

Ka-Fai Chung

List of Publications by Year in descending order

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Version: 2024-02-01

118
papers

4,914
citations

94269

37
h-index

106150

65
g-index

119
all docs

119
docs citations

119
times ranked

5786
citing authors

#	ARTICLE	IF	CITATIONS
1	A Community Study of Sleep-Disordered Breathing in Middle-aged Chinese Men in Hong Kong. <i>Chest</i> , 2001, 119, 62-69.	0.4	370
2	Assessing insomnia in adolescents: Comparison of Insomnia Severity Index, Athens Insomnia Scale and Sleep Quality Index. <i>Sleep Medicine</i> , 2011, 12, 463-470.	0.8	292
3	Sleep-Wake Patterns and Sleep Disturbance among Hong Kong Chinese Adolescents. <i>Sleep</i> , 2008, 31, 185-194.	0.6	244
4	Sleep-wake disturbance in interepisode bipolar disorder and high-risk individuals: A systematic review and meta-analysis. <i>Sleep Medicine Reviews</i> , 2015, 20, 46-58.	3.8	214
5	Self-help cognitive-behavioral therapy for insomnia: A meta-analysis of randomized controlled trials. <i>Sleep Medicine Reviews</i> , 2015, 19, 17-28.	3.8	185
6	Cross-cultural and comparative epidemiology of insomnia: the Diagnostic and Statistical Manual (DSM), International Classification of Diseases (ICD) and International Classification of Sleep Disorders (ICSD). <i>Sleep Medicine</i> , 2015, 16, 477-482.	0.8	158
7	Sleep hygiene education as a treatment of insomnia: a systematic review and meta-analysis. <i>Family Practice</i> , 2018, 35, 365-375.	0.8	155
8	Sleep in schizophrenia: A systematic review and meta-analysis of polysomnographic findings in case-control studies. <i>Sleep Medicine Reviews</i> , 2017, 32, 69-84.	3.8	118
9	Insomnia Subtypes and Their Relationships to Daytime Sleepiness in Patients with Obstructive Sleep Apnea. <i>Respiration</i> , 2005, 72, 460-465.	1.2	112
10	Acupressure, reflexology, and auricular acupressure for insomnia: A systematic review of randomized controlled trials. <i>Sleep Medicine</i> , 2012, 13, 971-984.	0.8	110
11	Electroacupuncture for Primary Insomnia: A Randomized Controlled Trial. <i>Sleep</i> , 2009, 32, 1039-1047.	0.6	108
12	Chinese herbal medicine for insomnia: A systematic review of randomized controlled trials. <i>Sleep Medicine Reviews</i> , 2012, 16, 497-507.	3.8	99
13	Electroacupuncture for Residual Insomnia Associated with Major Depressive Disorder: A Randomized Controlled Trial. <i>Sleep</i> , 2011, 34, 807-815.	0.6	95
14	Qigong Exercise Alleviates Fatigue, Anxiety, and Depressive Symptoms, Improves Sleep Quality, and Shortens Sleep Latency in Persons with Chronic Fatigue Syndrome-Like Illness. <i>Evidence-based Complementary and Alternative Medicine</i> , 2014, 2014, 1-10.	0.5	92
15	Doxepin for insomnia: A systematic review of randomized placebo-controlled trials. <i>Sleep Medicine Reviews</i> , 2015, 19, 75-83.	3.8	92
16	Traditional needle acupuncture treatment for insomnia: A systematic review of randomized controlled trials. <i>Sleep Medicine</i> , 2009, 10, 694-704.	0.8	83
17	Subjective sleep disturbance and its correlates in middle-aged Hong Kong Chinese women. <i>Maturitas</i> , 2006, 53, 396-404.	1.0	77
18	Weekly brief phone support in self-help cognitive behavioral therapy for insomnia disorder: Relevance to adherence and efficacy. <i>Behaviour Research and Therapy</i> , 2014, 63, 147-156.	1.6	76

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19	A systematic review on the efficacy, safety and types of Chinese herbal medicine for depression. <i>Journal of Psychiatric Research</i> , 2014, 57, 165-175.	1.5	75
20	Efficacy of Physical Exercise in Preventing Falls in Older Adults With Cognitive Impairment: A Systematic Review and Meta-Analysis. <i>Journal of the American Medical Directors Association</i> , 2015, 16, 149-154.	1.2	72
21	Prevalence of sleep disturbances during COVID-19 outbreak in an urban Chinese population: a cross-sectional study. <i>Sleep Medicine</i> , 2020, 74, 18-24.	0.8	68
22	The impact of family experience on the duration of untreated psychosis (DUP) in Hong Kong. <i>Social Psychiatry and Psychiatric Epidemiology</i> , 2005, 40, 350-356.	1.6	63
23	Acupuncture for Residual Insomnia Associated With Major Depressive Disorder. <i>Journal of Clinical Psychiatry</i> , 2015, 76, e752-e760.	1.1	56
24	Prescription of Chinese Herbal Medicine and Selection of Acupoints in Pattern-Based Traditional Chinese Medicine Treatment for Insomnia: A Systematic Review. <i>Evidence-based Complementary and Alternative Medicine</i> , 2012, 2012, 1-16.	0.5	55
25	The Effect of Telephone-Based Cognitive-Behavioral Therapy on Postnatal Depression: A Randomized Controlled Trial. <i>Psychotherapy and Psychosomatics</i> , 2015, 84, 294-303.	4.0	52
26	Effects of Tai Chi or Exercise on Sleep in Older Adults With Insomnia. <i>JAMA Network Open</i> , 2021, 4, e2037199.	2.8	49
27	Prescription of Chinese Herbal Medicine in Pattern-Based Traditional Chinese Medicine Treatment for Depression: A Systematic Review. <i>Evidence-based Complementary and Alternative Medicine</i> , 2015, 2015, 1-12.	0.5	48
28	School-Based Sleep Education Programs for Short Sleep Duration in Adolescents: A Systematic Review and Meta-Analysis. <i>Journal of School Health</i> , 2017, 87, 401-408.	0.8	47
29	The use of conventional and complementary therapies for insomnia among Hong Kong Chinese: A telephone survey. <i>Complementary Therapies in Medicine</i> , 2014, 22, 894-902.	1.3	45
30	Validation of the Chinese version of the Mood Disorder Questionnaire in a psychiatric population in Hong Kong. <i>Psychiatry and Clinical Neurosciences</i> , 2008, 62, 464-471.	1.0	44
31	Differences and Similarities Between Functional and Personal Recovery in an Asian Population: A Cluster Analytic Approach. <i>Psychiatry (New York)</i> , 2014, 77, 41-56.	0.3	43
32	Lifestyle medicine for depression: A meta-analysis of randomized controlled trials. <i>Journal of Affective Disorders</i> , 2021, 284, 203-216.	2.0	43
33	Dense Cranial Electroacupuncture Stimulation for Major Depressive Disorder—A Single-Blind, Randomized, Controlled Study. <i>PLoS ONE</i> , 2012, 7, e29651.	1.1	43
34	Randomized non-invasive sham-controlled pilot trial of electroacupuncture for postpartum depression. <i>Journal of Affective Disorders</i> , 2012, 142, 115-121.	2.0	42
35	Insomnia in adolescents: prevalence, help-seeking behaviors, and types of interventions. <i>Child and Adolescent Mental Health</i> , 2014, 19, 57-63.	1.8	42
36	Hypnotherapy for insomnia: A systematic review and meta-analysis of randomized controlled trials. <i>Complementary Therapies in Medicine</i> , 2015, 23, 719-732.	1.3	42

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37	Relationship between insomnia and headache in community-based middle-aged Hong Kong Chinese women. <i>Journal of Headache and Pain</i> , 2010, 11, 187-195.	2.5	41
38	Can a less pejorative Chinese translation for schizophrenia reduce stigma? A study of adolescents' attitudes toward people with schizophrenia. <i>Psychiatry and Clinical Neurosciences</i> , 2004, 58, 507-515.	1.0	40
39	Predictors of dropout from internet-based self-help cognitive behavioral therapy for insomnia. <i>Behaviour Research and Therapy</i> , 2015, 73, 19-24.	1.6	39
40	Relationship between insomnia and pain in major depressive disorder: A sleep diary and actigraphy study. <i>Sleep Medicine</i> , 2010, 11, 752-758.	0.8	38
41	Exploring the recovery concept in bipolar disorder: a decision tree analysis of psychosocial correlates of recovery stages. <i>Bipolar Disorders</i> , 2014, 16, 366-377.	1.1	37
42	Revealing the Neural Mechanisms Underlying the Beneficial Effects of Tai Chi: A Neuroimaging Perspective. <i>The American Journal of Chinese Medicine</i> , 2018, 46, 231-259.	1.5	37
43	Electroconvulsive Therapy in Hong Kong: Rates of Use, Indications, and Outcome. <i>Journal of ECT</i> , 2003, 19, 98-102.	0.3	35
44	Validation of the Mood Disorder Questionnaire in the general population in Hong Kong. <i>Comprehensive Psychiatry</i> , 2009, 50, 471-476.	1.5	34
45	Assessment of fatigue using the Multidimensional Fatigue Inventory in patients with major depressive disorder. <i>Comprehensive Psychiatry</i> , 2014, 55, 1671-1678.	1.5	34
46	Relationships Between Insomnia and Sleep-Disordered Breathing. <i>Chest</i> , 2003, 123, 310-311.	0.4	33
47	Over-the-counter sleeping pills: a survey of use in Hong Kong and a review of their constituents. <i>General Hospital Psychiatry</i> , 2002, 24, 430-435.	1.2	30
48	Changing the Attitudes of Hong Kong Medical Students Toward People With Mental Illness. <i>Journal of Nervous and Mental Disease</i> , 2005, 193, 766-768.	0.5	30
49	The use of Mood Disorder Questionnaire, Hypomania Checklist-32 and clinical predictors for screening previously unrecognised bipolar disorder in a general psychiatric setting. <i>Psychiatry Research</i> , 2012, 195, 111-117.	1.7	30
50	A meta-analysis of the efficacy and safety of traditional Chinese medicine formula Ganmai Dazao decoction for depression. <i>Journal of Ethnopharmacology</i> , 2014, 153, 309-317.	2.0	30
51	Relationships between seizure duration and seizure threshold and stimulus dosage at electroconvulsive therapy: Implications for electroconvulsive therapy practice. <i>Psychiatry and Clinical Neurosciences</i> , 2002, 56, 521-526.	1.0	29
52	Self-administered acupressure for insomnia disorder: a pilot randomized controlled trial. <i>Journal of Sleep Research</i> , 2018, 27, 220-231.	1.7	28
53	Classification of Insomnia Using the Traditional Chinese Medicine System: A Systematic Review. <i>Evidence-based Complementary and Alternative Medicine</i> , 2012, 2012, 1-9.	0.5	27
54	Psychometric Comparison of the Full and Abbreviated Versions of the Dysfunctional Beliefs and Attitudes about Sleep Scale. <i>Journal of Clinical Sleep Medicine</i> , 2016, 12, 821-828.	1.4	27

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55	Correlates of sleep irregularity in schizophrenia. <i>Psychiatry Research</i> , 2018, 270, 705-714.	1.7	27
56	The interrelationship between sleep and depression: a secondary analysis of a randomized controlled trial on mind-body-spirit intervention. <i>Sleep Medicine</i> , 2017, 29, 41-46.	0.8	26
57	Adverse Events Related to Acupuncture. <i>Clinical Journal of Pain</i> , 2015, 31, 922-928.	0.8	23
58	Acupuncture with Or without Combined Auricular Acupuncture for Insomnia: A Randomised, Waitlist-Controlled Trial. <i>Acupuncture in Medicine</i> , 2018, 36, 2-13.	0.4	23
59	Frequency of treatment-emergent sexual dysfunction and treatment effectiveness during SSRI or duloxetine therapy: 8-week data from a 6-month observational study. <i>International Journal of Psychiatry in Clinical Practice</i> , 2011, 15, 80-90.	1.2	22
60	Quality of life in major depressive disorder: the role of pain and pain catastrophizing cognition. <i>Comprehensive Psychiatry</i> , 2012, 53, 387-395.	1.5	22
61	The Experience of Chronic Insomnia in Chinese Adults: A Study Using Focus Groups and Insomnia Experience Diaries. <i>Behavioral Sleep Medicine</i> , 2016, 14, 406-428.	1.1	22
62	Validity and reliability of the Brief Insomnia Questionnaire in the general population in Hong Kong. <i>Journal of Psychosomatic Research</i> , 2014, 76, 374-379.	1.2	20
63	Eveningness and Its Associated Impairments in Remitted Bipolar Disorder. <i>Behavioral Sleep Medicine</i> , 2016, 14, 650-664.	1.1	19
64	Self-stigma, stigma coping and functioning in remitted bipolar disorder. <i>General Hospital Psychiatry</i> , 2019, 57, 7-12.	1.2	19
65	Correlates of residual fatigue in patients with major depressive disorder: The role of psychotropic medication. <i>Journal of Affective Disorders</i> , 2015, 186, 192-197.	2.0	18
66	What Predicts a Positive Response to Acupuncture? A Secondary Analysis of Three Randomised Controlled Trials of Insomnia. <i>Acupuncture in Medicine</i> , 2017, 35, 24-29.	0.4	18
67	Sleep and Mood Disturbances during the COVID-19 Outbreak in an Urban Chinese Population in Hong Kong: A Longitudinal Study of the Second and Third Waves of the Outbreak. <i>International Journal of Environmental Research and Public Health</i> , 2021, 18, 8444.	1.2	18
68	Computed tomographic cephalometric analysis of Chinese patients with obstructive sleep apnoea. <i>Journal of Medical Imaging and Radiation Oncology</i> , 2000, 44, 417-423.	0.6	17
69	Stimulus dose titration for electroconvulsive therapy. <i>Psychiatry and Clinical Neurosciences</i> , 2001, 55, 105-110.	1.0	17
70	Sleep-wake habits, excessive daytime sleepiness and academic performance among medical students in Hong Kong. <i>Biological Rhythm Research</i> , 2008, 39, 369-377.	0.4	17
71	Risk Factors Associated with Adverse Events of Acupuncture: A Prospective Study. <i>Acupuncture in Medicine</i> , 2014, 32, 455-462.	0.4	17
72	Effects of the Integrative Mind-Body Intervention on Depression, Sleep Disturbances and Plasma IL-6. <i>Psychotherapy and Psychosomatics</i> , 2017, 86, 54-56.	4.0	17

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73	Associations between the Chronotypes and Eating Habits of Hong Kong School-Aged Children. <i>International Journal of Environmental Research and Public Health</i> , 2020, 17, 2583.	1.2	17
74	Sleep duration, sleep-wake schedule regularity, and body weight in Hong Kong Chinese adolescents. <i>Biological Rhythm Research</i> , 2013, 44, 169-179.	0.4	16
75	Effects of Zero-time Exercise on inactive adults with insomnia disorder: a pilot randomized controlled trial. <i>Sleep Medicine</i> , 2018, 52, 118-127.	0.8	16
76	Correlates and prognostic relevance of sleep irregularity in inter-episode bipolar disorder. <i>Comprehensive Psychiatry</i> , 2016, 69, 155-162.	1.5	15
77	Semi-Individualized Acupuncture for Insomnia Disorder and Oxidative Stress: A Randomized, Double-Blind, Sham-Controlled Trial. <i>Nature and Science of Sleep</i> , 2021, Volume 13, 1195-1207.	1.4	15
78	Determinants of Seizure Threshold of Electroconvulsive Therapy in Chinese. <i>Journal of ECT</i> , 2006, 22, 100-102.	0.3	14
79	Response to placebo acupuncture in insomnia: a secondary analysis of three randomized controlled trials. <i>Sleep Medicine</i> , 2015, 16, 1372-1376.	0.8	13
80	Low-Intensity Cognitive Behavioral Therapy for Insomnia as the Entry of the Stepped-Care Model in the Community: A Randomized Controlled Trial. <i>Behavioral Sleep Medicine</i> , 2021, 19, 378-394.	1.1	13
81	Logistic regression analysis of psychosocial correlates associated with recovery from schizophrenia in a Chinese community. <i>International Journal of Social Psychiatry</i> , 2015, 61, 50-57.	1.6	12
82	Comparison of scoring methods for the Brief Insomnia Questionnaire in a general population sample. <i>Journal of Psychosomatic Research</i> , 2015, 78, 34-38.	1.2	12
83	Identification of Chinese medicine syndromes in persistent insomnia associated with major depressive disorder: a latent tree analysis. <i>Chinese Medicine</i> , 2016, 11, 4.	1.6	12
84	Smartphone-delivered multicomponent lifestyle medicine intervention for depressive symptoms: A randomized controlled trial. <i>Journal of Consulting and Clinical Psychology</i> , 2021, 89, 970-984.	1.6	12
85	The effect of telephone-based cognitive-behavioural therapy on parenting stress: A randomised controlled trial. <i>Journal of Psychosomatic Research</i> , 2016, 86, 34-38.	1.2	11
86	Hypnotherapy for insomnia: A randomized controlled trial comparing generic and disease-specific suggestions. <i>Complementary Therapies in Medicine</i> , 2018, 41, 231-239.	1.3	11
87	Experience of stigma among mental health service users in Hong Kong: Are there changes between 2001 and 2017?. <i>International Journal of Social Psychiatry</i> , 2019, 65, 64-72.	1.6	11
88	Subjective-Objective Sleep Discrepancy in Schizophrenia. <i>Behavioral Sleep Medicine</i> , 2020, 18, 653-667.	1.1	11
89	Dyadic associations between psychological distress and sleep disturbance among Chinese patients with cancer and their spouses. <i>Psycho-Oncology</i> , 2017, 26, 856-861.	1.0	10
90	Impact of mind-body intervention on proinflammatory cytokines interleukin 6 and $\text{IL}1\beta$: A three-arm randomized controlled trial for persons with sleep disturbance and depression. <i>Brain, Behavior, and Immunity</i> , 2022, 99, 166-176.	2.0	10

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91	Electroacupuncture for tapering off long-term benzodiazepine use: A randomized controlled trial. <i>Journal of Psychiatric Research</i> , 2019, 109, 59-67.	1.5	9
92	Self-administered acupressure for insomnia disorder: A randomized controlled trial. <i>Phytomedicine</i> , 2022, 99, 153993.	2.3	9
93	The effect of a telephone-based cognitive behavioral therapy on quality of life: a randomized controlled trial. <i>Archives of Women's Mental Health</i> , 2017, 20, 421-426.	1.2	8
94	Delayed sleep-wake phase disorder and delayed sleep-wake phase in schizophrenia: Clinical and functional correlates. <i>Schizophrenia Research</i> , 2018, 202, 412-413.	1.1	8
95	Effects of REM sleep during a daytime nap on emotional perception in individuals with and without depression. <i>Journal of Affective Disorders</i> , 2020, 260, 687-694.	2.0	8
96	Integrative bodyâ€“mindâ€“spirit intervention for concurrent sleep and mood disturbances: sleepâ€“specific daytime functioning mediates sleep and mood improvements. <i>Journal of Sleep Research</i> , 2018, 27, 56-63.	1.7	7
97	The efficacy of integrated cognitive behavioral therapy (CBT) and acupressure versus CBT for insomnia: a three-arm pilot randomized controlled trial. <i>Sleep Medicine</i> , 2021, 87, 158-167.	0.8	6
98	Assessing pain in depression: what do ratings on unidimensional pain scales really mean?. <i>Comprehensive Psychiatry</i> , 2011, 52, 208-217.	1.5	5
99	Electroacupuncture for tapering off long-term benzodiazepine use: study protocol of randomized controlled trial. <i>BMC Complementary and Alternative Medicine</i> , 2017, 17, 183.	3.7	5
100	A population-based 2-year longitudinal study of insomnia disorder in a Chinese population in Hong Kong. <i>Psychology, Health and Medicine</i> , 2018, 23, 505-510.	1.3	5
101	Effects of a group-based lifestyle medicine for depression: A pilot randomized controlled trial. <i>PLoS ONE</i> , 2021, 16, e0258059.	1.1	5
102	An Integrative Chinese-Western Diagnostic Approach to Predict a Positive Response to Acupuncture. <i>Acupuncture in Medicine</i> , 2017, 35, 306-308.	0.4	4
103	When east meets west: Understanding the traditional Chinese medicine diagnoses on insomnia by Western medicine symptomatology. <i>European Journal of Integrative Medicine</i> , 2018, 17, 129-134.	0.8	4
104	Predictors of Daytime Consequences of Insomnia: The Roles of Quantitative Criteria and Nonrestorative Sleep. <i>Psychopathology</i> , 2018, 51, 262-268.	1.1	4
105	Insomnia identity and its correlates in adolescents. <i>Sleep and Breathing</i> , 2020, 24, 717-724.	0.9	4
106	Electroacupuncture Plus Auricular Acupressure on Chemotherapy-Related Insomnia in Patients With Breast Cancer (EACRI): Study Protocol for a Randomized, Sham-Controlled Trial. <i>Integrative Cancer Therapies</i> , 2021, 20, 153473542110586.	0.8	4
107	Traditional Chinese medicine diagnosis and response to acupuncture for insomnia: An analysis of two randomized placebo-controlled trials. <i>European Journal of Integrative Medicine</i> , 2016, 8, 797-801.	0.8	3
108	Validation of the Chinese Version of the Childrenâ€™s ChronoType Questionnaire (CCTQ) in school-aged children. <i>Chronobiology International</i> , 2019, 36, 1681-1690.	0.9	3

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109	Randomized controlled trial of telephone-based cognitive-behavioral therapy on parenting self-efficacy and satisfaction. <i>Translational Behavioral Medicine</i> , 2019, 9, 1163-1168.	1.2	3
110	Evidence-Based Patient Classification for Traditional Chinese Medicine. <i>Evidence-based Complementary and Alternative Medicine</i> , 2015, 2015, 1-2.	0.5	2
111	Changes in Stigma Experience Among Mental Health Service Users over Time: A Qualitative Study with Focus Groups. <i>Community Mental Health Journal</i> , 2019, 55, 1389-1394.	1.1	2
112	The relationships among sleep problems, anxiety, memory complaints and compulsive checking behaviours. <i>Journal of Obsessive-Compulsive and Related Disorders</i> , 2022, 34, 100728.	0.7	2
113	Evaluation of sleep profile in schizophrenia patients treated with extended-release paliperidone: an open-label prospective study in Southeast Asia. <i>Psychology Research and Behavior Management</i> , 2017, Volume 10, 323-327.	1.3	1
114	Dysfunctional Cognition regarding Sleep as a Mediator of Outcome following Acupuncture for Insomnia. <i>Acupuncture in Medicine</i> , 2018, 36, 193-194.	0.4	1
115	Hypomanic symptoms in early pregnancy: prevalence and associated factors. <i>Archives of Women's Mental Health</i> , 2021, 24, 463-471.	1.2	1
116	Insomnia with objective short sleep duration is associated with a reduced response to active or placebo acupuncture: a secondary analysis of three randomized controlled trials. <i>Sleep and Biological Rhythms</i> , 2017, 16, 197.	0.5	0
117	346 Semi-Individualized Acupuncture for Insomnia Disorder: A Randomized Sham-Controlled Trial. <i>Sleep</i> , 2021, 44, A138-A138.	0.6	0
118	Pharmacotherapy for obstructive sleep apnoea: Is the magic bullet in sight?. <i>Respirology</i> , 2021, 26, 835-836.	1.3	0