

Esther Nova

List of Publications by Year in Descending Order

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Version: 2024-04-26

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The third column is the impact factor (IF) of the journal, and the fourth column is the number of citations of the article.

53
papers

1,653
citations

22
h-index

40
g-index

59
ext. papers

1,959
ext. citations

4.3
avg, IF

4.22
L-index

#	Paper	IF	Citations
53	Carob fruit extract-enriched meat, as preventive and curative treatments, improves gut microbiota and colonic barrier integrity in a late-stage T2DM model. <i>Food Research International</i> , 2021 , 141, 110124	7	5
52	Toward a Biological, Psychological and Familial Approach of Eating Disorders at Onset: Case-Control ANOBAS Study. <i>Frontiers in Psychology</i> , 2021 , 12, 714414	3.4	1
51	Microbiota and Lifestyle: A Special Focus on Diet. <i>Nutrients</i> , 2020 , 12,	6.7	42
50	Potential of to Improve Glucose Control for the Prevention of Diabetes and Related Metabolic Alterations: A Systematic Review of Animal and Human Studies. <i>Nutrients</i> , 2020 , 12,	6.7	13
49	Association of Moderate Beer Consumption with the Gut Microbiota and SCFA of Healthy Adults. <i>Molecules</i> , 2020 , 25,	4.8	6
48	Obesity Measures and Dietary Parameters as Predictors of Gut Microbiota Phyla in Healthy Individuals. <i>Nutrients</i> , 2020 , 12,	6.7	4
47	Identifying the relationship between biological, psychosocial and family markers associated with childhood obesity: Case-control "ANOBAS" study. <i>Psychoneuroendocrinology</i> , 2019 , 110, 104428	5	1
46	Association between UCP1, UCP2, and UCP3 gene polymorphisms with markers of adiposity in European adolescents: The HELENA study. <i>Pediatric Obesity</i> , 2019 , 14, e12504	4.6	5
45	Associations of Probiotic Fermented Milk (PFM) and Yogurt Consumption with and Components of the Gut Microbiota in Healthy Adults. <i>Nutrients</i> , 2019 , 11,	6.7	26
44	Adipokines, cortisol and cytokine alterations in recent onset anorexia nervosa. A case-control study. <i>Endocrinologia, Diabetes Y Nutrición</i> , 2019 , 66, 571-578	1.3	3
43	Adipokines, cortisol and cytokine alterations in recent onset anorexia nervosa. A case-control study. <i>Endocrinología Diabetes Y Nutrición (English Ed)</i> , 2019 , 66, 571-578	0.1	0
42	Wine and beer within a moderate alcohol intake is associated with higher levels of HDL-c and adiponectin. <i>Nutrition Research</i> , 2019 , 63, 42-50	4	17
41	Effects of ewe's milk yogurt (whole and semi-skimmed) and cow's milk yogurt on inflammation markers and gut microbiota of subjects with borderline-high plasma cholesterol levels: a crossover study. <i>European Journal of Nutrition</i> , 2019 , 58, 1113-1124	5.2	11
40	Lifestyle patterns and endocrine, metabolic, and immunological biomarkers in European adolescents: The HELENA study. <i>Pediatric Diabetes</i> , 2019 , 20, 23-31	3.6	3
39	Increased prevalence of pathogenic bacteria in the gut microbiota of infants at risk of developing celiac disease: The PROFICEL study. <i>Gut Microbes</i> , 2018 , 9, 551-558	8.8	37
38	The adolescent onset anorexia nervosa study (ANABEL): Design and baseline results. <i>International Journal of Methods in Psychiatric Research</i> , 2018 , 27, e1739	4.3	4
37	Effects of moderate beer consumption on health. <i>Nutrición Hospitalaria</i> , 2018 , 35, 41-44	1	8

36	Increased naive CD4 and B lymphocyte subsets are associated with body mass loss and drive relative lymphocytosis in anorexia nervosa patients. <i>Nutrition Research</i> , 2017 , 39, 43-50	4	17
35	Association between dietary inflammatory index and inflammatory markers in the HELENA study. <i>Molecular Nutrition and Food Research</i> , 2017 , 61, 1600707	5.9	118
34	Evaluation of CECT5711 strain as a coadjuvant in a vaccination process: a randomised clinical trial in healthy adults. <i>Nutrition and Metabolism</i> , 2017 , 14, 2	4.6	9
33	Relationship of moderate alcohol intake and type of beverage with health behaviors and quality of life in elderly subjects. <i>Quality of Life Research</i> , 2016 , 25, 1931-42	3.7	13
32	The Role of Probiotics on the Microbiota: Effect on Obesity. <i>Nutrition in Clinical Practice</i> , 2016 , 31, 387-406	9.0	32
31	Influence of sex, age, pubertal maturation and body mass index on circulating white blood cell counts in healthy European adolescents: the HELENA study. <i>European Journal of Pediatrics</i> , 2015 , 174, 999-1014	4.1	13
30	Effects of regular consumption of vitamin C-rich or polyphenol-rich apple juice on cardiometabolic markers in healthy adults: a randomized crossover trial. <i>European Journal of Nutrition</i> , 2014 , 53, 1645-57	5.2	24
29	Can prebiotics and probiotics improve therapeutic outcomes for undernourished individuals?. <i>Gut Microbes</i> , 2014 , 5, 74-82	8.8	36
28	High fat diets are associated with higher abdominal adiposity regardless of physical activity in adolescents; the HELENA study. <i>Clinical Nutrition</i> , 2014 , 33, 859-66	5.9	19
27	Influence of health behaviours on the incidence of infection and allergy in adolescents: the AFINOS cross-sectional study. <i>BMC Public Health</i> , 2014 , 14, 19	4.1	7
26	Influence of breastfeeding versus formula feeding on lymphocyte subsets in infants at risk of coeliac disease: the PROFICEL study. <i>European Journal of Nutrition</i> , 2013 , 52, 637-46	5.2	11
25	Influence of early environmental factors on lymphocyte subsets and gut microbiota in infants at risk of celiac disease; the PROFICEL study. <i>Nutricion Hospitalaria</i> , 2013 , 28, 464-73	1	21
24	Influence of milk-feeding type and genetic risk of developing coeliac disease on intestinal microbiota of infants: the PROFICEL study. <i>PLoS ONE</i> , 2012 , 7, e30791	3.7	102
23	Immune development and intestinal microbiota in celiac disease. <i>Clinical and Developmental Immunology</i> , 2012 , 2012, 654143		50
22	Potential health benefits of moderate alcohol consumption: current perspectives in research. <i>Proceedings of the Nutrition Society</i> , 2012 , 71, 307-15	2.9	40
21	Influence of environmental and genetic factors linked to celiac disease risk on infant gut colonization by Bacteroides species. <i>Applied and Environmental Microbiology</i> , 2011 , 77, 5316-23	4.8	98
20	Beneficial effects of a synbiotic supplement on self-perceived gastrointestinal well-being and immunoinflammatory status of healthy adults. <i>Journal of Medicinal Food</i> , 2011 , 14, 79-85	2.8	21
19	Single nucleotide polymorphisms in the FADS gene cluster are associated with delta-5 and delta-6 desaturase activities estimated by serum fatty acid ratios. <i>Journal of Lipid Research</i> , 2010 , 51, 2325-33	6.3	134

18	Breast-feeding modulates the influence of the peroxisome proliferator-activated receptor-gamma (PPARG2) Pro12Ala polymorphism on adiposity in adolescents: The Healthy Lifestyle in Europe by Nutrition in Adolescence (HELENA) cross-sectional study. <i>Diabetes Care</i> , 2010 , 33, 190-6	14.6	17
17	Dietary strategies of immunomodulation in infants at risk for celiac disease. <i>Proceedings of the Nutrition Society</i> , 2010 , 69, 347-53	2.9	8
16	Design and evaluation of a treatment programme for Spanish adolescents with overweight and obesity. The EVASYON Study. <i>BMC Public Health</i> , 2009 , 9, 414	4.1	18
15	Birth weight and blood lipid levels in Spanish adolescents: influence of selected APOE, APOC3 and PPARGgamma2 gene polymorphisms. The AVENA Study. <i>BMC Medical Genetics</i> , 2008 , 9, 98	2.1	21
14	Immunomodulatory effects of probiotics in different stages of life. <i>British Journal of Nutrition</i> , 2007 , 98 Suppl 1, S90-5	3.6	57
13	Effects of moderate consumption of distilled and fermented alcohol on some aspects of neuroimmunomodulation. <i>NeuroImmunoModulation</i> , 2007 , 14, 200-5	2.5	3
12	Effect of the Ala12 allele in the PPARGgamma-2 gene on the relationship between birth weight and body composition in adolescents: the AVENA study. <i>Pediatric Research</i> , 2007 , 62, 615-9	3.2	13
11	Moderate alcohol consumption and the immune system: a review. <i>British Journal of Nutrition</i> , 2007 , 98 Suppl 1, S111-5	3.6	114
10	Lifestyle-related determinants of inflammation in adolescence. <i>British Journal of Nutrition</i> , 2007 , 98 Suppl 1, S116-20	3.6	49
9	Changes in the immune system after moderate beer consumption. <i>Annals of Nutrition and Metabolism</i> , 2007 , 51, 359-66	4.5	37
8	Immunocompetence to assess nutritional status in eating disorders. <i>Expert Review of Clinical Immunology</i> , 2006 , 2, 433-44	5.1	11
7	Inflammatory proteins are related to total and abdominal adiposity in a healthy adolescent population: the AVENA Study. <i>American Journal of Clinical Nutrition</i> , 2006 , 84, 505-12	7	120
6	Effects of a nutritional intervention with yogurt on lymphocyte subsets and cytokine production capacity in anorexia nervosa patients. <i>European Journal of Nutrition</i> , 2006 , 45, 225-33	5.2	16
5	Differential uptake of subfractions of triglyceride-rich lipoproteins by THP-1 macrophages. <i>Atherosclerosis</i> , 2005 , 180, 233-44	3.1	33
4	Indicators of nutritional status in restricting-type anorexia nervosa patients: a 1-year follow-up study. <i>Clinical Nutrition</i> , 2004 , 23, 1353-9	5.9	43
3	The effect of milk fermented by yogurt cultures plus <i>Lactobacillus casei</i> DN-114001 on the immune response of subjects under academic examination stress. <i>European Journal of Nutrition</i> , 2004 , 43, 381-9	5.2	71
2	Degree of oxidation of low density lipoprotein affects expression of CD36 and PPARGgamma, but not cytokine production, by human monocyte-macrophages. <i>Atherosclerosis</i> , 2003 , 168, 271-82	3.1	22
1	Cytokine production by blood mononuclear cells from in-patients with anorexia nervosa. <i>British Journal of Nutrition</i> , 2002 , 88, 183-188	3.6	41

