

Farzad Shidfar

List of Publications by Year in descending order

Source: <https://exaly.com/author-pdf/3313575/publications.pdf>

Version: 2024-02-01

176
papers

3,352
citations

182225

30
h-index

263392

45
g-index

189
all docs

189
docs citations

189
times ranked

5650
citing authors

#	ARTICLE	IF	CITATIONS
1	The effects of probiotic/synbiotic supplementation compared to placebo on biomarkers of oxidative stress in adults: a systematic review and meta-analysis of randomized controlled trials. <i>Critical Reviews in Food Science and Nutrition</i> , 2022, 62, 490-507.	5.4	42
2	Impact of orange juice consumption on cardiovascular disease risk factors: a systematic review and meta-analysis of randomized-controlled trials. <i>Critical Reviews in Food Science and Nutrition</i> , 2022, 62, 3389-3402.	5.4	16
3	The beneficial effects of cinnamon among patients with metabolic diseases: A systematic review and dose-response meta-analysis of randomized-controlled trials. <i>Critical Reviews in Food Science and Nutrition</i> , 2022, 62, 6113-6131.	5.4	8
4	The impact of rice bran oil consumption on the serum lipid profile in adults: a systematic review and meta-analysis of randomized controlled trials. <i>Critical Reviews in Food Science and Nutrition</i> , 2022, 62, 6005-6015.	5.4	12
5	Lycopene Does Not Affect Prostate-Specific Antigen in Men with Non-Metastatic Prostate Cancer: A Systematic Review and Meta-Analysis of Randomized Controlled Trials. <i>Nutrition and Cancer</i> , 2022, 74, 806-807.	0.9	0
6	Effect of whey protein consumption on IL-6 and TNF- α : A systematic review and meta-analysis of randomized controlled trials. <i>Diabetes and Metabolic Syndrome: Clinical Research and Reviews</i> , 2022, 16, 102372.	1.8	2
7	Consumption of sesame seeds and sesame products has favorable effects on blood glucose levels but not on insulin resistance: A systematic review and meta-analysis of controlled clinical trials. <i>Phytotherapy Research</i> , 2022, 36, 1126-1134.	2.8	9
8	Effect of cherry consumption on blood pressure: a systematic review and meta-analysis of randomized controlled trials. <i>Diabetes and Metabolic Syndrome: Clinical Research and Reviews</i> , 2022, 16, 102409.	1.8	2
9	The effect of lycopene supplement from different sources on prostate specific antigen (PSA): A systematic review and meta-analysis of randomized controlled trials. <i>Complementary Therapies in Medicine</i> , 2022, 64, 102801.	1.3	3
10	Psychosocial issues and sleep quality among seafarers: a mixed methods study. <i>BMC Public Health</i> , 2022, 22, 695.	1.2	2
11	The impact of probiotic yogurt versus ordinary yogurt on serum sTWEAK, sCD163, sADMA, sLCAT and sBUN in patients with chronic heart failure: a randomized, triple-blind, controlled trial. <i>Journal of the Science of Food and Agriculture</i> . 2022, 102, 6024-6035.	1.7	8
12	The effect of fasting and energy restricting diets on markers of glucose and insulin controls: a systematic review and meta-analysis of randomized controlled trials. <i>Critical Reviews in Food Science and Nutrition</i> , 2021, 61, 3383-3394.	5.4	11
13	The effect of dried <i>Ziziphus vulgaris</i> on glycemic control, lipid profile, Apo proteins and hsCRP in patients with type 2 diabetes mellitus: A randomized controlled clinical trial. <i>Journal of Food Biochemistry</i> , 2021, 45, e13193.	1.2	9
14	Association between abnormal maternal serum levels of vitamin B12 and preeclampsia: a systematic review and meta-analysis. <i>Nutrition Reviews</i> , 2021, 79, 518-528.	2.6	14
15	Association of dietary fiber and depression symptom: A systematic review and meta-analysis of observational studies. <i>Complementary Therapies in Medicine</i> , 2021, 56, 102621.	1.3	28
16	The Impact of Low Advanced Glycation End Products Diet on Metabolic Risk Factors: A Systematic Review and Meta-Analysis of Randomized Controlled Trials. <i>Advances in Nutrition</i> , 2021, 12, 766-776.	2.9	37
17	Effects of curcumin supplementation on blood glucose, insulin resistance and androgens in patients with polycystic ovary syndrome: A randomized double-blind placebo-controlled clinical trial. <i>Phytomedicine</i> , 2021, 80, 153395.	2.3	59
18	Effects of synbiotic supplementation on serum adiponectin and inflammation status of overweight and obese breast cancer survivors: a randomized, triple-blind, placebo-controlled trial. <i>Supportive Care in Cancer</i> , 2021, 29, 4147-4157.	1.0	15

#	ARTICLE	IF	CITATIONS
19	The effect of nigella sativa on biomarkers of inflammation and oxidative stress: A systematic review and meta-analysis of randomized controlled trials. <i>Journal of Food Biochemistry</i> , 2021, 45, e13625.	1.2	16
20	The effect of green tea on prostate specific antigen (PSA): A systematic review and meta-analysis of randomized controlled trials. <i>Complementary Therapies in Medicine</i> , 2021, 57, 102659.	1.3	3
21	1,25-Dihydroxyvitamin D3 modulates adipogenesis of human adipose-derived mesenchymal stem cells dose-dependently. <i>Nutrition and Metabolism</i> , 2021, 18, 29.	1.3	8
22	Effect of <i>Portulaca Oleracea</i> (purslane) extract on liver enzymes, lipid profile, and glycemic status in nonalcoholic fatty liver disease: A randomized, double-blind clinical trial. <i>Phytotherapy Research</i> , 2021, 35, 3145-3156.	2.8	19
23	Diabetes, Age, and Duration of Supplementation Subgroup Analysis for the Effect of Coenzyme Q10 on Oxidative Stress: A Systematic Review and Meta-Analysis. <i>Complementary Medicine Research</i> , 2021, 28, 557-570.	0.5	5
24	Molecular mechanisms of vitamin D plus Bisphenol A effects on adipogenesis in human adipose-derived mesenchymal stem cells. <i>Diabetology and Metabolic Syndrome</i> , 2021, 13, 41.	1.2	8
25	Effect of extra virgin olive oil consumption on glycemic control: A systematic review and meta-analysis. <i>Nutrition, Metabolism and Cardiovascular Diseases</i> , 2021, 31, 1953-1961.	1.1	7
26	The Impact of Chromium Supplementation on Blood Pressure: A Systematic Review and Dose-Response Meta-Analysis of Randomized-Controlled Trials. <i>High Blood Pressure and Cardiovascular Prevention</i> , 2021, 28, 333-342.	1.0	5
27	Effects of body weight regain on leptin levels: A systematic review and meta-analysis. <i>Cytokine</i> , 2021, 148, 155647.	1.4	0
28	The effect of vitamin C supplementation on mood status in adults: a systematic review and meta-analysis of randomized controlled clinical trials. <i>General Hospital Psychiatry</i> , 2021, 71, 36-42.	1.2	8
29	Impact of soy milk consumption on cardiometabolic risk factors: A systematic review and meta-analysis of randomized controlled trials. <i>Journal of Functional Foods</i> , 2021, 83, 104499.	1.6	3
30	Comparison of the key modifiable factors in the first 1000 days predicting subsequent overweight and obesity in pre-school children in Tehran: A case control study. <i>British Journal of Nutrition</i> , 2021, , 1-25.	1.2	1
31	Administration of hydro-alcoholic extract of spinach improves oxidative stress and inflammation in high-fat diet-induced NAFLD rats. <i>BMC Complementary Medicine and Therapies</i> , 2021, 21, 221.	1.2	11
32	Saffron (<i>Crocus Sativus</i> L.), Combined with Endurance Exercise, Synergistically Enhances BDNF, Serotonin, and NT-3 in Wistar Rats. <i>Reports of Biochemistry and Molecular Biology</i> , 2021, 9, 426-434.	0.5	10
33	Resveratrol treatment reduces expression of MCP-1, IL-6, IL-8 and RANTES in endometriotic stromal cells. <i>Journal of Cellular and Molecular Medicine</i> , 2021, 25, 1116-1127.	1.6	24
34	The effect of cranberry supplementation on Helicobacter pylori eradication in H. pylori positive subjects: A Systematic Review and Meta-analysis of Randomized Controlled Trials. <i>British Journal of Nutrition</i> , 2021, , 1-33.	1.2	2
35	The association between food insulin index and odds of non-alcoholic fatty liver disease (NAFLD) in adults: a case-control study. <i>Gastroenterology and Hepatology From Bed To Bench</i> , 2021, 14, 221-228.	0.6	2
36	The Effect of Synbiotic Consumption on Serum NTproBNP, hsCRP and Blood Pressure in Patients With Chronic Heart Failure: A Randomized, Triple-Blind, Controlled Trial. <i>Frontiers in Nutrition</i> , 2021, 8, 822498.	1.6	3

#	ARTICLE	IF	CITATIONS
37	The impact of probiotic yogurt consumption on lipid profiles in subjects with mild to moderate hypercholesterolemia: A systematic review and meta-analysis of randomized controlled trials. <i>Nutrition, Metabolism and Cardiovascular Diseases</i> , 2020, 30, 11-22.	1.1	40
38	Effects of Zinc Supplementation on Cardiometabolic Risk Factors: a Systematic Review and Meta-analysis of Randomized Controlled Trials. <i>Biological Trace Element Research</i> , 2020, 195, 373-398.	1.9	19
39	The effects of curcumin supplementation on oxidative stress, Sirtuin-1 and peroxisome proliferator activated receptor β coactivator 1 α gene expression in polycystic ovarian syndrome (PCOS) patients: A randomized placebo-controlled clinical trial. <i>Diabetes and Metabolic Syndrome: Clinical Research and Reviews</i> , 2020, 14, 77-82.	1.8	75
40	Effects of thylakoid intake on appetite and weight loss: a systematic review. <i>Journal of Diabetes and Metabolic Disorders</i> , 2020, 19, 565-573.	0.8	5
41	The effects of hydroalcoholic extract of spinach on prevention and treatment of some metabolic and histologic features in a rat model of nonalcoholic fatty liver disease. <i>Journal of the Science of Food and Agriculture</i> , 2020, 100, 1787-1796.	1.7	7
42	The effects of royal jelly and tocotrienol-rich fraction on impaired glycemic control and inflammation through irisin in obese rats. <i>Journal of Food Biochemistry</i> , 2020, 44, e13493.	1.2	6
43	The effects of sumac (<i>Rhus coriaria</i> L.) powder supplementation in patients with non-alcoholic fatty liver disease: A randomized controlled trial. <i>Complementary Therapies in Clinical Practice</i> , 2020, 41, 101259.	0.7	22
44	The Mediterranean diet and nonalcoholic fatty liver disease in individuals at high cardiovascular risk. <i>Hepatobiliary Surgery and Nutrition</i> , 2020, 9, 654-656.	0.7	0
45	The effect of Aqueous, Ethanolic extracts of Rheum ribes on insulin sensitivity, inflammation, oxidative stress in patients with type 2 diabetes mellitus: A Randomized, Double-Blind, Placebo-Controlled Trial. <i>Journal of Herbal Medicine</i> , 2020, 24, 100389.	1.0	6
46	Comparison of probiotic yogurt and ordinary yogurt consumption on serum Pentraxin3, NT-proBNP, oxLDL, and ApoB100 in patients with chronic heart failure: a randomized, triple-blind, controlled trial. <i>Food and Function</i> , 2020, 11, 10000-10010.	2.1	13
47	The effect of royal jelly and tocotrienol-rich fraction along with calorie restriction on hypothalamic endoplasmic reticulum stress and adipose tissue inflammation in diet-induced obese rats. <i>BMC Research Notes</i> , 2020, 13, 409.	0.6	2
48	The association of dietary patterns and cardiorespiratory fitness: A systematic review. <i>Nutrition, Metabolism and Cardiovascular Diseases</i> , 2020, 30, 1442-1451.	1.1	8
49	The responses of different dosages of egg consumption on blood lipid profile: An updated systematic review and meta-analysis of randomized clinical trials. <i>Journal of Food Biochemistry</i> , 2020, 44, e13263.	1.2	13
50	Effects of Royal Jelly and Tocotrienol Rich Fraction in obesity treatment of calorie-restricted obese rats: a focus on white fat browning properties and thermogenic capacity. <i>Nutrition and Metabolism</i> , 2020, 17, 42.	1.3	9
51	Bisphenol A enhances adipogenic signaling pathways in human mesenchymal stem cells. <i>Genes and Environment</i> , 2020, 42, 13.	0.9	13
52	Dietary phytochemical index and overweight/obesity in children: a cross-sectional study. <i>BMC Research Notes</i> , 2020, 13, 132.	0.6	22
53	Effect of vitamin D supplementation on klotho protein, antioxidant status and nitric oxide in the elderly: A randomized, double-blinded, placebo-controlled clinical trial. <i>European Journal of Integrative Medicine</i> , 2020, 35, 101089.	0.8	14
54	Vitamin D3 Supplementation in Diarrhea-Predominant Irritable Bowel Syndrome Patients: The Effects on Symptoms Improvement, Serum Corticotropin-Releasing Hormone, and Interleukin-6 – A Randomized Clinical Trial. <i>Complementary Medicine Research</i> , 2020, 27, 302-309.	0.5	13

#	ARTICLE	IF	CITATIONS
55	Effects of <i>Melissa officinalis</i> (Lemon Balm) on cardio-metabolic outcomes: A systematic review and meta-analysis. <i>Phytotherapy Research</i> , 2020, 34, 3113-3123.	2.8	25
56	The effect of <i>Urtica Dioica</i> leaf extract intake on serum TNF- α , stool calprotectin and erythrocyte sedimentation rate in patients with inflammatory bowel disease: A double-blind, placebo-controlled, randomized, clinical trial. <i>Mediterranean Journal of Nutrition and Metabolism</i> , 2020, 13, 75-87.	0.2	5
57	Associations between dietary total antioxidant capacity and odds of non-alcoholic fatty liver disease (NAFLD) in adults: a case-control study. <i>Journal of Nutritional Science</i> , 2020, 9, e48.	0.7	12
58	The impact of low advanced glycation end products diet on obesity and related hormones: a systematic review and meta-analysis. <i>Scientific Reports</i> , 2020, 10, 22194.	1.6	17
59	Effects of vitamin D3 supplementation on clinical symptoms, quality of life, serum serotonin (5-hydroxytryptamine), 5-hydroxy-indole acetic acid, and ratio of 5-HIAA/5-HT in patients with diarrhea-predominant irritable bowel syndrome: A randomized clinical trial. <i>EXCLI Journal</i> , 2020, 19, 652-667.	0.5	11
60	Effect of Selenium Supplementation on Expression of SIRT1 and PGC-1 α Genes in Ulcerative Colitis Patients: a Double Blind Randomized Clinical Trial. <i>Clinical Nutrition Research</i> , 2020, 9, 284.	0.5	8
61	WITHDRAWN ARTICLE: Effect of Sesame Lignan Supplementation on Carotid Intima-Media Thickness, Serum Lipid Profile, Serum VEGF, VCAM-1, ICAM-1 and vWF Levels in Cardiovascular Disease Patients. <i>International Journal of Endocrinology and Metabolism</i> , 2020, 19, e82984.	0.3	0
62	The Effects of Resveratrol Treatment on Bcl-2 and Bax Gene Expression in Endometriotic Compared with Non-Endometriotic Stromal Cells. <i>Iranian Journal of Public Health</i> , 2020, 49, 1546-1554.	0.3	6
63	The Relationship between Household Food Insecurity and Depressive Symptoms among Pregnant Women: A Cross Sectional Study. <i>Iranian Journal of Psychiatry</i> , 2020, 15, 126-133.	0.4	1
64	Nut consumption and risk of diabetes mellitus in overweight/obese individuals. <i>EXCLI Journal</i> , 2020, 19, 705-706.	0.5	0
65	Serum irisin levels in metabolically healthy versus metabolically unhealthy obesity: A case-control study. <i>Medical Journal of the Islamic Republic of Iran</i> , 2020, 34, 46.	0.9	1
66	The link between long-term nut consumption and health outcomes: A hard nut to crack?. <i>EXCLI Journal</i> , 2020, 19, 1100-1101.	0.5	0
67	Efficacy of <i>Melissa officinalis</i> (lemon balm) extract on glycemic control and cardiovascular risk factors in individuals with type 2 diabetes: randomized, double-blind, clinical trial. <i>Phytotherapy Research</i> , 2019, 33, 651-659.	2.8	44
68	Effect of Soy Milk on Metabolic Status of Patients with Nonalcoholic Fatty Liver Disease: A Randomized Clinical Trial. <i>Journal of the American College of Nutrition</i> , 2019, 38, 51-58.	1.1	25
69	Impact of phytosterol supplementation on plasma lipoprotein(a) and free fatty acid (FFA) concentrations: A systematic review and meta-analysis of randomized controlled trials. <i>Nutrition, Metabolism and Cardiovascular Diseases</i> , 2019, 29, 1168-1175.	1.1	22
70	Effect of saffron (<i>Crocus sativus</i> L.) and endurance training on mitochondrial biogenesis, endurance capacity, inflammation, antioxidant, and metabolic biomarkers in Wistar rats. <i>Journal of Food Biochemistry</i> , 2019, 43, e12946.	1.2	25
71	Inverse association of long-term nut consumption with weight gain and risk of overweight/obesity: a systematic review. <i>Nutrition Research</i> , 2019, 68, 1-8.	1.3	31
72	The effect of quercetin on iron overload and inflammation in β^2 -thalassemia major patients: A double-blind randomized clinical trial. <i>Complementary Therapies in Medicine</i> , 2019, 46, 24-28.	1.3	33

#	ARTICLE	IF	CITATIONS
73	Effect of soy milk consumption on glycemic status, blood pressure, fibrinogen and malondialdehyde in patients with non-alcoholic fatty liver disease: a randomized controlled trial. <i>Complementary Therapies in Medicine</i> , 2019, 44, 44-50.	1.3	32
74	Effect of synbiotic bread containing lactic acid on glycemic indicators, biomarkers of antioxidant status and inflammation in patients with type 2 diabetes: a randomized controlled trial. <i>Diabetology and Metabolic Syndrome</i> , 2019, 11, 103.	1.2	25
75	Soy milk: A functional beverage with hypocholesterolemic effects? A systematic review of randomized controlled trials. <i>Complementary Therapies in Medicine</i> , 2019, 42, 82-88.	1.3	18
76	Effects of Probiotic Yogurt on Serum Omentin-1, Adropin, and Nesfatin-1 Concentrations in Overweight and Obese Participants Under Low-Calorie Diet. <i>Probiotics and Antimicrobial Proteins</i> , 2019, 11, 1202-1209.	1.9	18
77	Impact of Dietary Calcium Supplement on Circulating Lipoprotein Concentrations and Atherogenic Indices in Overweight and Obese Individuals: A Systematic Review. <i>Journal of Dietary Supplements</i> , 2019, 16, 357-367.	1.4	27
78	Effect of quercetin on oxidative stress and liver function in beta-thalassemia major patients receiving desferrioxamine: A double-blind randomized clinical trial. <i>Journal of Research in Medical Sciences</i> , 2019, 24, 91.	0.4	8
79	Effects of Daily Consumption of Cashews on Oxidative Stress and Atherogenic Indices in Patients with Type 2 Diabetes: A Randomized, Controlled-Feeding Trial. <i>International Journal of Endocrinology and Metabolism</i> , 2019, In Press, e70744.	0.3	29
80	Low Vitamin A Status and Diabetes: An Overview. , 2019, , 1535-1548.		0
81	Reduction of Some Atherogenic Indices in Patients with Non-Alcoholic Fatty Liver by Vitamin D and Calcium Co-Supplementation: A Double Blind Randomized Controlled Clinical Trial. <i>Iranian Journal of Pharmaceutical Research</i> , 2019, 18, 496-505.	0.3	6
82	Adiponectin: An Indicator for Metabolic Syndrome. <i>Iranian Journal of Public Health</i> , 2019, 48, 1106-1115.	0.3	5
83	Probiotic plus low-calorie diet increase gene expression of Toll-like receptor 2 and FOXP3 in overweight and obese participants. <i>Journal of Functional Foods</i> , 2018, 43, 180-185.	1.6	7
84	Dairy products and chronic kidney disease: protective or harmful? a systematic review of prospective cohort studies. <i>Nutrition</i> , 2018, 55-56, 21-28.	1.1	8
85	Effect of Breastfeeding in Early Life on Cardiorespiratory and Physical Fitness: A Systematic Review and Meta-Analysis. <i>Breastfeeding Medicine</i> , 2018, 13, 248-258.	0.8	11
86	Zinc and Selenium Co-supplementation Reduces Some Lipid Peroxidation and Angiogenesis Markers in a Rat Model of NAFLD-Fed High Fat Diet. <i>Biological Trace Element Research</i> , 2018, 181, 288-295.	1.9	45
87	Low Vitamin A Status and Diabetes: An Overview. , 2018, , 1-14.		0
88	The Effects of Extra Virgin Olive Oil on Alanine Aminotransferase, Aspartate Aminotransferase, and Ultrasonographic Indices of Hepatic Steatosis in Nonalcoholic Fatty Liver Disease Patients Undergoing Low Calorie Diet. <i>Canadian Journal of Gastroenterology and Hepatology</i> , 2018, 2018, 1-7.	0.8	33
89	Effect of sumac (<i>Rhus Coriaria</i>) on blood lipids: A systematic review and meta-analysis. <i>Complementary Therapies in Medicine</i> , 2018, 40, 8-12.	1.3	40
90	Safety and efficacy of <i>Melissa officinalis</i> (lemon balm) on ApoA-I, Apo B, lipid ratio and ICAM-1 in type 2 diabetes patients: A randomized, double-blinded clinical trial. <i>Complementary Therapies in Medicine</i> , 2018, 40, 83-88.	1.3	26

#	ARTICLE	IF	CITATIONS
91	Depressive symptoms among metabolically healthy and unhealthy overweight/obese individuals: a comparative study. <i>Medical Journal of the Islamic Republic of Iran</i> , 2018, 32, 549-552.	0.9	5
92	Erythrocyte membrane fatty acid profile & serum cytokine levels in patients with non-alcoholic fatty liver disease. <i>Indian Journal of Medical Research</i> , 2018, 147, 352.	0.4	8
93	A qualitative study on physical health threatening factors of Iranian seafarers working on ocean going tankers. <i>International Maritime Health</i> , 2018, 69, 192-200.	0.3	4
94	Comparison of the effects of nobiletin and letrozole on the activity and expression of aromatase in the MCF-7 breast cancer cell line. <i>Biochemistry and Cell Biology</i> , 2017, 95, 468-473.	0.9	10
95	Effects of <i>Urtica dioica</i> leaf extract on inflammation, oxidative stress, ESR, blood cell count and quality of life in patients with inflammatory bowel disease. <i>Journal of Herbal Medicine</i> , 2017, 9, 32-41.	1.0	10
96	Weight Changes and Metabolic Outcomes in Calorie-Restricted Obese Mice Fed High-Fat Diets Containing Corn or Flaxseed Oil: Physiological Role of Sugar Replacement with Polyphenol-Rich Grape. <i>Journal of the American College of Nutrition</i> , 2017, 36, 422-433.	1.1	4
97	Metabolic Syndrome Patients Have Lower Levels of Adropin When Compared With Healthy Overweight/Obese and Lean Subjects. <i>American Journal of Men's Health</i> , 2017, 11, 426-434.	0.7	42
98	Effect of daily calcitriol supplementation with and without calcium on disease regression in non-alcoholic fatty liver patients following an energy-restricted diet: Randomized, controlled, double-blind trial. <i>Clinical Nutrition</i> , 2017, 36, 1490-1497.	2.3	56
99	Modifications of mice gut microflora following oral consumption of <i>Lactobacillus acidophilus</i> and <i>Bifidobacterium bifidum</i> probiotics. <i>Turkish Journal of Medical Sciences</i> , 2017, 47, 689-694.	0.4	10
100	Association between Nicotinamide Phosphoribosyltransferase and de novo Lipogenesis in Nonalcoholic Fatty Liver Disease. <i>Medical Principles and Practice</i> , 2017, 26, 251-257.	1.1	12
101	Vitamin D and Cardiorespiratory Fitness in the General Population: A Systematic Review. <i>International Journal for Vitamin and Nutrition Research</i> , 2017, 87, 330-341.	0.6	3
102	Effects of symbiotic and vitamin E supplementation on blood pressure, nitric oxide and inflammatory factors in non-alcoholic fatty liver disease. <i>EXCLI Journal</i> , 2017, 16, 278-290.	0.5	43
103	Pattern of some risk factors of cardiovascular diseases and liver enzymes among Iranian seafarers. <i>Medical Journal of the Islamic Republic of Iran</i> , 2017, 31, 130-135.	0.9	6
104	Factors affecting health-promoting lifestyle profile in Iranian male seafarers working on tankers. <i>International Maritime Health</i> , 2017, 68, 1-6.	0.3	9
105	Interpretation of Serum Visfatin Level in Relation to Hepatic Injury is Probably Gender Dependent in Nonalcoholic Fatty Liver Disease. <i>Hepatitis Monthly</i> , 2017, 17, .	0.1	1
106	The Association of Nicotinamide Phosphoribosyltransferase Polymorphism with Markers of Hepatic Injury and De Novo Lipogenesis in Nonalcoholic Fatty Liver Disease. <i>Hepatitis Monthly</i> , 2017, 17, .	0.1	1
107	Ruminant trans-fatty acids and risk of breast cancer: a systematic review and meta-analysis of observational studies. <i>Minerva Endocrinology</i> , 2017, 42, 385-396.	0.6	3
108	Effects of Maternal Isocaloric Diet Containing Different Amounts of Soy Oil and Extra Virgin Olive Oil on Weight, Serum Glucose, and Lipid Profile of Female Mice Offspring. <i>Iranian Journal of Medical Sciences</i> , 2017, 42, 161-169.	0.3	3

#	ARTICLE	IF	CITATIONS
109	Is high waist circumference and body weight associated with high blood pressure in Iranian primary school children?. <i>Eating and Weight Disorders</i> , 2016, 21, 687-693.	1.2	1
110	Conjugated linoleic acid rat pretreatment reduces renal damage in ischemia/reperfusion injury: Unraveling antiapoptotic mechanisms and regulation of phosphorylated mammalian target of rapamycin. <i>Molecular Nutrition and Food Research</i> , 2016, 60, 2665-2677.	1.5	37
111	Comparison of maternal isocaloric high carbohydrate and high fat diets on osteogenic and adipogenic genes expression in adolescent mice offspring. <i>Nutrition and Metabolism</i> , 2016, 13, 69.	1.3	5
112	Is exclusive breastfeeding and its duration related to cardio respiratory fitness in childhood?. <i>Journal of Maternal-Fetal and Neonatal Medicine</i> , 2016, 29, 461-465.	0.7	20
113	Effect of Royal Jelly Intake on Serum Glucose, Apolipoprotein A-I (ApoA-I), Apolipoprotein B (ApoB) and ApoB/ApoA-I Ratios in Patients with Type 2 Diabetes: A Randomized, Double-Blind Clinical Trial Study. <i>Canadian Journal of Diabetes</i> , 2016, 40, 324-328.	0.4	26
114	Effects of Iron Supplementation With and Without Docosahexaenoic Acid on the Cardiovascular Disease Risk Based on Paraoxonase-1, hs-CRP, and ApoB/ApoA-I Ratio in Women with Iron Deficiency Anemia. <i>Biological Trace Element Research</i> , 2016, 169, 34-40.	1.9	7
115	Extra virgin olive oil in maternal diet increases osteogenic genes expression, but high amounts have deleterious effects on bones in mice offspring at adolescence. <i>Iranian Journal of Basic Medical Sciences</i> , 2016, 19, 1299-1307.	1.0	9
116	Do symbiotic and Vitamin E supplementation have favorite effects in nonalcoholic fatty liver disease? A randomized, double-blind, placebo-controlled trial. <i>Journal of Research in Medical Sciences</i> , 2016, 21, 106.	0.4	32
117	Positive evidence for vitamin A role in prevention of type 1 diabetes. <i>World Journal of Diabetes</i> , 2016, 7, 177.	1.3	11
118	Prevalence and associated factors of cardio-metabolic risk factors in Iranian seafarers. <i>International Maritime Health</i> , 2016, 67, 59-65.	0.3	18
119	Effects of Diets Enriched in Omega-9 or Omega-6 Fatty Acids on Reproductive Process. <i>Journal of Family & Reproductive Health</i> , 2016, 10, 85-91.	0.4	1
120	Assessment of nutritional status in patients with Parkinson's disease and its relationship with severity of the disease. <i>Medical Journal of the Islamic Republic of Iran</i> , 2016, 30, 454.	0.9	3
121	Regression of Non-Alcoholic Fatty Liver by Vitamin D Supplement: A Double-Blind Randomized Controlled Clinical Trial. <i>Archives of Iranian Medicine</i> , 2016, 19, 631-8.	0.2	47
122	Does Consumption of Omega-3 Polyunsaturated Fatty Acids Affect Lipid Profile and Fasting Blood Glucose in Patients With Traumatic Spinal Cord Injury? A Double-Blinded Randomized Clinical Trial. <i>Topics in Clinical Nutrition</i> , 2015, 30, 333-343.	0.2	2
123	The effect of ginger (<i>Zingiber officinale</i>) on glycemic markers in patients with type 2 diabetes. <i>Journal of Complementary and Integrative Medicine</i> , 2015, 12, 165-170.	0.4	131
124	Glucose Intake and Utilization in Pre-Diabetes and Diabetes. , 2015, , 301-313.		3
125	Effect of DHA-rich fish oil on PPAR γ target genes related to lipid metabolism in type 2 diabetes: A randomized, double-blind, placebo-controlled clinical trial. <i>Journal of Clinical Lipidology</i> , 2015, 9, 770-777.	0.6	43
126	Docosahexaenoic Acid-Rich Fish Oil Supplementation Improves Body Composition without Influence of the PPAR α ; Pro12Ala Polymorphism in Patients with Type 2 Diabetes: A Randomized, Double-Blind, Placebo-Controlled Clinical Trial. <i>Journal of Nutrigenetics and Nutrigenomics</i> , 2015, 8, 195-204.	1.8	13

#	ARTICLE	IF	CITATIONS
127	Omega-3 fatty acids™ effect on leptin and adiponectin concentrations in patients with spinal cord injury: A double-blinded randomized clinical trial. <i>Journal of Spinal Cord Medicine</i> , 2015, 38, 599-606.	0.7	27
128	PTEN over-expression by resveratrol in acute lymphoblastic leukemia cells along with suppression of AKT/PKB and ERK1/2 in genotoxic stress. <i>Journal of Natural Medicines</i> , 2015, 69, 507-512.	1.1	15
129	Beneficial effects of whey protein preloads on some cardiovascular diseases risk factors of overweight and obese men are stronger than soy protein preloads – A randomized clinical trial. <i>Journal of Nutrition & Intermediary Metabolism</i> , 2015, 2, 69-75.	1.7	14
130	Relationship between leptin and adiponectin concentrations in plasma and femoral and spinal bone mineral density in spinal cord-injured individuals. <i>Spine Journal</i> , 2015, 15, 1-9.	0.6	22
131	Effects of Pomegranate and Orange Juice on Antioxidant Status in Non-Alcoholic Fatty Liver Disease Patients: A Randomized Clinical Trial. <i>International Journal for Vitamin and Nutrition Research</i> , 2015, 85, 292-298.	0.6	26
132	Effects of blackberry (<i>Morus nigra</i> L.) consumption on serum concentration of lipoproteins, apo A-I, apo B, and high-sensitivity-C-reactive protein and blood pressure in dyslipidemic patients. <i>Journal of Research in Medical Sciences</i> , 2015, 20, 684.	0.4	16
133	Beneficial effects of Coenzyme Q10 supplementation on lipid profile and Intereukin-6 and Intercellular adhesion Molecule-1 reduction, preliminary results of a double-blind trial in Acute Myocardial Infarction. <i>International Journal of Preventive Medicine</i> , 2015, 6, 73.	0.2	30
134	The effects of ginger on fasting blood sugar, hemoglobin a1c, apolipoprotein B, apolipoprotein a-I and malondialdehyde in type 2 diabetic patients. <i>Iranian Journal of Pharmaceutical Research</i> , 2015, 14, 131-40.	0.3	28
135	Comparison of the Effects of Eicosapentaenoic Acid and Docosahexaenoic Acid on the Eradication of <i>Helicobacter pylori</i> Infection, Serum Inflammatory Factors and Total Antioxidant Capacity. <i>Iranian Journal of Pharmaceutical Research</i> , 2015, 14, 149-57.	0.3	4
136	High-cocoa polyphenol-rich chocolate improves blood pressure in patients with diabetes and hypertension. <i>ARYA Atherosclerosis</i> , 2015, 11, 21-9.	0.4	49
137	Does Supplementation with Royal Jelly Improve Oxidative Stress and Insulin Resistance in Type 2 Diabetic Patients?. <i>Iranian Journal of Public Health</i> , 2015, 44, 797-803.	0.3	21
138	The Effect of Low Omega-3/Omega-6 Ratio on Auditory Nerve Conduction in Rat Pups. <i>Acta Medica Iranica</i> , 2015, 53, 346-50.	0.8	1
139	Is Lipid Profile Associated with Bone Mineral Density and Bone Formation in Subjects with Spinal Cord Injury?. <i>Journal of Osteoporosis</i> , 2014, 2014, 1-6.	0.1	5
140	Effects of Coenzyme Q10 Supplementation on Serum Lipoproteins, Plasma Fibrinogen, and Blood Pressure in Patients With Hyperlipidemia and Myocardial Infarction. <i>Iranian Red Crescent Medical Journal</i> , 2014, 16, e16433.	0.5	26
141	Evaluation of bone mineral loss in patients with chronic traumatic spinal cord injury in Iran. <i>Journal of Spinal Cord Medicine</i> , 2014, 37, 744-750.	0.7	9
142	Bone biomarkers in patients with chronic traumatic spinal cord injury. <i>Spine Journal</i> , 2014, 14, 1132-1138.	0.6	22
143	Whey protein preloads are more beneficial than soy protein preloads in regulating appetite, calorie intake, anthropometry, and body composition of overweight and obese men. <i>Nutrition Research</i> , 2014, 34, 856-861.	1.3	48
144	Effects of Probiotic Yogurt on Fat Distribution and Gene Expression of Proinflammatory Factors in Peripheral Blood Mononuclear Cells in Overweight and Obese People with or without Weight-Loss Diet. <i>Journal of the American College of Nutrition</i> , 2014, 33, 417-425.	1.1	102

#	ARTICLE	IF	CITATIONS
145	Effects of CoQ10 Supplementation on Lipid Profiles and Glycemic Control in Patients with Type 2 Diabetes: a randomized, double blind, placebo-controlled trial. <i>Journal of Diabetes and Metabolic Disorders</i> , 2014, 13, 81.	0.8	43
146	Comparison of the Effects of Eicosapentaenoic Acid With Docosahexaenoic Acid on the Level of Serum Lipoproteins in <i>Helicobacter pylori</i> : A Randomized Clinical Trial. <i>Iranian Red Crescent Medical Journal</i> , 2014, 17, e17652.	0.5	4
147	The Effect of Sumac (<i>Rhus coriaria</i> L.) Powder on Serum Glycemic Status, ApoB, ApoA-I and Total Antioxidant Capacity in Type 2 Diabetic Patients. <i>Iranian Journal of Pharmaceutical Research</i> , 2014, 13, 1249-55.	0.3	16
148	Calcium and vitamin D plasma concentration and nutritional intake status in patients with chronic spinal cord injury: A referral center report. <i>Journal of Research in Medical Sciences</i> , 2014, 19, 881-4.	0.4	11
149	The effect of sumac (<i>Rhus coriaria</i> L.) powder on insulin resistance, malondialdehyde, high sensitive C-reactive protein and paraoxonase 1 activity in type 2 diabetic patients. <i>Journal of Research in Medical Sciences</i> , 2014, 19, 933-8.	0.4	12
150	Relationship between serum levels of fetuin-A with apo-A1, apo-B100, body composition and insulin resistance in patients with type 2 diabetes. <i>Medical Journal of the Islamic Republic of Iran</i> , 2014, 28, 100.	0.9	4
151	The impact of training on women's capabilities in modifying their obesity-related dietary behaviors: applying family-centered empowerment model. <i>Journal of Research in Health Sciences</i> , 2014, 14, 75-80.	0.9	2
152	Does Low Birth Weight Predict Hypertension and Obesity in Schoolchildren?. <i>Annals of Nutrition and Metabolism</i> , 2013, 63, 69-76.	1.0	35
153	<i>Lactobacillus acidophilus</i> La5, <i>Bifidobacterium</i> BB12, and <i>Lactobacillus casei</i> DN001 modulate gene expression of subset specific transcription factors and cytokines in peripheral blood mononuclear cells of obese and overweight people. <i>BioFactors</i> , 2013, 39, 633-643.	2.6	47
154	Cardiometabolic risk factors in Iranians with spinal cord injury: Analysis by injury-related variables. <i>Journal of Rehabilitation Research and Development</i> , 2013, 50, 635.	1.6	6
155	Relationship between Breast Feeding and Obesity in Children with Low Birth Weight. <i>Iranian Red Crescent Medical Journal</i> , 2013, 15, 676-682.	0.5	17
156	Association between markers of systemic inflammation, oxidative stress, lipid profiles, and insulin resistance in pregnant women. <i>ARYA Atherosclerosis</i> , 2013, 9, 172-8.	0.4	11
157	Relation between Body Iron Status and Cardiovascular Risk Factors in Patients with Cardiovascular Disease. <i>International Journal of Preventive Medicine</i> , 2013, 4, 911-6.	0.2	13
158	Effects of hazelnuts consumption on fasting blood sugar and lipoproteins in patients with type 2 diabetes. <i>Journal of Research in Medical Sciences</i> , 2013, 18, 314-21.	0.4	30
159	The association between dietary antioxidant intake and semen quality in infertile men. <i>Medical Journal of the Islamic Republic of Iran</i> , 2013, 27, 204-9.	0.9	11
160	Lycopene an Adjunctive Therapy for <i>Helicobacter Pylori</i> Eradication: a Quasi-Control Trial. <i>Journal of Complementary and Integrative Medicine</i> , 2012, 9, Article 14.	0.4	12
161	Vitamin D ₃ and the risk of CVD in overweight and obese women: a randomised controlled trial. <i>British Journal of Nutrition</i> , 2012, 108, 1866-1873.	1.2	60
162	Effect of Daily Consumption of Probiotic Yogurt on Oxidative Stress in Pregnant Women: A Randomized Controlled Clinical Trial. <i>Annals of Nutrition and Metabolism</i> , 2012, 60, 62-68.	1.0	58

#	ARTICLE	IF	CITATIONS
163	A 12-week double-blind randomized clinical trial of vitamin D3 supplementation on body fat mass in healthy overweight and obese women. <i>Nutrition Journal</i> , 2012, 11, 78.	1.5	153
164	Association of waist circumference, body mass index and conicity index with cardiovascular risk factors in postmenopausal women : cardiovascular topic. <i>Cardiovascular Journal of Africa</i> , 2012, 23, 442-445.	0.2	36
165	Calorie and macronutrients intake in people with spinal cord injuries: An analysis by sex and injury-related variables. <i>Nutrition</i> , 2012, 28, 143-147.	1.1	35
166	The effects of n-3 fatty acids on inflammatory cytokines in osteoporotic spinal cord injured patients: A randomized clinical trial. <i>Journal of Research in Medical Sciences</i> , 2012, 17, 322-7.	0.4	10
167	The effects of cranberry juice on serum glucose, apoB, apoA-I, Lp(a), and Paraoxonase-1 activity in type 2 diabetic male patients. <i>Journal of Research in Medical Sciences</i> , 2012, 17, 355-60.	0.4	54
168	The Effects of Berberis vulgaris Fruit Extract on Serum Lipoproteins, apoB, apoA-I, Homocysteine, Glycemic Control and Total Antioxidant Capacity in Type 2 Diabetic Patients. <i>Iranian Journal of Pharmaceutical Research</i> , 2012, 11, 643-52.	0.3	37
169	The effects of tomato consumption on serum glucose, apolipoprotein B, apolipoprotein A-I, homocysteine and blood pressure in type 2 diabetic patients. <i>International Journal of Food Sciences and Nutrition</i> , 2011, 62, 289-294.	1.3	67
170	Effects of Daily Consumption of Probiotic Yoghurt on Inflammatory Factors in Pregnant Women: A Randomized Controlled Trial. <i>Pakistan Journal of Biological Sciences</i> , 2011, 14, 476-482.	0.2	50
171	Effects of combination of zinc and vitamin A supplementation on serum fasting blood sugar, insulin, apoprotein B and apoprotein A-I in patients with type I diabetes. <i>International Journal of Food Sciences and Nutrition</i> , 2010, 61, 182-191.	1.3	28
172	Effect of Folate Supplementation on Serum Homocysteine and Plasma Total Antioxidant Capacity in Hypercholesterolemic Adults under Lovastatin Treatment: A Double-blind Randomized Controlled Clinical Trial. <i>Archives of Medical Research</i> , 2009, 40, 380-386.	1.5	18
173	Effects of soy bean on serum paraoxonase 1 activity and lipoproteins in hyperlipidemic postmenopausal women. <i>International Journal of Food Sciences and Nutrition</i> , 2009, 60, 195-205.	1.3	15
174	Effect of vitamin E on chemotherapy-induced mucositis and neutropenia in leukemic patients undergoing bone marrow transplantation. <i>Asia-Pacific Journal of Clinical Oncology</i> , 2007, 3, 113-118.	0.7	13
175	Comparison of the Effects of Simultaneous Administration of Vitamin C and Omega-3 Fatty Acids on Lipoproteins, Apo A-I, Apo B, and Malondialdehyde in Hyperlipidemic Patients. <i>International Journal for Vitamin and Nutrition Research</i> , 2003, 73, 163-170.	0.6	30
176	Association between breastfeeding exposure and duration with offspring's dietary patterns over one year of age: a systematic review of observational studies. <i>British Journal of Nutrition</i> , 0, , 1-37.	1.2	0