

# Helen Truby

## List of Publications by Year in descending order

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154  
papers

5,053  
citations

100601

38  
h-index

134545

62  
g-index

157  
all docs

157  
docs citations

157  
times ranked

7395  
citing authors

#	ARTICLE	IF	CITATIONS
1	Weight management interventions that include dietary components for young people with chronic health care needs: A systematic review. <i>Nutrition and Dietetics</i> , 2022, 79, 94-109.	0.9	6
2	Communication of nutrition information by influencers on social media: A scoping review. <i>Health Promotion Journal of Australia</i> , 2022, 33, 657-676.	0.6	15
3	The association between dietary factors and body weight and composition in boys with Duchenne muscular dystrophy. <i>Journal of Human Nutrition and Dietetics</i> , 2022, 35, 804-815.	1.3	3
4	Exploring the diets of mothers and their partners during pregnancy: Findings from the Queensland Family Cohort pilot study. <i>Nutrition and Dietetics</i> , 2022, 79, 602-615.	0.9	9
5	Meals That Differ in Nutrient Composition and Inflammatory Potential Do Not Differentially Impact Postprandial Circulating Cytokines in Older Adults above a Healthy Weight. <i>Nutrients</i> , 2022, 14, 1470.	1.7	4
6	Impact of Food-Based Weight Loss Interventions on Gut Microbiome in Individuals with Obesity: A Systematic Review. <i>Nutrients</i> , 2022, 14, 1953.	1.7	9
7	Eating Behaviors and Diet Quality: A National Survey of Australian Young Adults. <i>Journal of Nutrition Education and Behavior</i> , 2022, 54, 397-405.	0.3	4
8	Understanding children and young people's experiences pursuing weight loss maintenance using the Socio-ecological Model: A qualitative systematic literature review. <i>Obesity Reviews</i> , 2021, 22, e13172.	3.1	10
9	Attitudes of Australian Patients Undergoing Treatment for Upper Gastrointestinal Cancers to Different Models of Nutrition Care Delivery: Qualitative Investigation. <i>JMIR Formative Research</i> , 2021, 5, e23979.	0.7	7
10	Do disparities exist between national food group recommendations and the dietary intakes of contemporary young adults?. <i>Nutrition and Dietetics</i> , 2021, 78, 524-534.	0.9	2
11	Current practice, perceived barriers and resource needs related to measurement of dietary intake, analysis and interpretation of data: A survey of Australian nutrition and dietetics practitioners and researchers. <i>Nutrition and Dietetics</i> , 2021, 78, 365-373.	0.9	5
12	Transcriptomic changes in peripheral blood mononuclear cells with weight loss: systematic literature review and primary data synthesis. <i>Genes and Nutrition</i> , 2021, 16, 12.	1.2	7
13	Effect of a multicomponent nutritional supplement on functional outcomes for Duchenne muscular dystrophy: A randomized controlled trial. <i>Clinical Nutrition</i> , 2021, 40, 4702-4711.	2.3	4
14	Nutrition Meets Social Marketing: Targeting Health Promotion Campaigns to Young Adults Using the Living and Eating for Health Segments. <i>Nutrients</i> , 2021, 13, 3151.	1.7	5
15	Tackling the challenge of treating obesity using design research methods: A scoping review. <i>Obesity Reviews</i> , 2021, , .	3.1	8
16	It Takes a Village: Co-creation and Co-design for Social Media Health Promotion. , 2021, , 67-93.		0
17	“It’s not easy” A qualitative study of lifestyle change during pregnancy. <i>Women and Birth</i> , 2020, 33, e363-e370.	0.9	13
18	Effect of whole foods and dietary patterns on markers of subclinical inflammation in weight-stable overweight and obese adults: a systematic review. <i>Nutrition Reviews</i> , 2020, 78, 19-38.	2.6	18

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19	Social media, body image and food choices in healthy young adults: A mixed methods systematic review. <i>Nutrition and Dietetics</i> , 2020, 77, 19-40.	0.9	152
20	Fast track to health – Intermittent energy restriction in adolescents with obesity. A randomised controlled trial study protocol. <i>Obesity Research and Clinical Practice</i> , 2020, 14, 80-90.	0.8	15
21	A systematic review of recall errors associated with portion size estimation aids in children. <i>Appetite</i> , 2020, 147, 104522.	1.8	9
22	Beyond Body Weight: Design and Validation of Psycho-Behavioural Living and Eating for Health Segments (LEHS) Profiles for Social Marketing. <i>Nutrients</i> , 2020, 12, 2882.	1.7	8
23	Association Between Ketosis and Changes in Appetite Markers with Weight Loss Following a Very Low-Energy Diet. <i>Obesity</i> , 2020, 28, 2331-2338.	1.5	17
24	Using the Delphi process to identify priorities for Dietetic research in Australia 2020–2030. <i>Nutrition and Dietetics</i> , 2020, 77, 437-443.	0.9	16
25	A review of the short- and long-term impact of weight loss on appetite in youth: what do we know and where to from here?. <i>Proceedings of the Nutrition Society</i> , 2020, 79, 357-366.	0.4	6
26	Using the Internet: Nutrition Information-Seeking Behaviours of Lay People Enrolled in a Massive Online Nutrition Course. <i>Nutrients</i> , 2020, 12, 750.	1.7	37
27	Promoting Evidence Based Nutrition Education Across the World in a Competitive Space: Delivering a Massive Open Online Course. <i>Nutrients</i> , 2020, 12, 344.	1.7	16
28	Inflaming Public Interest: A Qualitative Study of Adult Learners' Perceptions on Nutrition and Inflammation. <i>Nutrients</i> , 2020, 12, 345.	1.7	13
29	Comparative weight loss with popular diets. <i>BMJ, The</i> , 2020, 369, m1269.	3.0	2
30	A social marketing perspective of young adults' concepts of eating for health: is it a question of morality?. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , 2020, 17, 44.	2.0	18
31	Language of Health of Young Australian Adults: A Qualitative Exploration of Perceptions of Health, Wellbeing and Health Promotion via Online Conversations. <i>Nutrients</i> , 2020, 12, 887.	1.7	20
32	Changes in the Homeostatic Appetite System After Weight Loss Reflect a Normalization Toward a Lower Body Weight. <i>Journal of Clinical Endocrinology and Metabolism</i> , 2020, 105, e2538-e2546.	1.8	22
33	Investigating the Efficacy and Cost-Effectiveness of Technology-Delivered Personalized Feedback on Dietary Patterns in Young Australian Adults in the Advice, Ideas, and Motivation for My Eating (Aim4Me) Study: Protocol for a Randomized Controlled Trial. <i>JMIR Research Protocols</i> , 2020, 9, e15999.	0.5	9
34	Sleeping Well Trial: Increasing the effectiveness of treatment with continuous positive airway pressure using a weight management program in overweight adults with obstructive sleep apnoea – A stepped wedge randomised trial protocol. <i>Nutrition and Dietetics</i> , 2019, 76, 110-117.	0.9	7
35	Effect of macronutrient composition on meal-induced thermogenesis in adolescents with obesity. <i>European Journal of Nutrition</i> , 2019, 58, 2327-2333.	1.8	5
36	Learning from Social Marketing: Living and Eating for Health Segments (LEHS) and Social Media Use (P16-023-19). <i>Current Developments in Nutrition</i> , 2019, 3, nzz050.P16-023-19.	0.1	2

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37	Total energy expenditure measured using doubly labeled water compared with estimated energy requirements in older adults (≥65 y): analysis of primary data. <i>American Journal of Clinical Nutrition</i> , 2019, 110, 1353-1361.	2.2	24
38	Assessing the impact of diet, exercise and the combination of the two as a treatment for OSA: A systematic review and meta-analysis. <i>Respirology</i> , 2019, 24, 740-751.	1.3	46
39	Investigating the effect of sex and ketosis on weight-loss-induced changes in appetite. <i>American Journal of Clinical Nutrition</i> , 2019, 109, 1511-1518.	2.2	24
40	Physiological Predictors of Weight Regain at 1-Year Follow-Up in Weight-Reduced Adults with Obesity. <i>Obesity</i> , 2019, 27, 925-931.	1.5	17
41	A Prospective Study Identifying a Change in Energy and Protein Intake of Older Adults during Inpatient Rehabilitation. <i>Nutrients</i> , 2019, 11, 453.	1.7	7
42	Effect of alcohol consumption on food energy intake: a systematic review and meta-analysis. <i>British Journal of Nutrition</i> , 2019, 121, 481-495.	1.2	45
43	Effect of Macronutrient Composition on Appetite Hormone Responses in Adolescents with Obesity. <i>Nutrients</i> , 2019, 11, 340.	1.7	11
44	Weighty issues™ in GP-led antenatal care: a qualitative study. <i>BMC Family Practice</i> , 2019, 20, 148.	2.9	7
45	Evaluating Online Continuing Professional Development Regarding Weight Management for Pregnancy Using the New World Kirkpatrick Model. <i>Journal of Continuing Education in the Health Professions</i> , 2019, 39, 210-217.	0.4	11
46	Attenuation of maternal weight gain impacts infant birthweight: systematic review and meta-analysis. <i>Journal of Developmental Origins of Health and Disease</i> , 2019, 10, 387-405.	0.7	14
47	No effect of saturated fatty acid chain length on meal-induced thermogenesis in overweight men. <i>Nutrition Research</i> , 2018, 51, 102-110.	1.3	6
48	Maternal nutrition and weight management in pregnancy: A nudge in the right direction. <i>Nutrition Bulletin</i> , 2018, 43, 69-78.	0.8	12
49	Total energy expenditure in adults aged 65 years and over measured using doubly-labelled water: international data availability and opportunities for data sharing. <i>Nutrition Journal</i> , 2018, 17, 40.	1.5	9
50	Interventions designed to reduce excessive gestational weight gain can reduce the incidence of gestational diabetes mellitus: A systematic review and meta-analysis of randomised controlled trials. <i>Diabetes Research and Clinical Practice</i> , 2018, 141, 69-79.	1.1	55
51	Beliefs and advice-seeking behaviours for fertility and pregnancy: a cross-sectional study of a global sample. <i>Journal of Human Nutrition and Dietetics</i> , 2018, 31, 486-495.	1.3	15
52	The impact of rate of weight loss on body composition and compensatory mechanisms during weight reduction: A randomized control trial. <i>Clinical Nutrition</i> , 2018, 37, 1154-1162.	2.3	43
53	Compensatory mechanisms activated with intermittent energy restriction: A randomized control trial. <i>Clinical Nutrition</i> , 2018, 37, 815-823.	2.3	67
54	Acute metabolic and endocrine responses induced by glucose and fructose in healthy young subjects: A double-blinded, randomized, crossover trial. <i>Clinical Nutrition</i> , 2018, 37, 459-470.	2.3	12

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55	Reducing the maternal dietary intake of indigestible and slowly absorbed short-chain carbohydrates is associated with improved infantile colic: a proof-of-concept study. <i>Journal of Human Nutrition and Dietetics</i> , 2018, 31, 256-265.	1.3	16
56	Reliability of Compartmental Body Composition Measures in Weight-Stable Adults Using GE iDXA: Implications for Research and Practice. <i>Nutrients</i> , 2018, 10, 1484.	1.7	20
57	Comparison of a Bioelectrical Impedance Device against the Reference Method Dual Energy X-Ray Absorptiometry and Anthropometry for the Evaluation of Body Composition in Adults. <i>Nutrients</i> , 2018, 10, 1469.	1.7	53
58	Investigation of the long-term sustainability of changes in appetite after weight loss. <i>International Journal of Obesity</i> , 2018, 42, 1489-1499.	1.6	42
59	Effect of early and intensive nutrition care, delivered via telephone or mobile application, on quality of life in people with upper gastrointestinal cancer: study protocol of a randomised controlled trial. <i>BMC Cancer</i> , 2018, 18, 707.	1.1	24
60	Attenuating Pregnancy Weight Gain—What Works and Why: A Systematic Review and Meta-Analysis. <i>Nutrients</i> , 2018, 10, 944.	1.7	56
61	Communicating health—Optimising young adults' engagement with health messages using social media: Study protocol. <i>Nutrition and Dietetics</i> , 2018, 75, 509-519.	0.9	27
62	Timeline of changes in adaptive physiological responses, at the level of energy expenditure, with progressive weight loss. <i>British Journal of Nutrition</i> , 2018, 120, 141-149.	1.2	28
63	Are doctors nutritionists? What is the role of doctors in providing nutrition advice?. <i>Nutrition Bulletin</i> , 2018, 43, 147-152.	0.8	46
64	Social media use for nutrition outcomes in young adults: a mixed-methods systematic review. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , 2018, 15, 70.	2.0	113
65	Maternal gestational weight gain during pregnancy: prioritising the conversation. <i>Australian Journal of Primary Health</i> , 2018, 24, 4.	0.4	13
66	A foodservice approach to enhance energy intake of elderly subacute patients: a pilot study to assess impact on patient outcomes and cost. <i>Age and Ageing</i> , 2017, 46, 486-493.	0.7	14
67	Investigating the relationship between sleep and macronutrient intake in women of childbearing age. <i>European Journal of Clinical Nutrition</i> , 2017, 71, 712-717.	1.3	14
68	The efficacy of Protected Mealtimes in hospitalised patients: a stepped wedge cluster randomised controlled trial. <i>BMC Medicine</i> , 2017, 15, 25.	2.3	25
69	Systematic Review. <i>Journal of Pediatric Gastroenterology and Nutrition</i> , 2017, 65, 141-149.	0.9	36
70	Timeline of changes in appetite during weight loss with a ketogenic diet. <i>International Journal of Obesity</i> , 2017, 41, 1224-1231.	1.6	74
71	Long-term follow-up of the potential benefits of early nutritional intervention in adults with upper gastrointestinal cancer: a pilot randomised trial. <i>Supportive Care in Cancer</i> , 2017, 25, 3587-3593.	1.0	17
72	Evaluation of a Commercially Delivered Weight Management Program for Adolescents. <i>Journal of Pediatrics</i> , 2017, 185, 73-80.e3.	0.9	11

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73	The relationship between dietary intake, growth and body composition in Phenylketonuria. <i>Molecular Genetics and Metabolism</i> , 2017, 122, 36-42.	0.5	29
74	Reduced Willingness to Expend Effort for Reward in Obesity: Link to Adherence to a 3-Month Weight Loss Intervention. <i>Obesity</i> , 2017, 25, 1676-1681.	1.5	17
75	The Validity of Bioelectrical Impedance Analysis to Measure Body Composition in Phenylketonuria. <i>JIMD Reports</i> , 2017, 42, 37-45.	0.7	5
76	The Relationship between Dietary Intake, Growth, and Body Composition in Inborn Errors of Intermediary Protein Metabolism. <i>Journal of Pediatrics</i> , 2017, 188, 163-172.	0.9	30
77	Validity of short food questionnaire items to measure intake in children and adolescents: a systematic review. <i>Journal of Human Nutrition and Dietetics</i> , 2017, 30, 36-50.	1.3	42
78	Dietitians Association of Australia 33rd National Conference: Lecture in honour of Dr Fiona Cumming-Life, Leadership and Landing. <i>Nutrition and Dietetics</i> , 2017, 74, 423-427.	0.9	0
79	The Effect of Using Mobile Technology-Based Methods That Record Food or Nutrient Intake on Diabetes Control and Nutrition Outcomes: A Systematic Review. <i>Nutrients</i> , 2016, 8, 815.	1.7	32
80	Are dietetics educators' attitudes to assessment a barrier to expanding placement opportunities? Results of a Delphi study. <i>Nutrition and Dietetics</i> , 2016, 73, 254-259.	0.9	4
81	Implementation of protected mealtimes in the subacute setting: stepped wedge cluster trial protocol. <i>Journal of Advanced Nursing</i> , 2016, 72, 1347-1356.	1.5	4
82	Pragmatic, Randomized Controlled Trials of the Girls on the Go! Program to Improve Self-Esteem in Girls. <i>American Journal of Health Promotion</i> , 2016, 30, 231-241.	0.9	24
83	Nudging consumers towards healthier choices: a systematic review of positional influences on food choice. <i>British Journal of Nutrition</i> , 2016, 115, 2252-2263.	1.2	339
84	The effect of communicating the genetic risk of cardiometabolic disorders on motivation and actual engagement in preventative lifestyle modification and clinical outcome: a systematic review and meta-analysis of randomised controlled trials. <i>British Journal of Nutrition</i> , 2016, 116, 924-934.	1.2	43
85	How does nutritional state change during a subacute admission? Findings and implications for practice. <i>European Journal of Clinical Nutrition</i> , 2016, 70, 607-612.	1.3	18
86	Practical Nutrition Guidelines for Individuals with Duchenne Muscular Dystrophy. <i>Pancreatic Islet Biology</i> , 2016, , 225-279.	0.1	1
87	A Randomized Controlled Trial of Two Different Macronutrient Profiles on Weight, Body Composition and Metabolic Parameters in Obese Adolescents Seeking Weight Loss. <i>PLoS ONE</i> , 2016, 11, e0151787.	1.1	20
88	Evaluation of assessment in the context of work-based learning: Qualitative perspectives of new graduates. <i>Nutrition and Dietetics</i> , 2015, 72, 143-149.	0.9	13
89	Great "app-eal"™ but not there yet: A review of iPhone nutrition applications relevant to child weight management. <i>Nutrition and Dietetics</i> , 2015, 72, 363-367.	0.9	21
90	Strong Correlation Between the 6-Minute Walk Test and Accelerometry Functional Outcomes in Boys With Duchenne Muscular Dystrophy. <i>Journal of Child Neurology</i> , 2015, 30, 357-363.	0.7	22

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91	Accuracy of Parent-Reported Energy Intake and Physical Activity Levels in Boys With Duchenne Muscular Dystrophy. <i>Nutrition in Clinical Practice</i> , 2015, 30, 297-304.	1.1	16
92	Fasting gut hormone levels change with modest weight loss in obese adolescents. <i>Pediatric Obesity</i> , 2015, 10, 380-387.	1.4	11
93	Study protocol: evaluation of JenMe™, a commercially-delivered weight management program for adolescents: a randomised controlled trial. <i>BMC Public Health</i> , 2015, 15, 563.	1.2	6
94	A Bedside Measure of Body Composition in Duchenne Muscular Dystrophy. <i>Pediatric Neurology</i> , 2015, 52, 82-87.	1.0	13
95	A longitudinal investigation of overweight children's body perception and satisfaction during a weight management program. <i>Appetite</i> , 2015, 85, 48-51.	1.8	9
96	Observations of body mass index in Duchenne muscular dystrophy: a longitudinal study. <i>European Journal of Clinical Nutrition</i> , 2014, 68, 892-897.	1.3	47
97	Work-based assessment: qualitative perspectives of novice nutrition and dietetics educators. <i>Journal of Human Nutrition and Dietetics</i> , 2014, 27, 513-521.	1.3	24
98	A systematic review of the factors associated with interest in predictive genetic testing for obesity, type 2 diabetes and heart disease. <i>Journal of Human Nutrition and Dietetics</i> , 2014, 27, 479-488.	1.3	19
99	Sex differences in the composition of weight gain and loss in overweight and obese adults. <i>British Journal of Nutrition</i> , 2014, 111, 933-943.	1.2	33
100	Accuracy of Self-Reported Physical Activity Levels in Obese Adolescents. <i>Journal of Nutrition and Metabolism</i> , 2014, 2014, 1-6.	0.7	24
101	Weight loss from lifestyle interventions and severity of sleep apnoea: a systematic review and meta-analysis. <i>Sleep Medicine</i> , 2014, 15, 1173-1183.	0.8	90
102	Potential benefits of early nutritional intervention in adults with upper gastrointestinal cancer: a pilot randomised trial. <i>Supportive Care in Cancer</i> , 2014, 22, 3035-3044.	1.0	42
103	New ways of defining protein and energy relationships in inborn errors of metabolism. <i>Molecular Genetics and Metabolism</i> , 2014, 112, 247-258.	0.5	10
104	Colorectal Cancer and Nonfermented Milk, Solid Cheese, and Fermented Milk Consumption: A Systematic Review and Meta-Analysis of Prospective Studies. <i>Critical Reviews in Food Science and Nutrition</i> , 2014, 54, 1167-1179.	5.4	70
105	Development and Evaluation of an iPad App for Measuring the Cost of a Nutritious Diet. <i>JMIR MHealth and UHealth</i> , 2014, 2, e50.	1.8	9
106	A preliminary qualitative exploration of dietitians' engagement with genetics and nutritional genomics: perspectives from international leaders. <i>Journal of Allied Health</i> , 2014, 43, 221-8.	0.2	9
107	The application of genetics and nutritional genomics in practice: an international survey of knowledge, involvement and confidence among dietitians in the US, Australia and the UK. <i>Genes and Nutrition</i> , 2013, 8, 523-533.	1.2	29
108	The reciprocal interaction between obesity and obstructive sleep apnoea. <i>Sleep Medicine Reviews</i> , 2013, 17, 123-131.	3.8	104

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109	Investigation of the effectiveness of the "Girls on the Go" program for building self-esteem in young women: trial protocol. SpringerPlus, 2013, 2, 683.	1.2	15
110	Use of the waist-to-height ratio to predict metabolic syndrome in obese children and adolescents. Journal of Paediatrics and Child Health, 2013, 49, E281-7.	0.4	41
111	A comparison and validation of child versus parent reporting of children's energy intake using food frequency questionnaires versus food records: Who's an accurate reporter?. Clinical Nutrition, 2013, 32, 613-618.	2.3	80
112	Comparison of Energy Intake in Toddlers Assessed by Food Frequency Questionnaire and Total Energy Expenditure Measured by the Doubly Labeled Water Method. Journal of the Academy of Nutrition and Dietetics, 2013, 113, 459-463.	0.4	37
113	Predicting success: Factors associated with weight change in obese youth undertaking a weight management program. Obesity Research and Clinical Practice, 2013, 7, e147-e154.	0.8	31
114	Can a web-based food record accurately assess energy intake in overweight and obese women? A pilot study. Journal of Human Nutrition and Dietetics, 2013, 26, 140-144.	1.3	19
115	Exploring the influence of breastfeeding on abdominal adiposity in young children using the waist to height ratio. Nutrition and Dietetics, 2013, 70, 146-152.	0.9	0
116	Social health and nutrition impacts of community kitchens: a systematic review. Public Health Nutrition, 2013, 16, 535-543.	1.1	50
117	Utility of the waist-to-height ratio as an instrument to measure parental perception of body weight in children and its use in a population-based survey of children. Public Health Nutrition, 2013, 16, 274-280.	1.1	4
118	A systematic review and meta-analysis of elevated blood pressure and consumption of dairy foods. Journal of Human Hypertension, 2012, 26, 3-13.	1.0	202
119	The quality of dietary intake methodology and reporting in child and adolescent obesity intervention trials: a systematic review. Obesity Reviews, 2012, 13, 1125-1138.	3.1	48
120	Do Glucocorticosteroids Alter Vitamin D Status? A Systematic Review with Meta-Analyses of Observational Studies. Journal of Clinical Endocrinology and Metabolism, 2012, 97, 738-744.	1.8	49
121	Predicting resting energy expenditure in boys with Duchenne muscular dystrophy. European Journal of Paediatric Neurology, 2012, 16, 631-635.	0.7	19
122	Dietary Management of Infantile Colic: A Systematic Review. Maternal and Child Health Journal, 2012, 16, 1319-1331.	0.7	68
123	A review of the indices and references used to assess overweight and obesity in Australian children and adolescents. Nutrition and Dietetics, 2012, 69, 300-308.	0.9	2
124	Adolescents seeking weight management: Who is putting their hand up and what are they looking for?. Journal of Paediatrics and Child Health, 2011, 47, 2-4.	0.4	12
125	Influence of food cost on diet quality and risk factors for chronic disease: A systematic review. Nutrition and Dietetics, 2011, 68, 248-261.	0.9	49
126	Associations of body mass index and waist circumference with: energy intake and percentage energy from macronutrients, in a cohort of Australian children. Nutrition Journal, 2011, 10, 58.	1.5	21



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127	What makes a weight loss programme successful?. BMJ: British Medical Journal, 2011, 343, d6629-d6629.	2.4	6
128	A comparison of two screening methods to determine the validity of 24-h food and drink records in children and adolescents. European Journal of Clinical Nutrition, 2011, 65, 1314-1320.	1.3	9
129	The Eat Smart Study: A randomised controlled trial of a reduced carbohydrate versus a low fat diet for weight loss in obese adolescents. BMC Public Health, 2010, 10, 464.	1.2	6
130	Internationalism in dietetic education and practise. Journal of Human Nutrition and Dietetics, 2010, 23, 203-204.	1.3	5
131	Comparison of the effects of four commercially available weight-loss programmes on lipid-based cardiovascular risk factors. Public Health Nutrition, 2009, 12, 799-807.	1.1	105
132	Validating the waistâ€height ratio and developing centiles for use amongst children and adolescents. Acta Paediatrica, International Journal of Paediatrics, 2009, 98, 148-152.	0.7	56
133	A review of nutrition in Duchenne muscular dystrophy. Journal of Human Nutrition and Dietetics, 2009, 22, 383-393.	1.3	95
134	The Long Term Efficacy of Gastrostomy Feeding in Children with Cystic Fibrosis on Anthropometric Markers of Nutritional Status and Pulmonary Function. Open Respiratory Medicine Journal, 2009, 3, 112-115.	1.3	25
135	A qualitative investigation of individualsâ€™ experiences and expectations before and after completing a trial of commercial weight loss programmes. Journal of Human Nutrition and Dietetics, 2008, 21, 72-80.	1.3	34
136	The Children's Body Image Scale: Reliability and use with international standards for body mass index. British Journal of Clinical Psychology, 2008, 47, 119-124.	1.7	57
137	The Manual of Dietetic Practice, 4th Edition. Nutrition and Dietetics, 2008, 65, 105-106.	0.9	0
138	A review of the effects of exercise on appetite regulation: an obesity perspective. International Journal of Obesity, 2008, 32, 1337-1347.	1.6	195
139	Use of sibutramine to assist obese women with weight loss can be successful in dietitian-led clinics: another tool in the dietitianâ€™s toolbox. Journal of Human Nutrition and Dietetics, 2008, 21, 248-255.	1.3	5
140	A Randomized Controlled Trial of a New Behavioral Home-Based Nutrition Education Program, â€Eat Well with CF,â€ in Adults with Cystic Fibrosis. Journal of the American Dietetic Association, 2008, 108, 847-852.	1.3	20
141	Commercial weight loss diets meet nutrient requirements in free living adults over 8 weeks: A randomised controlled weight loss trial. Nutrition Journal, 2008, 7, 25.	1.5	22
142	A randomised controlled trial investigating the effect of an intensive lifestyle intervention <i>v.</i> standard care in adults with type 2 diabetes immediately after initiating insulin therapy. British Journal of Nutrition, 2008, 99, 1025-1031.	1.2	25
143	Short-term appetite control in response to a 6-week exercise programme in sedentary volunteers. British Journal of Nutrition, 2007, 98, 834-42.	1.2	82
144	Randomised controlled trial of four commercial weight loss programmes in the UK: initial findings from the BBC â€diet trialsâ€. BMJ: British Medical Journal, 2006, 332, 1309-1314.	2.4	245

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145	Vitamin A and E deficiency and lung disease in infants with cystic fibrosis.. Journal of Paediatrics and Child Health, 2005, 41, 663-668.	0.4	23
146	Measurement of resting energy expenditure in infants. Journal of Paediatrics and Child Health, 2004, 40, 380-383.	0.4	7
147	The development and evaluation of Student Training, Education and Practice for Dietetics CD-ROM: a computer-assisted instruction programme for dietetic students. Journal of Human Nutrition and Dietetics, 2004, 17, 35-41.	1.3	9
148	Promoting healthy diet and exercise patterns amongst primary school children: a qualitative investigation of parental perspectives. Journal of Human Nutrition and Dietetics, 2003, 16, 89-96.	1.3	105
149	Evaluation of a computer assisted instruction resource in nursing education. Nurse Education Today, 2003, 23, 537-545.	1.4	13
150	Energy metabolism in infants with cystic fibrosis. Journal of Pediatrics, 2002, 140, 527-533.	0.9	32
151	An investigation into school children's knowledge and awareness of food and nutrition. Journal of Human Nutrition and Dietetics, 2002, 15, 129-140.	1.3	83
152	Development of the Children's Body Image Scale. British Journal of Clinical Psychology, 2002, 41, 185-203.	1.7	188
153	Pancreatic enzyme replacement therapy in cystic fibrosis: Australian guidelines. Journal of Paediatrics and Child Health, 1999, 35, 125-129.	0.4	43
154	Physiological and psychosocial contributors to malnutrition in children with cystic fibrosis: review. Clinical Nutrition, 1999, 18, 327-335.	2.3	25