.	0.9	1
23	A 28-Day Carbohydrate-Restricted Diet Improves Markers of Cardiometabolic Health and Performance in Professional Firefighters. <i>Journal of Strength and Conditioning Research</i> , 2019, 33, 3284-3294.	1.0	11
24	Effects of psychological stress during exercise on markers of oxidative stress in young healthy, trained men. <i>Physiology and Behavior</i> , 2019, 198, 90-95.	1.0	11
25	Influence of Chronic Carbohydrate Ingestion During High Intensity Exercise on Incidences of Gastrointestinal Distress. <i>Medicine and Science in Sports and Exercise</i> , 2019, 51, 379-379.	0.2	1
26	Can High Intensity Interval Training Effect Division I College 800/1500m Runner's Performance. <i>Medicine and Science in Sports and Exercise</i> , 2019, 51, 195-195.	0.2	0
27	Effects of a 3-week High-Fat-Low-Carbohydrate Diet on Lipid and Glucose Profiles in Experienced, Middle-age Male Runners. <i>International Journal of Exercise Science</i> , 2019, 12, 786-799.	0.5	5
28	Impact of occupational footwear during simulated workloads on energy expenditure. <i>Footwear Science</i> , 2018, 10, 157-165.	0.8	11
29	A shift toward a high-fat diet in the current metabolic paradigm: A new perspective. <i>Nutrition</i> , 2018, 46, 33-35.	1.1	6
30	Effects of Environmental Heat and Antioxidant Ingestion on Blood Markers of Oxidative Stress in Professional Firefighters Performing Structural Fire Exercises. <i>Journal of Occupational and Environmental Medicine</i> , 2018, 60, e595-e601.	0.9	10
31	Repeatability Of 5-km Time Trials On A Non-motorized Treadmill. <i>Medicine and Science in Sports and Exercise</i> , 2017, 49, 752.	0.2	4
32	Lipid And Glucose Profiles Of Middle-aged Male Runners After 3-week High Fat-low Carbohydrate Diet. <i>Medicine and Science in Sports and Exercise</i> , 2017, 49, 1016.	0.2	0