

# David Cruz DÃ-az

## List of Publications by Year in descending order

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Version: 2024-02-01

43  
papers

1,204  
citations

361413

20  
h-index

395702

33  
g-index

44  
all docs

44  
docs citations

44  
times ranked

1381  
citing authors

#	ARTICLE	IF	CITATIONS
1	The Influence of Pilates Exercises on Body Composition, Muscle Strength, and Gait Speed in Community-Dwelling Older Women: A Randomized Controlled Trial. <i>Journal of Strength and Conditioning Research</i> , 2022, 36, 2298-2305.	2.1	10
2	The Effects of Abdominal Hypopressive Training on Postural Control and Deep Trunk Muscle Activation: A Randomized Controlled Trial. <i>International Journal of Environmental Research and Public Health</i> , 2021, 18, 2741.	2.6	9
3	Short-Term Effects of Balance Training with Stroboscopic Vision for Patients with Chronic Ankle Instability: A Single-Blinded Randomized Controlled Trial. <i>International Journal of Environmental Research and Public Health</i> , 2021, 18, 5364.	2.6	10
4	Effects of global postural reeducation on postural control, dynamic balance, and ankle range of motion in patients with hallux abducto valgus. A randomized controlled trial. <i>Journal of Orthopaedic Research</i> , 2021, , .	2.3	0
5	Effects of 12 Weeks of Tai Chi Intervention in Patients With Chronic Ankle Instability: A Randomized Controlled Trial. <i>Journal of Sport Rehabilitation</i> , 2020, 29, 326-331.	1.0	8
6	Psychometric Properties of the Spanish Version of the Sarcopenia and Quality of Life, a Quality of Life Questionnaire Specific for Sarcopenia. <i>Calcified Tissue International</i> , 2020, 106, 274-282.	3.1	23
7	Reliability of an Integrated Inertial Sensor for the Continuous Measurement of Active Cervical Range of Motion in a Group of Younger and Elderly Individuals. <i>Journal of Functional Morphology and Kinesiology</i> , 2020, 5, 58.	2.4	6
8	Effectiveness of A Pilates Training Program on Cognitive and Functional Abilities in Postmenopausal Women. <i>International Journal of Environmental Research and Public Health</i> , 2020, 17, 3580.	2.6	24
9	Associations of sleep and depression with obesity and sarcopenia in middle-aged and older adults. <i>Maturitas</i> , 2020, 142, 1-7.	2.4	18
10	Ankle-Joint Self-Mobilization and CrossFit Training in Patients With Chronic Ankle Instability: A Randomized Controlled Trial. <i>Journal of Athletic Training</i> , 2020, 55, 159-168.	1.8	13
11	Effects of Physical Exercise on Sexual Function and Quality of Sexual Life Related to Menopausal Symptoms in Peri- and Postmenopausal Women: A Systematic Review. <i>International Journal of Environmental Research and Public Health</i> , 2020, 17, 2680.	2.6	36
12	Changes in Spinal and Corticospinal Excitability in Patients with Chronic Ankle Instability: A Systematic Review with Meta-Analysis. <i>Journal of Clinical Medicine</i> , 2019, 8, 1037.	2.4	33
13	Physical Exercise Is Confirmed to Reduce Low Back Pain Symptoms in Office Workers: A Systematic Review of the Evidence to Improve Best Practices in the Workplace. <i>Journal of Functional Morphology and Kinesiology</i> , 2019, 4, 43.	2.4	17
14	Nordic Walking Promoted Weight Loss in Overweight and Obese People: A Systematic Review for Future Exercise Prescription. <i>Journal of Functional Morphology and Kinesiology</i> , 2019, 4, 36.	2.4	11
15	The associations between menopausal symptoms and sleep quality in Spanish postmenopausal women. <i>Climacteric</i> , 2019, 22, 511-517.	2.4	6
16	Effects of Pilates on fall risk factors in community-dwelling elderly women: A randomized, controlled trial.. <i>European Journal of Sport Science</i> , 2019, 19, 1386-1394.	2.7	25
17	Effects of Pilates training on sleep quality, anxiety, depression and fatigue in postmenopausal women: A randomized controlled trial. <i>Maturitas</i> , 2019, 124, 62-67.	2.4	61
18	The female sexual function index: reliability and validity in Spanish postmenopausal women. <i>Menopause</i> , 2019, 26, 401-408.	2.0	13

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19	Risk of Falls in Healthy Older Adults: Benefits of High-Intensity Interval Training Using Lower Body Suspension Exercises. <i>Journal of Aging and Physical Activity</i> , 2019, 27, 325-333.	1.0	20
20	Suspension Training HIIT Improves Gait Speed, Strength and Quality of Life in Older Adults. <i>International Journal of Sports Medicine</i> , 2019, 40, 116-124.	1.7	43
21	The effectiveness of 12 weeks of Pilates intervention on disability, pain and kinesiophobia in patients with chronic low back pain: a randomized controlled trial. <i>Clinical Rehabilitation</i> , 2018, 32, 1249-1257.	2.2	123
22	Exercise alone or combined with dietary supplements for sarcopenic obesity in community-dwelling older people: A systematic review of randomized controlled trials. <i>Maturitas</i> , 2018, 110, 92-103.	2.4	39
23	Sleep quality and its association with postural stability and fear of falling among Spanish postmenopausal women. <i>Menopause</i> , 2018, 25, 62-69.	2.0	21
24	Sarcopenia and sarcopenic obesity in Spanish community-dwelling middle-aged and older women: Association with balance confidence, fear of falling and fall risk. <i>Maturitas</i> , 2018, 107, 26-32.	2.4	45
25	Development of the human shoulder joint during the embryonic and early fetal stages: anatomical considerations for clinical practice. <i>Journal of Anatomy</i> , 2018, 232, 422-430.	1.5	10
26	Effect of exercise alone or combined with dietary supplements on anthropometric and physical performance measures in community-dwelling elderly people with sarcopenic obesity: A meta-analysis of randomized controlled trials. <i>Maturitas</i> , 2018, 116, 24-35.	2.4	56
27	The Activities-specific Balance Confidence scale: reliability and validity in Spanish patients with vestibular disorders. <i>Disability and Rehabilitation</i> , 2017, 39, 697-703.	1.8	27
28	Psychometric properties of the medical outcomes study sleep scale in Spanish postmenopausal women. <i>Menopause</i> , 2017, 24, 824-831.	2.0	9
29	A comparative analysis between head-out underwater walking and land-based treadmill walking in a group of healthy asymptomatic elderly. <i>Sport Sciences for Health</i> , 2017, 13, 583-589.	1.3	1
30	Comparative effects of 12 weeks of equipment based and mat Pilates in patients with Chronic Low Back Pain on pain, function and transversus abdominis activation. A randomized controlled trial. <i>Complementary Therapies in Medicine</i> , 2017, 33, 72-77.	2.7	49
31	Influencia de la práctica deportiva sobre la huella plantar en atletas españoles / Influence of Sport Practice on the Footprint in Spanish Athletes. <i>Revista Internacional De Medicina Y Ciencias De La Actividad Fisica Y Del Deporte</i> , 2016, 63, .	0.2	3
32	Ultrasound Changes in Achilles Tendon and Gastrocnemius Medialis Muscle on Squat Eccentric Overload and Running Performance. <i>Journal of Strength and Conditioning Research</i> , 2016, 30, 2010-2018.	2.1	14
33	Fall prevention in postmenopausal women: the role of Pilates exercise training. <i>Climacteric</i> , 2016, 19, 229-233.	2.4	19
34	Short- and long-term effects of a six-week clinical Pilates program in addition to physical therapy on postmenopausal women with chronic low back pain: a randomized controlled trial. <i>Disability and Rehabilitation</i> , 2016, 38, 1300-1308.	1.8	21
35	Osteosarcopenic obesity and fall prevention strategies. <i>Maturitas</i> , 2015, 80, 126-132.	2.4	71
36	Effects of 6 Weeks of Balance Training on Chronic Ankle Instability in Athletes: A Randomized Controlled Trial. <i>International Journal of Sports Medicine</i> , 2015, 36, 754-760.	1.7	70

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37	Effects of a six-week Pilates intervention on balance and fear of falling in women aged over 65 with chronic low-back pain: A randomized controlled trial. <i>Maturitas</i> , 2015, 82, 371-376.	2.4	52
38	Effects of joint mobilization on chronic ankle instability: a randomized controlled trial. <i>Disability and Rehabilitation</i> , 2015, 37, 601-610.	1.8	86
39	Embryonic and early fetal period development and morphogenesis of human craniovertebral junction. <i>Clinical Anatomy</i> , 2014, 27, 337-345.	2.7	7
40	The Spanish lower extremity functional scale: A reliable, valid and responsive questionnaire to assess musculoskeletal disorders in the lower extremity. <i>Disability and Rehabilitation</i> , 2014, 36, 2005-2011.	1.8	31
41	Association of bone mineral density with postural stability and the fear of falling in Spanish postmenopausal women. <i>Maturitas</i> , 2014, 79, 322-328.	2.4	9
42	Effects of in-water passive recovery on sprint swimming performance and heart rate in adolescent swimmers. <i>Journal of Sports Science and Medicine</i> , 2014, 13, 958-63.	1.6	4
43	Cross-cultural adaptation and validation of the Spanish version of the Cumberland Ankle Instability Tool (CAIT): an instrument to assess unilateral chronic ankle instability. <i>Clinical Rheumatology</i> , 2013, 32, 91-98.	2.2	50