

Clarissa M Brusco

List of Publications by Year in descending order

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Version: 2024-02-01

14
papers

144
citations

1307594

7
h-index

1372567

10
g-index

14
all docs

14
docs citations

14
times ranked

226
citing authors

#	ARTICLE	IF	CITATIONS
1	COVID-19 pandemic is an urgent time for older people to practice resistance exercise at home. <i>Experimental Gerontology</i> , 2020, 141, 111101.	2.8	34
2	Higher muscle power training volume is not determinant for the magnitude of neuromuscular improvements in elderly women. <i>Experimental Gerontology</i> , 2018, 110, 15-22.	2.8	27
3	Muscle quality and functionality in older women improve similarly with muscle power training using one or three sets. <i>Experimental Gerontology</i> , 2019, 128, 110745.	2.8	27
4	Full Range of Motion Induces Greater Muscle Damage Than Partial Range of Motion in Elbow Flexion Exercise With Free Weights. <i>Journal of Strength and Conditioning Research</i> , 2017, 31, 2223-2230.	2.1	15
5	The effects of flexibility training on exercise-induced muscle damage in young men with limited hamstrings flexibility. <i>Scandinavian Journal of Medicine and Science in Sports</i> , 2018, 28, 1671-1680.	2.9	14
6	The effects of 6 weeks of constant-angle muscle stretching training on flexibility and muscle function in men with limited hamstrings flexibility. <i>European Journal of Applied Physiology</i> , 2019, 119, 1691-1700.	2.5	11
7	Acute and chronic effects of muscle power training on blood pressure in elderly patients with type 2 diabetes mellitus. <i>Clinical and Experimental Hypertension</i> , 2020, 42, 153-159.	1.3	7
8	Ingestion of carbohydrate or carbohydrate plus protein does not enhance performance during endurance exercise: a randomized crossover placebo-controlled clinical trial. <i>Applied Physiology, Nutrition and Metabolism</i> , 2018, 43, 937-944.	1.9	4
9	Short duration static stretching preceded by cycling warm-up reduces vertical jump performance in healthy males. <i>Sport Sciences for Health</i> , 2018, 14, 77-82.	1.3	2
10	Acute Blood Pressure Response to High- and Moderate-Speed Resistance Exercise in Older Adults With Hypertension. <i>Journal of Aging and Physical Activity</i> , 2021, , 1-8.	1.0	2
11	Rate of torque development as an indirect marker of muscle damage in the knee flexors. <i>Sport Sciences for Health</i> , 0, , 1.	1.3	1
12	The time course of recovery of indirect markers of exercise-induced muscle damage induced by multi- and single-joint exercises. <i>Sport Sciences for Health</i> , 0, , 1.	1.3	0
13	Muscle function and muscle balance in lower limbs are not impaired in individuals with general joint hypermobility. <i>Sport Sciences for Health</i> , 0, , 1.	1.3	0
14	Divergent isokinetic muscle strength deficits in street running athletes. <i>Sport Sciences for Health</i> , 0, , .	1.3	0