

Esther Nova

List of Publications by Year in descending order

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Version: 2024-02-01

58
papers

2,442
citations

236833

25
h-index

206029

48
g-index

59
all docs

59
docs citations

59
times ranked

4316
citing authors

#	ARTICLE	IF	CITATIONS
1	Association between dietary inflammatory index and inflammatory markers in the HELENA study. <i>Molecular Nutrition and Food Research</i> , 2017, 61, 1600707.	1.5	297
2	Single nucleotide polymorphisms in the FADS gene cluster are associated with delta-5 and delta-6 desaturase activities estimated by serum fatty acid ratios. <i>Journal of Lipid Research</i> , 2010, 51, 2325-2333.	2.0	153
3	Moderate alcohol consumption and the immune system: A review. <i>British Journal of Nutrition</i> , 2007, 98, S111-S115.	1.2	149
4	Inflammatory proteins are related to total and abdominal adiposity in a healthy adolescent population: the AVENA Study. <i>American Journal of Clinical Nutrition</i> , 2006, 84, 505-512.	2.2	146
5	Influence of Milk-Feeding Type and Genetic Risk of Developing Coeliac Disease on Intestinal Microbiota of Infants: The PROFICEL Study. <i>PLoS ONE</i> , 2012, 7, e30791.	1.1	122
6	Influence of Environmental and Genetic Factors Linked to Celiac Disease Risk on Infant Gut Colonization by Bacteroides Species. <i>Applied and Environmental Microbiology</i> , 2011, 77, 5316-5323.	1.4	117
7	Microbiota and Lifestyle: A Special Focus on Diet. <i>Nutrients</i> , 2020, 12, 1776.	1.7	102
8	The effect of milk fermented by yogurt cultures plus <i>Lactobacillus casei</i> DN-114001 on the immune response of subjects under academic examination stress. <i>European Journal of Nutrition</i> , 2004, 43, 381-389.	1.8	92
9	Immunomodulatory effects of probiotics in different stages of life. <i>British Journal of Nutrition</i> , 2007, 98, S90-S95.	1.2	78
10	Immune Development and Intestinal Microbiota in Celiac Disease. <i>Clinical and Developmental Immunology</i> , 2012, 2012, 1-12.	3.3	61
11	Increased prevalence of pathogenic bacteria in the gut microbiota of infants at risk of developing celiac disease: The PROFICEL study. <i>Gut Microbes</i> , 2018, 9, 1-8.	4.3	58
12	Indicators of nutritional status in restricting-type anorexia nervosa patients: a 1-year follow-up study. <i>Clinical Nutrition</i> , 2004, 23, 1353-1359.	2.3	55
13	Lifestyle-related determinants of inflammation in adolescence. <i>British Journal of Nutrition</i> , 2007, 98, S116-S120.	1.2	54
14	Changes in the Immune System after Moderate Beer Consumption. <i>Annals of Nutrition and Metabolism</i> , 2007, 51, 359-366.	1.0	52
15	Cytokine production by blood mononuclear cells from in-patients with anorexia nervosa. <i>British Journal of Nutrition</i> , 2002, 88, 183-188.	1.2	49
16	Can prebiotics and probiotics improve therapeutic outcomes for undernourished individuals?. <i>Gut Microbes</i> , 2014, 5, 74-82.	4.3	47
17	Potential health benefits of moderate alcohol consumption: current perspectives in research. <i>Proceedings of the Nutrition Society</i> , 2012, 71, 307-315.	0.4	46
18	The Role of Probiotics on the Microbiota. <i>Nutrition in Clinical Practice</i> , 2016, 31, 387-400.	1.1	44

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19	Differential uptake of subfractions of triglyceride-rich lipoproteins by THP-1 macrophages. <i>Atherosclerosis</i> , 2005, 180, 233-244.	0.4	40
20	Wine and beer within a moderate alcohol intake is associated with higher levels of HDL-c and adiponectin. <i>Nutrition Research</i> , 2019, 63, 42-50.	1.3	37
21	Potential of <i>Moringa oleifera</i> to Improve Glucose Control for the Prevention of Diabetes and Related Metabolic Alterations: A Systematic Review of Animal and Human Studies. <i>Nutrients</i> , 2020, 12, 2050.	1.7	35
22	Associations of Probiotic Fermented Milk (PFM) and Yogurt Consumption with <i>Bifidobacterium</i> and <i>Lactobacillus</i> Components of the Gut Microbiota in Healthy Adults. <i>Nutrients</i> , 2019, 11, 651.	1.7	34
23	Effects of regular consumption of vitamin C-rich or polyphenol-rich apple juice on cardiometabolic markers in healthy adults: a randomized crossover trial. <i>European Journal of Nutrition</i> , 2014, 53, 1645-1657.	1.8	33
24	The Influence of Dietary Factors on the Gut Microbiota. <i>Microorganisms</i> , 2022, 10, 1368.	1.6	32
25	Design and evaluation of a treatment programme for Spanish adolescents with overweight and obesity. The EVASYON Study. <i>BMC Public Health</i> , 2009, 9, 414.	1.2	30
26	Effects of a nutritional intervention with yogurt on lymphocyte subsets and cytokine production capacity in anorexia nervosa patients. <i>European Journal of Nutrition</i> , 2006, 45, 225-233.	1.8	26
27	Degree of oxidation of low density lipoprotein affects expression of CD36 and PPAR α , but not cytokine production, by human monocyte-macrophages. <i>Atherosclerosis</i> , 2003, 168, 271-282.	0.4	25
28	Birth weight and blood lipid levels in Spanish adolescents: Influence of selected APOE, APOC3 and PPAR γ 2 gene polymorphisms. The AVENA Study. <i>BMC Medical Genetics</i> , 2008, 9, 98.	2.1	25
29	Increased naive CD4+ and B lymphocyte subsets are associated with body mass loss and drive relative lymphocytosis in anorexia nervosa patients. <i>Nutrition Research</i> , 2017, 39, 43-50.	1.3	25
30	Influence of early environmental factors on lymphocyte subsets and gut microbiota in infants at risk of celiac disease; the PROFICEL study. <i>Nutricion Hospitalaria</i> , 2013, 28, 464-73.	0.2	24
31	Influence of sex, age, pubertal maturation and body mass index on circulating white blood cell counts in healthy European adolescents—the HELENA study. <i>European Journal of Pediatrics</i> , 2015, 174, 999-1014.	1.3	23
32	Breast-Feeding Modulates the Influence of the Peroxisome Proliferator-Activated Receptor- α (PPAR α) Pro12Ala Polymorphism on Adiposity in Adolescents: The Healthy Lifestyle in Europe by Nutrition in Adolescence (HELENA) cross-sectional study. <i>Diabetes Care</i> , 2010, 33, 190-196.	4.3	22
33	Beneficial Effects of a Synbiotic Supplement on Self-Perceived Gastrointestinal Well-Being and Immunoinflammatory Status of Healthy Adults. <i>Journal of Medicinal Food</i> , 2011, 14, 79-85.	0.8	22
34	High fat diets are associated with higher abdominal adiposity regardless of physical activity in adolescents; the HELENA study. <i>Clinical Nutrition</i> , 2014, 33, 859-866.	2.3	20
35	Relationship of moderate alcohol intake and type of beverage with health behaviors and quality of life in elderly subjects. <i>Quality of Life Research</i> , 2016, 25, 1931-1942.	1.5	19
36	Evaluation of <i>Lactobacillus coryniformis</i> CECT5711 strain as a coadjuvant in a vaccination process: a randomised clinical trial in healthy adults. <i>Nutrition and Metabolism</i> , 2017, 14, 2.	1.3	19

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37	Potential Effects of Sucralose and Saccharin on Gut Microbiota: A Review. <i>Nutrients</i> , 2022, 14, 1682.	1.7	18
38	Effects of moderate beer consumption on health. <i>Nutricion Hospitalaria</i> , 2018, 35, 41-44.	0.2	17
39	Influence of breastfeeding versus formula feeding on lymphocyte subsets in infants at risk of coeliac disease: the PROFICEL study. <i>European Journal of Nutrition</i> , 2013, 52, 637-646.	1.8	16
40	Obesity Measures and Dietary Parameters as Predictors of Gut Microbiota Phyla in Healthy Individuals. <i>Nutrients</i> , 2020, 12, 2695.	1.7	16
41	Effect of the Ala12 Allele in the PPAR γ -2 Gene on the Relationship Between Birth Weight and Body Composition in Adolescents: The AVENA Study. <i>Pediatric Research</i> , 2007, 62, 615-619.	1.1	15
42	Carob fruit extract-enriched meat, as preventive and curative treatments, improves gut microbiota and colonic barrier integrity in a late-stage T2DM model. <i>Food Research International</i> , 2021, 141, 110124.	2.9	15
43	Moringa oleifera Leaf Supplementation as a Glycemic Control Strategy in Subjects with Prediabetes. <i>Nutrients</i> , 2022, 14, 57.	1.7	15
44	Immunocompetence to assess nutritional status in eating disorders. <i>Expert Review of Clinical Immunology</i> , 2006, 2, 433-444.	1.3	14
45	Effects of ewe's milk yogurt (whole and semi-skimmed) and cow's milk yogurt on inflammation markers and gut microbiota of subjects with borderline-high plasma cholesterol levels: a crossover study. <i>European Journal of Nutrition</i> , 2019, 58, 1113-1124.	1.8	14
46	Association of Moderate Beer Consumption with the Gut Microbiota and SCFA of Healthy Adults. <i>Molecules</i> , 2020, 25, 4772.	1.7	14
47	Influence of health behaviours on the incidence of infection and allergy in adolescents: the AFINOS cross-sectional study. <i>BMC Public Health</i> , 2014, 14, 19.	1.2	11
48	Dietary strategies of immunomodulation in infants at risk for celiac disease. <i>Proceedings of the Nutrition Society</i> , 2010, 69, 347-353.	0.4	10
49	Lifestyle patterns and endocrine, metabolic, and immunological biomarkers in European adolescents: The HELENA study. <i>Pediatric Diabetes</i> , 2019, 20, 23-31.	1.2	10
50	Association between <i>UCP1</i> , <i>UCP2</i> , and <i>UCP3</i> gene polymorphisms with markers of adiposity in European adolescents: The HELENA study. <i>Pediatric Obesity</i> , 2019, 14, e12504.	1.4	10
51	Identifying the relationship between biological, psychosocial and family markers associated with childhood obesity: Case-control ANOBAS study. <i>Psychoneuroendocrinology</i> , 2019, 110, 104428.	1.3	6
52	Adipokines, cortisol and cytokine alterations in recent onset anorexia nervosa. A case-control study. <i>Endocrinología, Diabetes Y Nutrición</i> , 2019, 66, 571-578.	0.1	6
53	Toward a Biological, Psychological and Familial Approach of Eating Disorders at Onset: Case-Control ANOBAS Study. <i>Frontiers in Psychology</i> , 2021, 12, 714414.	1.1	5
54	The adolescent onset anorexia nervosa study (ANABEL): Design and baseline results. <i>International Journal of Methods in Psychiatric Research</i> , 2018, 27, e1739.	1.1	4

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55	Effects of Moringa oleifera Lam. Supplementation on Inflammatory and Cardiometabolic Markers in Subjects with Prediabetes. <i>Nutrients</i> , 2022, 14, 1937.	1.7	4
56	Effects of Moderate Consumption of Distilled and Fermented Alcohol on Some Aspects of Neuroimmunomodulation. <i>NeuroImmunoModulation</i> , 2007, 14, 200-205.	0.9	3
57	Adipokines, cortisol and cytokine alterations in recent onset anorexia nervosa. A caseâ€“control study. <i>EndocrinologÃa Diabetes Y NutriciÃn (English Ed)</i> , 2019, 66, 571-578.	0.1	1
58	Nutritional therapy in anorexia nervosa. Immunomodulator effect of yoghurt. <i>Journal of Adolescent Health</i> , 1996, 18, 141.	1.2	0