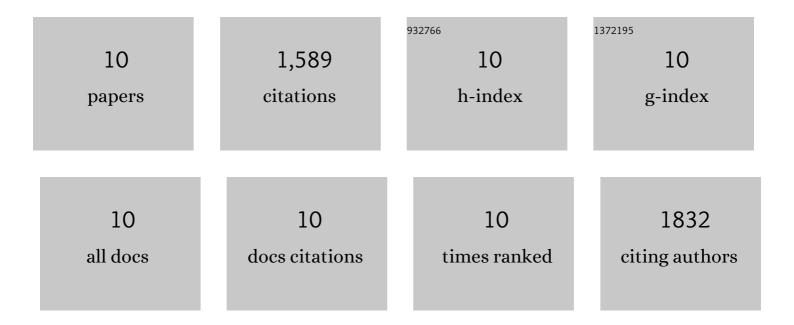
Chris Rinsch

List of Publications by Year in descending order

Source: https://exaly.com/author-pdf/3315888/publications.pdf Version: 2024-02-01



#	Article	IF	CITATIONS
1	Direct supplementation with Urolithin A overcomes limitations of dietary exposure and gut microbiome variability in healthy adults to achieve consistent levels across the population. European Journal of Clinical Nutrition, 2022, 76, 297-308.	1.3	38
2	Effect of Urolithin A Supplementation on Muscle Endurance and Mitochondrial Health in Older Adults. JAMA Network Open, 2022, 5, e2144279.	2.8	61
3	Urolithin A improves muscle strength, exercise performance, and biomarkers of mitochondrial health in a randomized trial in middle-aged adults. Cell Reports Medicine, 2022, 3, 100633.	3.3	55
4	Urolithin A improves mitochondrial health, reduces cartilage degeneration, and alleviates pain in osteoarthritis. Aging Cell, 2022, 21, .	3.0	46
5	Urolithin A improves muscle function by inducing mitophagy in muscular dystrophy. Science Translational Medicine, 2021, 13, .	5.8	93
6	Impact of the Natural Compound Urolithin A on Health, Disease, and Aging. Trends in Molecular Medicine, 2021, 27, 687-699.	3.5	166
7	The mitophagy activator urolithin A is safe and induces a molecular signature of improved mitochondrial and cellular health in humans. Nature Metabolism, 2019, 1, 595-603.	5.1	302
8	Mitochondrial function is impaired in the skeletal muscle of pre-frail elderly. Scientific Reports, 2018, 8, 8548.	1.6	76
9	Safety assessment of Urolithin A, a metabolite produced by the human gut microbiota upon dietary intake of plant derived ellagitannins and ellagic acid. Food and Chemical Toxicology, 2017, 108, 289-297.	1.8	84
10	Urolithin A induces mitophagy and prolongs lifespan in C. elegans and increases muscle function in rodents. Nature Medicine, 2016, 22, 879-888.	15.2	668