Ka-Fai Chung

List of Publications by Citations

Source: https://exaly.com/author-pdf/3375266/ka-fai-chung-publications-by-citations.pdf
Version: 2024-04-19

This document has been generated based on the publications and citations recorded by exaly.com. For the latest version of this publication list, visit the link given above.
The third column is the impact factor (IF) of the journal, and the fourth column is the number of citations of the article.

117 papers	3,590 citations	32 h-index	56 g-index
119 ext. papers	4,297 ext. citations	4.3 avg, IF	5.56 L-index

#	Paper	IF	Citations
117	A community study of sleep-disordered breathing in middle-aged Chinese men in Hong Kong. *Chest* , **2001**, 119, 62-9	5.3	324
116	Sleep-wake patterns and sleep disturbance among Hong Kong Chinese adolescents. *Sleep*, **2008**, 31, 185-94	1.1	198
115	Assessing insomnia in adolescents: comparison of Insomnia Severity Index, Athens Insomnia Scale and Sleep Quality Index. *Sleep Medicine*, **2011**, 12, 463-70	4.6	194
114	Sleep-wake disturbance in interepisode bipolar disorder and high-risk individuals: a systematic review and meta-analysis. *Sleep Medicine Reviews*, **2015**, 20, 46-58	10.2	165
113	Self-help cognitive-behavioral therapy for insomnia: a meta-analysis of randomized controlled trials. *Sleep Medicine Reviews*, **2015**, 19, 17-28	10.2	140
112	Cross-cultural and comparative epidemiology of insomnia: the Diagnostic and statistical manual (DSM), International classification of diseases (ICD) and International classification of sleep disorders (ICSD). *Sleep Medicine*, **2015**, 16, 477-82	4.6	110
111	Insomnia subtypes and their relationships to daytime sleepiness in patients with obstructive sleep apnea. *Respiration*, **2005**, 72, 460-5	3.7	97
110	Acupressure, reflexology, and auricular acupressure for insomnia: a systematic review of randomized controlled trials. *Sleep Medicine*, **2012**, 13, 971-84	4.6	92
109	Electroacupuncture for primary insomnia: a randomized controlled trial. *Sleep*, **2009**, 32, 1039-47	1.1	85
108	Chinese herbal medicine for insomnia: a systematic review of randomized controlled trials. *Sleep Medicine Reviews*, **2012**, 16, 497-507	10.2	81
107	Sleep in schizophrenia: A systematic review and meta-analysis of polysomnographic findings in case-control studies. *Sleep Medicine Reviews*, **2017**, 32, 69-84	10.2	80
106	Sleep hygiene education as a treatment of insomnia: a systematic review and meta-analysis. *Family Practice*, **2018**, 35, 365-375	1.9	79
105	Electroacupuncture for residual insomnia associated with major depressive disorder: a randomized controlled trial. *Sleep*, **2011**, 34, 807-15	1.1	79
104	Doxepin for insomnia: a systematic review of randomized placebo-controlled trials. *Sleep Medicine Reviews*, **2015**, 19, 75-83	10.2	73
103	Traditional needle acupuncture treatment for insomnia: a systematic review of randomized controlled trials. *Sleep Medicine*, **2009**, 10, 694-704	4.6	69
102	Subjective sleep disturbance and its correlates in middle-aged Hong Kong Chinese women. *Maturitas*, **2006**, 53, 396-404	5	68
101	Qigong exercise alleviates fatigue, anxiety, and depressive symptoms, improves sleep quality, and shortens sleep latency in persons with chronic fatigue syndrome-like illness. *Evidence-based Complementary and Alternative Medicine*, **2014**, 2014, 106048	2.3	63

100	A systematic review on the efficacy, safety and types of Chinese herbal medicine for depression. *Journal of Psychiatric Research*, **2014**, 57, 165-75	5.2	57
99	Weekly brief phone support in self-help cognitive behavioral therapy for insomnia disorder: Relevance to adherence and efficacy. *Behaviour Research and Therapy*, **2014**, 63, 147-56	5.2	56
98	Efficacy of physical exercise in preventing falls in older adults with cognitive impairment: a systematic review and meta-analysis. *Journal of the American Medical Directors Association*, **2015**, 16, 149-54	5.9	55
97	The impact of family experience on the duration of untreated psychosis (DUP) in Hong Kong. *Social Psychiatry and Psychiatric Epidemiology*, **2005**, 40, 350-6	4.5	55
96	Prescription of chinese herbal medicine and selection of acupoints in pattern-based traditional chinese medicine treatment for insomnia: a systematic review. *Evidence-based Complementary and Alternative Medicine*, **2012**, 2012, 902578	2.3	46
95	Prevalence of sleep disturbances during COVID-19 outbreak in an urban Chinese population: a cross-sectional study. *Sleep Medicine*, **2020**, 74, 18-24	4.6	43
94	Acupuncture for residual insomnia associated with major depressive disorder: a placebo- and sham-controlled, subject- and assessor-blind, randomized trial. *Journal of Clinical Psychiatry*, **2015**, 76, e752-60	4.6	41
93	Prescription of Chinese Herbal Medicine in Pattern-Based Traditional Chinese Medicine Treatment for Depression: A Systematic Review. *Evidence-based Complementary and Alternative Medicine*, **2015** , 2015, 160189	2.3	39
92	Validation of the Chinese version of the Mood Disorder Questionnaire in a psychiatric population in Hong Kong. *Psychiatry and Clinical Neurosciences*, **2008**, 62, 464-71	6.2	39
91	The use of conventional and complementary therapies for insomnia among Hong Kong Chinese: a telephone survey. *Complementary Therapies in Medicine*, **2014**, 22, 894-902	3.5	38
90	Randomized non-invasive sham-controlled pilot trial of electroacupuncture for postpartum depression. *Journal of Affective Disorders*, **2012**, 142, 115-21	6.6	37
89	The Effect of Telephone-Based Cognitive-Behavioral Therapy on Postnatal Depression: A Randomized Controlled Trial. *Psychotherapy and Psychosomatics*, **2015**, 84, 294-303	9.4	34
88	Relationship between insomnia and pain in major depressive disorder: A sleep diary and actigraphy study. *Sleep Medicine*, **2010**, 11, 752-8	4.6	33
87	Relationship between insomnia and headache in community-based middle-aged Hong Kong Chinese women. *Journal of Headache and Pain*, **2010**, 11, 187-95	8.8	33
86	Hypnotherapy for insomnia: a systematic review and meta-analysis of randomized controlled trials. *Complementary Therapies in Medicine*, **2015**, 23, 719-32	3.5	32
85	Can a less pejorative Chinese translation for schizophrenia reduce stigma? A study of adolescentsT attitudes toward people with schizophrenia. *Psychiatry and Clinical Neurosciences*, **2004**, 58, 507-15	6.2	32
84	Dense cranial electroacupuncture stimulation for major depressive disorder--a single-blind, randomized, controlled study. *PLoS ONE*, **2012**, 7, e29651	3.7	30
83	Validation of the Mood Disorder Questionnaire in the general population in Hong Kong. *Comprehensive Psychiatry*, **2009**, 50, 471-6	7.3	29

82	Electroconvulsive therapy in Hong Kong: rates of use, indications, and outcome. *Journal of ECT*, **2003**, 19, 98-102	2	28
81	Relationships between insomnia and sleep-disordered breathing. *Chest*, **2003**, 123, 310-1; author reply 311-3	5.3	28
80	Over-the-counter sleeping pills: a survey of use in Hong Kong and a review of their constituents. *General Hospital Psychiatry*, **2002**, 24, 430-5	5.6	28
79	Differences and similarities between functional and personal recovery in an Asian population: a cluster analytic approach. *Psychiatry (New York)*, **2014**, 77, 41-56	1	27
78	The use of Mood Disorder Questionnaire, Hypomania Checklist-32 and clinical predictors for screening previously unrecognised bipolar disorder in a general psychiatric setting. *Psychiatry Research*, **2012**, 195, 111-7	9.9	27
77	Insomnia in adolescents: prevalence, help-seeking behaviors, and types of interventions. *Child and Adolescent Mental Health*, **2014**, 19, 57-63	2.2	26
76	School-Based Sleep Education Programs for Short Sleep Duration in Adolescents: A Systematic Review and Meta-Analysis. *Journal of School Health*, **2017**, 87, 401-408	2.1	25
75	Exploring the recovery concept in bipolar disorder: a decision tree analysis of psychosocial correlates of recovery stages. *Bipolar Disorders*, **2014**, 16, 366-77	3.8	25
74	Predictors of dropout from internet-based self-help cognitive behavioral therapy for insomnia. *Behaviour Research and Therapy*, **2015**, 73, 19-24	5.2	23
73	The interrelationship between sleep and depression: a secondary analysis of a randomized controlled trial on mind-body-spirit intervention. *Sleep Medicine*, **2017**, 29, 41-46	4.6	22
72	Frequency of treatment-emergent sexual dysfunction and treatment effectiveness during SSRI or duloxetine therapy: 8-week data from a 6-month observational study. *International Journal of Psychiatry in Clinical Practice*, **2011**, 15, 80-90	2.4	22
71	Classification of insomnia using the traditional chinese medicine system: a systematic review. *Evidence-based Complementary and Alternative Medicine*, **2012**, 2012, 735078	2.3	22
70	Relationships between seizure duration and seizure threshold and stimulus dosage at electroconvulsive therapy: implications for electroconvulsive therapy practice. *Psychiatry and Clinical Neurosciences*, **2002**, 56, 521-6	6.2	22
69	Changing the attitudes of Hong Kong medical students toward people with mental illness. *Journal of Nervous and Mental Disease*, **2005**, 193, 766-8	1.8	22
68	Assessment of fatigue using the Multidimensional Fatigue Inventory in patients with major depressive disorder. *Comprehensive Psychiatry*, **2014**, 55, 1671-8	7.3	21
67	Quality of life in major depressive disorder: the role of pain and pain catastrophizing cognition. *Comprehensive Psychiatry*, **2012**, 53, 387-95	7.3	21
66	A meta-analysis of the efficacy and safety of traditional Chinese medicine formula Ganmai Dazao decoction for depression. *Journal of Ethnopharmacology*, **2014**, 153, 309-17	5	19
65	Adverse Events Related to Acupuncture: Development and Testing of a Rating Scale. *Clinical Journal of Pain*, **2015**, 31, 922-8	3.5	18

64	Eveningness and Its Associated Impairments in Remitted Bipolar Disorder. *Behavioral Sleep Medicine*, **2016**, 14, 650-64	4.2	17
63	Validity and reliability of the Brief Insomnia Questionnaire in the general population in Hong Kong. *Journal of Psychosomatic Research*, **2014**, 76, 374-9	4.1	17
62	Self-administered acupressure for insomnia disorder: a pilot randomized controlled trial. *Journal of Sleep Research*, **2018**, 27, 220-231	5.8	16
61	The Experience of Chronic Insomnia in Chinese Adults: A Study Using Focus Groups and Insomnia Experience Diaries. *Behavioral Sleep Medicine*, **2016**, 14, 406-28	4.2	16
60	Revealing the Neural Mechanisms Underlying the Beneficial Effects of Tai Chi: A Neuroimaging Perspective. *The American Journal of Chinese Medicine*, **2018**, 46, 231-259	6	15
59	Effects of the Integrative Mind-Body Intervention on Depression, Sleep Disturbances and Plasma IL-6. *Psychotherapy and Psychosomatics*, **2017**, 86, 54-56	9.4	15
58	Computed tomographic cephalometric analysis of Chinese patients with obstructive sleep apnoea. *Journal of Medical Imaging and Radiation Oncology*, **2000**, 44, 417-23		15
57	Stimulus dose titration for electroconvulsive therapy. *Psychiatry and Clinical Neurosciences*, **2001**, 55, 105-10	6.2	14
56	Psychometric Comparison of the Full and Abbreviated Versions of the Dysfunctional Beliefs and Attitudes about Sleep Scale. *Journal of Clinical Sleep Medicine*, **2016**, 12, 821-8	3.1	14
55	Acupuncture with or without combined auricular acupuncture for insomnia: a randomised, waitlist-controlled trial. *Acupuncture in Medicine*, **2018**, 36, 2-13	1.9	14
54	Correlates of sleep irregularity in schizophrenia. *Psychiatry Research*, **2018**, 270, 705-714	9.9	14
53	Sleep duration, sleep–wake schedule regularity, and body weight in Hong Kong Chinese adolescents. *Biological Rhythm Research*, **2013**, 44, 169-179	0.8	13
52	Sleep–wake habits, excessive daytime sleepiness and academic performance among medical students in Hong Kong. *Biological Rhythm Research*, **2008**, 39, 369-377	0.8	13
51	Determinants of seizure threshold of electroconvulsive therapy in Chinese. *Journal of ECT*, **2006**, 22, 100-2	2	13
50	Correlates and prognostic relevance of sleep irregularity in inter-episode bipolar disorder. *Comprehensive Psychiatry*, **2016**, 69, 155-62	7.3	12
49	Risk factors associated with adverse events of acupuncture: a prospective study. *Acupuncture in Medicine*, **2014**, 32, 455-62	1.9	12
48	What predicts a positive response to acupuncture? A secondary analysis of three randomised controlled trials of insomnia. *Acupuncture in Medicine*, **2017**, 35, 24-29	1.9	11
47	Response to placebo acupuncture in insomnia: a secondary analysis of three randomized controlled trials. *Sleep Medicine*, **2015**, 16, 1372-1376	4.6	11

46	Self-stigma, stigma coping and functioning in remitted bipolar disorder. *General Hospital Psychiatry*, **2019**, 57, 7-12	5.6	11
45	Correlates of residual fatigue in patients with major depressive disorder: The role of psychotropic medication. *Journal of Affective Disorders*, **2015**, 186, 192-7	6.6	10
44	Logistic regression analysis of psychosocial correlates associated with recovery from schizophrenia in a Chinese community. *International Journal of Social Psychiatry*, **2015**, 61, 50-7	8.5	10
43	Comparison of scoring methods for the Brief Insomnia Questionnaire in a general population sample. *Journal of Psychosomatic Research*, **2015**, 78, 34-8	4.1	10
42	Effects of Tai Chi or Exercise on Sleep in Older Adults With Insomnia: A Randomized Clinical Trial. *JAMA Network Open*, **2021**, 4, e2037199	10.4	10
41	Identification of Chinese medicine syndromes in persistent insomnia associated with major depressive disorder: a latent tree analysis. *Chinese Medicine*, **2016**, 11, 4	4.7	9
40	Subjective-Objective Sleep Discrepancy in Schizophrenia. *Behavioral Sleep Medicine*, **2020**, 18, 653-667	4.2	9
39	Effects of Zero-time Exercise on inactive adults with insomnia disorder: a pilot randomized controlled trial. *Sleep Medicine*, **2018**, 52, 118-127	4.6	7
38	The effect of telephone-based cognitive-behavioural therapy on parenting stress: A randomised controlled trial. *Journal of Psychosomatic Research*, **2016**, 86, 34-8	4.1	7
37	Experience of stigma among mental health service users in Hong Kong: Are there changes between 2001 and 2017?. *International Journal of Social Psychiatry*, **2019**, 65, 64-72	8.5	7
36	Hypnotherapy for insomnia: A randomized controlled trial comparing generic and disease-specific suggestions. *Complementary Therapies in Medicine*, **2018**, 41, 231-239	3.5	7
35	Integrative body-mind-spirit intervention for concurrent sleep and mood disturbances: sleep-specific daytime functioning mediates sleep and mood improvements. *Journal of Sleep Research*, **2018**, 27, 56-63	5.8	6
34	Lifestyle medicine for depression: A meta-analysis of randomized controlled trials. *Journal of Affective Disorders*, **2021**, 284, 203-216	6.6	6
33	Sleep and Mood Disturbances during the COVID-19 Outbreak in an Urban Chinese Population in Hong Kong: A Longitudinal Study of the Second and Third Waves of the Outbreak. *International Journal of Environmental Research and Public Health*, **2021**, 18,	4.6	6
32	Dyadic associations between psychological distress and sleep disturbance among Chinese patients with cancer and their spouses. *Psycho-Oncology*, **2017**, 26, 856-861	3.9	5
31	Electroacupuncture for tapering off long-term benzodiazepine use: A randomized controlled trial. *Journal of Psychiatric Research*, **2019**, 109, 59-67	5.2	5
30	Low-Intensity Cognitive Behavioral Therapy for Insomnia as the Entry of the Stepped-Care Model in the Community: A Randomized Controlled Trial. *Behavioral Sleep Medicine*, **2021**, 19, 378-394	4.2	5
29	Electroacupuncture for tapering off long-term benzodiazepine use: study protocol of randomized controlled trial. *BMC Complementary and Alternative Medicine*, **2017**, 17, 183	4.7	4

28	The effect of a telephone-based cognitive behavioral therapy on quality of life: a randomized controlled trial. *Archives of Womens Mental Health*, **2017**, 20, 421-426	5	4
27	When east meets west: Understanding the traditional Chinese medicine diagnoses on insomnia by Western medicine symptomatology. *European Journal of Integrative Medicine*, **2018**, 17, 129-134	1.7	4
26	Assessing pain in depression: what do ratings on unidimensional pain scales really mean?. *Comprehensive Psychiatry*, **2011**, 52, 208-17	7.3	4
25	Effects of REM sleep during a daytime nap on emotional perception in individuals with and without depression. *Journal of Affective Disorders*, **2020**, 260, 687-694	6.6	4
24	Predictors of Daytime Consequences of Insomnia: The Roles of Quantitative Criteria and Nonrestorative Sleep. *Psychopathology*, **2018**, 51, 262-268	3.4	4
23	Delayed sleep-wake phase disorder and delayed sleep-wake phase in schizophrenia: Clinical and functional correlates. *Schizophrenia Research*, **2018**, 202, 412-413	3.6	4
22	Associations between the Chronotypes and Eating Habits of Hong Kong School-Aged Children. *International Journal of Environmental Research and Public Health*, **2020**, 17,	4.6	3
21	Semi-Individualized Acupuncture for Insomnia Disorder and Oxidative Stress: A Randomized, Double-Blind, Sham-Controlled Trial. *Nature and Science of Sleep*, **2021**, 13, 1195-1207	3.6	3
20	An integrative Chinese-Western diagnostic approach to predict a positive response to acupuncture. *Acupuncture in Medicine*, **2017**, 35, 306-308	1.9	2
19	Validation of the Chinese Version of the Children's ChronoType Questionnaire (CCTQ) in school-aged children. *Chronobiology International*, **2019**, 36, 1681-1690	3.6	2
18	Effects of a group-based lifestyle medicine for depression: A pilot randomized controlled trial. *PLoS ONE*, **2021**, 16, e0258059	3.7	2
17	Impact of mind-body intervention on proinflammatory cytokines interleukin 6 and 1□A three-arm randomized controlled trial for persons with sleep disturbance and depression. *Brain, Behavior, and Immunity*, **2022**, 99, 166-176	16.6	2
16	Traditional Chinese medicine diagnosis and response to acupuncture for insomnia: An analysis of two randomized placebo-controlled trials. *European Journal of Integrative Medicine*, **2016**, 8, 797-801	1.7	2
15	A population-based 2-year longitudinal study of insomnia disorder in a Chinese population in Hong Kong. *Psychology, Health and Medicine*, **2018**, 23, 505-510	2.1	2
14	Self-administered acupressure for insomnia disorder: A randomized controlled trial.. *Phytomedicine*, **2022**, 99, 153993	6.5	2
13	Randomized controlled trial of telephone-based cognitive-behavioral therapy on parenting self-efficacy and satisfaction. *Translational Behavioral Medicine*, **2019**, 9, 1163-1168	3.2	1
12	Evaluation of sleep profile in schizophrenia patients treated with extended-release paliperidone: an open-label prospective study in Southeast Asia. *Psychology Research and Behavior Management*, **2017**, 10, 323-327	3.8	1
11	Dysfunctional cognition regarding sleep as a mediator of outcome following acupuncture for insomnia. *Acupuncture in Medicine*, **2018**, 36, 193-194	1.9	1

10	Changes in Stigma Experience Among Mental Health Service Users over Time: A Qualitative Study with Focus Groups. *Community Mental Health Journal*, **2019**, 55, 1389-1394	2.1	1
9	Evidence-Based Patient Classification for Traditional Chinese Medicine. *Evidence-based Complementary and Alternative Medicine*, **2015**, 2015, 168343	2.3	1
8	Insomnia identity and its correlates in adolescents. *Sleep and Breathing*, **2020**, 24, 717-724	3.1	1
7	The efficacy of integrated cognitive behavioral therapy (CBT) and acupressure versus CBT for insomnia: a three-arm pilot randomized controlled trial. *Sleep Medicine*, **2021**, 87, 158-167	4.6	1
6	Smartphone-delivered multicomponent lifestyle medicine intervention for depressive symptoms: A randomized controlled trial.. *Journal of Consulting and Clinical Psychology*, **2021**, 89, 970-984	6.5	1
5	Hypomanic symptoms in early pregnancy: prevalence and associated factors. *Archives of Womens Mental Health*, **2021**, 24, 463-471	5	0
4	Electroacupuncture Plus Auricular Acupressure on Chemotherapy-Related Insomnia in Patients With Breast Cancer (EACRI): Study Protocol for a Randomized, Sham-Controlled Trial. *Integrative Cancer Therapies*, **2021**, 20, 15347354211058695	3	0
3	The relationships among sleep problems, anxiety, memory complaints and compulsive checking behaviours. *Journal of Obsessive-Compulsive and Related Disorders*, **2022**, 100728	1.7	0
2	Insomnia with objective short sleep duration is associated with a reduced response to active or placebo acupuncture: a secondary analysis of three randomized controlled trials. *Sleep and Biological Rhythms*, **2017**, 16, 197	1.3	
1	346 Semi-Individualized Acupuncture for Insomnia Disorder: A Randomized Sham-Controlled Trial. *Sleep*, **2021**, 44, A138-A138	1.1	