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List of Publications by Year in descending order

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Version: 2024-02-01

65
papers

5,272
citations

201385

27
h-index

110170

64
g-index

68
all docs

68
docs citations

68
times ranked

7303
citing authors

#	ARTICLE	IF	CITATIONS
1	Prevention and management of type 2 diabetes: dietary components and nutritional strategies. <i>Lancet, The</i> , 2014, 383, 1999-2007.	6.3	919
2	Testosterone, sex hormone-binding globulin, and the development of type 2 diabetes in middle-aged men: prospective results from the Massachusetts male aging study. <i>Diabetes Care</i> , 2000, 23, 490-494.	4.3	549
3	Metabolic Obesity: The Paradox Between Visceral and Subcutaneous Fat. <i>Current Diabetes Reviews</i> , 2006, 2, 367-373.	0.6	441
4	Effect of Lifestyle Modification on Adipokine Levels in Obese Subjects with Insulin Resistance. <i>Obesity</i> , 2003, 11, 1048-1054.	4.0	326
5	Lifestyle Modification Improves Endothelial Function in Obese Subjects With the Insulin Resistance Syndrome. <i>Diabetes Care</i> , 2003, 26, 2119-2125.	4.3	292
6	Diabetes and Ramadan: Practical guidelines. <i>Diabetes Research and Clinical Practice</i> , 2017, 126, 303-316.	1.1	223
7	Roux-en-Y Gastric Bypass Surgery or Lifestyle With Intensive Medical Management in Patients With Type 2 Diabetes. <i>JAMA Surgery</i> , 2014, 149, 716.	2.2	218
8	Evaluation of Insulin Sensitivity in Clinical Practice and in Research Settings. <i>Nutrition Reviews</i> , 2003, 61, 397-412.	2.6	210
9	Adipokines, inflammation, and the endothelium in diabetes. <i>Current Diabetes Reports</i> , 2003, 3, 293-298.	1.7	182
10	The effects of troglitazone, an insulin-sensitizing agent, on the endothelial function in early and late type 2 diabetes: A placebo-controlled randomized clinical trial. <i>Metabolism: Clinical and Experimental</i> , 2003, 52, 173-180.	1.5	156
11	Epidemiology of and Risk Factors for Type 2 Diabetes in Egypt. <i>Annals of Global Health</i> , 2018, 81, 814.	0.8	143
12	The Peroxisome Proliferator-Activated Receptor- β Agonist Pioglitazone Represses Inflammation in a Peroxisome Proliferator-Activated Receptor- α -Dependent Manner In Vitro and In Vivo in Mice. <i>Journal of the American College of Cardiology</i> , 2008, 52, 869-881.	1.2	113
13	Overweight Latino Children and Adolescents Have Marked Endothelial Dysfunction and Subclinical Vascular Inflammation in Association With Excess Body Fat and Insulin Resistance. <i>Diabetes Care</i> , 2008, 31, 576-582.	4.3	112
14	Diabetes medications and body weight. <i>Expert Opinion on Drug Safety</i> , 2009, 8, 573-584.	1.0	101
15	Adjustable Gastric Band Surgery or Medical Management in Patients With Type 2 Diabetes: A Randomized Clinical Trial. <i>Journal of Clinical Endocrinology and Metabolism</i> , 2015, 100, 2546-2556.	1.8	97
16	Contribution of Nerve-Axon Reflex-Related Vasodilation to the Total Skin Vasodilation in Diabetic Patients With and Without Neuropathy. <i>Diabetes Care</i> , 2001, 24, 344-349.	4.3	92
17	Weight Management in Patients with Type 1 Diabetes and Obesity. <i>Current Diabetes Reports</i> , 2017, 17, 92.	1.7	87
18	Long-term effect of intensive lifestyle intervention on cardiovascular risk factors in patients with diabetes in real-world clinical practice: a 5-year longitudinal study. <i>BMJ Open Diabetes Research and Care</i> , 2017, 5, e000259.	1.2	75

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19	The why WAIT program: Improving clinical outcomes through weight management in type 2 diabetes. Current Diabetes Reports, 2008, 8, 413-420.	1.7	68
20	Inpatient diabetes management by specialized diabetes team versus primary service team in non-critical care units: impact on 30-day readmission rate and hospital cost. BMJ Open Diabetes Research and Care, 2018, 6, e000460.	1.2	58
21	Patient-Driven Diabetes Care of the Future in the Technology Era. Cell Metabolism, 2019, 29, 564-575.	7.2	57
22	Effect of Ramadan diurnal fasting on visceral adiposity and serum adipokines in overweight and obese individuals. Diabetes Research and Clinical Practice, 2019, 153, 166-175.	1.1	55
23	Diabetes-Specific Nutrition Algorithm: A Transcultural Program to Optimize Diabetes and Prediabetes Care. Current Diabetes Reports, 2012, 12, 180-194.	1.7	49
24	Effects of nutrition therapy on HbA1c and cardiovascular disease risk factors in overweight and obese patients with type 2 diabetes. Nutrition Journal, 2018, 17, 42.	1.5	34
25	Transcultural Diabetes Nutrition Algorithm (tDNA): Venezuelan Application. Nutrients, 2014, 6, 1333-1363.	1.7	32
26	Nutrition in Diabetes. Endocrinology and Metabolism Clinics of North America, 2016, 45, 799-817.	1.2	32
27	Partial Meal Replacement Plan and Quality of the Diet at 1 Year: Action for Health in Diabetes (Look) Tj ETQq1 1 0.784314 rgBT /Over 0.4 29	1.7	29
28	Fat Versus Carbohydrate-Based Energy-Restricted Diets for Weight Loss in Patients With Type 2 Diabetes. Current Diabetes Reports, 2018, 18, 128.	1.7	29
29	Structured lifestyle intervention based on a trans-cultural diabetes-specific nutrition algorithm (tDNA) in individuals with type 2 diabetes: a randomized controlled trial. BMJ Open Diabetes Research and Care, 2017, 5, e000384.	1.2	25
30	Protein Content in Diabetes Nutrition Plan. Current Diabetes Reports, 2011, 11, 111-119.	1.7	24
31	Diabetes Remission after Nonsurgical Intensive Lifestyle Intervention in Obese Patients with Type 2 Diabetes. Journal of Diabetes Research, 2015, 2015, 1-4.	1.0	24
32	Lifestyle modification and endothelial function in obese subjects. Expert Review of Cardiovascular Therapy, 2005, 3, 231-241.	0.6	23
33	Weight Management Using a Meal Replacement Strategy in Type 2 Diabetes. Current Diabetes Reports, 2010, 10, 159-164.	1.7	23
34	Early Observation and Mitigation of Challenges in Diabetes Management of COVID-19 Patients in Critical Care Units. Diabetes Care, 2020, 43, e81-e82.	4.3	21
35	Impact of Diabetes-Specific Nutritional Formulas versus Oatmeal on Postprandial Glucose, Insulin, GLP-1 and Postprandial Lipidemia. Nutrients, 2016, 8, 443.	1.7	20
36	Inpatient Diabetes Management in the Twenty-First Century. Endocrinology and Metabolism Clinics of North America, 2016, 45, 875-894.	1.2	19

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37	Dairy intake and type 2 diabetes risk factors: A narrative review. <i>Diabetes and Metabolic Syndrome: Clinical Research and Reviews</i> , 2019, 13, 2879-2887.	1.8	19
38	Weight Management in Patients with Type 2 Diabetes: a Multidisciplinary Real-world Approach. <i>Current Diabetes Reports</i> , 2018, 18, 66.	1.7	18
39	Measuring Visceral and Hepatic Fat in Clinical Practice and Clinical Research. <i>Endocrine Practice</i> , 2013, 19, 587-595.	1.1	17
40	Young Hispanics at risk of type 2 diabetes display endothelial activation, subclinical inflammation and alterations of coagulation and fibrinolysis. <i>Diabetology and Metabolic Syndrome</i> , 2013, 5, 37.	1.2	16
41	Transcultural Diabetes Nutrition Algorithm: A Malaysian Application. <i>International Journal of Endocrinology</i> , 2013, 2013, 1-7.	0.6	15
42	Differences in Resource Utilization Between Patients With Diabetes Receiving Glycemia-Targeted Specialized Nutrition vs Standard Nutrition Formulas in U.S. Hospitals. <i>Journal of Parenteral and Enteral Nutrition</i> , 2014, 38, 86S-91S.	1.3	15
43	Medication and Exercise Interactions: Considering and Managing Hypoglycemia Risk. <i>Diabetes Spectrum</i> , 2015, 28, 64-67.	0.4	15
44	Use of a diabetes-specific nutritional shake to replace a daily breakfast and afternoon snack improves glycemic responses assessed by continuous glucose monitoring in people with type 2 diabetes: a randomized clinical pilot study. <i>BMJ Open Diabetes Research and Care</i> , 2020, 8, e001258.	1.2	15
45	The role of adipose tissue as an endocrine gland. <i>Current Diabetes Reports</i> , 2005, 5, 317-319.	1.7	14
46	Why WAIT Program: A Novel Model for Diabetes Weight Management in Routine Clinical Practice. <i>Obesity Management</i> , 2008, 4, 176-183.	0.2	14
47	The Transcultural Diabetes Nutrition Algorithm Toolkit: Survey and Content Validation in the United States, Mexico, and Taiwan. <i>Diabetes Technology and Therapeutics</i> , 2014, 16, 378-384.	2.4	13
48	Transculturalization Recommendations For Developing Latin American Clinical Practice Algorithms In Endocrinology Proceedings Of The 2015 Pan-American Workshop By The American Association Of Clinical Endocrinologists And American College Of Endocrinology. <i>Endocrine Practice</i> , 2016, 22, 476-501.	1.1	13
49	Glycemic Control and Urinary Tract Infections in Women with Type 1 Diabetes: Results from the DCCT/EDIC. <i>Journal of Urology</i> , 2016, 196, 1129-1135.	0.2	13
50	Association of Health Literacy and Nutritional Status Assessment with Glycemic Control in Adults with Type 2 Diabetes Mellitus. <i>Nutrients</i> , 2020, 12, 3152.	1.7	13
51	Effect of dairy consumption and its fat content on glycemic control and cardiovascular disease risk factors in patients with type 2 diabetes: a randomized controlled study. <i>American Journal of Clinical Nutrition</i> , 2020, 112, 293-302.	2.2	13
52	Frequency of self-monitoring of blood glucose in relation to weight loss and A1C during intensive multidisciplinary weight management in patients with type 2 diabetes and obesity. <i>BMJ Open Diabetes Research and Care</i> , 2019, 7, e000659.	1.2	12
53	The Transcultural Diabetes Nutrition Algorithm: A Canadian Perspective. <i>International Journal of Endocrinology</i> , 2014, 2014, 1-12.	0.6	10
54	Transcultural Diabetes Nutrition Algorithm: Brazilian Application. <i>Nutrients</i> , 2015, 7, 7358-7380.	1.7	10

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55	Intensive multidisciplinary weight management in patients with type 1 diabetes and obesity: A one-year retrospective matched cohort study. <i>Diabetes, Obesity and Metabolism</i> , 2019, 21, 37-42.	2.2	10
56	Comparison of Structured Nutrition Therapy for Ramadan with Standard Care in Type 2 Diabetes Patients. <i>Nutrients</i> , 2020, 12, 813.	1.7	10
57	Effect of diabetes-specific nutrition formulas on satiety and hunger hormones in patients with type 2 diabetes. <i>Nutrition and Diabetes</i> , 2019, 9, 26.	1.5	8
58	Type 2 Diabetes in the Middle East and North Africa (MENA). , 2017, , 49-61.		6
59	Oxidative Stress and Cardiovascular Risk in Type 1 Diabetes Mellitus: Insights From the DCCT/EDIC Study. <i>Journal of the American Heart Association</i> , 2018, 7, .	1.6	5
60	Nutrition Revolutionâ€”The End of the High Carbohydrates Era for Diabetes Prevention and Management. <i>US Endocrinology</i> , 2014, 10, 103.	0.3	5
61	Diabetes Weight Management in Clinical Practiceâ€”The Why WAIT Model. <i>US Endocrinology</i> , 2008, 04, 49.	0.3	4
62	The effect of intensive lifestyle intervention on renal function in patients with diabetes and obesity in real-world practice: A 5-years longitudinal study. <i>Human Nutrition and Metabolism</i> , 2021, 24, 200119.	0.8	2
63	Nonsurgical Diabetes Weight Management: Be Prepared for Sustainable and Practical Interventions. <i>Current Diabetes Reports</i> , 2011, 11, 75-76.	1.7	1
64	Dairy Consumption and Cardiometabolic Risk Factors in Patients with Type 2 Diabetes and Overweight or Obesity during Intensive Multidisciplinary Weight Management: A Prospective Observational Study. <i>Nutrients</i> , 2020, 12, 1643.	1.7	0
65	Can Type 2 Diabetes be Reversed?. <i>US Endocrinology</i> , 2016, 12, 76.	0.3	0