

# Lauren M Young

## List of Publications by Year in descending order

Source: <https://exaly.com/author-pdf/3362818/publications.pdf>

Version: 2024-02-01

9  
papers

127  
citations

1684188  
5  
h-index

1588992  
8  
g-index

9  
all docs

9  
docs citations

9  
times ranked

186  
citing authors

#	ARTICLE	IF	CITATIONS
1	Dietary patterns in middle age: effects on concurrent neurocognition and risk of age-related cognitive decline. <i>Nutrition Reviews</i> , 2022, 80, 1129-1159.	5.8	22
2	Evaluating telehealth lifestyle therapy versus telehealth psychotherapy for reducing depression in adults with COVID-19 related distress: the curbing anxiety and depression using lifestyle medicine (CALM) randomised non-inferiority trial protocol. <i>BMC Psychiatry</i> , 2022, 22, 219.	2.6	3
3	The Association Between Diet and Cardio-Metabolic Risk on Cognitive Performance: A Cross-Sectional Study of Middle-Aged Australian Adults. <i>Frontiers in Nutrition</i> , 2022, 9, 862475.	3.7	6
4	Mediterranean diet and its components. , 2021, , 293-306.		3
5	Diet May Moderate the Relationship Between Arterial Stiffness and Cognitive Performance in Older Adults. <i>Journal of Alzheimer's Disease</i> , 2021, , 1-14.	2.6	2
6	The Mooâ€™D Study: protocol for a randomised controlled trial of A2 beta-casein only versus conventional dairy products in women with low mood. <i>Trials</i> , 2021, 22, 899.	1.6	1
7	Self-Selection Bias: An Essential Design Consideration for Nutrition Trials in Healthy Populations. <i>Frontiers in Nutrition</i> , 2020, 7, 587983.	3.7	13
8	Self-Reported Diet Quality Differentiates Nutrient Intake, Blood Nutrient Status, Mood, and Cognition: Implications for Identifying Nutritional Neurocognitive Risk Factors in Middle Age. <i>Nutrients</i> , 2020, 12, 2964.	4.1	11
9	A Systematic Review and Meta-Analysis of B Vitamin Supplementation on Depressive Symptoms, Anxiety, and Stress: Effects on Healthy and â€™At-Riskâ€™ Individuals. <i>Nutrients</i> , 2019, 11, 2232.	4.1	66